

Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

### BEFORE PREGNANCY

The first questions are about you.

#### 1. How tall are *you* without shoes?

Feet  Inches

OR  Centimeters

#### 2. Just before you got pregnant with your new baby, how much did you weigh?

Pounds OR  Kilos

#### 3. What is *your* date of birth?

/  /   
Month Day Year

The next questions are about the time ***before*** you got pregnant with your new baby.

#### 4. Before you got pregnant, would you say that, in general, your health was—

- Excellent
- Very good
- Good
- Fair
- Poor

#### 5. During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions? For each one, check **No** if you did not have the condition or **Yes** if you did.

No Yes

- a. Type 1 or Type 2 diabetes (**not** gestational diabetes or diabetes that starts during pregnancy) .....
- b. High blood pressure or hypertension .....
- c. Depression .....
- d. Asthma .....
- e. Anemia (poor blood, low iron) .....
- f. Heart problems .....
- g. Thyroid problems .....
- h. PCOS (polycystic ovarian syndrome) .....

#### 6. During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

- I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the *month before* I got pregnant
- 1 to 3 times a week
- 4 to 6 times a week
- Every day of the week

#### 7. In the 12 months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker?

- No → **Go to Page 2, Question 10**
- Yes

**Go to Page 2, Question 8**

**8. What type of health care visit did you have in the 12 months before you got pregnant with your new baby?**

**Check ALL that apply**

- Regular checkup at my family doctor's office
- Regular checkup at my OB/GYN's office
- Visit for an illness or chronic condition
- Visit for an injury
- Visit for family planning or birth control
- Visit for depression or anxiety
- Visit to have my teeth cleaned by a dentist or dental hygienist
- Other \_\_\_\_\_ → Please tell us:

**9. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? For each item, check No if they did not or Yes if they did.**

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. Tell me to take a vitamin with folic acid.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Talk to me about maintaining a healthy weight.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Talk to me about controlling any medical conditions such as diabetes or high blood pressure ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Talk to me about my desire to have or not have children.....                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Talk to me about using birth control to prevent pregnancy .....                                   | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Talk to me about how I could improve my health before a pregnancy .....                           | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Ask me if I was smoking cigarettes.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Ask me if someone was hurting me emotionally or physically .....                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Ask me if I was feeling down or depressed.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Ask me about the kind of work I do .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Test me for HIV (the virus that causes AIDS).....   | <input type="checkbox"/> | <input type="checkbox"/> |

**10. Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about preparing for a pregnancy?**

- No
- Yes

**Go to Question 12**

**11. Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about any of the things listed below about preparing for a pregnancy? Please count only discussions, not reading materials or videos. For each item, check No if no one talked with you about it or Yes if someone did.**

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. Getting my vaccines updated before pregnancy .....                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Visiting a dentist or dental hygienist before pregnancy .....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Getting counseling for any genetic diseases that run in my family.....                | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Getting counseling or treatment for depression or anxiety .....                       | <input type="checkbox"/> | <input type="checkbox"/> |
| e. The safety of using prescription or over-the-counter medicines during pregnancy ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. How smoking during pregnancy can affect a baby .....                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| g. How drinking alcohol during pregnancy can affect a baby .....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| h. How using illegal drugs during pregnancy can affect a baby .....                      | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about your *health insurance coverage before, during, and after your pregnancy with your new baby.*

12. During the *month before* you got pregnant with your new baby, what kind of health insurance did you have?

**Check ALL that apply**

- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the WV Health Insurance Marketplace or HealthCare.gov
- Medicaid or Medical Card
- SCHIP/CHIP
- Other health insurance —→ Please tell us:  
\_\_\_\_\_
- I did not have any health insurance during the *month before* I got pregnant

13. During your *most recent pregnancy*, what kind of health insurance did you have for your *prenatal care*?

**Check ALL that apply**

- I did not go for prenatal care —→ **Go to Question 14**
- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the WV Health Insurance Marketplace or HealthCare.gov
- Medicaid or Medical Card
- SCHIP/CHIP
- State Maternal and Child Health Program
- Other health insurance —→ Please tell us:  
\_\_\_\_\_
- I did not have any health insurance for my *prenatal care*

14. What kind of health insurance do you have *now*?

**Check ALL that apply**

- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the WV Health Insurance Marketplace or HealthCare.gov
- Medicaid or Medical Card
- SCHIP/CHIP
- Other health insurance —→ Please tell us:  
\_\_\_\_\_
- I do not have health insurance *now*

15. Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant?

**Check ONE answer**

- I wanted to be pregnant later
- I wanted to be pregnant sooner
- I wanted to be pregnant then
- I didn't want to be pregnant then or at any time in the future
- I wasn't sure what I wanted

16. When you got pregnant with your new baby, were you trying to get pregnant?

- No
- Yes —→ **Go to Page 4, Question 18**

17. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant?

Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning.

- No
- Yes

## DURING PREGNANCY

**The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy.** (It may help to look at the calendar when you answer these questions.)

**18. How many weeks or months pregnant were you when you had your first visit for prenatal care?**

Weeks **OR**  Months  
 I didn't go for prenatal care → **Go to Question 21**

**19. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?** Please count only discussions, not reading materials or videos. For each item, check **No** if no one talked with you about it or **Yes** if someone did.

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. How smoking during pregnancy could affect my baby .....                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Breastfeeding my baby.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| c. How drinking alcohol during pregnancy could affect my baby.....                               | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Using a seat belt during my pregnancy ...   | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Medicines that are safe to take during my pregnancy .....                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| f. How using illegal drugs could affect my baby.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Doing tests to screen for birth defects or diseases that run in my family.....                | <input type="checkbox"/> | <input type="checkbox"/> |
| h. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| i. What to do if I feel depressed during my pregnancy or after my baby is born.....              | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Physical abuse to women by their husbands or partners.....                                    | <input type="checkbox"/> | <input type="checkbox"/> |

**20. During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below?** For each item, check **No** if they did not ask you about it or **Yes** if they did.

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. If I knew how much weight I should gain during pregnancy.....         | <input type="checkbox"/> | <input type="checkbox"/> |
| b. If I was taking any prescription medication.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| c. If I was smoking cigarettes.....                                      | <input type="checkbox"/> | <input type="checkbox"/> |
| d. If I was drinking alcohol .....                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| e. If someone was hurting me emotionally or physically.....              | <input type="checkbox"/> | <input type="checkbox"/> |
| f. If I was feeling down or depressed.....                               | <input type="checkbox"/> | <input type="checkbox"/> |
| g. If I was using drugs such as marijuana, cocaine, crack, or meth ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. If I wanted to be tested for HIV (the virus that causes AIDS) .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| i. If I planned to breastfeed my new baby..                              | <input type="checkbox"/> | <input type="checkbox"/> |
| j. If I planned to use birth control after my baby was born.....         | <input type="checkbox"/> | <input type="checkbox"/> |

**21. During the 12 months before the delivery of your new baby, did a doctor, nurse, or other health care worker offer you a flu shot or tell you to get one?**

- No  
 Yes

**22. During the 12 months before the delivery of your new baby, did you get a flu shot?**

**Check ONE answer**

- No  
 Yes, before my pregnancy  
 Yes, during my pregnancy

**23. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?**

- No  
 Yes

**24. This question is about other care of your teeth *during your most recent pregnancy*.** For each item, check **No** if it is not true or does not apply to you or **Yes** if it is true.

No Yes

- a. I knew it was important to care for my teeth and gums during my pregnancy.....
- b. A dental or other health care worker talked with me about how to care for my teeth and gums.....
- c. I had insurance to cover dental care during my pregnancy.....
- d. I needed to see a dentist for a **problem** ..
- e. I went to a dentist or dental clinic about a **problem** .....

If you did not have any problems with your teeth or gums during your pregnancy, go to Question 26.

**25. During your most recent pregnancy, what kind of problem did you have with your teeth or gums?** For each item, check **No** if you did not have this problem during pregnancy or **Yes** if you did.

No Yes

- a. I had cavities that needed to be filled.....
- b. I had painful, red, or swollen gums .....
- c. I had a toothache.....
- d. I needed to have a tooth pulled.....
- e. I had an injury to my mouth, teeth, or gums .....
- f. I had some other problem with my teeth or gums .....

Please tell us:

---

**26. Did any of the following things make it hard for you to go to a dentist or dental clinic during your most recent pregnancy?** For each item, check **No** if it was not something that made it hard for you or **Yes** if it was.

No Yes

- a. I could not find a dentist or dental clinic that would take pregnant patients .....
- b. I could not find a dentist or dental clinic that would take Medicaid patients .....
- c. I did not think it was safe to go to the dentist during pregnancy.....
- d. I could not afford to go to the dentist or dental clinic.....

**27. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby?** A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.

- No  
 Yes

**28. During your most recent pregnancy, did you have any of the following health conditions?**

For each one, check **No** if you did not have the condition or **Yes** if you did.

No Yes

- a. Gestational diabetes (diabetes that **started** during *this* pregnancy) .....
- b. High blood pressure (that **started** during *this* pregnancy), pre-eclampsia or eclampsia.....
- c. Depression .....

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

29. Have you smoked any cigarettes in the *past 2 years*?

- No  
 Yes

→ **Go to Question 35**

30. In the *3 months before* you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more  
 21 to 40 cigarettes  
 11 to 20 cigarettes  
 6 to 10 cigarettes  
 1 to 5 cigarettes  
 Less than 1 cigarette  
 I didn't smoke then

31. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more  
 21 to 40 cigarettes  
 11 to 20 cigarettes  
 6 to 10 cigarettes  
 1 to 5 cigarettes  
 Less than 1 cigarette  
 I didn't smoke then

**If you did not smoke at any time in the *3 months before* you got pregnant, go to Question 34.**

32. During any of your prenatal care visits, did a doctor, nurse, or other health care worker advise you to quit smoking?

- No  
 Yes  
 I didn't go for prenatal care

33. During *your most recent pregnancy*, did you do any of the following things about quitting smoking? For each thing, check **No** if you did not do it or **Yes** if you did.

- |   | No                       | Yes                      |
|---|--------------------------|--------------------------|
| a. Set a specific date to stop smoking .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Use booklets, videos, or other materials to help me quit .....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Call a national or state quit line or go to a website .....                            | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Attend a class or program to stop smoking .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Go to counseling for help with quitting...   | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Use a nicotine patch, gum, lozenge, nasal spray or inhaler .....                       | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Take a pill like Zyban® (also known as Wellbutrin® or bupropion) to stop smoking ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Take a pill like Chantix® (also known as varenicline) to stop smoking .....            | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Try to quit on my own (e.g., cold turkey)..  | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Other .....  | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

34. How many cigarettes do you smoke on an average day *now*? A pack has 20 cigarettes.

- 41 cigarettes or more  
 21 to 40 cigarettes  
 11 to 20 cigarettes  
 6 to 10 cigarettes  
 1 to 5 cigarettes  
 Less than 1 cigarette  
 I don't smoke now

35. How many cigarette smokers, not including yourself, live in your home *now*?

 Number of smokers

**36. Which of the following statements best describes the rules about smoking *inside* your home *now*, even if no one who lives in your home is a smoker?**

**Check ONE answer**

- No one is allowed to smoke anywhere inside my home
- Smoking is allowed in some rooms or at some times
- Smoking is permitted anywhere inside my home

**The next questions are about using other tobacco products around the time of pregnancy.**

**E-cigarettes (electronic cigarettes) and other electronic nicotine products** (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

A **hookah** is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

**37. Have you used any of the following products in the *past 2 years*? For each item, check **No** if you did not use it or **Yes** if you did.**

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. E-cigarettes or other electronic nicotine products..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Hookah.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Chewing tobacco, snuff, snus, or dip.....               | <input type="checkbox"/> | <input type="checkbox"/> |

**If you used e-cigarettes or other electronic nicotine products in the *past 2 years*, go to Question 38. Otherwise, go to Question 40.**

**38. During the *3 months before* you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?**

- More than once a day
- Once a day
- 2-6 days a week
- 1 day a week or less
- I did not use e-cigarettes or other electronic nicotine products then

**39. During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?**

- More than once a day
- Once a day
- 2-6 days a week
- 1 day a week or less
- I did not use e-cigarettes or other electronic nicotine products then

**The next questions are about drinking alcohol around the time of pregnancy.**

**40. Have you had any alcoholic drinks in the *past 2 years*? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.**

- No → **Go to Page 8, Question 42**
- Yes

**41. During the *3 months before* you got pregnant, how many alcoholic drinks did you have in an average week?**

- 14 drinks or more a week
- 8 to 13 drinks a week
- 4 to 7 drinks a week
- 1 to 3 drinks a week
- Less than 1 drink a week
- I didn't drink then

**Pregnancy can be a difficult time. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.**

**42. In the 12 months *before* you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?** For each person, check **No** if they did not hurt you during this time or **Yes** if they did.

- |                                     | No                       | Yes                      |
|-------------------------------------|--------------------------|--------------------------|
| a. My husband or partner .....      | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-husband or ex-partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member .....      | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else .....               | <input type="checkbox"/> | <input type="checkbox"/> |

**43. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?** For each person, check **No** if they did not hurt you during this time or **Yes** if they did.

- |                                     | No                       | Yes                      |
|-------------------------------------|--------------------------|--------------------------|
| a. My husband or partner .....      | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-husband or ex-partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member .....      | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else .....               | <input type="checkbox"/> | <input type="checkbox"/> |

**AFTER PREGNANCY**

**The next questions are about the time since your new baby was born.**

**44. When was your new baby born?**

<input type="text"/>	<input type="text"/>	<input type="text" value="20"/>
/	/	
Month	Day	Year

**45. After your baby was delivered, how long did he or she stay in the hospital?**

- Less than 24 hours (less than 1 day)
- 24 to 48 hours (1 to 2 days)
- 3 to 5 days
- 6 to 14 days
- More than 14 days
- My baby was not born in a hospital
- My baby is still in the hospital → **Go to Question 48**

**46. Is your baby alive now?**

- No → *We are very sorry for your loss. Go to Page 10, Question 61*
- Yes

**47. Is your baby living with you now?**

- No → **Go to Page 10, Question 60**
- Yes

**48. Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources?** For each one, check **No** if you did not receive information from this source or **Yes** if you did.

- |   | No                       | Yes                      |
|---|--------------------------|--------------------------|
| a. My doctor .....                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| b. A nurse, midwife, or doula .....                 | <input type="checkbox"/> | <input type="checkbox"/> |
| c. A breastfeeding or lactation specialist ....     | <input type="checkbox"/> | <input type="checkbox"/> |
| d. My baby's doctor or health care provider.....    | <input type="checkbox"/> | <input type="checkbox"/> |
| e. A breastfeeding support group .....              | <input type="checkbox"/> | <input type="checkbox"/> |
| f. A breastfeeding hotline or toll-free number..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Family or friends .....                          | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other .....                                      | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

**49. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?**

- No —————→ **Go to Question 53**  
 Yes

**50. Are you currently breastfeeding or feeding pumped milk to your new baby?**

- No  
 Yes —————→ **Go to Question 52**

**51. How many weeks or months did you breastfeed or feed pumped milk to your baby?**

- Less than 1 week

Weeks **OR**  Months

**If your baby was not born in a hospital, go to Question 53.**

**52. This question asks about things that may have happened at the hospital where your new baby was born.** For each item, check **No** if it did not happen or **Yes** if it did.

- |   | <b>No</b>                | <b>Yes</b>               |
|---|--------------------------|--------------------------|
| a. Hospital staff gave me information about breastfeeding.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My baby stayed in the same room with me at the hospital.....                     | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I breastfed my baby in the hospital.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Hospital staff helped me learn how to breastfeed .....                           | <input type="checkbox"/> | <input type="checkbox"/> |
| e. I breastfed in the first hour after my baby was born .....                       | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My baby was placed in skin-to-skin contact within the first hour of life.....    | <input type="checkbox"/> | <input type="checkbox"/> |
| g. My baby was fed only breast milk at the hospital.....                            | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Hospital staff told me to breastfeed whenever my baby wanted .....               | <input type="checkbox"/> | <input type="checkbox"/> |
| i. The hospital gave me a breast pump to use.....                                   | <input type="checkbox"/> | <input type="checkbox"/> |
| j. The hospital gave me a gift pack with formula .....                              | <input type="checkbox"/> | <input type="checkbox"/> |
| k. The hospital gave me a telephone number to call for help with breastfeeding..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Hospital staff gave my baby a pacifier .....                                     | <input type="checkbox"/> | <input type="checkbox"/> |

**53. What kind of health insurance is your new baby covered by now?**

**Check ALL that apply**

- Private health insurance from my job or the job of my husband or partner  
 Private health insurance from my parents  
 Private health insurance from the WV Health Insurance Marketplace or HealthCare.gov  
 Medicaid or Medical Card  
 SCHIP/CHIP  
 Other health insurance —————→ Please tell us:  
  
 I do not have any health insurance for my new baby

If your baby is still in the hospital, go to Question 60.

54. In which *one* position do you *most often* lay your baby down to sleep now?

Check ONE answer

- On his or her side  
 On his or her back  
 On his or her stomach

55. In the *past 2 weeks*, how often has your new baby slept alone in his or her own crib or bed?

- Always  
 Often  
 Sometimes  
 Rarely  
 Never

Go to Question 57

56. When your new baby sleeps alone, is his or her crib or bed in the same room where you sleep?

- No  
 Yes

57. Listed below are some more things about how babies sleep. How did your new baby *usually* sleep in the *past 2 weeks*? For each item, check **No** if your baby did not *usually* sleep like this or **Yes** if he or she did.

- |   | No                       | Yes                      |
|---|--------------------------|--------------------------|
| a. In a crib, bassinet, or pack and play .....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| b. On a twin or larger mattress or bed.....                         | <input type="checkbox"/> | <input type="checkbox"/> |
| c. On a couch, sofa, or armchair.....                               | <input type="checkbox"/> | <input type="checkbox"/> |
| d. In an infant car seat or swing.....                              | <input type="checkbox"/> | <input type="checkbox"/> |
| e. In a sleeping sack or wearable blanket.....                      | <input type="checkbox"/> | <input type="checkbox"/> |
| f. With a blanket.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| g. With toys, cushions, or pillows, including nursing pillows ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. With crib bumper pads (mesh or non-mesh).....                    | <input type="checkbox"/> | <input type="checkbox"/> |

58. Did a doctor, nurse, or other health care worker tell you any of the following things?

For each thing, check **No** if they did not tell you or **Yes** if they did.

- |   | No                       | Yes                      |
|---|--------------------------|--------------------------|
| a. Place my baby on his or her back to sleep .....                    | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Place my baby to sleep in a crib, bassinet, or pack and play ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Place my baby's crib or bed in my room ..                          | <input type="checkbox"/> | <input type="checkbox"/> |
| d. What things should and should not go in bed with my baby.....      | <input type="checkbox"/> | <input type="checkbox"/> |

59. Has your new baby had a well-baby checkup?

A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, and 6 months of age.

- No  
 Yes

60. *Since your new baby was born*, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps mothers of newborns.

- No  
 Yes

61. Are you or your husband or partner doing anything *now* to keep from getting pregnant?

Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning.

- No  
 Yes

Go to Question 63

Go to Question 62

**62. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?**

**Check ALL that apply**

- I want to get pregnant
- I am pregnant now
- I had my tubes tied or blocked
- I don't want to use birth control
- I am worried about side effects from birth control
- I am not having sex
- My husband or partner doesn't want to use anything
- I have problems paying for birth control
- Other \_\_\_\_\_ → Please tell us:

---

**If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 64.**

**63. What kind of birth control are you or your husband or partner using now to keep from getting pregnant?**

**Check ALL that apply**

- Tubes tied or blocked (female sterilization or Essure®)
- Vasectomy (male sterilization)
- Birth control pills
- Condoms
- Shots or injections (Depo-Provera®)
- Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)
- IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)
- Contraceptive implant in the arm (Nexplanon® or Implanon®)
- Natural family planning (including rhythm method)
- Withdrawal (pulling out)
- Not having sex (abstinence)
- Other \_\_\_\_\_ → Please tell us:

---

**64. Since your new baby was born, have you had a postpartum checkup for yourself?** A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.

No → **Go to Question 66**

Yes

**65. During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things?** For each item, check **No** if they did not do it or **Yes** if they did.

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. Tell me to take a vitamin with folic acid ...   | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Talk to me about healthy eating, exercise, and losing weight gained during pregnancy.....                             | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Talk to me about how long to wait before getting pregnant again.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Talk to me about birth control methods I can use after giving birth.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing®, or condoms..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon® or Implanon®).....     | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Ask me if I was smoking cigarettes.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Ask me if someone was hurting me emotionally or physically.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Ask me if I was feeling down or depressed.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Test me for diabetes.....   | <input type="checkbox"/> | <input type="checkbox"/> |

**66. Since your new baby was born, how often have you felt down, depressed, or hopeless?**

- Always
- Often
- Sometimes
- Rarely
- Never

**67. Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed?**

- Always
- Often
- Sometimes
- Rarely
- Never

**OTHER EXPERIENCES**

**The next questions are on a variety of topics.**

**68. During your most recent pregnancy, did you take or use any of the following drugs for any reason?** Your answers are strictly confidential. For each item, check **No** if you did not use it or **Yes** if you did.

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. Over-the-counter pain relievers such as aspirin, Tylenol®, Advil®, or Aleve® .....                  | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Prescription pain relievers such as hydrocodone (Vicodin®), oxycodone (Percocet®), or codeine ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Adderall®, Ritalin®, or another stimulant ..  | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Marijuana or hash .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Synthetic marijuana (K2, Spice) .....   | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Methadone, naloxone, subutex, or Suboxone® .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Heroin (smack, junk, Black Tar, Chiva) .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Amphetamines (uppers, speed, crystal meth, crank, ice, <i>agua</i> ) .....                          | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Cocaine (crack, rock, coke, blow, snow, <i>nieve</i> ) .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Tranquilizers (downers, ludes) .....  | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Hallucinogens (LSD/acid, PCP/angel dust, Ecstasy, Molly, mushrooms, bath salts) .....               | <input type="checkbox"/> | <input type="checkbox"/> |
| l. Sniffing gasoline, glue, aerosol spray cans, or paint to get high (huffing) .....                   | <input type="checkbox"/> | <input type="checkbox"/> |

**69. The following are things a doctor, nurse, or other health care worker might have talked to you about during your pregnancy or after delivery.** For each item, check **No** if someone did not talk to you about it or **Yes** if they did.

- |  | No                       | Yes                      |
|--|--------------------------|--------------------------|
| a. High Risk Birth Score Program .....               | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Right from the Start Program .....                | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Immunization (shots) for my baby .....            | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Diabetes (how it may affect me and my baby) ..... | <input type="checkbox"/> | <input type="checkbox"/> |

**The last questions are about the time during the 12 months before your new baby was born.**

**70. During the 12 months before your new baby was born, what was your yearly total household income before taxes?** Include your income, your husband's or partner's income, and any other income you may have received. *All information will be kept private and will not affect any services you are now getting.*

- \$0 to \$16,000
- \$16,001 to \$20,000
- \$20,001 to \$24,000
- \$24,001 to \$28,000
- \$28,001 to \$32,000
- \$32,001 to \$40,000
- \$40,001 to \$48,000
- \$48,001 to \$57,000
- \$57,001 to \$60,000
- \$60,001 to \$73,000
- \$73,001 to \$85,000
- \$85,001 or more

**71. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?**

People

**72. What is today's date?**

\_\_\_\_ / \_\_\_\_ / 20\_\_\_\_  
Month      Day      Year

**Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in West Virginia.**

***Thanks for answering our questions!***

***Your answers will help us work to keep mothers and babies in West Virginia healthy.***