

State of West Virginia DEPARTMENT OF HEALTH AND HUMAN RESOURCES Office of Inspector General Board of Review

Board of Review 1027 N. Randolph Ave. Elkins, WV 26241

Earl Ray Tomblin Governor Michael J. Lewis, M.D., PH.D. Cabinet Secretary

| | May 6, 2011 |
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| Dear: | |

Attached is a copy of the findings of fact and conclusions of law on your hearing held May 4, 2011. Your hearing request was based on the Department of Health and Human Resources' proposal to terminate your benefits and services through the Medicaid MR/DD Waiver Program.

In arriving at a decision, the State Hearing Officer is governed by the Public Welfare Laws of West Virginia and the rules and regulations established by the Department of Health and Human Resources. These same laws and regulations are used in all cases to assure that all persons are treated alike.

Eligibility for the MR/DD Home and Community-Based Waiver Program is based on current policy and regulations. Policy states that in order to be eligible for the Title XIX MR/DD Home & Community-Based Waiver Program, an individual must have a diagnosis of mental retardation and/or a related condition. The condition must be severe and chronic with concurrent substantial deficits that require the level of care and services provided in an Intermediate Care Facility for individuals with Mental Retardation and /or related conditions (ICF/MR Facility). (West Virginia Medicaid Regulations, Chapter 513 – Covered Services, Limitations, And Exclusions, For MR/DD Waiver Services)

Information provided during the hearing reveals that you do not meet medical eligibility criteria required for participation in the Medicaid MR/DD Waiver Program.

It is the decision of the State Hearing Officer to **uphold** the Department's proposal to terminate your benefits and services through the Medicaid MR/DD Waiver Program.

Sincerely,

Pamela L. Hinzman State Hearing Officer Member, State Board of Review

Cc: Chairman, Board of Review Jennifer Eva, APS Healthcare

WEST VIRGINIA DEPARTMENT OF HEALTH & HUMAN RESOURCES BOARD OF REVIEW

----,

Claimant,

vs. Action Number: 11-BOR-775

West Virginia Department of Health and Human Resources,

Respondent.

DECISION OF THE STATE HEARING OFFICER

I. INTRODUCTION

This is a report of the State Hearing Officer resulting from a fair hearing for ----. This hearing was held in accordance with the provisions found in the Common Chapters Manual, Chapter 700, of the West Virginia Department of Health and Human Resources. This fair hearing convened telephonically on May 4, 2011 on a timely appeal filed March 11, 2011. It should be noted that benefits have continued pending a hearing decision.

All persons giving testimony were placed under oath.

II. PROGRAM PURPOSE:

The *Medicaid Home and Community-Based MR/DD Waiver* (authorized under Title XIX, Section 1915(c) of the Social Security Act) provides an alternative to services available in <u>Intermediate Care Facilities</u> for individuals with <u>Mental Retardation</u> or related conditions (ICF/MR). The primary purpose of an ICF/MR facility is to provide health and rehabilitative services. An ICF/MR facility provides services to persons who are in need of and who are receiving active treatment.

West Virginia's MR/DD Waiver Program provides for individuals who require an ICF/MR level of care, and who are otherwise eligible for participation in the program, to receive certain services in a home and/or community-based setting for the purpose of attaining independence, personal growth, and community inclusion.



| , Claimant |
|---|
| , Claimant's husband |
| , Claimant's mother-in-law |
| Service Coordinator, |
| Supervisor, |
| Jennifer Eva, MR/DD Service Support Facilitator, APS Healthcare |
| |

Linda Workman, Psychologist Consultant, Bureau for Medical Services

Presiding at the hearing was Pamela L. Hinzman, State Hearing Officer and a member of the State Board of Review.

IV. **QUESTION TO BE DECIDED**

The question to be decided is whether or not the Department was correct in its proposal to terminate the Claimant's benefits and services through the Medicaid MR/DD Waiver Program.

V. APPLICABLE POLICY

West Virginia Medicaid Regulations, Chapter 513 – Covered Services, Limitations, And Exclusions, For MR/DD Waiver Services

VI. LISTING OF DOCUMENTARY EVIDENCE ADMITTED

Department's Exhibits:

- D -1 West Virginia Medicaid Regulations, Chapter 513 – Covered Services, Limitations, And Exclusions, For MR/DD Waiver Services
- Notice of Denial/Termination dated February 4, 2011 D-2
- D-3 DD 2-A ICF/MR Level of Care Evaluation dated December 6, 2010
- D-4 Psychological Evaluation from Ed.D., dated January 10, 2011

VII. FINDINGS OF FACT:

The Claimant, currently age 23, is a recipient of Medicaid MR/DD Waiver Program services 1) and was notified via Notice of Denial/Termination dated February 4, 2011 (D-2) that her Waiver services had been terminated. This notice states, in pertinent part:

Your Waiver services have been terminated.

Your application was denied/terminated because:

Documentation submitted does not support the presence of substantial adaptive deficits in three or more of the six major life areas identified for Waiver eligibility. Specifically, the documentation failed to demonstrate substantial limitations in the following major life areas: Self-Care, Self-Direction, Receptive or Expressive Language, Mobility, and Capacity for Independent Living.

It should be noted that a substantial adaptive deficit was identified in the area of *Learning*.

2) Linda Workman, Psychologist Consultant with the Bureau for Medical Services, provided testimony concerning Exhibits D-3 and D-4.

Exhibit D-3, a DD-2-A- ICF-MR Level of Care Evaluation completed on December 6, 2010, lists an Axis I diagnosis of "bipolar/panic anxiety" and an Axis II diagnosis of mild mental retardation. The examining physician certified the Claimant's need for an ICF-MR Level of Care. While mental retardation is an eligible diagnosis for the MR/DD Waiver Program, Ms. Workman testified that documentation fails to support the presence of three (3) substantial adaptive deficits in major life areas.

Ms. Workman reviewed Exhibit D-4, a January 10, 2011 Psychological Evaluation from Ronald Pearse, Ed.D., which indicates that the Claimant has an Axis I diagnosis of schizoaffective disorder- bipolar type and an Axis II diagnosis of mild mental retardation. The evaluator recommended an ICF-MR Level of Care for the Claimant. An Adaptive Behavior Scale (ABS)-RC:2 Profile/Summary Form was provided and Ms. Workman indicated that standard scores of 12 and below are considered eligible scores for the MR/DD Waiver Program using mental retardation norms. The Claimant obtained the following Part One Domain standard scores: Independent Functioning- 15; Physical Development- 15; Economic Activity- 9; Language Development- 12; Numbers and Time- 10; Domestic Activity- 17; Prevocational/Vocational Activity- 9; Self-Direction- 14; Responsibility- 13; and Socialization-11.Ms. Workman testified that *Learning* was the only area of functionality determined to be substantially deficient based on ABS scores. She stated that – while the Claimant received program-eligible scores in certain components of Capacity for Independent Living (i.e., Socialization and Prevocational/Vocational Activity) - she received ineligible ABS scores in other components of this major life area (i.e., Domestic Activity and Responsibility). Therefore, the Department was unable to award a deficit in Capacity for Independent Living.

3) The Claimant's husband, -----, testified that the Claimant cannot stay at their residence alone as he fears for her safety.

----, the Claimant's mother-in-law, testified that the Claimant requires prompting and

supervision at all times because she cannot comprehend time issues. She indicated that the Claimant has two daughters (a four-year-old and an infant) and does not know when to feed the children, put the children to bed, or administer medication.

Service Coordinator with testified that the Claimant requires constant supervision. She indicated that the Claimant could not administer the correct dosage of medication to her children, cuts herself when washing knives, and cannot manage money.

Supervisor with testified that the MR/DD Program has been very beneficial to the Claimant, however, the assessments exaggerate the Claimant's actual abilities. She maintained that the Claimant must have constant supervision.

4) West Virginia Medicaid Regulations, Chapter 513, – Covered Services, Limitations, And Exclusions, For MR/DD Waiver Services (D-1), includes the following pertinent medical eligibility criteria:

Medical Eligibility Criteria

The MR/DD State Waiver Office determines the medical eligibility for an applicant in the MR/DD Waiver Program. In order to be eligible to receive MR/DD Waiver Program Services, an applicant must meet the following medical eligibility criteria:

- Have a diagnosis of mental retardation and/or a related condition,
- Require the level of care and services provided in an ICF/MR (Intermediate Care Facility for the Mentally Retarded) as evidenced by required evaluations and corroborated by narrative descriptions of functioning and reported history. An ICF/MR provides services in an institutional setting for persons with mental retardation or related condition. An ICF/MR facility provides monitoring, supervision, training, and supports.

MR/DD State Waiver Office determines the level of care (medical eligibility) based on the Annual Medical Evaluation (DD-2A), the Psychological Evaluation (DD-3) and verification if not indicated in the DD-2A and DD-3, that documents that the mental retardation and/or related conditions with associated concurrent adaptive deficits were manifested prior to the age of 22, and are likely to continue indefinitely. Other documents, if applicable and available, that can be utilized include the Social History, IEP for school age children, Birth to Three assessments, and other related assessments.

The evaluations must demonstrate that an applicant has a diagnosis of mental retardation and/or a related developmental condition, which constitutes a severe and chronic disability. For this program individuals must meet the diagnostic

criteria for medical eligibility not only by the relevant test scores, but also the narrative descriptions contained in the documentation. To be eligible, the member:

- Must have a diagnosis of mental retardation, with concurrent substantial deficits (substantial limitations associated with the presence of mental retardation), and/or
- Must have a related developmental condition which constitutes a severe and chronic disability with concurrent substantial deficits.

Examples of related conditions which may, if severe and chronic in nature, make an individual eligible for the MR/DD Waiver Program include but are not limited to, the following:

- Any condition, other than mental illness, found to be closely related to mental retardation because this condition results in impairment of general intellectual functioning or adaptive behavior similar to that of mentally retarded persons, and requires services similar to those required for persons with mental retardation.
- Autism
- Traumatic brain injury
- Cerebral Palsy
- Spina Bifida
- Tuberous Sclerosis

Additionally, the member who has a diagnosis of mental retardation and/or related conditions and associated concurrent adaptive deficits must have the following:

- Manifested prior to the age of 22, and
- Likely to continue indefinitely.
- Must have the presence of a least three (3) substantial deficits out of five of the major life areas (term is defined in Title 42, Chapter IV, Part 435.1009 of the Code of Federal Regulations or CFR.

Refer to 503.1, Functionality section for a list of the major life areas.

Functionality

- Substantially limited functioning in three (3) or more of the following major life areas; ("substantially limited" is defined on standardized measures of adaptive behavior scores as three (3) standard deviations below the mean or less than one (1) percentile when derived from non MR normative populations or in the average range or equal to or below the seventy fifth (75) percentile when derived from MR normative populations. The presence of substantial deficits must be supported not only by the relevant test scores, but also the narrative descriptions contained in the documentation submitted for review, i.e., psychological, the IEP, Occupational Therapy evaluation, etc.). Applicable categories regarding general functioning include:
- Self-care
- Receptive or expressive language (communication)
- Learning (functional academics)
- Mobility
- Self-direction
- Capacity for independent living (home living, social skills, employment, health and safety, community and leisure activities).

For applicable major life functioning areas, refer to Code of Federal Regulation (CFR): 42 CFR435.1009.

Active Treatment

• Requires and would benefit from continuous active treatment.

Medical Eligibility Criteria: Level of Care

- To qualify for ICF/MR level of care, evaluations of the applicant must demonstrate:
- A need for intensive instruction, services, assistance, and supervision in order to learn new skills, maintain current level of skills, and increase independence in activities of daily living,
- A need for the same level of care and services that is provided in an ICF/MR institutional setting.

The applicant or legal representative will be informed of the right to choose between ICF/MR services and home and community-based services under the MR/DD Waiver Program and informed of his/her right to a fair hearing at the time of application (Informed Consent, DD-7).

Conditions Ineligible

- Substantial deficits associated with a diagnosis other than mental retardation or a related diagnosis do not meet eligibility criteria.
- Additionally, any individual needing only personal care services does not meet the eligibility criteria.
- Individuals diagnosed with mental illness whose evaluations submitted for medical eligibility determination indicate no previous history of co-occuring mental retardation or developmental disability prior to age 22. The member's clinical evaluators must provide clinical verification through the appropriate eligibility documentation that their mental illness is not the primary cause of the substantial deficits and the mental retardation or developmental disability occurred prior to the age of twenty-two (22).

VIII. CONCLUSIONS OF LAW:

- Regulations that govern the MR/DD Waiver Program require eligible individuals to have a diagnosis of mental retardation (and/or a related condition), which must be severe and chronic, in conjunction with substantial deficits in three (3) or more of the major life areas which manifested prior to age 22. "Substantially limited" is defined on standardized measures of adaptive behavior scores as three (3) standard deviations below the mean or less than one (1) percentile when derived from Non-MR normative populations, or in the average range or equal to or below the seventy-fifth (75) percentile when derived from MR normative populations. The presence of substantial deficits must be supported not only by the relevant test scores, but also the narrative descriptions contained in the documentation submitted for review.
- Policy states that the presence of a substantial adaptive deficit must be supported not only by relevant test scores, but by narrative descriptions contained in the documentation submitted for review. This policy is interpreted to mean that an eligible ABS score must first be identified, and then supported by the narrative information. Pursuant to Medicaid MR/DD Waiver regulations, information reviewed for eligibility supports the finding of a substantial adaptive deficit in *Learning*. While the Claimant exhibited eligible test scores in some areas of *Capacity for Independent Living*, the Department did not award a deficit when

considering the totality of components in this area of functionality. It should be noted that awarding a deficit in this area would only bring the Claimant's total substantial adaptive deficits to two (2) and she would continue to lack the three (3) deficits required to establish eligibility since no other deficits could be identified based on ABS scores.

3) Whereas the Claimant does not meet the functionality requirements in the medical eligibility criterion, medical eligibility for participation in the Medicaid MR/DD Waiver Program cannot be established.

IX. DECISION:

It is the decision of the State Hearing Officer to **uphold** the proposal of the Department to terminate the Claimant's benefits and services through the MR/DD Waiver Program.

X. RIGHT OF APPEAL:

See Attachment.

XI. ATTACHMENTS:

The Claimant's Recourse to Hearing Decision.

Form IG-BR-29.

ENTERED this 6th Day of May, 2011

Pamela L. Hinzman State Hearing Officer