



State of West Virginia
DEPARTMENT OF HEALTH AND HUMAN RESOURCES
Office of Inspector General
Board of Review
P.O. Box 1736
Romney, WV 26757

Joe Manchin III
Governor

Martha Yeager Walker
Secretary

January 9, 2006

Dear Ms. _____:

Attached is a copy of the findings of fact and conclusions of law on your hearing held December 13, 2005. Your hearing request was based on the Department of Health and Human Resources' proposal to decrease homemaker hours under the Aged Disabled Waiver, A/DW, program.

In arriving at a decision, the State Hearing Officer is governed by the Public Welfare Laws of West Virginia and the rules and regulations established by the Department of Health and Human Resources. These same laws and regulations are used in all cases to assure that all persons are treated alike.

Eligibility for the A/DW program is based on current policy and regulations. Some of these regulations state as follows: The Aged/Disabled (HCB) Title XIX Waiver Services Program is granted to those individuals who meet all eligibility requirements. One of these requirements is that the individual must qualify medically. Eligible individuals are those who qualify medically for nursing facility level of care but have chosen the waiver program as a means to remain in their home, where services can be provided. (Aged/Disabled (HCB) Services Manual 570- 570.1b (11/1/03).

The information which was submitted at your hearing revealed that at the time of the July 11, 2005 Pre-Admission Screening Assessment, you did meet the eligibility criteria for level of care C under the Aged/Disabled Waiver Program in which you were previously assessed.

It is the decision of the State Hearings Officer to **reverse** the proposed action of the Department to decrease homemaker hours to a level B under the A/DW program.

Sincerely,

Sharon K. Yoho
State Hearing Officer
Member, State Board of Review

cc: Erika H. Young, Chairman, Board of Review
[REDACTED], CWAS - Boggess, BoSS - [REDACTED], WVMI

**WEST VIRGINIA DEPARTMENT OF HEALTH & HUMAN RESOURCES
BOARD OF REVIEW**

Claimant,

v.

Action Number: 05-BOR-6322

**West Virginia Department of
Health and Human Resources,**

Respondent.

DECISION OF STATE HEARING OFFICER

I. INTRODUCTION:

This is a report of the State Hearing Officer resulting from a fair hearing concluded on December 13, 2005 for _____. This hearing was held in accordance with the provisions found in the Common Chapters Manual, Chapter 700 of the West Virginia Department of Health and Human Resources. This fair hearing was convened on December 13, 2005 on a timely appeal, filed August 1, 2005.

It should be noted here that the claimant's benefits have been continued pending a hearing decision.

II. PROGRAM PURPOSE:

The Program entitled Aged Disabled Waiver is set up cooperatively between the Federal and State governments and administered by the West Virginia Department of Health & Human Resources.

Under Section 2176 of the Omnibus Budget Reconciliation Act of 1981, states were allowed to request a waiver from the Health Care Financing Administration (HCFA) so that they could use Medicaid (Title XIX) funds for home and community-based services. The program's target population is individuals who would otherwise be placed in an intermediate or skilled nursing facility (if not for the waiver services). Services offered under the Waiver Program will include: (1) chore, (2) homemaker and (3) case management services. West Virginia has been offering the Waiver Services Program since July, 1982 to those financially eligible individuals who have been determined to need ICF level care but who have chosen the Waiver Program Services as opposed to being institutionalized.

III. PARTICIPANTS:

Claimant's Witnesses:

_____, claimant

_____, Central WV Aging Service

_____, Central WV Aging Service

Department's Witnesses:

Kay Ikerd, Bureau of Senior Services by phone

_____, WVMI by phone

Presiding at the Hearing was Sharon K. Yoho, State Hearing Officer and a member of the State Board of Review.

IV. QUESTIONS TO BE DECIDED:

The question(s) to be decided is whether the Department was correct in their decision to reduce homemaker hours under the Aged/Disabled Waiver (HCB) program.

V. APPLICABLE POLICY:

Aged/Disabled Home and Community Based Service Manual §570 and §580

VI. LISTING OF DOCUMENTARY EVIDENCE ADMITTED:

Department's Exhibits:

D-1 Aged/Disabled Home and Community based Services Manual §570.1 c,d. and §580.2

D-1a Program Instruction memo dated November 1, 2004

D-2 Pre-Admission Screening, PAS, completed July 11, 2005

D-3 Eligibility Determination dated July 11, 2005

D-4 Notice of reduction in homemaker hours dated July 20, 2005

VII. FINDINGS OF FACT:

- 1) Ms. _____ is a 67-year-old female. She is an active participant in the A/DW program and her eligibility was undergoing an annual evaluation on July 11, 2005.
- 2) A WV Medical Institute nurse completed a Pre-Admission Screening (PAS) in Ms. _____'s home with the claimant and her case manager, _____, present. Ms. _____ was surprised by the visit. She had not remembered receiving the notification letter. This PAS evaluation determined that the claimant remained eligible for the Aged/Disabled Waiver program however; it was determined that the level of care that she required had decreased from level C to a level B.

- 3) This claimant has diagnoses of Quadriplegia with history of Polio. She has not been able to stand since age 12. She currently has homemaker services two hours in the morning and two hours in the evening seven days a week. The homemaker bathes Ms. _____ in her bed, puts a clean adult diaper on her and transfers her to a wheelchair where she remains for 10 hours until the homemaker returns to change her diaper, clean her up and transfer her back to her bed.
- 4) The July 11, 2005 PAS assigned this claimant with 15 points in determining the level of care required. The evaluating nurse assigned five (5) points in the areas of Medical Conditions/Symptoms, nine (9) points were assigned in the area of functional levels, and one (1) point was assigned for the inability to vacate in the event of an emergency.
- 5) Issues addressed by the claimant's witnesses were in the areas of eating, dressing, bathing, and decubitus. The nurse assigned one point in the areas of dressing and bathing indicating that the claimant could assist with these activities. No points were assigned for eating or decubitus.
- 6) The claimant had advised the evaluating nurse that she could use a knife and fork, but if she could not, she picks up the food to eat it. She told the nurse that she does not try to use a knife and fork in a restaurant. She has to have others cut her food. Ms. _____ cannot cut meats and cannot pick up a cup or glass. She must use a straw for liquids. A discussion regarding cutting up of meats did not appear to have occurred during the evaluation. There was discussion of whether she could use a knife and fork.
- 7) Ms. _____'s homemaker dresses her while she is lying in bed. The homemaker has to roll the claimant to accomplish the dressing. The claimant had advised the nurse that she could lean forward to assist with the pulling down of a shirt, but that all of her dressing is done in the bed and she is not able to assist. She is able to raise her right arm slightly, but is not able to lift it away from her body to assist in putting her arm in a sleeve.
- 8) The claimant is not able to assist in her bathing. She is bathed in bed and cannot be bathed in a shower. She showed the nurse how she could put one of her hands on her chest, but the claimant's hand is contracted to the point that she could not grip a washcloth and rub. Ms. _____ is able to do some of her grooming only because she is able to use the sink, which is open underneath. She used the sink to push her elbows up to reach her teeth with an electric toothbrush and to run a comb through her hair.
- 9) Ms. _____ is wheelchair bound and wears adult diapers. She must sit in wet or dirtied diapers all day until the homemaker returns to clean her up and put her back in bed. The diapers often times cause irritation. This irritation is not related to a decubitus ulcer which is a pressure related sore.
- 10) Aged/Disabled Home and Community Based Services Manual §570 – Program Eligibility for client:

Applicants for the A/DW Program must meet all of the following criteria to be eligible for the program:

- A. Be 18 years of age or older

- B. Be a permanent resident of West Virginia. The individual may be deinstitutionalized from a NF in any county of the state, or in another state as long as his permanent residence is in West Virginia.
 - C. Be approved as medically eligible for NF Level of Care.
 - D. Meet the Medicaid Waiver financial eligibility criteria for the program as determined by the county DHHR office, or the SSA if an active SSI recipient.
 - E. Choose to participate in the A/DW Program as an alternative to NF care.
- 11)** Aged/Disabled Home and Community Based Services Manual § 570.1.a – Purpose: The purpose of the medical eligibility review is to ensure the following:
- A. New applicants and existing clients are medically eligible based on current and accurate evaluations.
 - B. Each applicant/client determined to be medically eligible for A/DW services receives an appropriate LOC that reflects current/actual medical condition and short and long-term services needs.
 - C. The medical eligibility determination process is fair, equitable and consistently applied throughout the state.
- 12)** Aged/Disabled Home and Community Based Services Manual# 570.1.b – Medical Criteria: An individual must have five deficits on the PAS to qualify medically for the A/DW Program. These deficits are derived from a combination of the following assessment elements on the PAS:
- A. #24: Decubitus - Stage 3 or 4
 - B. #25: In the event of an emergency, the individual is c) mentally unable or d) physically unable to vacate a building. a) and b) are not considered deficits.
 - C. #26: Functional abilities of individual in the home.
 - Eating----- Level 2 or higher (physical assistance to get nourishment, not preparation)
 - Bathing ----- Level 2 or higher (physical assistance or more)
 - Grooming--- Level 2 or higher (physical assistance or more)
 - Dressing ---- Level 2 or higher (physical assistance or more)
 - Continence-- Level 3 or higher (must be incontinent)
 - Orientation-- Level 3 or higher (totally disoriented, comatose)

Transfer----- Level 3 or higher (one person or two person assist in the home)
 Walking----- Level 3 or higher (one person or two person assist in the home)
 Wheeling----- Level 3 or higher (must be Level 3 or 4 on walking in the home to use Level 3 or 4 for wheeling in the home. (Do not count outside the home)

D. #27: Individual has skilled needs in one or more of these areas B (g)suctioning , (h)tracheostomy, (i) ventilator , (k)parenteral fluids , (l)sterile dressings , or (m) irrigations.

E. #28: The individual is not capable of administering his/her own medication.

13) Aged/Disabled Home and Community Based Service Manual # 570.1.c,d:
 There are four levels of care for clients of ADW Homemaker services. Points will be determined as follows, based on the following sections of the PAS:

#23 1 point for each (can have total of 12 points)
 #24 1 point
 #25 1 point for B, C, or D
 #26 Level 1 - 0 points
 Level II - 1 point for each item A through I
 Level III - 2 points for each item A through M; I (walking) must be equal to or greater than
 Level III before points given for J (wheeling)
 Level IV - 1 point for A, 1 point for E, 1 point for F, 2 points for G through M

#27 1 point for continuous oxygen
 #28 - 1 point for B or C
 #34 - 1 point if Alzheimer's or other dementia
 #35 - 1 point if terminal

Level A	5-9 points	62 Hours per Month
Level B	10-17 points	93 Hours per Month
Level C	18-25 points	124 Hours per Month
Level D	26-44 points	155 Hours per Month

VIII. CONCLUSIONS OF LAW:

- 1) The Aged Disabled Waiver policy provides that an individual must be assigned 18 to 25 points to qualify as requiring a Level C in care, which is 124 hours per month in homemaker services and 10 to 17 for Level B. The evaluating nurse assigned 15 points, which falls within the Level B of care.

- 2) The issues raised at the hearing were in the areas of eating, dressing, bathing and decubitis. Due to the limited use of the claimant's right hand, she does require hands on assistance to cut meats on her plate. The evaluating nurse should have assigned one (1) point for assistance needed for eating. The claimant is totally bathed while in bed by her homemaker. She can put her hand on her chest, but is not able to grip a washcloth and rub. She is not able to assist in her bathing and should have been awarded two (2) points instead of one (1) in the area of bathing. Ms. _____ can lift one arm up a little, but is not able to lift it away from the body enough to aid in putting the sleeve of a top on. She is total care for dressing and should have been awarded two (2) points for dressing. The claimant does experience sores from the rubbing of her adult diapers, but these are not considered to be decubitis ulcers.
- 3) Three (3) additional points should have been awarded during the PAS evaluation completed on July 11, 2005 in the areas of eating, bathing and dressing. These additional points would cause the claimant to have 18 points, which would be in the Level C category of need. Evidence concludes that this claimant clearly has a need for the 124 hrs. of homemaker services which she has been receiving in the past.

IX. DECISION:

After reviewing the information presented during this hearing and the applicable policy and regulations, I find that the claimant continues to have needs, which fall in the Level of care C. With the authority granted to me by the WV State Board of Review, I am ruling to **reverse** the Agency's proposed action to decrease this claimant's homemaker services under the Aged/Disabled Title XIX (HCB) Waiver program.

X. RIGHT OF APPEAL:

See Attachment

XI. ATTACHMENTS:

The Claimant's Recourse to Hearing Decision

Form IG-BR-29

ENTERED this 9th Day of January 2006.

Sharon K. Yoho
State Hearing Officer