

Parent Workshop



TODDLERS! BIG FEELINGS, BIG BEHAVIORS – STRATEGIES TO HELP YOUNG CHILDREN AND THE PEOPLE WHO LOVE THEM

This course will share helpful tips for parents and caregivers of young children. It explains how the brain works related to how your child is feeling and how that affects a child's behavior, especially when they feel scared or upset. You will learn simple ways to help you help your child learn to manage their emotions and actions. The course is designed for parents of children from birth to preschool age.



Speaker

Kristi Williams, Psychologist



June 8, 2026



10:00 a.m. - 11:00 a.m.



Register at <https://zoom.us/meeting/register/FYfxaTmQRZCwfEf1jNgalQ#/registration>