



Coaching: Tips for Parents

WV Birth to Three providers use coaching during visits to help parents and other caregivers interact with their child in ways that supports learning and development.



1

Joint Planning

At the beginning of your visit, you and your provider will talk about what you tried with your child since the last visit - what did and didn't work. Tell your provider about anything new since the last visit. Talk about what you want to focus on during today's visit.



2

Observation

Your provider may join in an activity that you are currently doing or you may begin an activity chosen to focus on during the visit. Your provider will observe you and your child as you play and interact during your daily routines and activities. They will show you strategies to use, then will ask you to try them.



3

Action

Your provider will help you practice new ways to help your child meet his/her goals and talk about how to include the strategies in your daily routines. Between visits, you can work on the strategies that you came up with together.



4

Reflection

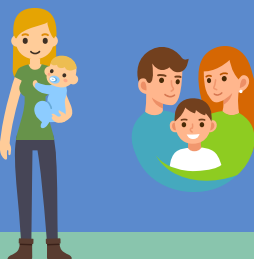
You and your provider discuss the activities and strategies practiced during the visit - what went well, what didn't and what you do the next time.



5

Feedback

Your provider will share information with you and help you figure out what strategies will best help your child meet his/her goals.



6

Next Steps

At the end of the visit, you and your provider will create a plan of what you want to try with your child between visits and schedule your next home visit.