



Infant Mental Health Week Webinars
Hosted by the West Virginia Infant/Toddler Mental Health Association

**All webinars will be from 12 noon – 1:30 p.m.
1.5 Contact Hours of WV STARS per session
Register using the QR codes or the links below**

Monday, October 27  Scan Me	Comfort and Joy: Supporting Infants and Toddlers Through Holiday Stress The fall and winter holiday season can bring excitement, but also stress, change, and overstimulation--especially for infants and toddlers. Caregivers and providers play a critical role in helping children feel safe, regulated, and connected during this time. This training explores how holidays can impact young children's emotional and behavioral regulation, identify specific populations with increased risk of holiday stress, and provide practical strategies and routines to support children and families. <i>Presenter: Linda Reeves, MS, MA, LSW, IMH-E®, Child Care Resource Center</i> To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/Ei5JAyaqQr-LrTulxQgsnw
Tuesday, October 28  Scan Me	Supporting Young Children Through Grief: An IECMH Perspective This interactive training explores how young children experience and express grief, and how caregivers and professionals can support them. Participants will learn practical strategies to help children process loss, build resilience, and strengthen relationships through evidence-informed approaches. <i>Presenter: Katherine Bell, IMH-E®, Association of Infant Mental Health in Tennessee</i> To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/xWD9j7IKSOyRx2hEMHYFmQ
Wednesday, October 29  Scan Me	How Prenatal Substance Exposure Impacts Development In this presentation, we will discuss substance exposure in utero, its impacts on early development and attachment, as well as challenges experienced as these children grow older and transition into school. We will also review current research and trends in care, additional ideas on how to facilitate family advocacy and engagement, and resources to share with families. <i>Presenter: Cindy Chamberlin, West Virginia Birth to Three and To the Moon and Back</i> To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/I756PridQl6tjDYSIZDk7A
Thursday, October 30	The Youngest Witnesses: Supporting Infants and Toddlers Exposed to Domestic Violence Infants and toddlers are often the hidden witnesses of domestic violence, and the effects on their development can be deep and lasting. This session explores how DV impacts early attachment and regulation, and offers practical strategies for creating safe, supportive



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environments. The session emphasizes trauma-informed, nonjudgmental approaches that prioritize both child safety and caregiver well-being.

Presenter: Kimberly Tyler-Stirling, Anti-Violence Advocate, West Virginia Coalition Against Domestic Violence

To register, please copy and paste the link below into your internet browser.

<https://us06web.zoom.us/meeting/register/zhpwzH5Qyq4djr3U1iVlg>

Friday,
October 31



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Supporting Parents and Caregivers During Changing Times

Parents and caregivers are receiving information in lots of ways--from social media, family members, news, co-workers, and others. Often it can feel overwhelming, and sometimes parents feel a sense of blame. Join this panel presentation to hear about strategies for supporting families around emotional conversations, staying in the present with children, and teaching families the power of reflection.

Facilitator: Michelle Rollyson, MA, IMH-E®, West Virginia Infant/Toddler Mental Health Association

To register, please copy and paste the link below into your internet browser.

https://us06web.zoom.us/meeting/register/g4W_IF2QQqS4vJiP31sPfA