January is Cervical Health Awareness Month. Cervical cancer is one of the most common causes of cancer worldwide, and one of the most preventable and treatable. The estimated lifetime risk of a woman developing cervical cancer is 1 in 117. The American Cancer Society estimates that approximately 9,710 new cases of invasive cervical cancer will be diagnosed in 2006.

The West Virginia Breast and Cervical Cancer Screening Program (WVBCCSP) celebrated Cervical Health Awareness Month 2006 by offering free Pap tests at the following locations: Monroe Health Center, Summers County Health Department, Mercer County Health Department, Ebenezer Medical Outreach, Greenbrier County Health Department, Rainelle Medical Center, Meadow Bridge Clinic, Northern Greenbrier Health Clinic, Jackson County Community Health, Coplin Clinic, Minnie Hamilton Health Clinic, Doddridge County Health Department, Associates for Women’s Health, Pinewood Medical Center, and Grant County Health Department.

Volunteers throughout the state increase awareness about breast and cervical cancer and raise donations for the West Virginia Diagnostic and Treatment Fund. These volunteers work closely with the WVBCCSP’s nine Cancer Information Specialists (CIS). Cancer Information Specialists are located throughout West Virginia and are available to assist volunteers in their efforts.

The following are some helpful tips the CIS staff identified for volunteers preparing for upcoming events: (1) encourage the volunteers to contact staff 60-90 days prior to an event; this ensures CIS participation and leaves time to secure promotional items, (2) ask that volunteers work together in an area to form a “sisterhood” that can benefit all women, (3) urge all volunteers to be educated about WVBCCSP so they can explain the program to women in need, (4) request that monthly hours be reported at the end of each month, and (5) encourage current volunteers to recruit other volunteers and spread the word that early detection of breast and cervical cancer saves lives.
The Huntington Diversity Council of CSX Transportation, Inc. held a raffle to help support the local 2005 Breast Cancer Walk for Women. The grand prize was a caboose measuring 22”L, 11”H and 9”W. A retired CSX train conductor designed the caboose for decorative purposes and donated his work to the raffle. The caboose was not designed to work with model railroads. The Council received more than twice its goal in donations, with a total donation total of $2,328 going to the WV Diagnostic and Treatment Fund!

The WVBC CSP Quilts of Hope Project is a breast cancer awareness community outreach project sponsored by Mountains of Hope: the WV Comprehensive Cancer Control Coalition, the state quilt guilds, WV Community Educational Outreach Services, American Cancer Society, Mary Babb Randolph Cancer Center, Appalachia Community Cancer Network, and Jo Ann Fabrics and Crafts. The goal of this project is to stress the importance of early detection through public education and awareness. The project helps increase breast cancer awareness by tapping into WV’s rich cultural heritage of quilting. Many WV quilters have given their time and talent to make quilts. The quilts act as symbols of hope for women in the fight against breast cancer. The 2004-2006 effort marks the sixth Quilts of Hope Project and will continue until October 2006. Thirteen quilts are being raffled with donations benefiting the WV Breast and Cervical Cancer Diagnostic and Treatment Fund. The Fund helps pay for potentially lifesaving breast and cervical cancer diagnostic and limited treatment services for uninsured WV women. A drawing for each quilt will be held in October 2006. To find out how you can purchase a Quilts of Hope ticket, call WVU Cancer Prevention and Control, at (304) 293-2370.

Janet Poling has joined the WVBC CSP staff as the Case Manager for Region 7. Janet’s counties include Monongalia, Preston, Marion, Taylor, Barbour, Tucker, Upshur, Randolph, Grant, Mineral, Hampshire, Morgan, Berkeley, Jefferson, Hardy, and Pendleton. You can contact Janet at the Randolph County DHHR, 1027 North Randolph Avenue, Elkins, WV 26241, or call her at (304) 637-0378.