

State of West Virginia DEPARTMENT OF HEALTH AND HUMAN RESOURCES Office of Inspector General Board of Review P.O. Box 1736 Romney, WV 26757

Joe Manchin III Governor Martha Yeager Walker Secretary

June 8, 2006

Dear Ms. ____ :

Attached is a copy of the findings of fact and conclusions of law on your hearing held May 18, 2006. Your hearing request was based on the Department of Health and Human Resources' proposal to decrease homemaker hours under the Aged Disabled Waiver, A/DW, program.

In arriving at a decision, the State Hearing Officer is governed by the Public Welfare Laws of West Virginia and the rules and regulations established by the Department of Health and Human Resources. These same laws and regulations are used in all cases to assure that all persons are treated alike.

Eligibility for the A/DW program is based on current policy and regulations. Some of these regulations state as follows: The Aged/Disabled (HCB) Title XIX Waiver Services Program is granted to those individuals who meet all eligibility requirements. One of these requirements is that the individual must qualify medically. Eligible individuals are those who qualify medically for nursing facility level of care but have chosen the waiver program as a means to remain in their home, where services can be provided. (Aged/Disabled (HCB) Services Manual 570- 570.1b (11/1/03).

The information which was submitted at your hearing revealed that at the time of the November 9, 2005 Pre-Admission Screening Assessment, you did meet the eligibility criterea for level of care C under the Aged/Disabled Waiver Program in which you were previously assessed.

It is the decision of the State Hearings Officer to **uphold** the proposed action of the Department to decrease homemaker hours to a level B under the A/DW program.

Sincerely,

Sharon K. Yoho State Hearing Officer Member, State Board of Review

cc: Erika H. Young, Chairman, Board of Review PHSS - Boggess, BoSS - WVMI

WEST VIRGINIA DEPARTMENT OF HEALTH & HUMAN RESOURCES BOARD OF REVIEW

Claimant,

v.

Action Number: 06-BOR-959

West Virginia Department of Health and Human Resources,

Respondent.

DECISION OF STATE HEARING OFFICER

I. INTRODUCTION:

This is a report of the State Hearing Officer resulting from a fair hearing concluded on May 18, 2006 for _____. This hearing was held in accordance with the provisions found in the Common Chapters Manual, Chapter 700 of the West Virginia Department of Health and Human Resources. This fair hearing was convened on May 18, 2006 on a timely appeal, filed January 26, 2006.

It should be noted here that the claimant's benefits have been continued pending a hearing decision.

II. PROGRAM PURPOSE:

The Program entitled Aged Disabled Waiver is set up cooperatively between the Federal and State governments and administered by the West Virginia Department of Health & Human Resources.

Under Section 2176 of the Omnibus Budget Reconciliation Act of 1981, states were allowed to request a waiver from the Health Care Financing Administration (HCFA) so that they could use Medicaid (Title XIX) funds for home and community-based services. The program's target population is individuals who would otherwise be placed in an intermediate or skilled nursing facility (if not for the waiver services). Services offered under the Waiver Program will include: (1) chore, (2) homemaker and (3) case management services. West Virginia has been offering the Waiver Services Program since July, 1982 to those financially eligible individuals who have been determined to need ICF level care but who have chosen the Waiver Program Services as opposed to being institutionalized.

III. PARTICIPANTS:

Claimant's Witnesses:

____, claimant

<u>, homemaker & daughter-in-law</u>

HM -RN Hampshire County Committee on Aging

Department's Witnesses: Brian Holstein, Bureau of Senior Services by phone , WV Medical Institute

Presiding at the Hearing was Sharon K. Yoho, State Hearing Officer and a member of the State Board of Review.

IV. QUESTIONS TO BE DECIDED:

The question(s) to be decided is whether the Department was correct in their decision to reduce homemaker hours under the Aged/Disabled Waiver (HCB) program.

V. APPLICABLE POLICY:

Aged/Disabled Home and Community Based Service Manual §570 and §580

VI. LISTING OF DOCUMENTARY EVIDENCE ADMITTED:

Department's Exhibits:

- **D**-1 Aged/Disabled Home and Community based Services Manual §570.1 c,d. and §580.2
- **D**-2 Pre-Admission Screening, PAS, completed January 10, 2006
- **D**-3 Eligibility Determination dated January 10, 2006
- **D**-4 Notice of proposal to decrease homemaker hours January 19, 2006

VII. FINDINGS OF FACT:

- 1) Ms. _____ is a 70-year-old female. She is an active participant in the A/DW program and her eligibility was undergoing an annual evaluation on January 10, 2006.
- 2) A WV Medical Institute nurse completed a Pre-Admission Screening (PAS) in Ms. ______'s home with the claimant, and her daughter-in-law ______ present. This PAS evaluation determined that the claimant remained eligible for the Aged/Disabled Waiver program however; it was determined that the level of care that she required had decreased from level C to a level B with 17 points awarded.
- 3) This claimant has diagnoses of Hypertension, Parkinson 's disease, Asthma, Dermatonyositis, GERD and Sleep Apnea.

- 4) The evaluating nurse on January 10, 2006 determined this claimant to have 17 points in determining the level of care required. The evaluating nurse assigned seven (7) points in the areas of Medical Conditions/Symptoms, nine (9) points in the area of functional levels and one (1) point for continuous oxygen.
- 5) Issues addressed by the claimant's witnesses and by documentation provided were in the areas of aphasia, dysphagia, contractures, bathing, dressing, bladder incontinence and walking.
- 6) The evaluating nurse did assign a point for each, bathing and dressing. The claimant can help some with these ADLs.
- 7) Ms. ____ does have some control at times with her bladder and therefore; the nurse assigned one point for less than total incontinence.
- 8) The claimant does have some difficulty with walking and does hold on to walls. Her daughter-in-law has tried to convince her to use a cane. She does ambulate without hands on assistance.
- 9) Ms. ____ has a frozen shoulder and she cannot move it very far. The joint is not in a fixed position as would be the case with a contracture.
- **10)** At times when the claimant is upset, she has a problem with getting out what she wants to say. The evaluating nurse noticed no problems with communication during the PAS and the claimant communicated effectively at the hearing.
- 11) Ms ______ testified at the hearing that she has problems swallowing her pills. She puts them in applesauce to swallow them. The nurse was not advised of any swallowing problems at the time of the PAS. The claimant reported at the PAS that she could get the pills out of the pillbox and take them on her own. Dysphagia was not provided as a diagnosis for the PAS. Ms. ______ states that the claimant is prescribed Reglan, which was not on the list of eighteen (18) medications provided for the PAS. Although the claimant is diagnosed with GERD, Ms. ______ testified that the Reglan is prescribed for swallowing.
- **12**) Aged/Disabled Home and Community-Based Services Manual Section 570 (D-1)-Program Eligibility for client:

Applicants for the ADW Program must meet the following criteria to be eligible for the Program:

- C. Be approved as medically eligible for NF Level of Care.
- **13**) Aged/Disabled Home and Community-Based Services Manual Section 570.1.a Purpose: The purpose of the medical eligibility review is to ensure the following:

- A. New applicants and existing clients are medically eligible based on current and accurate evaluations.
- B. Each applicant/client determined to be medically eligible for A/DW services receives an appropriate LOC that reflects current/actual medical condition and short and long-term services needs.
- C. The medical eligibility determination process is fair, equitable and consistently applied throughout the state.
- 14) Aged/Disabled Home and Community-Based Services Manual Section 570.1.b Medical Criteria:

An individual must have five deficits on the PAS to qualify medically for the A/DW Program. These deficits are derived from a combination of the following assessment elements on the PAS:

A. Decubitus - Stage 3 or 4 (Item 24 on PAS 2005)

B. Unable to vacate a building- a person is physically unable at all times at Level 3 or higher in walking or mentally incapable of leaving the building at Level 3 or higher in orientation with a diagnosis of dementia, Alzheimer's, or related condition. (Item 25, I and 33, on the PAS 2005).

- C. Functional abilities of individual in the home. (Item 25 on the PAS 2005).
 - Eating------ Level 2 or higher (physical assistance to get nourishment, not preparation)
 - Bathing ----- Level 2 or higher (physical assistance or more)
 - Grooming--- Level 2 or higher (physical assistance or more)
 - Dressing ---- Level 2 or higher (physical assistance or more)
 - Continence-- Level 3 or higher (must be total incontinent- defined as when the recipient has no control of bowel or bladder functions at any time)
 - Orientation-- Level 3 or higher (totally disoriented, comatose)
 - Transfer----- Level 3 or higher (one person or two person assist in the home)
 - Walking----- Level 3 or higher (one person assist in the home)
 - Wheeling----- Level 3 or higher (must be Level 3 or 4 on walking in the home to use Level 3 or 4 for wheeling in the home. Do not count outside the home)

D. Individual has skilled needs in one or more of these areas B (g)suctioning, (h)tracheostomy, (i)ventilator, (k)parenteral fluids, (l)sterile dressings, or (m) irrigations. (Item 26 on the PAS 2005)

E. The individual is not capable of administering his/her own medications is defined as

an individual not capable of administering his/her own medications if the prescription medication must be placed in the recipient's hand, mouth, tube or eye by someone other than the recipient at all times.

- **15)** Aged/Disabled Home and Community Based Service Manual # 570.1.c,d: There are four levels of care for clients of ADW Homemaker services. Points will be determined as follows, based on the following sections of the PAS 2005:
 - #23 1 point for each (can have total of 12 points) Medical Condition
 - #24 1 point Decubitus
 - #25 Level 1 0 points Functional levels
 Level II 1 point for each item A through I
 Level III 2 points for each item A through M; I (walking) must be equal to or greater than III before points given for J (wheeling)
 Level IV 1 point for A, 1 point for E, 1 point for F, 2 points for G through M
 - #26 1 point for continuous oxygen
 - #27 1 point for "NO" answer medication administration
 - #33 1 point if Alzheimer's or other dementia
 - #34 1 point if terminal

Levels of Care Service Limits:

Level A	5-9 points	62 Hours per Month
Level B	10-17 points	93 Hours per Month
Level C	18-25 points	124 Hours per Month
Level D	26-44 points	155 Hours per Month

VIII. CONCLUSIONS OF LAW:

- The Aged Disabled Waiver policy provides that an individual must be assigned 18 to 25 points to qualify as requiring a Level C in care, which is 124 hours per month in homemaker services. 10 to 17 points indicates a Level B which is for 93 hours per month in homemaker services. The evaluating nurse assigned 17 points, which falls within the Level B of care.
- 2) Testimony regarding the claimant's difficulty in swallowing was not backed up with any evidence. A point being issued for a medical condition such as Dysphagia must be supported by a diagnosis or a prescribed medication for that condition. The PAS presented neither for the nurse. The nurse was not advised of the swallowing problem during the assessment. She was not advised of any problems swallowing pills.
- **3**) Evidence and testimony did not support additional points should have been assessed for aphasia, contractures, bathing, dressing, bladder incontinence or walking.

IX. DECISION:

After reviewing the information presented during this hearing and the applicable policy and regulations, I find that the evaluating nurse accurately assessed the claimant with 17 points to determine the level of care B. With the authority granted to me, by the WV State Board of Review, I am ruling to **uphold** the Agency's proposed action to decrease this claimant's homemaker services under the Aged/Disabled Title XIX (HCB) Waiver program.

X. RIGHT OF APPEAL:

See Attachment

XI. ATTACHMENTS:

The Claimant's Recourse to Hearing Decision

Form IG-BR-29

ENTERED this 8th Day of June, 2006.

Sharon K. Yoho State Hearing Officer