



Kids Quarterly Press

A Newsletter of Choices Child Care Resource and Referral

October, November, and December 2023

WV Child Care Credential



The Division of Early Care and Education understands the importance of the work you do, and it wants to help produce the best caregivers and child care programs possible for West Virginia families. With that in mind, the Division of Early Care and Education has created a voluntary program, the West Virginia Child Care Credential, that recognizes individual child care providers who go beyond the requirements of State licensing and registration regulations for training, education, and experience.

All applicants for the WV Child Care Credential are required to complete a professional portfolio to be reviewed by Choices Child Care Resource and Referral before approval. The portfolio materials will include background information, professional beliefs, and professional development as outlined in the application.

For more information email Meagann.E.Morris@wv.gov

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Important Updates	Suite 102	Clarksburg, WV 26301
Professional Development Calendar	Parkersburg, WV 26104	(304) 622-6528
Online Health & Safety Training	(304) 485-2668	(304) 622-6092 (fax)
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Recognitions



West Virginia
Tiered
Reimbursement
Program

Congratulations!

Choices would like to congratulate **A Little People Place**, Child Care Center in Wood County, for reaching Tier II Quality Status!

A Tier II provider has demonstrated that they provide a higher quality of care within their program. These providers receive a higher childcare reimbursement rate. If you are interested in Tier II, contact your Quality Improvement Specialist.

Marcy Mueller,
304-622-6528
Marcy.L.Mueller@wv.gov



Choices would like to recognize **Christie Lanham** and **Abigail Deitzel** of Jungle Junction in Harrison County on their approval for the WV Child Care General Credential!

For more information regarding the WV Child Care Credential contact Meagann.E.Morris@wv.gov Or scan the QR code!



Specializations Available Soon

- ◆ *Director*
- ◆ *Preschool*
- ◆ *Infant & Toddler*
- ◆ *Family Child Care*

Important Updates




WVAYC

Directors' Retreat

November 9-10, 2023 at Stonewall Resort

Registration will open for members on September 8th and for nonmembers on September 22nd. Only 200 spots available!
All attendees will receive a professional photograph.



If you are interested in achieving the Breastfeeding Friendly Child Care Designation contact your Infant Toddler Specialist.

Alicia Hundley,
304-622-6528

Alicia.M.Hundley@wv.gov

Alicia Mazariego,
304-485-2668

Alicia.W.Mazariego@wv.gov

The Advantages of having a Breastfeeding Friendly Child Care Designation:

1. Shows the community your commitment to quality care.
2. Child and Adult Care Feeding Program (CACFP) meal reimbursements are available when mothers breastfeed at the center or provide breastmilk for feeding their infant.
3. Can positively affect staff recruitment and retention as well as productivity and morale.

Scan the QR code to learn more about this designation and the 10-step process to becoming a breastfeeding friendly program.



Date and Time	Title and Presenter/Description	Core Competency	Location
Wood County Professional Development Calendar			
October 5, 2023	ECPBIS Caregiver Module Training 	Chrissy Pownell Jodi Fortney	
4:00pm – 6:00pm	This face-to-face module training is intended for those that work with preschool aged children. We will be reviewing the Pyramid Model and discussing ways to help prevent and manage challenging behaviors. <i>(Session dates: Oct. 5, 12, 26, Nov. 2, 9)</i>	Various	Choices
October 26, 2023	Quality Environments FCCERS-3 Overview	Jennifer Powell	
6:00pm – 8:00pm	Family childcare providers will learn more about the environmental rating scale, how this pertains to quality, and how to score their environment to foster enriched learning experiences.	EC	Choices
November 1, 2023	Quality Counts 	Marcy Mueller	
6:00pm – 7:00pm	We are going to take an in depth look at program supports that are necessary to achieve and maintain quality childcare and the important role early childhood educators play within the process.	PL/AM	Choices
November 7, 2023	The Growing Brain: From Birth to 5 Years Old 	Alicia Mazariego	
10:00am – 1:00pm	This 7-session series delves into research in brain development and strategies for childcare providers to support the growing brains of children birth to 5 years old. Session dates: November 7, 14, 21, 28, December 5, 12, & 19.	Various	Choices
November 14, 2023	Bed Bugs and Beyond	Renee Stonebraker	
6:00pm – 8:00pm	Information on bed bugs, head lice, mice and rats, cockroaches, and ants and how to manage them at a child care center.	EC/ HSN	Choices
November 29, 2023	Planning Your Professional Development 	Marcy Mueller	
6:00pm – 8:00pm	This training focuses on professional growth of early education providers and how to identify goals for the future.	PL/AM	Choices
December 5, 2023	Creative Curriculum for Family Child Care	Ashley Jobs Jennifer Powell	
5:00pm – 8:00pm	FOR FAMILY CHILD CARE ONLY. Providers will learn what Creative Curriculum for Family Child Care is and how to implement it into their program. Participants must complete both sessions for this course on 12/05/23 and 12/12/23 to receive full credit.	Various	Choices
December 6, 2023	Utilizing the Environmental Rating Scale to Improve Quality 	Marcy Mueller	
6:00pm – 8:00pm	This session will include an overview of the most recent versions of the ERS, as well as information on how to use the self-assessment to improve program quality through goal setting and the creation of action and professional development plans.	PL/AM	Choices
December 19, 2023	Adapting Your Gross Motor Play	Ashley Jobs	
6:00pm – 8:00pm	This training discusses how to adapt gross motor activities for indoor and outdoor play, and the impacts gross motor play has on other areas of learning.	Various	Choices

Date and Time	Title and Presenter/Description	Core Competency	Location
Harrison County Professional Development Calendar			
October 3, 2023	Quality Environments FCCERS-3 Overview	Jennifer Powell	
6:00pm – 8:00pm	Family childcare providers will learn more about the environmental rating scale, how this pertains to quality, and how to score their environment to foster enriched learning experiences.	EC	Choices
October 4, 2023	WVIT-R Administrator’s Course	Alicia Hundley	
10:00am – 12:30pm	This course is an overview of the West Virginia Infant Toddler-Revised Course. It is intended for Center/Facility directors to help support staff learning and implementation. This class is made up of two live, face-to-face sessions and 4 self-paced online sessions. Participants must complete each session. <i>Sessions: Oct 4th & 5th.</i>	PL	Choices
October 5, 2023	Mind in the Making-Revised (Series) 	Shannon Valles	
6:00pm – 8:00pm	This series investigates research on how children learn and how to encourage engaged learning in the classroom (<i>Sessions: Oct. 5, 12, 16, 26, 30 Nov. 9, 13, 20</i>)	Various	Choices
October 24, 2023	Stress Management	Renee Stonebraker	
6:00pm – 8:00pm	Facts about stress, how it affects our health, and healthy ways to deal with stress for adults and children.	Various	Choices
October 25, 2023	WVIT-R 	Alicia Hundley	
5:30pm – 9:00pm	WVIT-R is the new, updated infant toddler course. It contains 12 live sessions, 2 TACIT visits, and 4 self-paced online sessions. This class will meet face-to-face through January 24, 2024.	Various	Choices
November 8, 2023	Creative Curriculum for Family Child Care	Ashley Jobs Jennifer Powell	
5:00pm – 8:00pm	FOR FAMILY CHILD CARE ONLY. Providers will learn what Creative Curriculum for Family Child Care is and how to implement it into their program. Participants must complete both sessions for this course on 11/08/23 and 11/15/23 to receive full credit.	Various	Choices
November 21, 2023	Planning Your Professional Development 	Marcy Mueller	
6:00pm – 8:00pm	This training focuses on professional growth of early education providers and how to identify goals for the future.	PL/AM	Choices
November 30, 2023	Let Them Move!	Chrissy Pownell	
4:00pm – 6:00pm	This training will discuss how incorporating more movement activities into the day will help with behavioral management. Activities that can be implemented in your classrooms will be covered.	CGD	Choices

In-Person Professional Development Policies

- Anyone with symptoms of any illness will not be permitted to attend training.
- You must register at www.wvstars.org at least 24 hours in advance.
- Children are not permitted to attend training sessions.
- Participants who arrive more than 15 minutes late will not receive WV STARS credit.
- Sessions may be cancelled due to illness, inclement weather, or insufficient enrollment.

Date and Time	Title and Presenter/Description	Core Competency	Location
Harrison County Professional Development Calendar Continued			
December 4, 2023	WV Early Learning Standards Framework for Pre-K Modules 	Shannon Valles	
6:00pm – 8:00pm	This 3-part module series provides an in-depth look at the WV Early Learning Standards Framework. Participants will also become more intentional by creating a lesson plan using the framework. <i>Attendance is mandatory for all sessions</i> (Session dates: Dec. 4, 12, 19)	Various	Choices
December 11, 2023	Utilizing the Environmental Rating Scale to Improve Quality 	Marcy Mueller	
6:00pm – 8:00pm	This session will include an overview of the most recent versions of the ERS, as well as information on how to use the self-assessment to improve program quality through goal setting and the creation of action and professional development plans.	PL/AM	Choices
December 18, 2023	Quality Counts 	Marcy Mueller	
6:00pm – 7:00pm	We are going to take an in depth look at program supports that are necessary to achieve and maintain quality childcare and the important role early childhood educators play within the process.	PL/AM	Choices
Online Professional Development Calendar			
October 2, 2023	Mind in the Making-R Introduction (for Administrators)	Shannon Valles	
12:00pm – 2:00pm	Directors Only. This session will provide an overview of Mind in the Making, a series of modules about the science of early learning. <i>Center directors must attend before registering staff for series.</i>	CGD/ PL	Online
October 2, 2023	ECPBIS Director’s Overview	Chrissy Pownell Jodi Fortney	
2:00pm – 3:00pm	This training is required for any Director that has an employee signed up for the ECPBIS Caregiver Module training. The training will be an overview of the ECPBIS Caregiver Module Training.	Various	Online
December 7, 2023	Understanding ACEs: ACES 101 	Jodi Fortney	
1:00pm – 2:00pm	This training will introduce the concept of Adverse Childhood Experiences through awareness and education.	CGD	Online
<p>Online Professional Development Policies</p> <ul style="list-style-type: none"> • You must register for each training in WV STARS and on the registration links provided. • Each participant must individually register and log in to the training to receive credit. Device/screen sharing is not permitted for WV STARS credit. • Participants who call in to the training by phone without also logging in to a computer, smartphone, or tablet will not receive credit, as this type of attendance cannot be tracked. • Participants who miss more than 15 minutes of a session or do not meet minimum proof of learning/participation requirements will not receive credit for attending. • All participants are expected to remain active in each session by participating in polls, discussions, post-tests, etc and not navigating away from the webinar on their screen. • Technical issues should be brought to the trainers attention as soon as possible so they can be resolved. 			

Online Health and Safety Training

Online Trainings Offered by Child Care Nurse Health Consultants and Child Care Health Educators October 2023-December 2023

10/2	6:30-8:00 pm	Medical Action Plans	
10/3	6:30-8:30pm	Bed Bugs and Beyond	
10/4	5:30-8:30 pm	Medication Administration	
10/12	6:30-7:30 pm	Oral Health	
10/16	5:30-8:30 pm	Medication Administration	
10/17	6:30-8:30 pm	Understanding Special Dietary Needs	
10/19	6:30-8:30 pm	Communicable Diseases	
10/23	6:30-7:30 pm	Infection Control	
10/25	6:30-8:30 pm	All that Sugar and Fat	
10/26	5:30-8:30 pm	Medication Administration	
11/1	11:00 am-12:30 pm	Medical Action Plans	Lunchtime Learning
11/6	5:30-8:30 pm	Medication Administration	
11/7	6:30-7:30 pm	Oral Health	
11/14	11:00 am-12:00 pm	Infection Control	Lunchtime Learning
11/15	12:00-2:00 pm	Picky Eaters	Lunchtime Learning
11/18	5:30-8:30 pm	Medication Administration	
11/28	6:30-8:30 pm	Planting Seeds for Healthy Eating	
11/29	6:30-8:30 pm	Beans...More than Just Cute Songs	
11/30	5:30-8:30 pm	Medication Administration	
12/4	6:30-8:30 pm	Communicable Diseases	
12/5	6:30-8:30 pm	Identifying Environmental Hazards 1	
12/6	6:30-8:00 pm	Medical Action Plans	
12/7	6:30-7:30 pm	Oral Health	
12/12	5:30-8:30 pm	Medication Administration	
12/13	1:00-2:00 pm	Nutrition Basics	Lunchtime Learning
12/14	11:00 am-12:00 pm	Infection Control	Lunchtime Learning
12/20	12:00-2:00 pm	Identifying Environmental Hazards 2	Lunchtime Learning

2023 Online Super Saturday

11/4	8:00-10:00 am	Communicable Diseases	Saturday Morning
11/4	10:15-11:15 pm	Ear Infections	Saturday Morning
11/4	11:30 am-12:30 pm	Dealing with Lice	Saturday Morning
11/4	1:00-3:00 pm	Let's Move	Saturday Afternoon
11/4	3:15-5:15pm	Oral Health	Saturday Afternoon

Save the Dates

SAVE THE DATE(S)

FAMILY CHILD CARE CONFERENCE
THE KEY TO QUALITY



**OCTOBER 7, 2023 HUNTINGTON WV
AND
NOVEMBER 4, 2023 FAIRMONT WV**

Learn how to enhance the quality of your program!

Contact your TRAILS team for more information

Save the Dates

Creative Curriculum for Family Child Care

CLARKSBURG: NOVEMBER 8 & 15, 2023
&
PARKERSBURG: DECEMBER 5 & 12, 2023

5-8 PM

CONTACT JENNIFER POWELL OR ASHLEY
JOBES AT 304.485.2668 FOR MORE
INFORMATION.

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EARLY CHILDHOOD POSITIVE INTERVENTIONS AND SUPPORT SERIES

DATES
Oct. 5, 12, 26,
Nov. 2, & 9



TIME
4:00-6:00 PM



All session will be held at the
Choices office in Parkersburg

4421 Emerson Ave., Ste. 102, Parkersburg, WV



This is a five-part, face-to-face, module training that will introduce participants to Positive Behavior Interventions and Support for Preschool aged children. Strategies and tools will be discussed, as well as the research supporting this model. Initial and follow-up visits will be utilized as Proof of Learning. Participants must attend all 5 sessions to earn credit for this series.

Directors must have attended or attend an Overview session for staff to participate in the caregiver modules. An Overview will be offered virtually on October 2, 2023 from 2:00-3:00 pm. Register on www.wvstars.org.

304-622-6528

Chrissy.R.Powell@wv.gov

Jodi.L.Fortney@wv.gov



Save the Date: The Growing Brain

Module Series

CHOICES
CHILD CARE RESOURCE & REFERRAL

THE GROWING BRAIN

Session Dates

November 7, 2023
November 14, 2023
November 21, 2023
November 28, 2023
December 5, 2023
December 12, 2023
December 19, 2023
10:00 am - 1:00 pm

Presented by:
Alicia Mazariego



**REGISTER
ONLINE!**

You will learn:

- The Parts of the Brain and Their Functions
- Factors That Affect Brain Growth and Development
- Communication Milestones
- How Cognitive Development Unfolds
- How Social-Emotional Development Unfolds
- Basic Brain Anatomy
- Development of Play

☎ 304-485-2668

✉ alicia.w.mazariego@wv.gov

🌐 www.wvstars.org

Food and Fun

Pumpkin Moon Sand

Materials: 1 cup flour, ¼ cup vegetable oil, ¼ cup pumpkin puree.

Instructions: Combine all the ingredients in a bowl or tub. If the mixture is sticky, add in additional flour until the desired texture is reached. Moon sand is great for sensory play! You can add tools such as molds, cookie cutters, and utensils to enhance children's play!



Candy Corn Fruit Parfait

Materials: Mandarin oranges, chunked pineapple, Cool Whip, candy corn, and clear plastic cups.

Instructions: Prepare fruit by peeling oranges and cutting pineapple. Allow children to layer chunked pineapple, then mandarin oranges in the clear cup. Top fruit with a layer of Cool Whip. Give children a few candy corn pieces to garnish the top of their fruit parfait and enjoy!



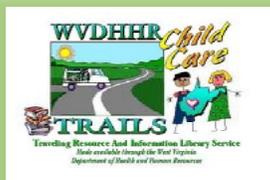
Paper Plate Ice Skating

Materials: Paper plates and music.

Instructions: Simply place the paper plates on the floor and prompt children to put their feet on them. The paper plates stick to their feet better without socks. Turn on some festive music and have an ice-skating dance party! This is an easy option when you are not able to get outdoors for gross motor play!



For more Food & Fun ideas, contact Ashley Jobs, TRAILS Early Childhood Specialist, at Ashley.N.Jobs@wv.gov.



Have You Checked Out TRAILS?

The Choices TRAILS van offers developmentally appropriate toys, games and books for the use of children in family childcare homes, centers, and facilities. To schedule an appointment to see all of the items TRAILS has to offer contact Jennifer Powell or Ashley Jobs at 304-485-2668.

Child Care Food Program

Wood County: 304-485-9238 ext 18

Harrison County: 304-905-9867

www.frac.org

Benefits to child care providers include:

- Reimbursement for food costs
- Nutrition education & support
- Meal and snack planning
- Workshops & newsletters



West Virginia WIC provides nutrition & health education as well as other services free of charge to pregnant women, postpartum women, infants, and children up to the age of five.

www.wvdhhr.org/ons

West Virginia Children's Health Insurance Program

www.wvchip.org



Health care for children & expectant moms
Apply online at www.wvinroads.org

Choices Child Care Resource and Referral

4421 Emerson Ave, Ste 102

Parkersburg, WV 26104

304-485-2668 or 1-866-966-2668

www.wvdhhr.org/choices



**Choices Child Care Resource and Referral
Child Care Providers' Newsletter and Professional Development Information**

Choices Child Care Resource and Referral is a program of River Valley Child Development Services. This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources.

Visit us on the Web: www.wvdhhr.org/choices.