



Kids Quarterly Press

A Newsletter of Choices Child Care Resource and Referral

January, February, and March 2022

As the cold weather approaches...



Children still love going outside!



Being outside helps the children develop a stronger autoimmune system!



Follow your weather chart!

Visit the link for more information about how outdoor play during winter is healthy!

https://www.med.upenn.edu/antibiotics/newsletters/2017_5.1_January.pdf

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Attention Providers	2	4421 Emerson Ave, Suite 102 Parkersburg, WV 26104 (304) 485-2668 (304) 485-7024 (fax)	315 North Ohio Ave. Clarksburg, WV 26301 (304) 622-6528 (304) 622-6092 (fax)
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Attention Providers!

Maximum Monthly Billable Days

December 2021 Billing Procedures

Critical child care sites will be permitted to bill 23 days for both essential and non essential children who are currently on their subsidy roster. **The child(ren) must have attended the site during the month of December to be eligible for full 23 days payment.** Providers shall not add children to their roster and bill for the child if the child never attends or has never attended the site.

If children attend more than 23 days, actual days of attendance may be billed.

Sign in and out sheet: Due to the reported increase in COVID-19 cases in West Virginia, the Division of Early Care and Education will reinstate permissions for the provider to sign the child in/out on Attendance Sheets, beginning August 25, 2021. We hope that less contact will assist in mitigating the spread of the virus.

It is, however, still required for all providers to obtain parent signatures on the Attendance Sheets at the end of each month to confirm each child's attendance, prior to submitting payment requests.

January 2022 Billing Procedures

Critical child care sites will be permitted to bill 21 days for both essential and non-essential children who are currently on their subsidy roster. **The child(ren) must have attended the site during the month of January to be eligible for full 21 days payment.** Providers shall not add children to their roster and bill for the child if the child never attends or has never attended the site.

If children attend more than 21 days, actual days of attendance may be billed.

Sign in and out sheet: Providers are to return to having parents sign in and out when dropping the child off and picking the child up.

February 2022 Billing Procedures

Critical child care sites will be permitted to bill 20 days for both essential and non-essential children who are currently on their subsidy roster. **The child(ren) must have attended the site during the month of February to be eligible for full 20 days payment.** Providers shall not add children to their roster and bill for the child if the child never attends or has never attended the site.

If children attend more than 20 days, actual days of attendance may be billed.

Sign in and out sheet: Providers are to return to having parents sign in and out when dropping the child off and picking the child up.

Choices Employee Updates



Meet Jennifer Negie!

Behavioral Consultant

I am Jennifer Negie. I have two little girls (5 and 4 months). I've worked in home visiting, Head Start, and public Pre-K. My education background is Early Childhood Special Education and I also have an Autism endorsement. My husband and I grew up in Tyler County and currently live there. He is a music teacher at Tyler Consolidated. I love helping others, and try to be really active in the community. I'm really excited to be working with everyone, and look forward to meeting you!



**Celebrating Connections 2022
April 5-7, 2022
Charleston Coliseum & Convention Center
Charleston, WV**

Registration opens January 2022!

Join us for a great lineup of speakers from across the country and right here in West Virginia, live in 2022! Registration for Celebrating Connections will be electronic, therefore no programs will be mailed out without a specific request.

The conference committee is working to receive approval for graduate credit (must attend 3 days of conference) and CEUs in Social Work, Nursing, WV Birth to Three, WV STARS, Physical Therapy, Occupational Therapy, Speech Language Pathology, Counseling and Professional Development Graduate Hours.

For up-to-date Celebrating Connections 2022 conference information, please visit <https://www.eventsquid.com/event/13333>

Semester 2 of the Apprenticeship for a Child Development Specialist (ACDS) is coming to the WVU-P in January!

What is the ACDS program you ask...

The West Virginia registered Apprenticeship for Child Development Specialist (ACDS) program is a training opportunity for individuals employed in the field of early care and education. The course combines instruction, hands-on learning, and work site experience to enhance the quality of care for children. Upon completion, the program provides a pathway to obtain an Associate's Degree in early childhood.

ACDS promotes:

- Highly skilled, confident early childhood employees
- Quality early childhood environments
- Informed supportive early childhood professionals

If interested in registering for the Apprenticeship for Child Development Specialist program (ACDS), please contact:

Gwen Crum
 ACDS Local Council Rep
 Phone: 304-424-1969
 Email: gwen.crum@wvu.mail.edu

or

Tara Kitts
 ACDS Specialist
 Phone: 304-523-0433
 Email: tkitts@rvcds.org

We look forward to hearing from you!



IF YOU'VE COMPLETED WVIT I, YOU CAN BEGIN ACDS SEMESTER 2!



Date and Time	Title and Description	WV STARS Core Competency	Location
Online Professional Development Calendar			
January 5, 2022	WVIT II Administrator's Course	Alicia Hundley	
10:00am-12:30pm	This course is the overview of the West Virginia Infant Toddler II Relationship Based Care Course. It is intended for Center/Facility directors, to help support staff learning and implementation.	PL	Online
January 10, 2022	When It's Hard to Say Goodbye	Meagann Morris	
1:00pm-2:00pm	As some children return to care after time away, there are going to be challenges. This webinar will discuss how to help a child through the drop off transition and saying goodbye to their loved one.	FC	Online
January 11, 2022	Breast Feeding Basics	Renee Stonebraker	
6:00pm -8:00pm	How breastmilk is produced, advantages and disadvantages of breastfeeding, and how to encourage breastfeeding at a child-care center.	HSN	Online
January 12, 2022	Are You Child-Centered?	Kayla Lewis	
1:00pm-3:00pm	In this training we will explore developmentally appropriate practices that will lead your classroom to being CHILD centered.	CGD	Online
January 12, 2022	WVIT II Relationship Based Care Course	Alicia Hundley	
5:00pm-8:30pm	WVIT II Relationship Based Care is the continuation of WVIT-R. It focuses on relationships and quality care and takes a more in depth look at routines, environments and observations and assessment. The course will meet every Wednesday evening virtually for 10 weeks.	All	Online
January 19, 2022	After School in West Virginia: Quality Indicators and Program Standards	Shannon Valles Kayla Lewis	
1:00pm-2:00pm	This 2-part series <u>for directors</u> provides an overview of current data, 13 Indicators of quality, & program standards for after-school programs in West Virginia. Session dates: Jan. 19 th & 20 th . <i>Must complete both sessions to receive credit.</i>	AM/PL	Online
February 3, 2022	Teaching with Respect	Shannon Valles	
6:00pm-8:00pm	In this 2-part series, participants will learn the adult's role in respectful preschool classroom interactions & how this can address challenging behaviors. Session dates: Feb. 3 rd & 10th. <i>Must attend both sessions to receive credit.</i>	EC	Online
February 16, 2022	A Is For ART	Kayla Lewis	
6:00pm-7:00pm	In this training, participants will understand the importance of creativity and how to support it in their classrooms.	CGD	Online
February 22, 2022	New Recipe Ideas 2	Renee Stonebraker	
6:00pm-8:00pm	Provides nutritional information and recipes for unique foods from most food groups.	HSN/CGD	Online
February 28, 2022	ECPBIS Director Overview Online	Meagann Morris	
6:00pm-7:00pm	This is an overview of the Pyramid Model and summary of the ECPBIS modules, intended for Directors and others in leadership roles who have staff enrolled in the ECPBIS modules.	CGD	Online
March 9, 2022	1, 2...What To Do?	Kayla Lewis	
6:00pm-8:00pm	In this training participants will learn about and experience hands-on math activities that keep children engaged.	CGD	Online
March 22, 2022	Childhood Obesity	Renee Stonebraker	
6:00pm-7:00pm	This training discusses the causes of childhood obesity and ways to prevent it.	HSN	Online

Online Training Policies:

- You must register for each training in WV STARS *and* in GoToWebinar
- Each participant must individually register and log in to the training to receive credit. Device/screen sharing is not permitted for WV STARS credit.
- Participants who call in to the training by phone without also logging in to a computer, smartphone, or tablet will not receive credit, as this type of attendance cannot be tracked.
- Participants who miss more than 15 minutes of a session will not receive credit for attending.
- All participants are expected to remain active in each session by participating in polls, discussions, post-tests, etc.
- Any technical issues that occur during the session should be communicated with the trainer as soon as possible so they can be resolved.

Date and Time	Title and Description	WV STARS Core Competency	Location
Harrison County Professional Development Calendar			
February 15, 2022	Morsels of Care	Meagann Morris	
5:00pm-7:00pm	This course will discuss Kernels of Practice and how you can implement them in your setting. Some simple strategies from different frameworks, including Conscious Discipline and ECPBIS, will be discussed. Tools will be created for participants to take back to their settings.	EC	Choices Clarksburg
February 26, 2022	Overview of Autism by ATC	Joanna Stansbury	
9:00am-1:00pm	This training will provide you with an overview of autism. It will explain what autism is and some of the sensory challenges individuals with autism have on a daily basis.	CGD	Choices Clarksburg
March 26, 2022	Trauma Summit	Meagann Morris Shannon Valles	
9:00am-3:30pm	This summit will discuss the devastating effects of trauma on the development and behavior of young children. The impacts of this trauma on caregivers and prevention strategies will also be cov-	Various	Choices Clarksburg
Wood County Professional Development Calendar			
March 2, 2022	Early Childhood Positive Behavior Intervention and Support Series	Meagann Morris	
6:00pm-8:00pm	The Early Childhood Positive Behavior Interventions and Support series focuses on social and emotional supports in all childcare settings. This is based on the Pyramid Model, which follows the public health design of prevention, promotion, and intervention. Sessions will be March 2, 9, 16, and 23, 2022, all must be attended to get credit.	Various	Choices Parkersburg

Food and Fun

Easy Cheesy Snowmen Garlic Bread

Let children use their fine motor skills and creativity to create their own warm snack. You can also add ingredients as you like to make it even more tasty.

Materials:

English muffins, 1 clove garlic, 20g butter, pinch finely chopped parsley, grated mozzarella, mini pepperoni, ¼ orange pepper

Directions:

Preheat the oven to 350°F. Split all English muffins in half. Peel and crush or finely chop the garlic clove, then mix with the butter and parsley until well combined. Spread the garlic butter over the cut side of the muffin halves, splitting it equally between them all. Top with the mozzarella. Cut 6 triangles from the orange pepper. Arrange the pepperoni and pepper triangles on the top of each English muffin to form a snowman face design. Bake in the oven for 5-10 minutes until the cheese is melted and bubbling. Leave to cool for a few minutes then serve warm.



Sensory Play:

Two-Ingredient Snow Dough

This activity is adaptable for children of all ages. Add props and include a story to go along with this sensory bin for more in-depth extended play.

Materials:

baking soda, water in a spray bottle, glitter (optional, but lovely)

Directions:

Pour your baking soda into a large mixing bowl and alternate spraying it with water while mixing it. If you're adding glitter, add that into the mix too. When it's ready, the snow dough will still be very loose and fluffy, but it'll easily come together into a ball when you squeeze it in your hands.

Rainbow Fruit Skewers

Materials:

Watermelon or strawberries, oranges or cantaloupe, pineapple, kiwi or green grapes, blueberries, purple grapes, and marshmallows, and long sucker sticks (most skewer sticks are sharp at the end)

Directions:

Prepare all fruit (cut, trim, or peel depending on fruit). Separate fruit in trays or in bowls. Line up fruits in rainbow order. Put fruit on each stick, going in rainbow order.



For more Food & Fun ideas, contact Ashley Jobs, TRAILS Associate, at Ashley.N.Jobs@wv.gov

Child Care Food Program

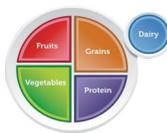
Wood County: 304-485-9238 ext 18

Harrison County: 304-905-9867

www.frac.org

Benefits to child care providers include:

- Reimbursement for food costs
- Nutrition education & support
- Meal and snack planning



in-

West Virginia WIC provides nutrition & health education as well as other services free of charge to pregnant women, post-partum women, infants, and children up to the age of five.

www.wvdhhr.org/ons

West Virginia Children's Health Insurance Program

www.wvchip.org



Health care for children & expectant moms

Apply online at www.wvinroads.org

Choices Child Care Resource and Referral

4421 Emerson Ave, Ste 102

Parkersburg, WV 26104

304-485-2668 or 1-866-966-2668

www.wvdhhr.org/choices



**Choices Child Care Resource and Referral
Child Care Providers' Newsletter and Professional Development Information**

Choices Child Care Resource and Referral is a program of River Valley Child Development Services. This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources.

Visit us on the Web: www.wvdhhr.org/choices.