



The 10<sup>th</sup> Annual Conference on  
Women's Health and the Environment

*Sponsored by the Heinz Family Philanthropies*

2006

## Ten Years Later

*Please join us for this informative and free event.*

**Monday, October 16, 2006**

9:00 AM – 4:00 PM

Hynes Convention Center | 900 Boylston Street | Boston, MA

**WEB REGISTRATION IS NOW OPEN!**

**Register today at [www.reginavilla.com/heinz2006](http://www.reginavilla.com/heinz2006)**

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2006

Regina Villa Associates  
51 Franklin Street, Suite 400  
Boston, MA 02110  
[www.reginavilla.com/heinz2006](http://www.reginavilla.com/heinz2006)

**SPECIAL GUEST:**  
**Fran Drescher**



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*Featuring:*

**Bernadine Healy, MD**, *Health Editor, US News & World Report*

**Ron Rosedale, MD**, *SciNova*

**James A. Simon, MD, CCD**, *Clinical Professor of Obstetrics and Gynecology, George Washington University School of Medicine; Scientific Committee Chairman, North American Menopause Society*

**Ellen Kovner Silbergeld, PhD**, *Professor, Environmental Health Sciences and Epidemiology, Johns Hopkins University, Bloomberg School of Public Health*

*Special Guest: Fran Drescher, Actress and Health Care Advocate*

## National Conference on Women's Health and the Environment 1996 – 2006

*"The critics will argue that we're panicking and there's not enough hard scientific evidence on environmental harm to justify a significant shift in research priorities. But scientific evidence is a product of research, and we won't have it until we look."*  
— *Teresa Heinz Kerry, 1996 Conference*

A project of the Heinz Family Philanthropies, this conference series is based on Teresa Heinz Kerry's belief that women deserve to have our health studied in our own right, with our distinct physical strengths and susceptibilities. The conference series has also focused on bridging the disciplines between women's health and the environment. The Women's Health and the Environment series encourages women to take an active and responsible role in decision-making about their health, lifestyle choices and economic futures.

This year, the conference series is celebrating its 10th Anniversary. Our speakers will be looking at a decade of achievements in the field of women's health and the environment as well as describing challenges for the future.

*"Since we face our own unique vulnerabilities from exposures, I believe that it's natural that women lead the fight to change the system, and to discover what role our exposures to industrial chemicals play in the spread of diseases like breast cancer and diabetes. As women, we can no longer behave as victims. We can and we must change the debate."*  
— *Teresa Heinz Kerry, 2005 Conference*

# REGISTRATION



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### Registration:

There is no charge for the conference. Registration will be accepted on a first come, first served basis until **October 10, 2006**. Due to overwhelming response, we cannot accept registration by telephone. You can register by mail, fax or on the internet.

**MAIL:** Heinz Foundation Conference  
c/o Regina Villa Associates  
51 Franklin Street, Suite 400  
Boston, MA 02110-1301

**FAX:** 617-357-8361

**ONLINE:** [www.reginavilla.com/heinz2006](http://www.reginavilla.com/heinz2006)

*Please Print Clearly or Type*

Name: \_\_\_\_\_

Address: (Please check one:  Home or  Business) \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Company Affiliation: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Registration Code: \_\_\_\_\_

*If your brochure's mailing label contains a 6-digit code, please enter that here. Please note: not all mailing labels will have a code.*



If you have special needs, please contact us as soon as possible at 617-357-5772, ext. 20 or via email at [heinzaccess@reginavilla.com](mailto:heinzaccess@reginavilla.com). We cannot guarantee access accommodations without 2 weeks notice.

### Bring a Friend!

Make photocopies of this registration form or visit our website [www.reginavilla.com/heinz2006](http://www.reginavilla.com/heinz2006) and download additional registration forms.

### For More Information:

For additional details about this year's conference, including directions to the Hynes Convention Center, please visit our website at [www.reginavilla.com/heinz2006](http://www.reginavilla.com/heinz2006).

*On behalf of the members of our community with multiple chemical sensitivities, we request that participants kindly refrain from wearing fragrances to the event.*

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## PRELIMINARY PROGRAM

### Monday, October 16

- 8:00 AM **Registration**
- 9:00 AM **Welcome and Opening Remarks**  
Teresa Heinz Kerry, *Chairperson, Heinz Family Philanthropies*
- 9:15 AM – 9:45 AM **KEYNOTE ADDRESS: Women's Health: The Third Suffrage Movement**  
Bernadine P. Healy, MD, *Health Editor, US News & World Report*
- 10:00 AM – 11:15 AM **INTERACTIVE PANEL I: How's Our Health Now?**  
*Moderator: Liz Brunner, Co-Anchor, NewsCenter 5*
- Setting an Environmental Agenda for the Health of This Generation and Those to Come**  
Carolyn Raffensperger, MA, JD, *Executive Director, Science and Environmental Health Network*
- Neurological and Hormonal Toxicants in Our Homes and Communities**  
Gina M. Solomon, MD, MPH, *Senior Scientist, Natural Resources Defense Council; Associate Clinical Professor of Medicine, U.C. San Francisco*
- Menopausal Hormones: Research Evidence that has Changed the Standard of Care in Women**  
Marcia L. Stefanick, PhD, *Professor of Medicine, and by courtesy, Obstetrics and Gynecology, Stanford University*
- 11:30 AM – 12:00 PM **KEYNOTE ADDRESS: Health and What It Isn't: Nutrition and the Diseases of Aging**  
Ron Rosedale, MD, *SciNova*
- 12:15 PM **Lunch**
- 12:45 PM – 1:15 PM **KEYNOTE ADDRESS: How the Media, the NIH, the WHO and the FDA Inadvertently Conspired to Convince Women that Their Hormones Were Dangerous to Their Health**  
James A. Simon, MD, CCD, *Clinical Professor of Obstetrics and Gynecology, George Washington University School of Medicine; Scientific Committee Chairman, North American Menopause Society*
- 1:15 PM – 1:45 PM **KEYNOTE ADDRESS: Environment, Exposures and Caring for Our Families**  
Ellen Kovner Silbergeld, PhD, *Professor, Environmental Health Sciences and Epidemiology, Johns Hopkins University, Bloomberg School of Public Health*
- 2:00 PM – 3:15 PM **INTERACTIVE PANEL 2: Finding Your Balance**  
*Moderator: Mary Anne Marsh, The Dewey Square Group, Boston; Political Analyst, FOX News Channel*
- Safe Cosmetics, Chemicals Policy Reform and Breast Cancer Prevention: This Time It's Personal**  
Jeanne Rizzo, RN, *Executive Director, Breast Cancer Fund*
- Balancing Our Work and Family Lives**  
Ellen Galinsky, *President and Co-Founder, Families and Work Institute*
- Other panelists to be confirmed.
- 3:15 PM – 4:00 PM **CLOSING KEYNOTE ADDRESS: Changing Women Patients Into Medical Consumers by Taking Control of Their Bodies**  
Fran Drescher, *Health Care Advocate, Actress, Author, Director and Producer*

## KEYNOTE SPEAKER BIOGRAPHIES



### Teresa Heinz Kerry

Teresa Heinz Kerry is chairman of The Heinz Endowments and the Heinz Family Philanthropies, institutions dedicated to developing innovative strategies to protect the environment, improve

education, enhance the lives of young children, broaden economic opportunity and promote the arts.

Through her philanthropic work, she has helped create programs to educate women on the importance of pensions, savings, and retirement security and pushed state legislators to make prescription drugs affordable for older Americans and the uninsured. She created the H. John Heinz III Center for Science, Economics and the Environment dedicated to the scientific and economic foundation for environmental policy through collaboration among business, government, academia, and environmental organizations to develop scientifically sound environmental policies, and used her philanthropy as venture capital to help create initiatives to examine the nexus between women's health and the environment and how toxins in our environment impact the lives of women and girls.

Currently, Mrs. Heinz Kerry is working with her husband Senator John Kerry on a book about the environment, and serving on a number of environmental boards including the Safe Water Network, a newly formed not-for-profit established to enable broad-scale deployment of distributed water purification technologies in the developing world. The initial focus is to support the creation of a versatile, community-based water purification system being developed by noted scientist/inventor Dean Kamen.

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*"I firmly believe that what we do to the environment always has implications—always—for our own health—whether it's oceans, whether it is air, whether it is pesticides, whatever it is. And this is clearly true."*

— Teresa Heinz Kerry, 1996 Conference



### Bernadine Healy, MD

Since 2002, Dr. Bernadine Healy has been the health editor for *US News & World Report* and writes the *On Health* column for the magazine. She started the Women's Health Initiative as

Director of the National Institutes of Health in the early 1990's. Dr. Healy was Dean of the Ohio State University College of Medicine and established Ohio's first accredited school of public health. As President of the American Red Cross she emphasized the organization's life saving medical missions in disaster preparedness and the safety and readiness of the nation's blood supply, which informed the organization's efforts after 9/11. Currently Dr. Healy is serving as a member of the President's Council of Advisors on Science and Technology, an appointment she has held under two previous Presidents. Her latest book, *"Living Time,"* an intimate doctor-patient communication about the facts and faith of cancer drawn in part from her own personal odyssey with the disease, will be released by Bantam/Random House in early 2007.



### Ron Rosedale, MD

Ron Rosedale, MD, is an internationally renowned expert in nutritional and metabolic medicine and a specialist in the biology of aging. Dr. Rosedale has helped thousands suffering

from so-called incurable diseases regain their health. As a keynote speaker, he has appeared before such prestigious groups as the Eighth International Congressional Conference on Molecular Medicine in Rio de Janeiro, the First European Conference on Longevity Medicine and Quality of Life in Brussels, Belgium, and many more. He is the author of the recent book, *The Rosedale Diet*, and *Insulin and its Metabolic Effects*. He is currently chief medical officer at Advanced Metabolic Laboratories in collaboration with the University of Colorado and lives in Denver, CO.

## KEYNOTE SPEAKER BIOGRAPHIES



### James A. Simon, MD, CCD

Dr. Simon is Clinical Professor of Obstetrics and Gynecology at the George Washington University in Washington, DC. Dr. Simon received his MD degree from Rush Medical College and

completed his internship and residency in Obstetrics and Gynecology at the George Washington University Hospital. He completed his fellowship training in reproductive endocrinology and infertility at Harbor-UCLA Medical Center. His research focuses on menopause, particularly on hormone therapies and osteoporosis diagnosis and treatment. Dr. Simon's research has been supported by more than 150 grants and scholarships from a wide range of sponsors, including The NIH, The American Heart Association, The Heinz Foundation and the pharmaceutical industry. Dr. Simon has served as an author or coauthor of more than 160 articles and book chapters and is coauthor of the book, *Restore Yourself: A Woman's Guide to Reviving Her Sexual Desire and Passion for Life*. He serves as a reviewer for numerous journals, and sits on the editorial board of *Menopause*. He maintains a private practice specializing in reproductive endocrinology and infertility.



### Ellen Silbergeld, PhD

Dr. Ellen Silbergeld, Professor of Environmental Health Sciences (with joint appointments in Epidemiology and in Health Policy and Management) at the Johns Hopkins University Bloomberg

School of Public Health, conducts research that connects environmental and occupational exposures to health risks in human populations. Her areas of current research include: understanding the environmental and human health impacts of antibiotic use in food animal production, understanding the mechanisms of mercury immunotoxicity, and the potential role of immunologic dysfunction in mercury-induced neurodevelopmental toxicity, decreased host

resistance to infection, and increased risks of chronic disease, and health risks associated with endocrine disruption. Dr Silbergeld has held scientific positions at NIH, the Environmental Defense Fund, and the University of Maryland Medical School. She has been appointed to numerous consultant and expert advisory committees for the US EPA, CDC, National Research Council, and the NIH; also for WHO, ILO, OECD, the World Bank, UNEP, and UNDP. She is editor-in-chief of *Environmental Research*. Dr Silbergeld's work has been recognized by fellowships and awards from the Fulbright Commission, the Rockefeller Foundation, the American Public Health Association and a "genius" award from the MacArthur Foundation.



### Fran Drescher

Fran Drescher has been described as a "Russell" – she has the comic timing of Rosalind Russell, the curves of Jane Russell and the tenacity of a Jack Russell! Ms.

Drescher received two Emmy and two Golden Globe nominations for her portrayal as the lovable 'Miss Fine' on the CBS hit series "*The Nanny*," a show she also created, wrote, directed on and executive produced.

Ms. Drescher is also an accomplished author. Her first book, *Enter Whining*, was a *New York Times* best seller. For her most recent best seller, *Cancer Schmancer*, she received the prestigious NCCS writer's award. Ms. Drescher is an outspoken healthcare advocate in Washington, DC. She speaks on Capitol Hill and presents her views on broadening women's basic healthcare to include more cancer screening tests, including the bi-partisan education-based bill Johanna's Law. She is the recipient of the John Wayne Institute – Woman of Achievement Award, the Gilda Award, the City of Hope Woman of the Year Award, the Hebrew University Humanitarian Award and the Albert Einstein College of Medicine's Spirit of Achievement award, among many others. In May of 2006, she was honored in Manhattan with the City of Hope Spirit of Life Award.