Safe Sleep in West Virginia
2012-2016 WV PRAMS Data

⇒ Supine position placement during sleep is the safest position for infants to reduce the risk of Sudden Infant Death Syndrome (SIDS) (1).
⇒ Supine sleep placement has increased in West Virginia from 77.6% in 2012 to 83.4% in 2016, inversely non-supine sleep placement on the stomach has decreased from 7.4% in 2012 to 5% in 2016.
⇒ Increases in supine sleep placement of infants has increased among all education levels from 2012-2016; the greatest improvement seen among women with some high school education.
⇒ Women 17 years of age or younger and women ages 35 and older had the highest percentage of supine sleep placement in 2016, 88.1% and 93.6% respectively, among all age groups from 2012-2016.