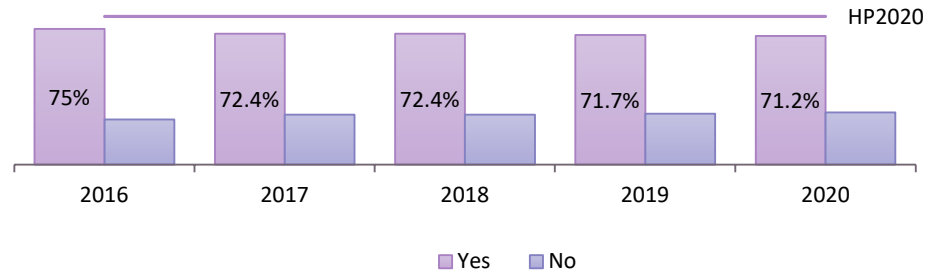


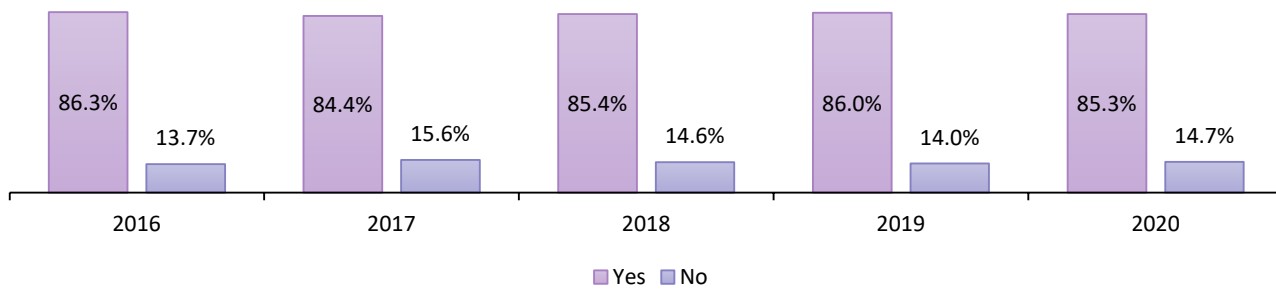
BREASTFEEDING is good for both baby and mother. Breastmilk is the best source of nutrition for most infants. It can also help protect the baby and mother against certain illnesses and diseases.¹

Breastfed Ever



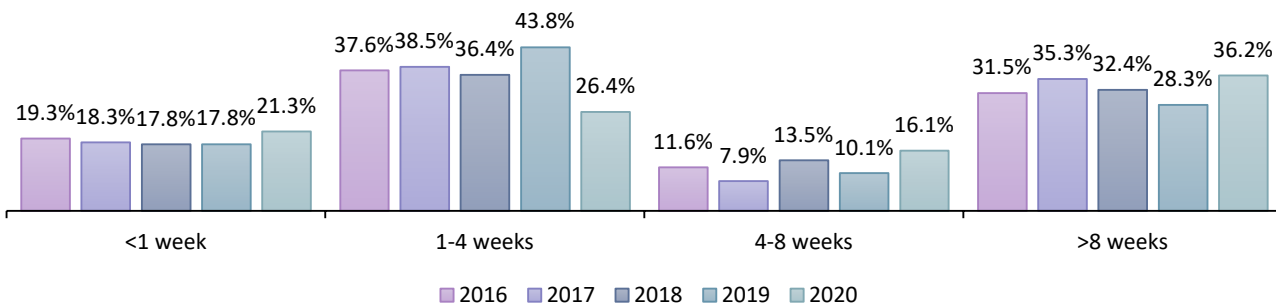
- West Virginia did not meet Healthy People’s 2020 goal of 81.9% for the percent of babies ever breastfed by 2020, instead there was a slight decrease over the 5 year span.
- Almost 3 in 4 mothers reported ever breastfeeding their babies, even for a short time.

Breastfeeding Discussion During Prenatal Care Visits



- From 2016-2020, over 84% of mothers discussed breastfeeding with healthcare providers during their prenatal care visits, yet 75% or less reported ever breastfeeding their babies.
- Less than 50% of mothers that reported ever breastfeeding were still breastfeeding at the time of the survey (4-9 months postpartum) from 2016-2020.

Breastfeeding Length



- Almost 1 in 5 mothers reported breastfeeding for less than 1 week and almost 1 in 3 mothers breastfed greater than 8 weeks.
- Mothers were more likely to breastfeed their infants for 1-4 weeks, declining at 4-8 weeks and greater than 8 weeks.

References:

1. <https://www.cdc.gov/nccdphp/dnpao/features/breastfeeding-benefits/index.html>