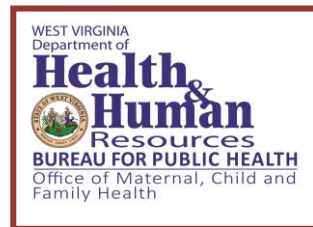


# West Virginia Pregnancy Risk Assessment Monitoring System (PRAMS) –Analytic Report, June 2016



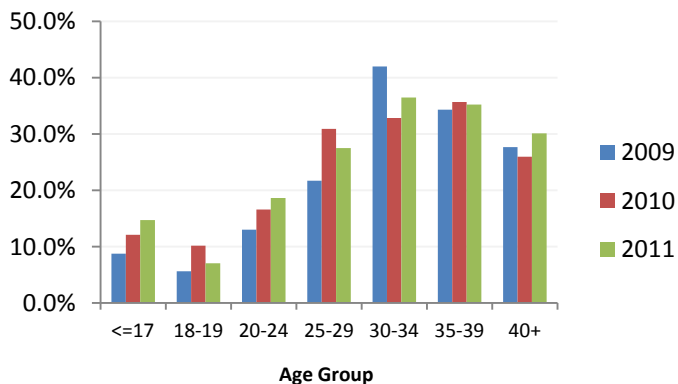
## Prevalence of mothers who took a multivitamin with folic acid every day during the month before pregnancy

Source: 2009-2011 PRAMS Data, 2012 WVBDSS

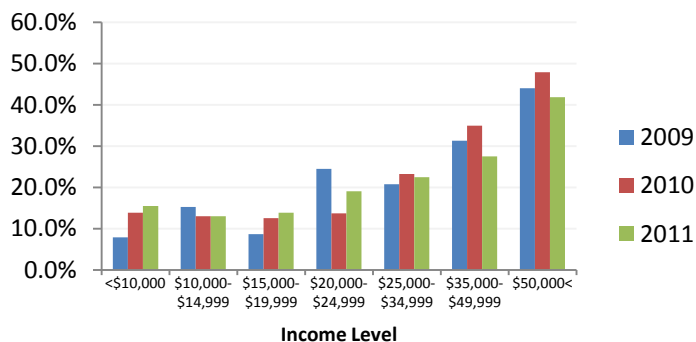
### Quick Facts:

- Only 24.4% of women in West Virginia took a multivitamin every day during the month before pregnancy in 2011, well below other PRAMS states in the Region and the Healthy People 2020 goal of 33.3%.
- According to PRAMS data, the lower the maternal age, education or income levels, the less likely a woman is to take a multivitamin every day.
- Taking a multivitamin with folic acid during pregnancy helps protect against birth defects.
- In 2012, there were 2,660 cases of Neural Tube Defects (NTD) in the US and 15 cases in WV.

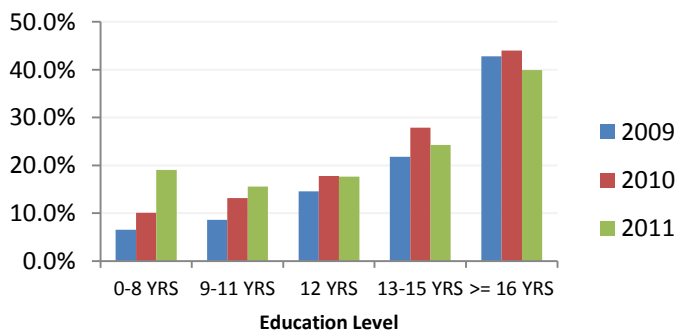
Percentage of women who took a daily multivitamin the month before pregnancy by age, PRAMS 2009-2011



Percentage of women who took a daily multivitamin the month before pregnancy by income level, PRAMS 2009-2011



Percentage of women who took a daily multivitamin the month before pregnancy by education level, PRAMS 2009-2011



Percentage of women who took a daily multivitamin the month before pregnancy compared to other states in the Region, PRAMS 2009-2011

