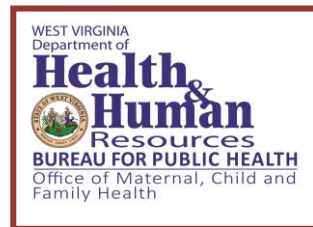


West Virginia Pregnancy Risk Assessment Monitoring System (PRAMS) –Analytic Report, August 2016



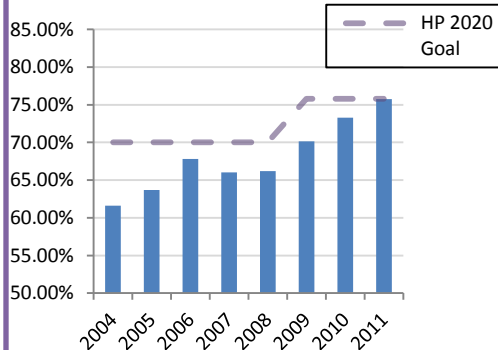
Prevalence of infants who were put to sleep on their backs, stomach, or side and how often infants slept in the same bed as someone else

Source: 2004-2011 PRAMS Data

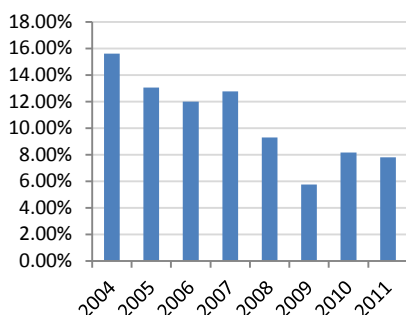
Quick Facts:

- Only 61.1% of infants in West Virginia were put to sleep on their backs in 2004 compared to 75.8% in 2011.
- Nearly 16% of infants were placed on their stomachs to sleep in 2004 and 8% in 2011, with 21.2% placed on their side in 2004 and 12.2% in 2011.
- In 2004, 13.7% of infants always slept in the same bed as someone else, but the percentage was reduced to 8% in 2011. Nearly 35% of infants slept in the same bed as someone else in 2004, and 45.6% in 2011.
- Infants who sleep in an adult bed are 40 times more likely to die from accidental suffocation than those who sleep alone in their own cribs or bassinets.
- Placing infants on their backs to sleep in their own crib is the safest sleeping environment.

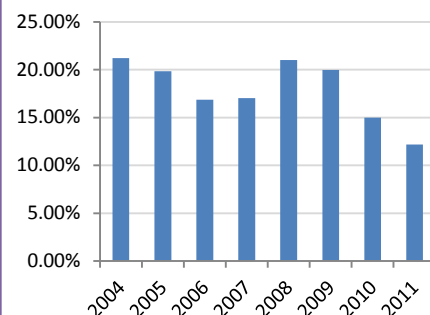
Percentage of infants who were put to sleep on their backs, PRAMS 2004-2011



Percentage of infants who were put to sleep on their stomachs, PRAMS 2004-2011



Percentage of infants who were put to sleep on their side, PRAMS 2004-2011



How often do infants sleep in the same bed as someone else, PRAMS 2004-2011

