



STATE OF WEST VIRGINIA  
DEPARTMENT OF HEALTH AND HUMAN RESOURCES  
Bureau for Public Health

Office of Maternal, Child and Family Health

Bill J. Crouch  
Cabinet Secretary

Ayne Amjad, MD, MPH  
Commissioner & State Health Officer

\_\_\_\_\_  
(Date)

Dear \_\_\_\_\_ :

We have not heard from you about Right From The Start.

Right From The Start offers pregnant women and their babies services to help keep them healthy. We can help you find items and locate resources in your community to help you with services you may need during your pregnancy or after the birth of your baby.

We can help you learn about things like:

- baby care
- how to tell if your baby has a fever
- how/why you may feel different when you're pregnant
- what you should eat
- baby blues
- how to deal with the stress of being a new mom or having more than one child
- and much more

I hope you will call about these **free** services. I look forward to hearing from you.

Sincerely,

Designated Care Coordinator

\_\_\_\_\_  
DCC Name (Please Print)

\_\_\_\_\_  
Agency

\_\_\_\_\_  
Agency Address

\_\_\_\_\_  
Telephone/Email

