<table>
<thead>
<tr>
<th>SUMMER CORN BOWL</th>
<th>MISO ROASTED CORN BOWL</th>
<th>EGGPLANT CHIMICHURRI</th>
</tr>
</thead>
<tbody>
<tr>
<td>605 cal</td>
<td>560 cal</td>
<td>320 cal</td>
</tr>
<tr>
<td>roasted corn + peppers, tomatoes, shredded cabbage, cilantro, goat cheese, tortilla chips, spicy sunflower seeds, warm quinoa, arugula, lime cilantro vinaigrette</td>
<td>blackened chicken, roasted corn + peppers, raw carrots, basil, shredded cabbage, roasted almonds, shredded kale, warm wild rice, miso sesame ginger vinaigrette</td>
<td>roasted eggplant + peppers, red onions, tomatoes, za’atar breadcrumbs, feta cheese, baby spinach, arugula, lemon squeeze, chimichurri sauce</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SUMMER CORN CAESAR</th>
<th>MISO EGGPLANT RICE BOWL</th>
<th>ONLINE ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>505 cal</td>
<td>680 cal</td>
<td>ONLINE ONLY</td>
</tr>
<tr>
<td>blackened chicken, roasted corn + peppers, black beans, cilantro, tomatoes, red onions, tortilla chips, chopped romaine, spring mix, sweetgreen hot sauce, caesar dressing</td>
<td>roasted sesame tofu, roasted eggplant + peppers, shredded cabbage, spicy broccoli, basil, spicy sunflower seeds, warm wild rice, baby spinach, miso sesame ginger dressing</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHICKEN + ROASTED CORN PLATE</th>
<th>PESTO RATATOUILLE PLATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>710 cal</td>
<td>705 cal</td>
</tr>
<tr>
<td>whole chicken thigh, roasted corn + peppers, heirloom tomatoes, kale cabbage slaw, hot roasted sweet potatoes, warm quinoa, green goddess ranch</td>
<td>whole chicken thigh, roasted eggplant + peppers, heirloom tomatoes, basil, shaved parmesan, warm wild rice, pesto vinaigrette</td>
</tr>
</tbody>
</table>
**PEACHES + YOGURT**
170 cal
peaches, cashew yogurt sauce

**ROASTED CORN + PEPPERS**
225 cal
roasted corn + peppers, feta cheese, lime squeeze

**MINTY PEACH FRESCA**
70 cal
peaches, mint, lime juice, honey

**HALF + HALF SPINDRIFT**
5 cal
lemon juice, brewed black tea, carbonated water

= vegan  * = contains gluten  = warm bowl
**WARM BOWLS**

**CRISPY RICE BOWL**
635 cal
blackened chicken, raw carrots, shredded cabbage, cucumbers, basil, roasted almonds, crispy rice, warm wild rice, arugula, lime squeeze, spicy cashew dressing

**SHROOMAMI**
685 cal
roasted sesame tofu, warm portobello mix, raw beets, cucumbers, basil, spicy sunflower seeds, warm wild rice, shredded kale, miso sesame ginger dressing

**CHICKEN PESTO PARM***
525 cal
roasted chicken, spicy broccoli, tomatoes, shaved parmesan, za’atar breadcrumbs, warm quinoa, baby spinach, sweetgreen hot sauce, pesto vinaigrette

**HARVEST BOWL**
695 cal
roasted chicken, roasted sweet potatoes, apples, goat cheese, roasted almonds, warm wild rice, shredded kale, balsamic vinaigrette

**FISH TACO**
520 cal
roasted steelhead, shredded cabbage, cilantro, tortilla chips, warm quinoa, arugula, sweetgreen hot sauce, lime cilantro jalapeño vinaigrette
CHICKEN TOSTADA

595 cal

blackened chicken, tomatoes, shredded carrots, cilantro, feta cheese, tortilla chips, warm quinoa, baby spinach, sweetgreen hot sauce, lime cilantro jalapeño vinaigrette

ONLINE ONLY
SG EXCLUSIVE

SALADS
KALE CAESAR
405 cal
roasted chicken, tomatoes, parmesan crisps, shaved parmesan, shredded kale, chopped romaine, lime squeeze, caesar dressing

GUACAMOLE GREENS
545 cal
roasted chicken, avocado, tomatoes, red onions, shredded cabbage, tortilla chips, spring mix, chopped romaine, lime squeeze, lime cilantro jalapeño vinaigrette

BUFFALO CHICKEN BOWL *
445 cal
blackened chicken, pickled carrots + celery, tomatoes, cilantro, blue cheese, za’atar breadcrumbs, shredded kale, chopped romaine, sweetgreen hot sauce, caesar dressing

VEGGIE CAESAR
395 cal
roasted sweet potatoes, spicy broccoli, tomatoes, raw beets, shaved parmesan, parmesan crisps, shredded kale, chopped romaine, lime squeeze, caesar dressing

GREEN GODDESS AVOCADO SALAD
585 cal
avocado, black lentils, chickpeas, roasted sweet potatoes, shredded cabbage, raw beets, roasted almonds, baby spinach, shredded kale, green goddess ranch

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PLATES
**CHICKEN CHIMICHURRI**
660 cal

whole chicken thigh, hot roasted sweet potatoes, black beans, pickled carrots + celery, cilantro, feta cheese, cauliflower rice, chimichurri sauce

**HOT HONEY CHICKEN**
670 cal

whole chicken thigh, hot roasted sweet potatoes, warm quinoa, kale-cabbage slaw, roasted almonds, hot honey mustard sauce

**MISO CHICKEN + CAULI RICE**
690 cal

whole chicken thigh, kale-cabbage slaw, basil, cilantro, warm wild rice, cauliflower rice, miso sesame ginger dressing

**TOFU STEAK + SWEET POTATOES**
640 cal

roasted tofu steak, hot roasted sweet potatoes, basil, tomatoes, black lentils, raw carrots, spicy sunflower seeds, cauliflower rice, lemon squeeze, spicy cashew dressing

**HERBY FISH + RICE**
630 cal

roasted steelhead, pickled carrots + celery, basil, cilantro, tomatoes, roasted almonds, warm wild rice, cauliflower rice, green goddess ranch

**SHROOMY ASADA**
700 cal

warm portobello mix, avocado, black beans, tomatoes, cilantro, red onions, warm wild rice, cauliflower rice, lime cilantro jalapeño vinaigrette

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### SIDES

<table>
<thead>
<tr>
<th>ROSEMARY FOCACCIA*</th>
<th>SPICY PESTO SWEET POTATOES</th>
</tr>
</thead>
<tbody>
<tr>
<td>230 cal</td>
<td>320 cal</td>
</tr>
<tr>
<td>locally made rosemary focaccia</td>
<td>hot roasted sweet potatoes, spicy cashew pesto</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CAULI RICE + BEANS</th>
<th>WHOLE CHICKEN THIGH</th>
</tr>
</thead>
<tbody>
<tr>
<td>310 cal</td>
<td>260 cal</td>
</tr>
<tr>
<td>cauliflower rice, black beans, feta cheese, chimichurri sauce</td>
<td>whole chicken thigh</td>
</tr>
</tbody>
</table>

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