Preparing for Potential Infection in West Virginia Communities

Since February 2020, the West Virginia Department of Health and Human Resources, Bureau for Public Health has been following an increase in the number of confirmed cases of COVID-19 in the U.S. The Bureau for Public Health monitors Centers for Disease Control and Prevention (CDC) updates, hospital admissions, and other data to determine the potential risk to citizens in West Virginia from the virus.

COMMON SYMPTOMS OF COVID-19
• Fever
• Cough
• Shortness of Breath

PERSON-TO-PERSON TRANSMISSION
• Occurs via small droplets from the nose or mouth of the infected person when they cough, sneeze, or exhale.
• Maintain 2 meter (6 ft) distance between yourself and anyone coughing or sneezing.
• Stay home if you feel sick. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.

PREVENTION
• Isolating sick and diagnosed individuals.
• Encourage proper handwashing.
• Cleaning and sanitizing surfaces.
• Provide education about COVID-19.
• Discourage sharing food, drinks, etc.

CDC GUIDANCE FOR NON-HEALTHCARE FACILITY ENVIRONMENTAL CLEANING
• Routinely clean all frequently touched surfaces in the lodging facilities, such as guest rooms, check-in counters and other frequently touched surfaces. Use the cleaning agents that are normally used in these areas and follow the directions on the label.

• Disinfectants: To determine if a product is effective against COVID-19, review the product label or product specification sheet and ensure it states “EPA-approved emerging viral pathogen claims.” You may also search the product name in the Environmental Protection Agency’s registered product database at: https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

PUBLIC RESTROOMS
• Set a schedule for cleaning and disinfecting facilities.
• Clean and disinfect touchable surfaces frequently.
• Provide proper cleaning and disinfecting supplies including instructions for use, as well as personal protective equipment (PPE) for workers.
• Provide and maintain adequate handwashing supplies (hand soap, running water, disposable hand towels, waste cans, etc.) and hand sanitizer.

PUBLIC SPACES - LOBBIES, DINING AREAS, CONFERENCE ROOMS, ETC.
• Promote everyday prevention actions:
  ◊ Cover sneezes and coughs
  ◊ Frequent handwashing
  ◊ Stay at home if you’re sick
  ◊ Avoid close contact
• Close seating in all the dining areas.
• Offer only prepackaged breakfast items.
• Ensure adequate handwashing supplies are provided and maintained.
• Post up-to-date information on COVID-19.
• Routinely and frequently clean all hands-on surfaces including entrance/exit doors.
• Provide hand sanitizer for public and staff use.

For additional information on COVID-19, please visit our webpage at: www.coronavirus.wv.gov.

Questions and concerns can also be directed to the 24/7, toll-free COVID-19 information hotline at 1-800-887-4304.