

**October,
November &
December 2010**



NewsLink

Fall 2010

Fitness for kids:

Three ways to Get Children off the Couch

By Mayo Clinic staff

Establish a routine— Set aside time each day for physical activity. Get up early with your children to walk the dog or take a walk together after dinner. Start small, gradually adding new activities to the routine as you — and your children — become more fit.

Let your children set the pace—For many kids, organized sports are a great way to stay fit. But team sports or dance classes aren't the only options. If your child is artistically inclined, take a nature hike to collect leaves and rocks that your child can use to make a collage. If your child likes to climb, head for the nearest neighborhood jungle gym. If your child likes to read, walk or bike to the neighborhood library for a book. Or simply turn on your child's favorite music and dance in the living room.

"Every child is wired differently," Dr. Laskowski says. "We all have certain strengths and characteristics that influence our interests. The key is finding things that your children like to do."

Promote activity, not exercise to keep your kids interested in fitness, make it fun.

- **Get in the game.** Play catch, get the whole family involved in a game of tag or have a jump-rope contest. Try classic movement games such as Simon says or red light, green light. If you don't remember the rules, make up your own!

- **Try an activity party.** For your child's next birthday, schedule a bowling party, take the kids to a climbing wall or set up relay races in the backyard.

- **Put your kids in charge.** Let each child take a turn choosing the activity of the day or week. Batting cages, bowling and neighborhood play areas all count. What matters is that you're doing something active.

- **Give the gift of activity.** Make gifts and rewards things like activity-related equipment, games or outings.

"Incorporating physical activity into your children's lives does much more than promote a healthy weight," Dr. Laskowski says. "It sets the foundation for a lifetime of fitness and good health."

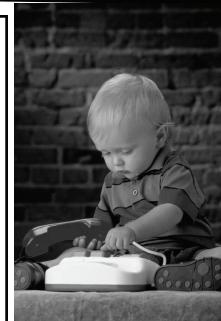
Adapted from Fitness for Kids from the Mayo Clinic Website.
For more information or to read the whole article go to
<http://www.mayoclinic.com/health/fitness/FL00030>

Link Child Care Resource & Referral

A Program of
River Valley Child Development Services
Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

Please be patient with us...

We strive to return all calls within 24 hours, however the Professional Development Training Team, which includes the Early Childhood Specialists, Behavior Consultant, Infant/Toddler Specialist and T.R.A.I.L.S. Staff, are often on the road providing/attending trainings and/or other services to our Providers, which delays our ability to return calls immediately. If you cannot reach a specific person on the Professional Development Training Team and need immediate assistance, you can contact the Professional Development Training Team Supervisor, Nikki Rabel, at (304) 523-9540, Ext. 106. Thank you for your patience and understanding.



Training Opportunity

Engaging Father's in Early Childhood Development"

By Michael Jones & Carl Chadband from KISRA

Workshop Description: How to engage fathers in aspects of childhood development has become one of the premier focuses of our times. Many maladaptive issues relating to children have been directly linked to paternal absenteeism. This presentation will highlight impacts that a father's presence and absence have on the attitudes, well-being, behavior and adaptive skills of children.



The focus of this workshop is on exploring strategies that will engage fathers in the process of positive child development. The primary message is Fatherhood is a 24/7 engagement that is essential to positive child development.

Monday, October 4, 2010 from 6:30 PM-8:30 PM
RVCDS Training Room, 611 Seventh Avenue, 2nd Floor
Reservations Required—Space is limited. Contact Judy Kachelreis at 304-429-6167 for more information.

Behavior Consultant Corner, by Shannon Taylor

Greetings!

As the new school year gets under way, I

wanted to take this opportunity to introduce myself to any new child care providers and early childhood teachers out there! I am the Behavior Consultant at Link Child Care Resource & Referral.

My role is to provide support and technical assistance to child care providers and teachers in Family Child Care Homes, Facilities, Centers, After-School Programs, and Pre-K and Head Start Programs. I can provide suggestions and resources in many different areas such as child development, special needs, environment, positive discipline, and behavior guidance. The best news is

that my services are completely free of charge! I

can provide assistance through phone consultations, informational packets, or site visits to discuss your needs and observe the child / children exhibiting challenging behaviors. Please do not feel that you need to wait until a situation becomes overwhelming before you contact me. The sooner I know of a

concern, the sooner we can work together to restore peace to your educational setting! The thing to remember is that I do not provide one-on-one

intervention to children...I am not a therapist. I am here to support YOU! Replacing challenging behavior with more appropriate behavior is a team effort between parents and child care providers. I can help facilitate these efforts with a variety of strategies

and techniques to help ensure that all children's needs are being adequately met! Sometimes a fresh perspective is all it takes to get a child or even an entire classroom back on track and

coping with stress or adverse situations in a positive and more

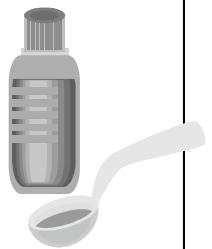
productive way! I look forward to meeting those of you who are new as well as re-visiting old friends. Let's work together to make this the best school year yet for the children in your care!

Warmest Regards,
Shannon Taylor



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

Medication Administration Training



The following classes will be held in the 1st Floor Conference Room at Link:

Tues. Nov. 16 1:00-5:30
Thurs. Dec. 9 1:00-5:30

You must be on the STARS Pathway in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to request a training at your center.

Current ACDS Classes are underway across the state.

For more information about ACDS or when new classes will be starting in your area, contact Sherrie Barrett or Lisa Gladwell at (304) 523-0344 or 1-866-982-2237.



Directors Council News

The next Director's Council meeting and training will be held in October.

We will be continuing our Employment and Labor Law Series.

More information will be e-mailed soon.

If you would like to be added to the ongoing e-mail list of Directors to receive new information, or to register for a training session, please contact Nikki Rabel at (304) 523-9540 or 1-800-894-9540, Ext. 106 or nikki.c.rabel@wv.gov.



The Next Directors Toolbox Module will be begin after the first of the year. This five session module for Child Care Center Administrators will now be offered twice per year by Link.

Save the Dates

Celebrating Connections
February 23–25, 2011
Contact Alyson Edwards at
AEdwards@rvcds.org**for more information.**

Huntington Area Early Childhood Conference
April 29-30, 2011
Leadership Institute
April 28, 2011.

Infant/Toddler Corner by Paula Stewart

Helping Children Use Language

Helping children use and understand language is fundamental to quality Infant /Toddler care. Once again let's look at this through ITERS-R eyes. Take a few minutes to just listen to your room. What do you hear? Are there any persistent loud sounds? These sounds could be from loud music from a CD player, children crying or even construction or traffic noises from outside. Ongoing noise (Indicator s 1.2 & 3.2) can interfere with children's ability to hear language as it makes it difficult to "separate what staff members are saying to them from the general sound overload". (Cryer, Harms & Riley pg.157). Do you need to raise your voice to be heard? Do you have a difficult time hearing other staff members or the children? If you answer yes to these questions take a look at the sound absorbing materials in your environment. Do you need to add some? Are there sufficient sound barriers between the rooms?

Talking with children is important to helping them understand language (Indicators 3.1, 3.3, 5.2, &

5.4) but you may sometimes ask yourself:"What should I talk about?" Here are a few suggestions:

*Use a pleasant tone of voice when talking to infants and toddlers

*Greet each child warmly, making sure to use their name as he or she arrives. Then begin talking about an activity the child can begin. Prepare children for departure by talking about getting their personal items together and dressed for leaving. Make sure to say a personal goodbye to each child.

*During diapering /toileting routines give the children a running commentary



Paula Stewart is the Infant Toddler Specialist at LINK. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or Paula.I.stewart@wv.gov.

of the procedure and talk about how good it feels to get rid of the wet or soiled diaper.

*Sing to children during the hand washing procedure. You can even make up a little ditty about the proper steps to hand washing.

*During play describe what the children are doing: "You are pushing the baby buggy". "Look David is throwing the ball."

*Talk about what children see while they are outside. "Watch the wind blow the leaves." "Look at the bird hopping on the ground!" "Do you see the butterfly on the bush?"

*Make sure that talk is meaningful to children. Talk about what a child is experiencing through his or senses. "We are eating applesauce, it tastes sweet." "Listen to the cat, it is purring."

*Point to objects to help establish a common focus for you and the child. (Pointing at a picture of a child's family) "Look I see mommy, where is grandma?"

*Use descriptive words. "You have a yellow ball!" "Amy, you are wearing red pants today." "Janie, your shirt is so soft!"

*Describe what a child is feeling, "You are so sleepy, we will let you take a nap and you will feel all rested when you wake up." "It makes you angry when Henry takes your baby doll away from you." As you can see, helping children use language is easily done during the normal routines and activities during your day. With a little planning and practice this will become second nature for you.

Reference: *All About ITERS-R* Debora Cryer, Thelma Harms and Cathy Riley

Schedule for Fall WVIT Class

Module 1

Oct. 13 Session 1
10:00 -3:30

Oct. 20 Session 2
10:00 – 2:30

Module 2

Oct 27 Session 3
10:00 -3:30

Nov. 3 Session 4
10:00 – 2:30

TACIT Visits

Module 3

Nov. 10 Session 5
10:00 – 2:30

Nov. 17 Session 6
10:00 -3:30

Nov. 24

Thanksgiving Break

Dec. 1 Session 7
10:00 – 2:30

Module 4

Dec. 8 Session 8
10:00 – 4:00

Dec.15 Session 9
10:00- 3:30

Dec. 22 Session 10
10:00 12:30

TACIT Visits

Contact Paula Stewart at Link to sign up for either class.

Early Care & Education Modules by Kerry Carnegie

Providing care for young children is more than just watching children, it's a profession. Participating in the Components of Quality Care & Education (CQCE) modules puts you on the right track toward becoming the type of child care provider that you would want caring for your own children. The CQCE modules can offer learning opportunities from room arrangement to conflict resolution strategies, from building partnerships with families to including children with special needs. Participating in the CQCE modules is the perfect opportunity for providers to become better child care professionals. The Components of Quality Care & Education Module Trainings are being offered by Link CCR&R. This training is an eight week course for child care providers working with children ages 2 ½ to 5 years of age. Each module is a 4 hour training in which participants gain knowledge in several core competencies. The modules are designed to provide resources to providers and to enhance their knowledge and skills in child development. Upon completing the eight week course, providers will receive thirty two (32) hours of professional development and resources to be used in their early childhood programs. Requirements for these training modules include a pre and post on site visit by the training specialist and every participant must be registered with the West Virginia State Training and Registry System (S.T.A.R.S.).

This quarter the sessions will be held at Link CCR&R in the FIRST Floor Conference room. Registration deadline is Monday,

October 11th. Participants must attend every session and no walk-in or stand by participants will be accepted and there will be no waiting list for individual sessions.

Providers interested in these sessions can contact Kerry Carnegie at 304 523-9450 or 1-800-894-9540 Ext. 229 or Kerry.L.Carnegie@wv.gov.

Training Modules	When	Time
Extreme Makeover: Space & Furnishings	Thurs., October 14	4-8:00PM
Not Just Routine	Thurs., October 21	4- 8:00PM
For the Love of Literacy	Thurs., October 28	4-8:00PM
Implementing Your Curriculum	Thurs., November 4	4- 8:00PM
Recipe for Relationships	Thurs., November 11	4- 8:00PM
Building Block: A Program's Structure	Thurs., December 2	4- 8:00PM
Including all children: Providing for children with Special Needs	Thurs., December 9	4-8:00PM
Communication is the Key	Thurs., Dec. 16	4-8:00PM

Training Calendar & Training Information

IMPORTANT TRAINING INFORMATION

- All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
- If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
- If you sign up for a training and do not call to cancel at least 24 hours in advance, your monitor will be notified.
- No cell phones or electronic devices may be used during the training sessions.
- You may not bring children to any Link training session.
- You must bring a picture ID to all trainings.
- You are responsible for keeping your training certificates on file. All trainings are registered with WV STARS.
- You must register for training sessions at least 24 hours in advance.

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

TO REGISTER for a training or to cancel your registration, please call Link at 523-9540 or 1-800-894-9540 or e-mail Kerry.L.Carnegie@wv.gov. When e-mailing or leaving a message, please clearly state the date and location of the session(s) you wish to attend and leave a contact phone number. Thank You.

Codes for Training Chart

Core Competency

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism



Tier

Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced

Targeted Age/Area

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas

For additional Training Opportunities in our region and throughout the state check out
the WV Early Childhood Training Connections and Resources (WVECTCR)
Training Calendar at <http://www.wvearlychildhood.org>



Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/ Area *	Location of the Training	Time of Training
Cabell and Wayne Counties						
Returning in Winter, 2011	Director's Toolbox Modules returning Fall, 2010. See bottom of page 2 for details.	All	III	ADM	Link Office—2nd Floor 611 7th Ave. Huntington	To Be Announced
Beginning Oct. 13, 2010	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Link Office—2nd Floor	Varies—See Page 3
Sat. Oct. 16	Knock Out Bullying	PIR C	I	PRE SAC	Link Office—2nd Floor	9:00—11:00
Sat. Oct. 16	Look to Learn and Learn to Look: Objective Observations	COA	I	All	Link Office—2nd Floor	11:00—1:00
Sat. Oct. 16	Celebrating Language and Literacy	CGD	II	IT	Link Office—2nd Floor	1:30—3:30
Sat. Oct. 16	For when You're Dragon: Stressed Out and Burned Out!	PM	II	All	Link Office—2nd Floor	3:30—5:30

Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
Wed., Oct. 20	1-2-3 Learn With Me: Child Development from A-Z.	CGD C	II	All	C-K Library 1200 Oak Street, Kenova	3:00–5:00
Tues. Nov. 2	Out and About 	C	II	IT	C-K Library	3:00–5:00
Mon. Nov. 22	The Business of Family Child Care	PM	II	FCC	Link Office—2nd Floor	3:00–5:00
Tues. Nov. 30	Disaster Preparedness for Centers	HSN	II	CB	Link Office—2nd Floor	3:00–5:00
Wed. Dec. 8	1-2-3 Learn With Me: Child Development from A-Z.	CGD C	II	All	Barboursville Library 728 Main St., Barboursville	1:00–3:00
Mon. Dec. 13	Character Building: The Moral Fiber of Our Youth 	PIR C	II	PRE SAC	Link Office—2nd Floor	9:00–11:00
Tues. Dec. 14	Creativity for All: Supporting Music, Art, Literacy and Dramatic Play on a Budget	C	I	All	C-K Library	10:00–12:00

Logan, Mingo and Boone Counties

Mon. Oct. 18	To Market, To Market: Preparing Healthy Meals	HSN	I	All	Mingo County DHHR 205 E. 3rd St., Williamson	10:30–12:30
Thurs. Nov. 4	Knock Out Bullying	PIR C	I	PRE SAC	Logan Library 1 Wildcat Way, Logan	11:00–1:00
Tues. Nov. 16	Environments that Educate	C	II	All	Boone Co. Health Dept. 213 Kennmore Dr. Danville	1:00–3:00
Mon. Dec. 6	1-2-3 Learn With Me: Child Development from A-Z.	CGD C	II	All	Logan Library	11:00–1:00
Mon. Dec. 6	I Spy with My Little Eye	COA	II	All	Mingo County DHHR	1:30–3:30

Lincoln County

Tues. Oct. 26	For when You're Dragon: Stressed Out and Burned Out! 	PM	II	All	Lincoln Day Care Rt. 1, West Hamlin	6:00–8:00
Thurs. Dec. 16	Young at Art	C	II	IT	Hamlin Library 7999 Lynn St., Hamlin	10:00–12:00

Mason County

Mon. Nov. 29	Five, Six Pick Up Sticks: Extending the Learning Environments to the Outdoors	C	I	All	Mason County Library 508 Viand St., Point Pleasant	5:00–7:00
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Putnam County

Thurs. Oct. 21	Out and About 	C	II	IT	Putnam County Library 42 19 Rt. 34, Hurricane	3:000-5:00
Tues. Nov. 9	I Spy with My Little Eye	COA	II	All	Forrest Burdette 2848 Putnam Ave., Hurricane	6:00–8:00
Thurs. Dec. 2	Knock Out Bullying	PIR/C	I	PRE/SAC	Putnam County Library	10:00–12:00

Family Child Care Food Program

DID YOU KNOW?

October is National Apple Month.

Apples are one great little food. Mother Nature was at her creative best when she came up with apples.

They have it all: taste, looks, and nutrition. Apples have no fat, cholesterol or sodium. An average apple contains only 80 calories.

Apples have 5 grams of fiber. Apples contain vitamin A, B1,B2,C ,and Niacin and more. Celebrate Apple Month by joining the food program for help with food costs and nutrition assistance.

Central Child Care

Serving Boone County
304-382-0797

Pride of Logan County

Serving Logan County
304-752-6868 or 304 752-1047

River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

Link CCR&R is conducting surveys to better improve our services. Please choose the survey that best suits your needs:

People in need of Training Services (Contact Nikki Rabel)

Providers of Child Care Services (Contact Jerri Riggleman)

People using or in need of Child Care Services. (Contact Lela Pemberton)

Please either go to www.rvcds.org and choose the survey which best describes you **OR** if you do not have internet access, contact the person listed next to the survey you would like to complete at (304) 523-9540 or 1-800-894-9540.

We will be glad to mail you a copy or discuss your thoughts and concerns with you. We will use this information to help improve the services we offer!

New Faces: T.E.A.C.H. RECIPIENTS

As the autumn leaves fall from bright crisp blue skies, the sound of students walking to classes begin to rustle in the season of trodden leaves. The weight and shift of book bags brush by and swish in crowded hallways, and the final bell rings as we sit, anxious and anticipating a new experience. I am pleased to announce that T.E.A.C.H. Early Childhood West Virginia has added four new students to the campuses across West Virginia.

Please welcome our newest recipients:

Rebecca Law attending WV Northern CTC, Carrie Toney attending online courses at MCTC. Letitia Riddell attending Marshall University, and Stephanie Blevins attending MCTC.

T.E.A.C.H Early Childhood

WV has funding available to fill more seats this Spring. What are you waiting for? Visit our website and download your application today. You may call the office Monday through Friday from 8am—2 pm and our T.E.A.C.H. Specialist , Stephanie Geneseo, would be happy to assist you in becoming a WV Pre K teacher.



Accepting applications daily.

www.wearlychildhood.org

Family Child Care Provider Grants Available

Family Child Care Providers are eligible to apply for grants of up to **\$250**. Grants can be used to

purchase resources required in regulations or curriculum materials. We also have the following items in stock:

First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link.

Contact Mary Bridgette at Link (304 523-9540 or 1-800-894-9540) with questions or to request an application.



Cabell Wayne Family Child Care Association News

The Cabell Wayne Family Child Care Association would like to invite you to join us. The association is open to all counties now, not just Cabell and Wayne. All of our meetings are registered with stars and you will receive ONE or TWO hours credit. We are excited about a new State Family child Care Association forming and the benefits it will bring to all providers. We also offer other trainings, from time to time, which are stars registered. We would like to see more providers take an active role in the association. The association is about support for each other. Please come join us and if you have any questions feel free to call Kathy Baker, President, at 304-529-6246.

Oct 9, 2010----10:00am Link Office

Training on Household Poisons (2 hrs. STARS credit)

Dec 4, 2010----11:00am at Myrtle Blair's House

Normal meeting and (Christmas Party) lunch is provided.
(2 hrs. STARS credit)

First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.
Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at Kanawha Co. Red Cross (see below) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020.

First Aid and CPR (Heartsaver class) available at **St. Mary's Medical Center**— 529-1302.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733-9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County Pleasant Valley Hospital offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

Mingo County Williamson Memorial Hospital—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—1605 Virginia St. E. 340-3650 or www.redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

You can contact local Hospitals or Fire Departments for other options.

Remember all of these fees are tax deductible.

Revised June 2010

T.R.A.I.L.S. Corner by Jennifer Conkle

Where did summer go? Hopefully everyone enjoyed their time in the sun, and is now ready for brisker weather. Autumn is a beautiful time of the year. All of the vibrant colors displayed outdoors can be inspiring to artists both young and old. Maybe now would be a good time to even bring some of your art activities outdoors.

As you may know the

T.R.A.I.L.S. program does sometimes have consumable products, such as paint, paper, and crayons available for providers to share with their children. In addition to these items we have many others that can be borrowed to support art and craft activities. Some of the items we have available are spray bottles, stencils, scissors, paint rollers, sponges, and brushes. We even have recipes we can share with you to make a variety of



You can reach The T.R.A.I.L.S. Team, Jennifer Conkle or Virena Elkins, at 1-800-894-9540 or (304) 523-9540 for more information about TRAILS Services or to schedule a visit.

materials for children to create with, such as play-dough, paste, and paper mache. We also have several resource books that can provide

you with many fresh ideas that you may have never tried before.

Did you realize that here are many household items that you may have around your home that can be used for art projects? Some these include bubble wrap, cookie cutters, potato mashers, and sponges. There are an endless number of possibilities when it comes to creating art with children. Just remember safety first, and then allow the children to be creative. Art can never be done incorrectly; whatever the children create it is their unique

creation. With this in mind allowing children to experience art is a wonderful way to support their self-confidence. Creating projects where the children can work together, such as classroom murals, is another way to support social development.

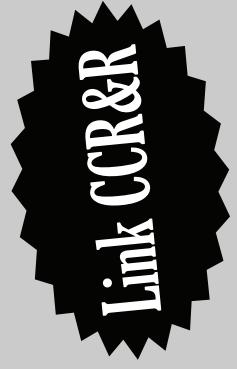
When thinking of your next art project, if we can be of assistance to you please give us a call.

Date	Time	Location	Training
Friday, Oct. 1	8:30 - 2:00	Link Office Huntington	
Mon. Oct. 18	10:30—12:30	Mingo County DHHR	To Market, To Market...
Mon. Nov. 1	8:30 - 2:00	Link Office Huntington	
Mon. Nov. 29	5:00 – 7:00	Mason County Library	Five, Six, Pick Up Sticks...
Wed. Dec. 1	8:30 - 2:00	Link Office Huntington	
Tues., Dec. 14	10:00—12:00	C-K Library	Creativity for All

NON PROFIT ORGANIZATION
US POSTAGE
PAID
PERMIT NO. 43
HUNTINGTON, WV



Link Child Care Resource & Referral
c/o River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701



Change Service Requested

**Link Child Care Resource and Referral Child Care
Providers' Newsletter and Training Information**
A Program of River Valley Child Development Services.
Visit us on the web at www.wvdhhr.org/Link