



# NewsLink

July, August & September, 2012



## Technical Assistance: Site Specific, Hands-On Training Opportunities are Now Available!

Research on best practices has taught us that Technical Assistance (TA) relationships with early childhood professionals increases the quality of care. In an effort to move toward offering more hands-on, specific training that will meet your individual needs, we will begin offering more On-Site Technical Assistance in our region.

Technical Assistance can be long term or short term. Long Term TA could include an in-depth center wide approach utilizing the Environment Rating Scales (Harms, Clifford, Cryer) to assess the physical classroom setting and interactions to determine areas of strengths and weaknesses. Short term TA,

could include observations, modeling, support and guidance with on-going follow-up, as needed.

Technical Assistance can be registered as a WV STARS training, **if it meets the criteria**. The goal of Technical Assistance is for the Early Childhood Specialist, in collaboration with the caregiver and administrator, to develop an individual plan of action for quality improvement based on the scale results or observations made by the Early Childhood Specialists. Short term and/or long term goals will be developed and the Professional Development Training Team at Link will work with individuals to meet the identified goals. Technical Assistance is

available to Child Care Centers, Facilities and Family Child Care Providers.



Site-Specific Technical Assistance is available to you through the Link Professional Development Training Team.

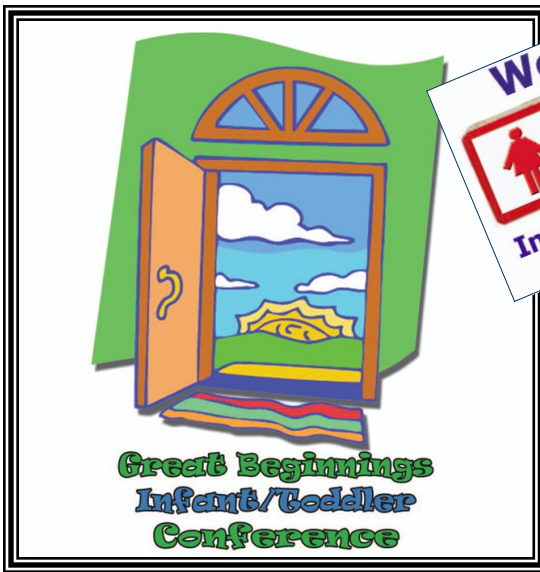
If you are interested in scheduling a Technical Assistance visit, contact Nikki Cavalier Rabel, Professional Development Training Team Supervisor at [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov) or (304) 523-9540 Ext. 106.

### Link Child Care Resource & Referral

A Program of River Valley Child Development Services  
Funded through the West Virginia Department of Health and Human Resources,  
Bureau for Children and Families,  
Division of Early Care and Education.

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Save the Date  
September 14 & 15  
Waterfront Place Hotel  
Morgantown, WV



## Behavior Consultant Corner by Shannon Taylor



Shannon Taylor is the Behavior Consultant at Link. You can reach her for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

*If you have a child in your care who gets a little too close for comfort, then "Personal Space Camp" may be the book for you!*

Hello! I hope everyone is doing well and that your summer is off to a good start!

I wanted to take this opportunity to tell you about a book I stumbled upon recently...some of you may have even heard of it already!

It's called "Personal Space Camp" by Julia Cook. It is geared toward ages 4 and up, and is a wonderful resource for helping children who have difficulty understanding and respecting the personal space of others. Within the story, a teacher uses a unique strategy with hula hoops to help a boy named Louis understand the concept of personal space.

As a child care provider, you could introduce this story during Circle Time (or even read it to the children as they are engaged in other

activities such as meal times, puzzles, blocks, etc.) and then practice implementing the same strategy with your own hula hoops. (If you do not have hula hoops, you can borrow them from the TRAILS Van!)

The story is told from the perspective of Louis, and I believe children will have an easy time relating to his thought process as the story-line progresses. I found this book online for around \$10, but it is also available as a resource to check out on the TRAILS van. If you have a child in your care who gets a little too close for comfort, then "Personal Space Camp" may be the book for you!



### Personal Space Camp by Julia Cook

©2007 National Center for Youth Issues

ISBN # - 10:1934073059

Until next time, enjoy the rest of your summer and don't let anyone invade your personal space!

Warmest regards,  
*Shannon*

## Medication Administration Training

The following classes will be held in the 1st Floor Conference Room at Link:

Tuesday, July 24<sup>th</sup> 2-6

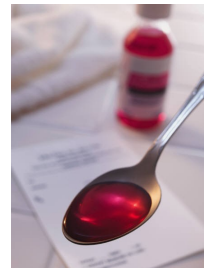
Thursday, August 16<sup>th</sup> 3-7

Saturday, September 29<sup>th</sup> 9-1

**You must be on the STARS Pathway in order to take the class.**

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)

529-7603 or 1-888-983-2827 Ext. 402 to **request a training a your center.**



## Transportation and Vehicle Requirements for Licensed Child Care Centers Effective in 2012

Many child care centers currently transport in 12 or 15-passenger vans. Effective September 1, 2012, these vehicles will be prohibited for use at all licensed child care centers.

Beginning September 1, 2012, the West Virginia Department of Health and Human Resources (WVDHHR) will require that all vehicles the child care agency operates or are otherwise under its direction or control that are designed to carry ten (10) or more passengers, conform to the

Federal Motor Vehicle Safety Standards (FMVSS) governing either "large" school buses, "small" school buses or "multifunction school activity busses" (MFSAB), as applicable. These standards are described in 49 Code of Federal Regulations Part 571, or as such Part may be amended. This rule will not affect providers who transport in family cars, SUVs and passenger vans which are designed to carry nine or fewer passengers. Please note that all vehicles operated by a licensed child care center are

required to comply with all passenger restraint requirements.

For more details on the WV law please go to: [http://www.transportation.wv.gov/dmv/Child\\_Passenger\\_Safety/Pages/The-Law.aspx](http://www.transportation.wv.gov/dmv/Child_Passenger_Safety/Pages/The-Law.aspx).

For details on the federal law please go to: <http://www.nhtsa.gov/people/injury/buses/busseatbelt/index.html>.



Multi-Function School Activity Bus



Small School Bus

## Infant/Toddler Corner by Paula Stewart



### SAVE THE DATE!

It hardly seems possible that is time once again to make plans to attend Great Beginnings! This year's conference is **September 14- 15** at the Waterfront Place in Morgantown, WV. The cozy room for providers was a hit last year and will be available to you again this year. We have great speakers lined up for you all this year. Just a reminder, to be eligible to attend an administrator from your center must have completed the WVIT for Administrators module. You must be a participant **or** have completed WVIT **or** have completed the first two semesters of ACDS. Remember, your administrator must have a current WV STARS number.

This conference is a wonderful opportunity to network with caregivers from around state and learn more about infant/toddler care. Of course, all the sessions are WV STARS registered. You will be taking some of the resources back to your program, so remember to leave room in your travel vehicle to bring home your goodies.

You will receive a listing of items that will be available at the end of the conference in your confirmation packet. Mark items most urgently needed for your classroom. We will collect the list at the begin-

ning of the conference to assist us with distribution of resources. Please do not send pictures this year.

Space is limited so remember to sign up soon! Give me a call or send me an e-mail if you need an application or more information. 304- 523 -9540 or 800- 894- 9540 Ext. 228 [Paula.L.Stewart@wv.gov](mailto:Paula.L.Stewart@wv.gov)

FYI

Just a few summer time tips:

- Keep infants under six months out direct sunlight. Find a shade tree or umbrella.

- For infants and toddlers over six months apply sunscreen 30 minutes before going outdoors, it needs time to absorb into the skin.

- Sun exposure should be limited between the hours of 10:00 am and 2:00 pm when the sun's rays are the strongest.

- Wear a hat or cap with a brim that faces forward to protect the face.

- Use a sunscreen with a SPF rating of 15 or higher.

Go outside and enjoy some fun in the sun!

Resource: Caring for Our Children 2011 Pg. 126

Keep on the lookout for WVIT II in 2013.

### WVIT Dates

WVIT for Administrators  
July 12, 10:00 – 5:00

WVIT Session One  
July 26, 10:00- 3:30

WVIT Session Two  
August 2, 10:00-2:30

WVIT Session Three  
August 9, 10:00 – 3:30

WVIT Session Four  
August 16, 10:00 – 2:30

#### TACIT 1

WVIT Session Five  
August 30, 10:00- 2:30

WVIT Session Six  
September 6, 10:00 – 3:30

WVIT Session Seven  
September 20, 10:00 – 2:30\*

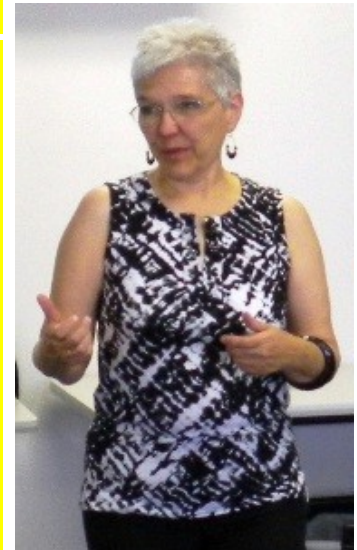
WVIT Session Eight  
September 27, 10:00 – 4:00

WVIT Session Nine  
October 4, 10:00 – 3:30

WVIT Session Ten  
October 11, 10:00- 12:30

#### TACIT 2

\* We will not have a WVIT session on September 13<sup>th</sup> as I will be in Morgantown preparing for Great Beginnings.



Paula Stewart is the Infant Toddler Specialist at Link. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or [Paula.L.Stewart@wv.gov](mailto:Paula.L.Stewart@wv.gov).

## Link is Going Green!



If you would like to receive an electronic copy of this quarterly newsletter, as opposed to the paper copy in the mail, please e-mail your request to [Tracey.D.Salyers@wv.gov](mailto:Tracey.D.Salyers@wv.gov)

## Cooking Matters for Child Care Professionals at Huntington's Kitchen

The next **Cooking Matters for Child Care Professionals** Module at Huntington's Kitchen will begin on Saturday, June 30<sup>th</sup> and run through five consecutive Saturdays, ending on July 28<sup>th</sup>. Huntington's Kitchen is located at 911 3rd Ave. in Huntington, across from Pullman Square.

Each class begins at 10:00 am and ends at noon. There is no cost to attend this module.



SHARE OUR STRENGTH'S  
**COOKING MATTERS™**

Upon graduation, each participant will receive Cooking Matters gifts along with the participant book containing numerous hands-on activities, child friendly recipes, and nutrition related tips for the classroom.

Contact Marisa Blatt at Huntington's Kitchen to register or for more information. You can reach Marisa at (304)840-5399 or by e-mail at [marisablatt@emohealth.org](mailto:marisablatt@emohealth.org).

# Training Calendar and Information

## IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.
8. You must register for training sessions at least 24 hours in advance.

**Family Child Care Providers** must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

**TO REGISTER** for a training or to cancel your registration, please call Link at (304) 523-9540 Ext. 106 or 1-800-894-9540 or e-mail Nikki Cavalier Rabel at [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov). When e-mailing or leaving a message, please clearly state the date and location of the session(s) you wish to attend and **leave a contact phone number**. Thank You.



### \*Codes for Training Chart\*

#### \*Core Competency\*

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism

#### \*Tier\*

Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced


#### \*Targeted Age/Area\*

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas



**For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at**

<http://www.wvearlychildhood.org>




Date of the Training	Title of the Training	* Core Comp	* Tier	* Target Age/ Area	Location of the Training	Time of Training
<b>Cabell and Wayne Counties</b>						
Beginning July 26	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.				Link CCR&R	Varies
Thurs. July 19	Learn to Plan, Plan to Play, Play to Learn 	C	II	SAC	Link CC&R	6:00-8:00
Tues. July 24	1-2-3 Grow with Me: Child Development from A-Z	CGD	II	All	Link CCR&R	10:00-12:00



Tues., July 24	Discoveries of Infancy	CGD	II	IT	C-K Library 1200 Oak St. Kenova	3:00-5:00
Thurs. Aug. 2	Introduction to the Early Childhood Environmental Rating Scale—Revised (ECERS-R)	PM	II	PRE	Link CCR&R	5:00-7:00
Fri. Aug. 24	Family Involvement	FC	I	All	Link CCR&R	2:00-4:00
Mon., Sept. 10	Knock Out Bullying	PIR/C	II	PRE/ SAC	Link CCR&R	4:00-6:00
Wed. Sept. 12	Let's Give 'em Something to Talk About 	C	I	ALL	Link CCR&R	5:00-7:00
Wed., Sept. 19	Developmentally Appropriate Practice 	CGD/ PIR	I	All	C-K Library 1200 Oak St. Kenova	2:00-4:00


## Logan, Mingo and Boone Counties

Tues. July 24	It's All in the Process Open Ended Art	C	I	All	Mingo County DHHR 205 E. 3rd St. Williamson	1:00-3:00
Fri. Aug. 17	1-2-3 Grow with Me: Child Development from A-Z	CGD	II	All	Logan Library	10:00-12:00
Tues. Aug. 21	Safety Net: The Internet and Kids	C	III	All	Boone County Health Dept. 213 Kennmore Dr., Danville	1:00-3:00
Thurs. Sept. 20	Food For Thought: Eating Well on a Budget 	HSN	II	All	Logan Library	1:00-3:00



## Lincoln County

Tues. Aug., 14	What Do You Do with the Mad That You Feel?	PIR	II	All	Hamlin Library 7999 Lynn St., Hamlin	10:00-12:00
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## Mason County

Fri. July 6	Food For Thought: Eating Well on a Budget 	HSN	I	All	Mason County Library 508 Viand St., Pt Pleasant	1:00-3:00
Thurs. Sept. 6	Making a Difference: Mandate to Report Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	Mason County Library 508 Viand St., Pt Pleasant	4:00-6:00

## Putnam County

Wed. July 25	Cooking with Kids 	HSN	I	PRE	Putnam County Library 4219 Rt. 34, Hurricane	3:00-5:00
Wed. Aug. 29	Lesson Planning with Math and Science 	C	I	All	First Baptist Academy	1:00-3:00
Mon. Sept. 17	Young at Art	C	II	IT	Putnam County Library 4219 Rt. 34, Hurricane	5:00 –7:00



Remember to serve fresh fruits and vegetables when in season. Seeds are available from the TRAILS Van to plant your own garden with children.

# Link

## Celebrates



Happy Anniversary  
20 Years  
of Serving  
Families!



Contact Cristie Dunbar at (304) 523-9540/1-800- 894-9540 Ext. 121 or [Cristie.R.Dunbar@wv.gov](mailto:Cristie.R.Dunbar@wv.gov) for more information.

## Family Day Care Food Program Corner

For information on enrolling in the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

### Central Child Care

Serving Boone County  
304-382-0797

### Pride of Logan County

Serving Logan County  
304-752-6868 or  
304 752-1047

### River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties

523-3031 or  
1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

## Family Child Care Association News by Kathy Baker

The Cabell Wayne Family Child Care Association is open to all counties now, not just Cabell and Wayne. All of our meetings are registered with WV STARS and you will receive ONE or TWO hours credit. We also offer other trainings, from time to time, which are WV STARS registered.

We want to thank the new providers that attended our May meeting and made for great discussions. We are excited about starting to pursue GRANTS that will provide family

providers with needed equipment and supplies for our Family Child Care Homes. Come join so you can take advantage of these grants and discussions. If you have any questions feel free to call me Kathy Baker, President, at 304-529-6246 or email me at [mrskathys@comcast.net](mailto:mrskathys@comcast.net) so I can add you to our email list. You will receive information about the Association and other helpful information. Our next meeting will be Aug. 11 at 10:00 at the Link Office.

## Family Child Care Grants Are Available

Family Child Care Providers are eligible to apply for grants of up to **\$250**. These grants can be used to purchase resources required in regulations, curriculum materials and/or to pay for **WV STARS application fees**. You must turn in receipts

for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link. We often have the following items in stock: First Aid Kits, Flash Lights, Fire

Extinguishers, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. Contact Cristie Dunbar at (304) 523-9540 or 1-800-894-9540 Ext. 121 or [Cristie.R.Dunbar@wv.gov](mailto:Cristie.R.Dunbar@wv.gov) with questions or to request an application.



### ACDS Corner

The ACDS local council, serving Cabell,

Wayne, and Lincoln counties, will hold a meeting on June 1, 2012 from 1:00 PM to 3:00 PM. It will be held at the RVCDS office location, 2<sup>nd</sup> floor conference room. For more information contact the ACDS office either by telephone 304-523-0433, or email at [jconkle@rvcds.org](mailto:jconkle@rvcds.org).

Would you like to receive information specific to Early Childhood issues between newsletters?

If so, please send your e-mail address to [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov). Additional training sessions, available grants, special event notices and/or other pertinent information will be sent to you electronically as it is made available.

## First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

**Boone County** First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.

**Cabell County** First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020.

First Aid and CPR (Heartsaver class) available at **St. Mary’s Medical Center**— 529-1302.

CPR with First Aid available at **American Red Cross**. 1111 Veteran’s Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733– 9040.

**Logan County** First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

**Lincoln County** For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

**Mason County** **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the Mason County Health Department. Call (304) 675-3050 to register.

**Mingo County** **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

**Putnam County**

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—340-3650 or [www-redcross.org](http://www-redcross.org). Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

**Wayne County** First Aid and CPR available. Instructor Kathy Parsons. 486-5991.



**You can contact local Hospitals or Fire Departments for other options.**

**Remember all of these fees are tax deductible.**

Revised 4-12

## TRAILS Corner by Tiffany Marcum

Summer is fast approaching, and a lot of us are extremely busy preparing for it and all it brings. Schools will be letting out and Headstarts and Pre-K Classrooms will be closing for the season.

Summer is a fun time for everyone. Those who enjoy it the most though, are the children that have been in school for the last nine months, and are now ready to “kick back and relax.” The summer months are a well deserved, much needed break for those children. However, during these months, we as parents and educators do not want our children to lose what they learned over the last nine months, nor do we want our children to cease learning over the summer. Although the children will not be in a formal classroom, that does not mean

they do not have the ability or resources to continue to foster and mature their minds. Much research has been done proving that children often learn best when “playing” or just carrying out everyday activities. These everyday life experiences and encounters are what stick with children the most. When we actually participate in a new activity or have some sort of “hands-on” experience, our minds retain that. We remember it a little better than if we have just read or studied the idea of the activity. Please do not be afraid to allow your children or the children in your care to play and have a good time indoors and out. Instead of trying to be a “teacher,” be their guide and coach them along. By the end of summer, when school is getting ready to begin next year, you will

not see a loss of knowledge. Instead you, and maybe even the child, will see how far they have come and the new things they learned. If you do not have resources, games, toys, books, or even ideas for what to do with the children over the summer, DO NOT FRET! We here on the T.R.A.I.L.S. Van have just what you need to get you through. We are available all summer long. We can come visit you at your home or center, or you can make an appointment to meet us at our office. You can reach us at 304-523-9540 or 1-800-894-9540 ext. 112 or 122. We will do as much as we can to accommodate you and your needs. We hope you enjoy the warm weather and hopefully learn a little something along with the children.



You can reach Tiffany Marcum, TRAILS Specialist, and Virena Elkins, TRAILS Associate at (304) 524-9450 to schedule a visit!

Date	Time	Location	Training
Mon. July 2	8:30 - 2:00	Link Office Huntington	
Tues. July 24	1:00 - 3:00	Mingo DHHR	Open Ended Art
Wed. Aug. 1	8:30 - 2:00	Link Office Huntington	
Tues. Aug. 14	1:00- 3:00	Boone Co. Health Dept.	Safety Net
Mon. Sept. 3	8:30 - 2:00	Link Office Huntington	
Thurs. Sept. 20	1:00 - 3:00	Logan Library	Food for Thought

Link Child Care Resource and Referral  
c/o River Valley Child Development Services  
611 7th Ave., Suite 200  
Huntington, WV 25701 Phone:  
(304) 523-9540 or 1-800-894-9540  
Fax: (304) 697-4821  
Web Address: [www.wvdhhr.org/Link](http://www.wvdhhr.org/Link)

**CHANGE SERVICE REQUESTED**



### **Link Child Care Resource and Referral**

Child Care Provider's Newsletter and Professional Development Information  
Link Child Care Resource and Referral is a program of River Valley Child Development Services  
and is funded through the WV Department of Health and Human Resources,  
Bureau for Children, Division of Early Care and Education.

Visit us on the web at [www.wvdhhr.org/Link](http://www.wvdhhr.org/Link)

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