

July, August
& September
2011



NewsLink Summer 2011



Standard First Aid with CPR-Adult, Child and Infant Class Offered

An American Red Cross Authorized Provider will now be offering Standard First Aid with CPR-Adult, Child and Infant once each quarter. First offering of this class will be Saturday, September 10. Class will begin at 8:30am. Cost for this class is \$65.00 and must be paid in advance. Class will be taught in the 2nd floor conference room at the main River Valley Child Development Services building at 611 7th Avenue, Huntington. Class is limited to 10 people so it will be a first come, first serve basis. This class is registered with WV STARS. Contact Cristie Dunbar at 304-523-3417 ext 202 to sign up or for more information. Deadline to register for this class is Friday, August 15.

Link Child Care Resource & Referral

A Program of River Valley Child Development Services
Funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

Introducing "Cooking Matters" for Child Care Professionals at Huntington's Kitchen!

"Cooking Matters" is a 6 week course that will engage childcare providers caring for low income children in a series of participatory cooking lessons. Each lesson is intended to empower providers to provide nutritious meals and teach healthy eating habits to the children in their care. Within each session participants will learn how to select nutritious and low-cost ingredients and prepare them in ways that provide the best nourishment possible to their families. This series will be held at our own Huntington's Kitchen!

When:	What We Will Learn:
July 16 from 10:00-12:00	Introduction to the course
July 23 from 10:00- 12:00	Creating Positive mealtime attitudes
July 30 from 10:00- 12:00	Safe cooking with confidence
August 6 from 10:00- 12:00	Choosing healthy foods for kids
August 13 from 10:00-12:00	Meals that appeal to kids
August 20 from 10:00- 12:00	Menu management on a budget

This series is worth 12 hrs of STARS/training credit. **Participants must attend every session to get credit.** To register call Andrea Leffingwell (304) 522-0887 by Friday July 8th. Spaces are limited.

T.R.A.I.L.S Items Needed

- We are currently in need of:
- Clear or Mesh Storage bags, such as the plastic zipper or snap bags in which sheets and other household items come in.
 - Empty baby wipe containers, or other such storage containers.
 - Empty plastic baby food or juice containers.

If you can supply us with any of these materials, please let us know and we will be glad to arrange to pick them up as soon as possible. Helping provide us with these materials saves us money which can be used to purchase more learning materials for the van.

We appreciate your support of the TRAILS Van and look forward to serving you!



Would you like to Improve the Quality of your Program & Earn More Money?

To learn more about
ACCREDITATION log
on or call:

**Family Child Care
Providers** can log on
at www.nafcc.org or
call 1-800-359-3817.

Child Care Centers
can log on at
www.naeyc.org or
call 1-800-424-2460.
Contact WVETCR to
inquire about
financial support for
the application
process at 529-7603
or 1-888-983-2827.

Behavior Consultant Corner, by Shannon Taylor

Do you have a child in your care who seems to be far more challenging than his peers? This is the child who has trouble staying on task, has frequent temper tantrums for seemingly “no reason,” who ignores nearly everything that is asked of him, and who seems

to be falling behind in every developmental area: social-emotional, cognitive, motor, and especially language. Do you feel that you have exhausted every tried and true behavioral intervention with no success?

Before you chalk this child up as just another “trouble maker,” take into consideration that it is possible he may be dealing with a hearing loss on some level. If you have noticed that the child’s behaviors tend to be worse when the room is loud or dark, this could be particularly indicative of a hearing deficiency. Additional noises in or around the room make it

difficult to focus on one person or task, while a darkened room may inhibit the child’s ability to determine the

source and location of sounds, thus causing the child to act out as a result of fear. If you

suspect that a child has a hearing loss, document the reasons for your concerns (including behaviors observed and intervention techniques attempted) and approach his caregivers with the information. Take care to be sensitive to the caregivers’

reactions when discussing your concerns, and

encourage them to share the information you have provided with their pediatrician, as this is the only person who can officially diagnose a concern of this nature.

Best Regards,
Shannon

“Since young children are still learning and developing, even a mild hearing loss can have devastating consequences on their ability to socialize and achieve academically.”

Pam Mason



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

Medication Administration Training

The following classes will be held in the 1st Floor Conference Room at Link:

Thursday July 21st 2-6 pm
Wednesday August 17th 3-7 pm
Saturday September 24th 9am-1pm

You must be on the STARS Pathway in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to request a training at your center.



Interested In WV ACDS ?

If you are interested in enrolling in ACDS classes in the fall, please contact Sherrie Barrett, ACDS State Coordinator at sbarrett@rvcds.org or Lisa Gladwell, ACDS Regional Coordinator at lgladwell@rvcds.org or 304-523-0433. More information can be obtained by visiting www.wvacds.org.



Wednesday, October 5, 2011

What:
5th Annual Child Care Director's Meeting
Where:
Village Square, Clarksburg

More information to come late summer!



Division of Early Care and Education



STRENGTHENING FAMILIES

We have recently purchased several **STRENGTHENING FAMILIES** items to loan out to programs. For a complete list of **STRENGTHENING FAMILIES** Materials available, please contact Nikki Rabel at (304) 523-9540 Ext. 106 or Nikki.C.Rabel@wv.gov.

Infant/Toddler Corner by Paula Stewart

Great Things Coming Your Way!

There is a special treat in store for those of you who work with infants and toddlers and plan on attending this year's **Great Beginnings Conference, Sept. 14—16, 2011** (note it is a little longer than usual). WestEd's Program for Infant/Toddler Care is presenting all sessions. *Peter Mangione, Linda Brault and Louis Torelli* will be among the speakers. You have met these folks via video during your WVIT sessions, come meet them in real life. The conference will be held at the Charleston Civic Center. To be eligible to attend you must be a participant or have completed WVIT or have completed the first two semesters of ACDS, or have completed One Step At a Time. We have a 'cozy room' for participants; a place to go, sit, relax and discuss 'ah ha' moments from the conference. Also, in your confirmation packet, you will receive a listing of items that will be available at the end of the conference. Mark items most urgently needed for your classroom. We will collect the list at the beginning of the conference to assist us with distribution of resources. To assist you with the new Crib Safety Recall we will have a number of cribs available at Great Beginnings. Give me a call or send me an e-mail if you need an application or more information. 304- 523 -9540 Ex.228 800- 894- 9540 Ex. 228 Paula.L.Stewart@wv.gov Space is limited so sign up soon!

Here is a tidbit of valuable information you may want to pass along to your co – teachers and parents:

Over-the-Counter (OTC) Benzocaine Gels and Liquids

The FDA reports a rare, but serious and potentially fatal adverse effect with the use of OTC benzocaine gels and liquids applied to the gums or mouth. These are sold under different brand names such as Anbesol, Orajel, Baby Orajel and other store brands. The condition results in the amount of oxygen carried through the blood stream being greatly re-duced.

The cases occurred mainly in children aged two years or younger who were treated with the gel for teething. The American Academy of Pediatrics recommends the following for treating teething pain: Benzocaine products should not be used on children less than two years of age, except under the advice and supervision of a healthcare professional. Give the child a teething ring chilled in the refrigerator. Gently rub or massage the child's gums with your finger to relieve the symptoms. Talk to healthcare professional to identify other treatments.

For more information go to:
www.fda.gov/drugs/drugsafety/ucm250024.htm

To the right is the new WVIT Schedule. Contact Paula Stewart at Link (contact information above) to register. If a class should be cancelled for any reason sessions will continue in sequence with the final session taking place on September 21.



Paula Stewart is the Infant Toddler Specialist at LINK. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or Paula.l.stewart@wv.gov.

Session	Date	Time
Admin Module	July 5	10:00 – 5:00
WVIT 1	July 6	10:00 – 3:30
WVIT 2	July 13	10:00 – 2:30
WVIT 3	July 20	10:00 – 3:30
WVIT 4	July 27	10:00 – 2:30
TACIT 1		
WVIT 5	Aug.3	10:00 – 2:30
WVIT 6	Aug.10	10:00 – 3:30
WVIT 7	Aug.17	10:00 – 2:30
WVIT 8	Aug. 24	10:00 – 4:00
WVIT 9	Aug.31	10:00 – 3:30
WVIT 10	Sept. 7	10:00 – 12:30
TACIT 2		
*Makeup date	Sept. 21	

FAMILY CHILD CARE MODULES by Jennifer Conkle

West Virginia Elements of Family Child Care Series (WV EFCCS)



Incorporating Creative Curriculum for Family Child Care & Family Child Care Environmental Rating Scale

Here it is... a set of trainings designed specifically for Family Child Care Providers and Facilities! This series was designed to help you in providing quality care and education for young children. These modules take into consideration the varying needs of Family Child Care Providers. The WV EFCCS consists of 7 modules and a pre and post site visit of your program, using the Family Child Care Environmental Rating Scale (FCCERS). The trainer will also be available to answer questions relating to the module series and on how to implement the Creative Curriculum into your Family Child Care program.

Upon completion of all 7 modules and both technical assistance visits you will be eligible for resource money to spend on improving and meeting the needs of your program. Also, you should be registered on the STARS Career Pathway to participate in the series. You may become registered by successfully completing a STARS application. At the completion of the series you will also receive 30 STARS approved training hours. For more information regarding the STARS Career Pathway you may call 304-529-7603, or toll free 1-888-WWVECTCR. You may also visit the website at www.wwearlychildhood.org.

Module	Date	Time
Building a Firm Foundation	July 14	2:00 – 6:00
Knowing How Children Learn	July 21	2:00 – 6:00
Organizing Your Day	July 28	2:00 – 6:00
What Children are Learning (part 1)	August 4	2:00 – 6:00
What Children are Learning (part 2)	August 11	2:00 – 6:00
Caring and Teaching	August 18	2:00 – 6:00
Building a Partnership With Families	August 25	2:00 – 6:00

If you have questions regarding the WV EFCCS, or to register for the series please contact Jennifer Conkle at 304-523-9540, ext. 430.

Thank You,

Training Calendar & Training Information

IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings are registered with WV STARS.
8. You must register for training sessions at least 24 hours in advance.

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

TO REGISTER for a training or to cancel your registration, please call Link at (304) 523-9540 or 1-800-894-9540 or e-mail Kerry.L.Carnegie@wv.gov or Nikki.C.Rabel@wv.gov. When e-mailing or leaving a message, please clearly state the date and location of the session(s) you wish to attend and leave a contact phone number. Thank You.

Codes for Training Chart

Core Competency

- CGD Child Growth and Development
- HSN Health, Safety and Nutrition
- PIR Positive Interactions & Relationships
- COA Child Observation and Assessment
- PM Program Management
- FC Family and Community
- C Curriculum
- P Professionalism



Tier




- Tier I Beginner level
- Tier II Intermediate
- Tier III Advanced

Targeted Age/Area

- IT Infant/Toddler
- PRE Pre-School
- SAC School Age Care
- CB Center Based
- FCC Family Child Care Providers
- ADM Administration
- ALL Targets All Areas



For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://ww.earlychildhood.org>



Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
Cabell and Wayne Counties						
Beginning July 6	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Link CCR&R 611 7th Ave., Huntington	Varies
Beginning July 14	West Virginia Elements of Family Child Care Series (WV EFCCS) See page 3 for more information	All	I	All	Link CCR&R 	2:00-6:00
Wed. July 13	Now That's Professional! 	P	II	All	C-K Library 1200 Oak St., Kenova	1:00-3:00
Thurs. Aug. 11	Discoveries of Infancy 	CGD	II	IT	Barboursville Library 728 Main St., Barboursville	3:00-5:00
Tues. Aug. 16	1-2-3 Grow with Me Child Development from A-Z	CGD	II	All	Link CCR&R	4:00—6:00
Thurs. Sept. 8	If They Could See Me Now	COA	II	IT	Link CCR&R	3:00—5:00

Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/ Area *	Location of the Training	Time of Training
Mon. Sept. 12	Take the Plunge into the NAEYC Code of Ethical Conduct	P	II	All	Link CCR&R	4:00—6:00
Tues. Sept. 20	1-2-3 Grow with Me Child Development from A-Z	CGD	II	All	C-K Library	10:00—12:00


Logan, Mingo and Boone Counties

Tues. July 26	Five, Six, Pick Up Sticks: Extending the Learning Environments Outdoors	C	I	All	Living Waters 112 E. 2nd Ave., Williamson	6:00—8:00
Thurs. Aug. 18	Now That's Professional! 	P	II	All	Logan Library 1 Wildcat Way, Logan	11:00—1:00
Tues. Sept. 6	We Are Family	FC	II	All	Logan Library	10:00—12:00
Wed., Sept, 14	Making a Difference: Reporting and Preventing Child Abuse 	HSN	I	All	Boone Madison Library 375 Main St., Madison	1:00—3:00


Lincoln County

Thurs., July 14	We Are Family	FC	II	All	Hamlin Library 7999 Lynn St., Hamlin	1:00—3:00
Wed., Aug. 24	Building Supportive Environments	C	II	All	Hamlin Library	10:00—12:00

Mason County

Mon., July 18	1-2-3 Grow with Me Child Development from A-Z	CGD	II	All	Mason County Library 508 Viand St., Pt. Pleasant	4:00-6:00
Thurs., Sept. 8	Making a Difference: Reporting and Preventing Child Abuse 	HSN	I	All	Mason County Library	12:00-2:00

Putnam County

Sat. July 9	Making a Difference: Reporting and Preventing Child Abuse	HSN	I	All	Teays Valley Child Development Center	8:30-10:30
Sat. July 9	Early Childhood Environmental Rating Scale (ECERS-R) 	PM	II	PRE	Teays Valley Child Development Center	10:30-12:30
Sat. July 9	Building Supportive Environments	C	II	All	Teays Valley Child Development Center	1:30-3:30
Sat. July 9	If They Could See Me Now	COA	II	IT	Teays Valley Child Development Center	3:30-5:30
Mon., Aug. 15	Including All Children	CGD	II	All	Lighthouse 2440 Rt. 60, Hurricane	9:00-12:00
Mon., Aug. 15	Early Childhood Environmental Rating Scale (ECERS-R)	PM	II	PRE	Lighthouse	1:00-3:00

Family Child Care Food Program

For more information on enrolling on the Family Child Care Food Program to help with the costs of meals and snack you serve the children in your care, please contact the following agency in your area:

Central Child Care
Serving Boone County
304-382-0797

Pride of Logan County
Serving Logan County
304-752-6868 or 304 752-1047

River Valley Family Day Care Food Program
Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U.S. Department of Agriculture and is administered by the West Virginia Department of Education.

Family Child Care Provider Grants Available

Family Child Care Providers are eligible to apply for grants of up to **\$250**. Grants can be used to purchase resources required in regulations or curriculum materials. We also have the following items in stock: First Aid Kits, Fire Extinguishers, Flash Lights, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link. Contact Mary Bridgette at Link (304) 523-9540 or 1-800-894-9540 with questions or to request an application.



The Cabell Wayne Family Child Care Association would like to invite everyone to join us. All of our meetings are registered with WV STARS and you will receive 1 or 2 hours credit. We also offer other trainings, from time to time, which are STARS registered. We would like to see more providers take an active role in the association. Please come join us and if you have any questions feel free to call Kathy Baker, President, at 304-529-6246.

August 13—10:00 - Link Office Normal meeting
This session is registered for 2 hours of STARS credit.

Advocating Play

If you want to get across an idea, wrap it up in a person.
-Ralph Bunche

"The early childhood community, which has traditionally valued play as a learning tool, has not been very articulate about play's importance in our evidence-based school economy." This challenge was laid down by Elizabeth Graue, in her article, "Are We Paving the Paradise: In our rush to promote achievement, we've forgotten how 5 year olds really learn," in [Education Leadership](#) (April 2011). Graue further observes...

"The growing allocation of kindergarten time to academic content has firmly pushed play to the edges. What counts as play in many classrooms are highly controlled centers that focus on particular content labeled as 'choice' but that are really directed at capturing a specific content-based learning experience, such as number bingo or retelling a story exactly as the teacher told it on a flannel board....It means that in-depth project work that involves research into child-initiated questions just takes too much time...."

"What's lost with this shift? Attention to anything but clearly defined cognitive aspects of development...."

"...It's no longer enough to argue that play is the work of children; we're now required to prove what children get from play. What they get must translate to increased achievement or reduced risk. So let's nail the evidence base."

West Virginia Family Child Care Association News

The WVFCCA is proud to announce that our first Spring Fling Conference was a huge success! Every family child care provider went home with at least one great door prize and some went home with laptops as well. It will be rewarding to see how these supplies trickle down into each home to benefit the children. Everyone received six hours of training, a wonderful catered lunch in the crystal ballroom and a bag full of great information and ideas to use with your children. The T.E.A.C.H. Scholarship information and the retirement plan were presented as well. The day was full of exciting changes being made to promote **quality Family Child Care** in our state. Did you miss it? Do you want to learn how to be at our next conference? Visit www.westvirginiafamilychildcare.com or call 304-917-9697. Make sure you don't miss out on our next conference! Let us know how we can help you provide more quality child care in your home or facility.



First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.

Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020.

First Aid and CPR (Heartsaver class) available at **St. Mary's Medical Center**— 529-1302.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the Mason County Health Department. Call (304) 675-3050 to register.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—340-3650 or www-redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

You can contact local Hospitals or Fire Departments for other options.

Remember all of these fees are tax deductible.

Revised Dec. 2010

T.R.A.I.L.S. Corner

By Virena Elkins

Let's talk about literacy! With sunny, warm days approaching, children and providers are drawn to the outdoors. We begin to focus on activities that can be carried out onto the playground. This spring and summer we would like to remind you about our large selection of literacy materials for all ages. These materials include books appropriate for infants through school-agers, bag books which include a book with props to help bring the story to life, books on tape, and big books for large group sharing. To support children's literacy, TRAILS has a number of teacher resource books on literacy and those with ideas to go beyond just the telling of the story. It is quick and easy to use children's books as a jumping off point for other great activities and ideas. Instead of gathering in the usual circle time area, grab a book and a blanket and head out-



You can reach Virena at 1-800-894-9540 or (304) 523-9540 for more information about TRAILS Services.

doors. The children will love the change of pace and scenery after being inside all

winter long. There is nothing wrong with moving your typical classroom activities outdoors on warm, sunny days. Studies have shown children learn more and retain more information when they have natural lighting and fresh air. So use TRAILS as not only a great place to get toys, but also as another bookmobile. (We hope to see you all soon with the nice weather). Please do not hesitate to call with questions or material requests. Also, we always welcome new providers to join us in the TRAILS program.

Preventing Sun Exposure in Children

The best way to prevent sunburn is to avoid sun exposure. When working with young children who thrive on going outside, that advice is often impossible but there are many things you can do to

minimize a child's sun exposure:

Keep babies younger than 6 months of age out of the sun. If sunscreen is needed, a small amount on the face or back of hands is not harmful.

Teach the children the ABCs of how to prevent their skin from getting sunburned.

A = Away . Stay away from the sun in the middle of the day (from 10:00 am – 4:00pm)

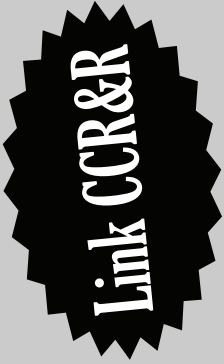
B = Block. Use a sunscreen with a sun protection factor (SPF) of 15 or higher to protect babies and children's very sensitive skin.

C – Cover up. Wear clothing that covers the skin, hats with wide brims and sunglasses with UV protection. Even children 1 year old should wear sunglasses with UV protection.

S = Speak out. Teach others to protect their skin from sun damage.

For more information about sun exposure, log onto www.webmd.com. You'll be glad you did!

Link Child Care Resource & Referral
c/o River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701



NON PROFIT ORGANIZATION
US POSTAGE
PAID
PERMIT NO. 43
HUNTINGTON, WV

Change Service Requested

Link Child Care Resource and Referral Child Care
Providers' Newsletter and Training Information
A Program of River Valley Child Development Services.
Visit us on the web at www.wvdhhr.org/Link