



NewsLink

January, February
and March 2012

Link CCR&R

Winter Quarter



2012 Huntington Area Early Childhood Conference

April 27 & 28, 2012

Big Sandy Superstore Conference Center

You won't want to miss keynote speakers
Gaia and Terry Smith!

Leadership Institute

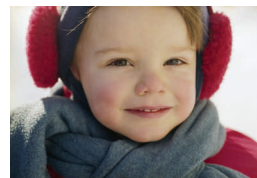
April 26, 2012

Marshall University

Speaker: Karen Penetta

Link Inclement Weather Policy Regarding Link Training Sessions

In the case that school is cancelled or on a two hour delay in Cabell County **OR** the county in which a training is scheduled, it will be cancelled for that day and you will be contacted when it is re-scheduled. Thank for your cooperation.



Link Child Care Resource & Referral

A Program of
River Valley Child
Development Services
Funded through the
West Virginia
Department of
Health and Human
Resources,
Bureau for Children
and Families,
Division of Early
Care and Education.

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Welcome to a very
different kind of learning
experience!



The *Mind in the Making* Modules

are a 12-part learning process that uses research on children's development on how children learn and how teachers

can encourage engaged learning. The ***Mind in the Making Overview*** is a quick look at the series and is **required** for child care center/facility directors to attend before sending their teaching staff to the 12 module series. By completing this class you will receive the *Mind in the Making* by Ellen Galinsky!

\$150 in Resources!

Training Credit worth 2 years!

*Mind in Making 12 Module Series is WV STARS Registered—
45 hours in these Core Competency areas:*

Child Growth/Development—6	Positive Interactions/Relationships—12
Curriculum—15	Child Observation/Assessment —3 Professionalism—9

*Mind in the Making Overview is WV STARS registered—
1.5 hours in Program Management.*

Mind in the Making

Behavior Consultant Corner by Shannon Taylor



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

When working with children, one of the most important things we can do is to build solid relationships with them. Children crave consistency and have a need to trust the adults in their lives. By simply taking the time to get to know a child, you will begin establishing this trust and forming a bond that can potentially carry him through stressful times in his life. Yes, children experience stress, too! It comes in all forms, from major life changes (divorce, death, moving to a new neighborhood, etc.) to the perils of daily living (parents running late, arguments with siblings, losing a library book, etc.). Here are some simple ways to build relationships with children:

1. Learn about their interests and have open-ended conversations about them.
2. Give lots of verbal (“Way to go!”, “You did it!”, “You’re a rock star!”) and non-verbal (high-fives, thumbs-up, pats on the back) acknowledgment of children’s efforts.
3. Call a child’s parents in front of her to tell them what a GREAT day she is having! (So often when we pick up the phone, it’s to address challenging behaviors and not the good stuff!)
4. Greet every child **AND** parent by name!
5. Encourage children to bring and discuss many pictures of their loved ones. Post these pictures around the room at the children’s eye level.

As you work on strengthening your relationships with the children in your care, remember to individualize your efforts. Each child has different needs and interests, but every single one of them needs at least one positive, loving, and nurturing relationship in their lives. Let that be the relationship they have with you. You can start making a difference TODAY!

Warmest regards,
Shannon

“Every child needs one person who is crazy about him.”

~ Uri
Bronfenbrenner

Medication Administration Training

The following classes will be held in the 1st Floor Conference Room at Link:

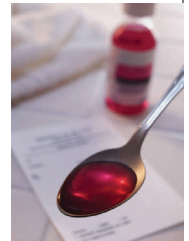
Thursday, January 12th 3:00-7:00

Wednesday, Feb. 29th 4:00-8:00

Saturday, March 31st 9:00 – 1:00

You must be on the WV STARS Pathway in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**



Huntington’s Kitchen—Free Cooking Matters for Child Care Professionals Classes offered.



Contact Rachel at Huntington’s Kitchen(304) 522-0887 to register for these free classes or with questions.

As a child care provider, you play a crucial role in helping children get the nourishment they need to grow and thrive. Throughout the training in Cooking Matters for Child Care Professionals, you will participate in a variety of hands-on activities that will help you improve your skills at planning and preparing

delicious, healthy, and low-cost meals for the children in your care. You will also learn how to work with children to encourage healthy eating habits that will stick with them for life. Cooking Matters for Child Care Professionals is a five week course that meets on five consecutive Saturdays with each class lasting approximately two hours in length.

The next modules will run from

Saturday, January 14—February 11 and Saturday, February 25—March 24. All cooking materials are provided and there is no charge to attend the class. The Module is also registered with WV STARS.

To register, or with questions, contact Rachel at Huntington’s Kitchen. (304) 522-0887.

Infant/Toddler Corner by Paula Stewart

The New Year brings with it a new opportunity for Infant / Toddler caregivers. The West Virginia Infant/Toddler Network launched two pilot sites for **WEST VIRGINIA INFANT/TODDLER PROFESSIONAL DEVELOPMENT PROGRAM FOR CAREGIVERS (WVIT II): RELATIONSHIP-BASED CARE** during the fall of 2010. Barring any major revisions, you will have the opportunity to experience WVIT 2 for yourselves beginning March 8, 2012. The administrator's modules will take place in February. See the training calendar for specific dates. WVIT 2 is available to Infant/Toddler caregivers and administrators who have successfully completed WVIT 1. WVIT 2 consists of a 45 hour course for caregivers (10 classroom sessions and a practicum) and a six hour course for administrators (2 classroom sessions). Yes, these are STARS registered trainings. WVIT 2 focuses on the heart of quality care - the relationship of the caregiver with the child, the child's family, and with colleagues. Through this course, caregivers and administrators have the opportunity to examine the relationships in their infant/

toddler programs and learn strategies for assessing and strengthening the quality of their programs with respect to those relationships.

The content for WVIT 2 for Caregivers is presented in the following three modules (35 classroom hours) with a 20 hour practicum (equaling 10 classroom hours) to be completed side-by-side with the modules. WVIT 2 is presented in three modules:

Module I - Relationships: The Key to Quality Infant/Toddler Care
Module II - Supporting the Unique Development of Infants and Toddlers

Module III - Strategy for Action: Applying Reflective Observation and Assessment Strategies

Contact me for information about WVIT 2. WVIT 1 is still available to Infant/Toddler Caregivers see the Training Calendar for dates.
 304- 523 -9540 Ex.228
 800- 894- 9540 Ex. 228
 Paula.L.Stewart@wv.gov

WVIT I Dates

Admin Module
 Jan. 5th 10:00 – 5:00

Session 1: March 6th 10:00—3:30
 Session 2: March 13th 10:00– 2:30
 Session 3: March 20th 10:00 – 3:30
 Session 4: March 27th 10:00 – 2:30

TACIT I

Session 5 : April 10th 10:00- 2:30
 Session 6: April 17th 10:00 – 3:30
 Session 7: April 24th 10:00 – 2:30
 Session 8: May 1st 10:00 – 4:00
 Session 9: May 8th 10:00 – 3:30
 Session 10: May 15th 10:00 -12:30

TACIT 2

WVIT 2 Dates

ADMIN Session 1 Feb. 9th 9:00 -12:00
 ADMIN Session 2 Feb. 16th 9:00 -12:00
 Session 1: March 8th 9:00 -12:30
 Session 2: March 15th 9:00 -12:30
 Session 3: March 22nd 9:00 -12:30
 Session 4: March 29th 9:00 -12:30
 Session 5: April 5th 9:00 -12:30
 Session 6: April 12th 9:00 -12:30
 Session 7: April 19th 9:00 -12:30
 Session 8: May 3rd 9:00 -12:30
 Session 9: May 10th 9:00 -12:30
 Session 10: May 17th 9:00 -12:30



Paula Stewart is the Infant Toddler Specialist at Link. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or Paula.L.Stewart@wv.gov for information regarding WVIT or Infant and Toddler Care.

WVIT II focuses on the heart of quality care - the relationship of the caregiver with the child, the child's family, and with colleagues.

Meet our NEW Early Childhood Specialists

In October, two new Early Childhood Specialists joined the Link Professional Development Training Team. We'd like to welcome Dawn and Amber to our Team!

Hi, My name is **Dawn Snyder**. I will be providing training and technical assistance. I grew up in St. Albans, WV. I have two grown children—Jordan and Jillian. I also have a dog, Winston, who I adore!

I attended WUSC and graduated from one of the first ACDS classes offered. This motivated me to go on and obtain an AA Degree as a Child Development Specialist, then to

complete my BA Degree.

I have been in the early childhood education field for 25 years. I began as a pre-school teacher in Nashville, TN. I then was a Director for a Child Care Center in Charleston for many years. I most recently was an Early Childhood Specialist for HeadStart.

My enthusiastic experiences are what I proudly bring to work each day. I am so lucky to get to do what I love for a living!

Hello everyone! My name is **Amber Collier**. I was born and raised in Charleston, WV. After High School, I moved to

Huntington where I received my masters degree in Early Childhood Education Special Needs from Marshall University. I was also a student teacher at various childcare centers and worked closely with children while earning my Bachelors Degree. I will be 26 years old, and I have a six month old daughter. Before coming to River Valley, I heard nothing but positive remarks from the public regarding Link. I am excited and honored about working with the providers and RVCDS Staff in upholding high standards and quality for early childhood education and childcare.



Welcome Amber Collier and Dawn Snyder, New Link CCR&R Early Childhood Specialists

Training Calendar and Information

IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.
8. You must register for training sessions **at least 24 hours in advance.**

Family Child Care Providers must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

HOW TO REGISTER FOR TRAINING:

To register or cancel your registration, please call Link at (304) 523-9540 or 1-800-894-9540 or e-mail Nikki Cavalier Rabel at Nikki.C.Rabel@wv.gov. When e-mailing or leaving a voice mail message, please clearly state the date and location of the session(s) you wish to attend and leave a contact phone number.

Codes for Training Chart

Core Competency

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism

Tier

Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced




Targeted Age/Area




IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas

For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://ww.wvearlychildhood.org>




Date of the Training	Title of the Training	* Core Comp	* Tier	* Target Age/Area	Location of the Training	Time of Training
Cabell and Wayne Counties						
Thurs. Jan. 12	Look to Learn, Learn to Look: Objective Observations	COA	II	All	St. Joseph Catholic School Parish Hall	3:00—5:00
Tues., Jan. 17	Once Upon a Time: Storytelling	C	I	All	Link CCR&R 611 7th Ave., Huntington	3:00—5:00
Thurs. Feb. 9	Let's Get Organized	PM	I	All	Link CCCR&R	1:00—3:00
Sat. Feb. 25	Get Up and Dance! 	C	II	All	West End Library 901 14th St., Huntington	10:00—12:00




Date of the Training	Title of the Training	* Core Comp *	* Tier *	* Targeted Age/Area *	Location of the Training	Time of Training
Beginning March 6	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Link CCR&R 611 7th Ave., Huntington	Varies
Beginning March 8	West Virginia Infant Toddler Modules 2 (WVIT 2) See page 3 for more information. 	All	I	IT	Link CCR&R	Varies
Thurs. March 8	Sense-ational Sensory Play 	C/CGD	II	All	C-K Library 1200 Oak St., Kenova	2:00-4:00
Thurs. March 22	Developmentally Appropriate Practice 	CGD/ PIR	I	All	Link CCR&R	2:00—4:00
Mon. March 26	Routines and Rituals	CGD	III	IT	Link CCR&R	5:00-7:00


Logan, Mingo and Boone Counties

Thurs. Jan. 19	Challenging Behaviors: Where do we Begin?	PIR	III	All	Logan Library 1 Wildcat Way, Logan	11:00-1:00
Tues. Feb 21	It's all in the Process: Open-Ended Art 	C	I	All	Boone County Health Dept. 213 Kennmore Dr., Danville	11:00-1:00
Thurs. March 22	It's all in the Process: Open-Ended Art 	C	I	All	Logan Library	10:00-12:00
Fri. March 30	Family Involvement 	FC	I	All	Mingo County DHHR	10:00-12:00

Lincoln County

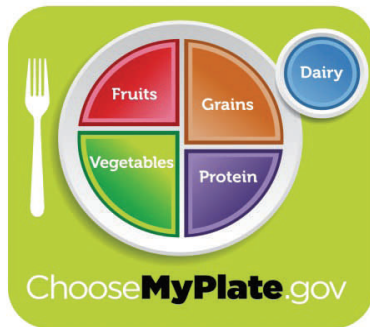
Wed. Feb. 15	Too Much of a Good Thing: Sensory Integration	C/PIR	II	All	Hamlin Library 7999 Lynn St., Hamlin	10:00-12:00
Sat. March 24	Attachments and Separation 	PIR	I	IT	Hamlin Library	10:00-12:00

Mason County

Thurs. Feb. 23	Sing a Song with Me 	C/CGD	II	IT	Mason County Public Library 508 Viand St., Pt. Pleasant	10:00-12:00
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Putnam County

Mon. Jan. 23	It's Not Just Small Talk	CGD	II	IT	Putnam County Library 4219 Rt. 34, Hurricane	3:00-5:00
Mon. Feb. 13	Let's Get Organized	PM	I	All	Putnam County Library	3:00-5:00
Thurs. March 15	Knock Out Bullying	PIR/C	I	PRE/ SAC	Putnam County Library	4:00-6:00



For more information on the new My Plate Food Guidelines go to www.choosemyplate.gov

STRENGTHENING FAMILIES

We have several items intended to help build the **STRENGTHENING FAMILIES** initiative in your program. For a complete list of these materials, please contact Nikki Rabel at (304) 523-9540 Ext. 106 or Nikki.C.Rabel@wv.gov.

Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to **\$250**. These grants can be used to purchase resources required in regulations, curriculum materials and/or to pay for **WV STARS application fees**. We often have the following items in stock: First Aid Kits, Fire Extinguishers, Digital Ear Thermometers, Flash Lights, Carbon Monoxide and Smoke Detectors.

You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link.

Contact Mary Bridgette at (304) 523-9540 or 1-800- 894-9540 with questions or to request an application.

Family Child Care Food Program by Tammy Leonard

For more information on enrolling on the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

Central Child Care

Serving Boone County
304-382-0797

Pride of Logan County

Serving Logan County
304-752-6868 or 304-752-1047

River Valley Family Day Care Food Program

Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

Family Child Care Association (CWFCFA) News by Kathy Baker

Looking for a group of Family Child Care Providers to talk with, network with and build relationships with others who are also caring for children in their homes? Then this is the group for you.

The Cabell Wayne Family Child Care Association would like to invite all Family Child Care Providers to join us. All of our meetings are regis-

tered with WV STARS and you will receive one or two hours of credit. We also offer other training session, from time to time, which are WV STARS registered. We would like to see more providers take an active role in the Association. Please come join us and if you have any questions, feel free to contact Kathy Baker, President at (304) 529-6346.

Our next meeting and training session will be held on Jan 14. It will be a one hour Infection Control Training. Link Training room—2nd Floor.



WV Family Child Care Association News by Tammy Eubank

The West Virginia Family Child Care Association is kicking off their Annual Membership Drive on December 1, 2011. The provider turning in the most paid memberships will receive a new baby bed. Remember parents, friends, family, business partners can join. We want to encourage everyone to work toward our goal of supporting West Virginia's children. We wish

everyone the best of luck and remember all family child care providers can use their grant money towards their membership fees.

On October 30, 2011 we had our first Annual Board Meeting in Parkersburg. Our President, Melissa, announced several great ideas for this upcoming year. We will meet again on November 13 at 2pm at the Cross Lanes Golden

Corral. Any members wishing to participate on the membership or the conference committees are encouraged to attend. We are looking forward to another great year supporting the family child care providers in our state.

Join today at www.westvirginiafamilychildcare.com

First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington—529-7020.

CPR available at **St. Mary's Medical Center**— 526-1302.

First Aid and CPR Classes at **Cabell County EMS**—526-9797.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733- 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the **Mason County Health Department**. Call (304) 675-3050 to register.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—340-3650 or www-redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.



You can contact local Hospitals or Fire Departments for other options.

Remember all of these fees are tax deductible.

Revised September, 2011

TRAILS Corner by Tiffany Marcum

Happy Holidays from the T.R.A.I.L.S. Van!!!

Winter has arrived! What an exciting time this can be for children of all ages. Although it does mean colder weather and probably a little snow, that does not mean we have to become bears and hibernate inside all winter long. In fact, that is the last thing we would want to do with our children. There is a movement spreading here in our state, but also, throughout the nation as a whole. This new idea is called "I am Moving, I am Learning." Possibly you have heard of it, or better yet, maybe you have already incorporated it into your curriculum. I have just

"Childhood obesity is becoming an epidemic across the nation. The more we can have the children moving and active the more we are helping with their nutritional health."

recently been introduced to the idea and believe it is a great way to get our children active and healthy in an educational fashion. "I am Moving, I am Learning" focuses on the idea that children need to be up and active during their day. Childhood obesity is becoming an epidemic across the nation. The more we can have the children moving and active the more we are helping with their nutritional health. As parents and educators we realize that children often learn more during active play and engagement than just sitting behind a desk. There are many ways to incorporate this into everyday lesson plans. Try music and dance activities using props, games that involve movement, and even

stretching exercises. Incorporate these during circle time, after lunch, or any other time of the day. Another point to realize is that not only will this increase in active moving aid in the children's health, but it may also help the adults to lose a few pounds or just increase their own health living. We have many resources available on the T.R.A.I.L.S. Van for aid in the "I am Moving, I am Learning" movement. We carry musical CD's, musical instruments, games, toys, balls, and resource books full of ideas. Feel free to contact us with any questions, ideas, or needs you may have. Remember keeping the children moving can only benefit their health as well as our own! Healthy children means happy children, which can only mean a better environment for everyone involved. Bundle up, stay warm, and keep active!



Anniversary to the TRAILS Program!



Welcome Tiffany Marcum, our new TRAILS Specialist, pictured above with Virena Elkins, our TRAILS Associate.



Link CCR&R

Link Child Care Resource and Referral a Program of
River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701

Phone: (304) 523-9540 or 1-800-894-9540

Fax: (304) 697-4821

Web Address: www.wvdhhr.org/Link

River Valley Child Development Services
Serving Children and Families since 1971

We're on the web!
www.wvdhhr.org/Link



*Happy 10th
Anniversary to
the TRAILS
Program!*

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