



NewsLink

April, May & June
2012

Link CCR&R

Spring Quarter

We are Going Green!



If you would like to receive an electronic copy of this quarterly newsletter, as opposed to the paper copy in the mail, please e-mail your request to Tracey.D.Salyers@wv.gov



2012 Huntington Area Early Childhood Conference

April 27 & 28, 2012

Big Sandy Superstore Conference Center

You won't want to miss keynote speakers
Gaia and Terry Smith!

Leadership Institute

April 26, 2012

Marshall University

Speaker: Karen Penetta

Contact Michelle Rollyson at Rollyson1@frontier.net for more information.

Link Child Care Resource & Referral

A Program of River Valley Child Development Services funded through the West Virginia Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

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Recent Changes to the WV STARS Professional Development Record

by Natalie Snider, WV STARS State Coordinator



WV STARS has made some changes to the Professional Development Record to improve the service to participants. Career Pathway participants now have three different options to view the Professional Development sessions tracked by WV STARS. Depending on your needs, you may want to access any one of the three record options available to you.

The Professional Development Record titled "Complete Record" provides a complete list of WV STARS Registered Trainings tracked for an individual. If you would like a print out of all of the trainings WV STARS has tracked for you in date order, access this record.

The "Core Knowledge Area Record" is the Professional Development Record that provides a complete list of WV STARS Registered Trainings tracked for an individual organized by the WV Core Knowledge Content Areas. If you would like a print out of all of the trainings WV STARS has tracked for you including information on the level of training and general content, access this record. For those applying to become a Tier II center, facility or home, the Core Knowledge Area Record must be submitted with the application to verify professional development requirements.

The "Current Certificate Period Record" option provides a list of WV STARS Registered Trainings tracked for an individual that were completed during the current Career Pathway Certificate Period. These trainings can be used for the next Career Pathway Certificate renewal. If you would like a print out of only training WV STARS has tracked for you towards your Career Pathway Certificate renewal, access this record.

You can visit WV STARS at www.wvearlychildhood.org

Behavior Consultant Corner by Shannon Taylor



Shannon Taylor is the Behavior Consultant at Link. You can reach Shannon for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540.

“Having a solid understanding of typical developmental behaviors will allow you to plan your day in a way that will help support the children’s strengths while challenging them enough to naturally move toward their next developmental milestones.”

Child Development refers to how children gain the ability to do more complex things as they get older. Having a solid understanding of typical developmental behaviors will allow you to plan your day in a way that will help support the children’s strengths while challenging them enough to naturally move toward their next developmental milestones. It is important to remember that each child develops differently and at his or her own pace.

However, when working with children, it is important to be familiar with basic developmental milestones (Gross and Fine Motor, Language, Cognitive, and Social) from birth through age 5 so that you can be aware of potential delays. If you have concerns about the development of a child in your care, there are several resources available to



help. For instance, West Virginia Birth to Three is a statewide system of services and supports for families with infants and toddlers ages birth through 35 months of age who have developmental delays or are at risk of a developmental delay. For children ages three through five who have developmental delays and / or disabilities, Special Education and related services are provided by county school systems following a multidisciplinary evaluation process. Regard-

less of a child’s age, as soon as you notice a delay, you should attempt to get all necessary supports in place to help the child get back on his or her developmental track. Early intervention is the key to ensuring a more successful future

for these children. If I may be of any assistance, please contact me at 304-523-9540, Ext. 432.

Warmest Regards,
Shannon

Medication Administration Training

The following classes will be held in the 1st Floor Conference Room at Link:

Tues., April 17— 3:00-7:00

Tues., May 22—4:00—8:00

Sat., June 23—9:00-1:00

You must be on the WV STARS Pathway in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304)529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**



Huntington’s Kitchen—Free Cooking Matters for Child Care Professionals Classes offered.



Contact Rachel Gergely at Huntington’s Kitchen(304) 522-0887 or rachelgergely@emohealth.org to register for these free classes or with questions.

As a child care provider, you play a crucial role in helping children get the nourishment they need to grow and thrive. Throughout the training in Cooking Matters for Child Care

Professionals, you will participate in a variety of hands-on activities that will help you improve your

skills at planning and preparing delicious, healthy, and low-cost meals for the children in your care. You will also learn how to work with children to encourage healthy eating habits that will stick with them for life.

Cooking Matters for Child Care Professionals is a five week course that meets on five consecutive Saturdays at Huntington’s Kitchen. Each

class is two hours in length.

All cooking materials are provided and there is no charge to attend the class. The module is also registered with WV STARS.

To register for the next module, or with questions, contact Rachel Gergely at Huntington’s Kitchen (304) 522-0887 or rachelgergely@emohealth.org.



Infant/Toddler Corner by Paula Stewart

Safe Sleep Practices

On the heels of the new crib safety standards, the American Academy of Pediatrics (AAP) is recommending that children 0 - 12 months wear one-piece sleepers rather than blankets while sleeping.

(AAP) (1b) states: "Infants should be placed for sleep in safe sleep environments which includes: a firm crib mattress covered by a tight-fitting sheet in a safety-approved crib (the crib should meet the standards and guidelines reviewed/ approved by the U.S. Consumer Product Safety Commission [CPSC] and ASTM International [ASTM]); no monitors or positioning devices should be used unless required by the child's primary care provider; and no other items should be in a crib occupied by an infant except for a pacifier".

(AAP) (1g) states: "Soft or loose bedding should be kept away from sleeping infants and out of safe sleep environments. These include, but are not lim-

ited to: bumper pads, pillows, quilts, comforters, sleep positioning devices, sheepskins, blankets, flat sheets, cloth diapers, bibs, etc. Also, blankets/ items should not be hung on the sides of cribs. Swaddling infants when they are in a crib is not necessary or recommended, but rather one-piece sleepers should be used (see Standard 3.1.4.2 for more detail information on swaddling); "

Here is an example of a sleep sack from Kaplan:



<http://www.kaplanco.com/store/trans/product-Detail-Form.aspCatID=24|IT1002|0&PID=70816>

Of course infants 0 -12 months should be put to sleep on their backs unless there is signed waiver indicating an alternate sleep position.

The AAP further recommends (AAP) (1c) "Infants should not nap or sleep in a car safety seat, bean bag chair, bouncy seat, infant seat, swing, jumping chair, play pen or play yard, highchair, chair, futon, or any other type of furniture/equipment that is not a safety-approved crib (that is in compliance with the CPSC and ASTM safety standards) (4);"

The recommendations may seem cumbersome at first, but let's do everything we can to keep the infants in our care as safe as possible.

Please contact me if you have questions or need any additional information regarding Safe Sleep Standards or the new Crib Safety Standards.



Paula Stewart is the Infant Toddler Specialist at Link. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or Paula.L.Stewart@wv.gov for information regarding WVIT or Infant and Toddler Care.

"Let's do everything we can to keep the infants in our care as safe as possible."

Director's Toolbox Modules

The Director's Toolbox Module will begin on May 7 at Link.

Each of the five sessions will be held from 8:00 to Noon at Link. Each session is registered with WV STARS and meets the training requirements for Directors.

The sessions are geared toward Administrators and ways to help Directors, Emergent Leaders and others in administrative roles juggle the additional challenges of being an Administrator of an early childhood program.

The sessions can be taken individually for four hours of WV STARS credit each or as a whole for 20 hours of WV STARS credit.



The sessions will be offered are as follows:

May 7

Recruiting, Selecting, and Orienting Staff

May 21

Implementing Shared Decision Making and Participative Management

June 5

The Power of Reflection and Self-Awareness

June 19

How Effective Directors Get Things Done

July 3

Making the Most of Meetings

Please Contact Nikki Rabel at 523-9540 or 1-800-894-9540, Ext. 106 or nikki.c.rabel@wv.gov or Dawn Snyder at Dawn.D.Snyder@wv.gov for more information or to register for the training sessions.

Do You Know an Outstanding Early Childhood Professional You would like to recognize?

Nominations are now being accepted as part of the Huntington Area Early Childhood Conference. Contact Michelle Rollyson at Rolllyson1@frontier.com for an application form.

Training Calendar and Information

IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.
8. You must register for training sessions **at least 24 hours in advance**. Training sessions may be canceled if no one or too few are registered to attend.
9. **FAMILY CHILD CARE PROVIDERS** must complete eight (8) hours of training in at least two (2) different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

HOW TO REGISTER FOR TRAINING:

To **REGISTER OR CANCEL** your registration, please call Link at (304) 523-9540 or 1-800-894-9540 or e-mail Nikki Cavalier Rabel at Nikki.C.Rabel@wv.gov. When e-mailing or leaving a voice mail, please clearly state your name, the date/location of the session(s) you wish to attend and leave a phone number. Thank You.

Codes for Training Chart

Core Competency

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism

Tier

Tier I	Beginner level
Tier II	Intermediate
Tier III	Advanced

Targeted Age/Area

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas

For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://ww.wvearlychildhood.org>







Date of the Training	Title of the Training	Core Comp	Tier	Target Age/ Area	Location of the Training	Time of Training
Cabell and Wayne Counties						
Beginning March 6	West Virginia Infant Toddler Modules (WVIT). See page 3 for more information.	All	I	IT	Link CCR&R 611 7th Ave., Huntington	Varies
Thurs., April 12	What Goes Up, Must Come Down NEW	C	I	PRE	Link CCR&R	2:00—4:00
Thurs., April 19	What Do You Do With The Mad That You Feel? NEW	PIR	II	All	Link CCR&R	10:00—12:00
Fri., April 20	Right Outside Your Door NEW	C	II	IT	C-K Library 1200 Oak St, Kenova	3:00-5:00
Beginning May 7	Director's Toolbox Modules. See page 3 for more information.	All	III	ADM	Link CCR&R	8:00-Noon



Date of the Training	Title of the Training	Core Comp	Tier	Targeted Age/Area	Location of the Training	Time of Training
Sat. May 12	Making a Difference: Mandate to Report , Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	Link CCR&R	10:00-12:00
Tues., May 22	Safety Net: The Internet and Kids 	C	III	All	Link CCR&R	2:00-4:00
Fri., June 8	What Do You Do With The Mad That You Feel? 	PIR	II	All	C-K Library	2:00-4:00
Mon., June 18	Under Construction: Block Play 	CGD/C	II	All	Link CCR&R	6:00-8:00
Mon., June 25	Attachments and Separation	PIR	I	IT	Link CCR&R	3:00-5:00

Logan, Mingo and Boone Counties

Mon., April 2	What Goes Up, Must Come Down 	C	I	PRE	Logan Library 1 Wildcat Way	1:00-3:00
Thurs., May 3	Cooking with Kids 	HSN	I	PRE	Mingo County DHHR 205 E. 3 rd St. Williamson	1:00-3:00
Sat., May 19	Not in My Backyard: Drug Endangered Children	HSN	II	All	Pride of Logan 699 Stratton St., Logan	10:00-12:00
Wed., June 6	Rock-a-Bye Baby: Safe Sleep Practices 	HSN	I	IT	Boone County Health Dept. 213 Kennmore Dr., Danville	2:00-4:00
Thurs., June 21	Safety Net: The Internet and Kids 	C	III	All	Logan Library	10:00-12:00

Lincoln County

Tues., May 15	Cooking with Kids 	HSN	I	PRE	Hamlin Library 7999 Lynn St., Hamlin	2:00-4:00
Tues., June 12	Family Involvement	FC	I	All	Hamlin Library	9:00-11:00

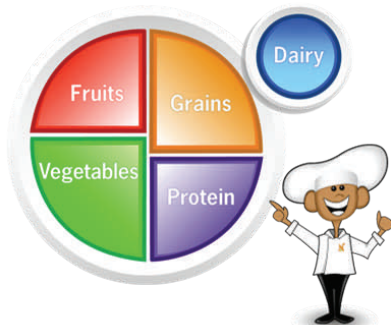
Mason County

Tues., Apr. 10	Safety Net: The Internet and Kids	C	III	All	Mason County Library 508 Viand St. , Pt. Pleasant	5:00-7:00
Mon., May 14	Get Up and Dance: Music and Movement	C	II	All	Mason County Library	10:00-12:00

Putnam County

Fri., April 20	Making a Difference: Mandate to Report , Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	Teays Valley Child Dev. Center 4345 Teays Valley Rd., Scott Depot	5:00-7:00
Thurs., May 24	What Do You Do With The Mad That You Feel?	PIR	II	All	Putnam County Library 4219 Rt. 34, Hurricane	4:00-6:00
Mon., June 11	Under Construction: Block Play	CGD/C	II	All	Putnam County Library	9:00-11:00

For more information on the new My Plate Food Guidelines go to www.choosemyplate.gov



Family Child Care Food Program by Tammy Leonard

For more information on enrolling on the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

Central Child Care

Serving Boone County
304-382-0797

Pride of Logan County

Serving Logan County
304-752-6868 or
304 752-1047

River Valley Family Day Care Food Program

Serving Cabell, Wayne,
Lincoln, Putnam, Mason
and Mingo Counties
523-3031 or
1-800-581-3031



In accordance with the Federal Law and the U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, gender, age or disability. USDA is an Equal Opportunity Employer. The Child Care Food Programs funded through the U. S. Department of Agriculture and is administered by the West Virginia Department of Education.

STRENGTHENING FAMILIES

We have several items intended to help build the **STRENGTHENING FAMILIES** initiative in your program. For a complete list of these materials, please contact Nikki Rabel at (304) 523-9540 Ext. 106 or Nikki.C.Rabel@wv.gov.

Family Child Care Provider Grants

Family Child Care Providers are eligible to apply for grants of up to **\$250**. These grants can be used to purchase resources required in regulations, curriculum materials and/or to pay for **WV STARS application fees**.

You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link.

We often have the following items in stock: First Aid Kits, Flash Lights, Fire Extinguishers, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors.

Contact Cristie Dunbar at (304) 523-9540 or 1-800- 894-9540 Ext. 121 or Cristie.R.Dunbar@wv.gov with questions or to request an application.

Family Child Care Association (CWFCFA) News by Kathy Baker

The Cabell Wayne Family Child Care Association would like to invite everyone to join us. All of our meetings are registered with WV STARS and you will receive ONE or TWO hours credit. We also offer other trainings, from time to time, which are WV STARS registered. We would like to see more providers take an active role in the association. Please come join us and if you have



any questions feel free to call Kathy Baker, President, at 304-529-6246 or email mrskathys@comcast.net. We

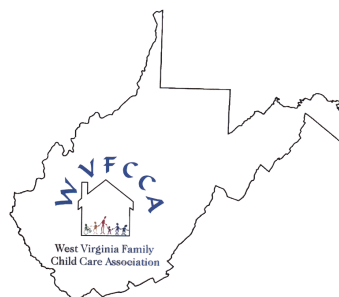
are creating a list serve of providers so we can send them out important information regarding the association

and family childcare.

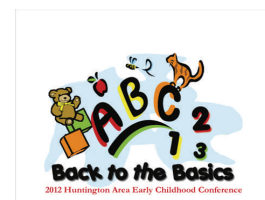
Our next meeting will be May 12, 2012 at 10:00 at the Link Office.

WV Family Child Care Association News by Tammy Eubank

If you are interested in learning more about the West Virginia Family Child Care Association or joining this organization, please refer to their website: www.westvirginiafamilychildcare.com



CONFERENCE GRANTS AVAILABLE FOR FAMILY CHILD CARE PROVIDERS.



Grants to pay for your registration fee to attend the Huntington Area Early Childhood Conference on April 27 & 28, 2012 are available. Please contact Nikki Rabel at 304 523-9540 Ext. 106 or Nikki.C.Rabel@wv.gov for more information.

First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston** 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 30 W 6th Ave. Suite 102, Huntington—529-7020.

CPR available at **St. Mary's Medical Center**— 526-1302.

First Aid and CPR Classes at **Cabell County EMS**—526-9797.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. 304-526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor—Darrell Ennis. 733– 9040.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan—752-0917.

Classes also available at **Logan Regional Medical Center** 831-1556.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier 778-3873.

Mason County **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the **Mason County Health Department**. Call (304) 675-3050 to register.

Mingo County **Williamson Memorial Hospital**—Contact Tracey Booth at 235-2500, Ext. 147.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co.**—340-3650 or www-redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**—3268 Winfield Rd. (Rt. 35) — 586-0238 or 340-3650

CPR and First Aid is offered by Tina Kyle. 561-4674.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. 486-5991.

You can contact local Hospitals or Fire Departments for other options.

Remember all of these fees are tax deductible.

Revised 09-11

First Aid/CPR Classes Offered

April 6, 2012

10:00-2:00

**\$50 for
First Aid & CPR
at Triad Tech
30 W 6th Ave.
Call (304) 529-
9442 to register.**



TRAILS Corner by Tiffany Marcum

Spring is Back!!!

Well the hibernation period is about over and spring is upon

us. This is a great time of year to get children up and moving toward a healthy lifestyle. The snow is melting away and flowers are starting to bloom. The warmer weather is great and very inviting for children to be

outside playing. Whether it is just playing alone at home or on some athletic sports team, get up and get moving! Outdoor play will not only boost a healthy lifestyle, but it is great for boosting the mind as well.

“Outdoors playing will not only boost a healthy lifestyle, but it is great for boosting the mind as well.”

Spring time is a wonderful opportunity to start some outdoors projects: Plant a

garden, go on nature explorations, do some science experiments. Parents and educators can take photos during these fun times. The photos can then be used to make scrap-books and collages

later in the year when the weather turns cold again and we will be stuck inside. We have resources available for those photos and great ideas for putting them together.

Here on the TRAILS van, we have plenty of tools and toys to help

children and caregivers enjoy all the perks that come with spring-time. We carry sand and water toys, have access to seeds for planting flowers and gardens, jump ropes, tricycles, and just about anything else you need to enjoy the warmer weather. Please do not hesitate to contact us with any requests or ideas. We have all been inside, probably eating more than usual, and sedative. Let's all take advantage of the spring-time weather. Get outside, have a little fun, and get healthier in the process! You can contact the TRAILS Staff by phone at 304-523-9540, Ext. 112 or 122. We look forward to hearing from you!



Tiffany Marcum, TRAILS Specialist, and Virena Elkins, TRAILS Associate recently attended the SECA Conference in San Antonio, Texas.

TRAILS in Your Neighborhood...

Date	Time	Location	Training
Mon. April 2	8:30 – 2:00	Link Office Huntington	
Thurs. Apr. 10	5:00- 7:00	Mason Co. Library	Safety Net
Tues. May 1	8:30 – 2:00	Link Office Huntington	
Tues. May 22	2:00- 4:00	Link Office Huntington	Safety Net
Fri. June 1	8:30 – 2:00	Link Office Huntington	
Thurs. June 21	10:00- 12:00	Logan Library	Safety Net



Link CCR&R

Link Child Care Resource and Referral a Program of
River Valley Child Development Services
611 7th Ave., Suite 200
Huntington, WV 25701

Phone: (304) 523-9540 or 1-800-894-9540
Fax: (304) 697-4821

Web Address: www.wvdhhr.org/Link

River Valley Child Development Services
Serving Children and Families since 1971

We're on the web!
www.wvdhhr.org/Link

CHANGE IN

WAYNE COUNTY OUTREACH DAY

A Link Case Manager will be at the Wayne County Outreach located at the Wayne County DHHR on Mondays beginning in January, 2012.

Families can make applications between 9am to 12:30pm, no appointment necessary.

Provider Orientation Step 1, 2 or 3

Trainings will take place from 1pm – 3pm. Please call Link at (304) 523-9540 to register for the Orientation Step 1, 2 or 3 Training sessions.

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