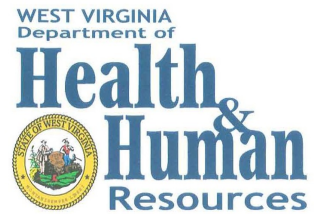




# NewsLink

A Newsletter of Link Child Care Resource and Referral



October, November & December, 2012



### The Link CCR&R Early Childhood Team

*Pictured from left to right:*

**Nikki Cavalier Rabel,**  
Professional Development Supervisor

**Shannon Taylor,**  
Behavior Consultant

**Virena Elkins,**  
TRAILS Associate

**Paula Stewart,**  
Infant Toddler Specialist

**Tiffany Marcum,**  
TRAILS Early Childhood Specialist

**Amber Collier,**  
Early Childhood Specialist

### In this issue:

Current News	2
Infant Toddler/WVIT News	3
Behavior Consultant/Early Childhood Specialist and TRAILS News	4-5
Professional Development Calendar	6-7
Training Descriptions, Medication Admin and ACDS News	8-9
Family Child Care, FCC Food Program, Grants, Accreditation and First Aid/CPR News	10-11

### Main Link Office

611 7th Ave.  
Huntington, WV 25701  
(800) 894-9540 or  
(304) 523-9540  
(304) 697-4821 FAX

### Logan Office

19 Circle Dr.  
Logan, WV 25601  
(304) 752-3932  
(304) 752-2897 FAX

## NEWSLINK

## Important Newsletter Change:

We will begin sending the newsletter electronically next quarter. Please e-mail your e-mail address to

[Tracey.D.Salyers@wv.gov](mailto:Tracey.D.Salyers@wv.gov)

to be added to our data base.

If you do not have access to e-mail and would like to continue receiving a paper copy, please call Tracey at (304) 523-9540 or 1-800-894-9540.



## TECHNICAL ASSISTANCE (TA) NOW AVAILABLE

Would you like on-site technical assistance to help improve the quality of your program? The goal of Technical Assistance (TA) is for the Early Childhood Professional Development Team at Link, in collaboration with the caregiver and administrator, to develop an individual plan of action for quality improvements. These improvements are based on the Environmental Rating Scales (ITERS-R, ECERS-R, FCCERS-R or SACCERS) results and/or observations made by the Early Childhood Team. Short term and/or long term goals will be developed and the Professional Development Team at Link will work with individuals to meet the identified goals. Technical Assistance can be registered as a WV STARS training, if it meets the criteria.

Technical Assistance is available to Child Care Centers, Facilities and Family Child Care Providers. TA could be an especially beneficial tool for those working toward Tier II Status.

For more information, contact Nikki Cavalier Rabel at Link.



Site-Specific Technical Assistance is available to you through Link. Contact Nikki Cavalier Rabel at (304) 523-9540 Ext. 106 or 1-800-894-9540 Ext. 106 or [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov) to learn more.

## PREQUIP VISIT DISPLAY

The children in the four year old room at Teays Valley Child Development Center in Putnam County planned their picnic menu and "prepared" the items on the menu to display on the bulletin board. Materials were provided and children were encouraged to create their favorite foods.



## RECENT CHANGES TO THE CHILDCARE SUBSIDY PROGRAM MAY AFFECT PROVIDERS

- \*The Bureau within the West Virginia DHHR that administers Services for children and families say eligibility for child care Services will change beginning August 1, 2012.
- \*There will be no reduction in provider rates and no changes in the payment to providers for days of care.
- \*Effective Aug. 1, 2012, copayments for eligible families will increase from the current rate of 5% to 12%. After Jan. 1, 2013 families with an income above 150% of the poverty level will no longer be eligible for child care subsidy at the time of their six month redetermination.
- \*Providers will have to collect larger fees from the majority of families that are receiving child care subsidy. This in turn, will decrease the pay each month that the providers will receive from the State of West Virginia.



## INFANT TODDLER CORNER



Paula Stewart is the Infant Toddler Specialist at Link. You can reach her at (304) 523-9540 Ext. 228 or 1-800-894-9540 or [Paula.L.Stewart@wv.gov](mailto:Paula.L.Stewart@wv.gov).

*I call these “caregiving gifts” because of the great benefits infants and toddlers gain in self-esteem, security and social competence.*

~Jerree Pawl

### Ten Caregiving Gifts: Supporting Social - Emotional Development

With the holidays quickly approaching, our thoughts begin whirl around holiday celebrations and gift giving. Before the holiday rush consumes our thoughts and schedules let’s take a look at **Ten Caregiving Gifts** developed by Jerree Pawl from © WestEd PITC that will help support the social-emotional development of the infants and toddlers in our care. She states: “I call these ‘*caregiving gifts*’ because of the great benefits infants and toddlers gain in self-esteem, security and social competence.”

What is social-emotional development? This definition from Kadija Johnston, © WestEd PITC fits nicely with the work we do with infants and toddlers. She defines social-emotional development as “the thoughts/feelings/expectations one develops about **self**.” As well as “the thoughts/feelings/expectations one develops toward **others** and the world.”

#### Ten Caregiving Gifts

**Gift One:** Respond to very young infants in ways that encourage them to feel they can make things happen.

**Gift Two:** Help young infants learn they have ways to take care of their own needs.

**Gift Three:** Help infants and toddlers develop confidence and trust in others.

**Gift Four:** Help babies learn about intimacy.

**Gift Five:** Help toddlers learn that adults cannot solve every problem.

**Gift Six:** Be tolerant of toddlers’ internal conflicts and desires.

**Gift Seven:** Help toddlers sort out the evaluations of adults.

**Gift Eight:** Match your reaction to the temperament of the baby.

**Gift Nine:** Exchange information with families about their children.

**Gift Ten:** Remind children in child care of the absent family member’s continued existence.

Feel free to contact me [Paula.L.Stewart@wv.gov](mailto:Paula.L.Stewart@wv.gov) or 304-523-9540, if you have questions about the Ten Gifts and how to put them into practice. Keep an eye on the training calendar this year for upcoming trainings on social-emotional development. The first one “What’s Temperament Got To Do With It?” is offered during Super Saturday on October 6<sup>th</sup>.

## WVIT SCHEDULE

**\*WVIT for Administrators will be offered at LINK on October 29th from 9-4 (if needed)**

Session 1:	November 5 10:00 -3:30
Session 2:	November 7 10:00 – 2:30
Session 3:	November 12 10:00 -3:30
Session 4:	November 14 10:00 – 2:30
Session 5:	November 26 10:00 -2:30
Session 6:	November 28 10:00 – 3:30
Session 7:	December 5 10:00- 2:30
Session 8	December 10 10:00 – 4:00
Session 9	December 12 10:00 – 3:30
Session 10	December 17 10:00 – 12:30

## NEWSLINK

### BEHAVIOR CONSULTANT CORNER

This quarter, Link Child Care Resource & Referral will begin offering a new training that will assist child care providers in offering support to families who have experienced the loss of a loved one. *When Families Grieve* is a creation of Sesame Workshop, the non-profit education organization behind *Sesame Street*. This workshop is designed to give strategies to help families sort through complex emotions, remember the life of a loved one, and find strength in one another. The four primary topics within this training are:

**Sharing and Talking** – In this part of the session, we will explore children’s understanding of death and strategies you can use for communicating with them during this difficult time.

**Finding Comfort Together** – This section presents ideas for you to share with families and children to help them cope with emotions and changes.

**Moving Forward** – This critical part of the training assists child care providers in offering ways to help families use memories of their loved one to help create new family memories.

**Caring Cards** – These little cards can be used by child care providers and families to provide inspiration and reassurance to children throughout the day. An example of one of these cards is below:



Shannon Taylor is the Behavior Consultant at Link. You can reach her for a phone consultation or to schedule a site-visit at (304) 523-9540 Ext. 432 or 1-800-894-9540 or [Shannon.N.Taylor@wv.gov](mailto:Shannon.N.Taylor@wv.gov)



# Hope



Have children trace around one hand. Within the outline of each finger, they can write about or draw something they are looking forward to. Start small: the first butterfly of spring, learning to ride a bike.

TM/@ 2012 Sesame Workshop

*When Families Grieve uses videos, stories, and discussions to help you offer support to children and families in moving forward after the death of a loved one.*

#### *When Families*

*Grieve* uses videos, stories, and discussions to help you offer support to children and families in moving forward after the death of a loved one. To find times and locations for this workshop, please see Training Calendar located on page 6 and 7 of this edition of the News Link Newsletter.



### NEW DIRECTOR OF LINK—CRISTIE DUNBAR

Hello everyone! My name is Cristie Dunbar and I am the new director of Link Child Care Resource & Referral. I began in this position in February of this year. However, I have worked for River Valley Child Development Services since October of 2000. The first 8 ½ years I worked for Link CCR&R, the next 3 years I worked with the Administrative part of RVCDS and now I am back at Link CCR&R. While I have faced many challenges during this time, I have also gained a great deal of knowledge and have found everyone at Link to be very helpful in my transition as I knew they would be.

On a personal note, I am married and have a beautiful 3 year old daughter. I grew up in Eastern Pennsylvania and went to college in Tennessee. My husband and I moved to West Virginia in 1997. I enjoy photography and being with my family and friends. I spend my time away from work with my family hanging out at home painting, coloring, etc; swimming and playing outside; or going on little trips. I am also very involved in my church.

In this new position my goal is to make Link CCR&R the best it can be by continuing what we are doing well and improving on things that can be improved. We have wonderful, hard working employees who believe in what we do and I am grateful for them. I look forward to what’s ahead and meeting the many people who make what we do possible. Thank you for all you do!

Cristie Dunbar is the new Director of Link. You can reach her at (304) 523-9540 Ext. 121 or 1-800-894-9540 Ext. 121 or [Cristie.R.Dunbar@wv.gov](mailto:Cristie.R.Dunbar@wv.gov).

## EARLY CHILDHOOD SPECIALIST CORNER



Amber Collier is the Early Childhood Specialist at Link. You can reach her visit at (304) 523-9540 Ext. 229 or 1-800-894-9540 or [Amber.N.Collier@wv.gov](mailto:Amber.N.Collier@wv.gov).

“You’re too young to be stressed!” I remember hearing this as a child. This could not be farther from the truth! Children’s problems may seem miniscule to adults, but these same problems are very significant to them. It has been said, “Children share the same problems as adults. There are no small problems—only small people trying to solve the big things they can’t understand. And problems produce stress.” Everyone experiences stress during certain times in their lives—some more than others. Childhood stress affects children from all cultural, ethnic, and socioeconomic backgrounds. One thing is for sure, stress is practically inevitable.

What causes stress in children? The sources can run the gamut. Some possible factors are lack of expressive communication, fears and phobias, separation anxiety, divorce in a family, illness or death of a family member or friend, or enduring bullying or abuse. A young toddler who cannot express that she wants to go outside may experience the same level of stress as the young school age child who is afraid of the dark. More serious stressors, such as abuse and neglect, can negatively impact children for a longer period of time. In fact, prolonged and serious types of stressors can result in poor emotional and self control, impair cognitive development, and raise the risk of heart, metabolic and immune system diseases. Symptoms of stress can include bedwetting, nightmares, headaches, poor concentration or the desire to be alone.

There is good news! Some manageable stress is important for healthy development. Children can learn how to effectively handle their issues, and display self control. We can also help children manage stress by listening attentively to them, respecting their concerns and providing open and honest answers to questions. We can provide and model effective coping strategies early in life. As a result, these children can grow to become healthy, functioning adults. For more information regarding helping children cope with stress, please attend our PBS training entitled “Helping Children Cope with Stress” on Super Saturday. See the training calendar and description session for more details. Hope to see you there!

## TRAILS CORNER

Hello all! I hope everyone had a wonderful summer and was able to get the school year off to a terrific start. Fall is almost upon us and the weather will soon be changing. With the cooler temperatures and changing winds, it will be much more bearable to take your children outside for exercise and activities. With fall comes the colors changing, which can foster the imagination and create some beautiful artwork. I advise that you take advantage of all these perks that come along with fall and enjoy the outdoors before the winter and the cold set in.

I would like to take a minute to inform you or remind you of some opportunities available to you through the T.R.A.I.L.S. van and our team. First, as most of you already know, we have an enormous supply of games, activities, resources, books, toys, etc. available for you to check out from us and use in your classrooms or homes with the children in your care. Our inventory covers almost any topic, theme, genre, or issue you may want to discuss or teach. We also have items for every age group. We recently have been able to purchase many new items and equipment available now for checkout. Our inventory has grown and many of these items are new to the manufacturer also. This means even if you have not been utilizing the van in the past, you may now be interested.

Many times I hear providers tell me they have most of the items we carry on the van. With these newly purchased items it is very likely we now have resources you may have never even heard of or seen before. Please take advantage of these opportunities to introduce new and exciting resources and ideas to the children in your care. These items may be borrowed from the T.R.A.I.L.S. van and returned on the following visit from the van. Visits are usually about a month apart, so you have plenty of time to enjoy the borrowed items with your children.

I also would like to remind all of the FCC providers of the training opportunities that the T.R.A.I.L.S. Specialist can provide. An FCC provider may obtain four of their needed training hours per year from these training sessions. The sessions are conducted by the T.R.A.I.L.S. Specialist who will come to your home for a one-on-one or small cluster training. The sessions are WV STARS registered and you will receive two hours of training per session. For those of you who may have difficulties getting out and attending the regular training sessions offered, these may be very helpful in obtaining your required number of training hours per year. If you are interested in having one of these sessions you may contact the T.R.A.I.L.S. staff at 304-523-9540 [Tiffany.R.Marcum@wv.gov](mailto:Tiffany.R.Marcum@wv.gov) or [Virena.G.Elkins@wv.gov](mailto:Virena.G.Elkins@wv.gov).



You can reach Tiffany Marcum, TRAILS Specialist, and Virena Elkins, TRAILS Associate at (304) 524-9450, [Tiffany.R.Marcum@wv.gov](mailto:Tiffany.R.Marcum@wv.gov) or [Virena.G.Elkins@wv.gov](mailto:Virena.G.Elkins@wv.gov) to schedule a visit!

Date	Time	Location	Training
Mon. Oct. 1	8:30 - 2:00	Link Office Huntington	
Sat. Oct. 6	12:30 - 2:30	Link Office Huntington	Food For Thought
Thurs. Nov. 1	8:30 - 2:00	Link Office Huntington	
Wed. Nov. 14	6:00- 8:00	Link Office Huntington	Open Ended Art
Thurs. Nov. 15	1:00- 3:00	Logan Library	When Families Grieve
Mon. Dec. 3	8:30 - 2:00	Link Office Huntington	
Thurs. Dec. 13	1:00- 3:00	Mingo Co. DHHR	Food For Thought

**NEWSLINK**

**TRAINING CALENDAR AND INFORMATION**

**IMPORTANT TRAINING INFORMATION**

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.
8. You must register for training sessions at least 24 hours in advance.

**Family Child Care Providers**

FCC Providers must complete eight hours of training in at least two different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

**Codes for Training Chart**



**Core Competency**







- CGD** Child Growth and Development
- HSN** Health, Safety and Nutrition
- PIR** Positive Interactions & Relationships
- COA** Child Observation and Assessment
- PM** Program Management
- FC** Family and Community
- C** Curriculum
- P** Professionalism

**Tier**

- Tier I** Beginner level
- Tier II** Intermediate
- Tier III** Advanced

**Targeted Age/Area**

- IT** Infant/Toddler
- PRE** Pre-School
- SAC** School Age Care
- CB** Center Based
- FCC** Family Child Care Providers
- ADM** Administration
- ALL** Targets All Areas

<b>Date of the Training</b>	<b>Title of the Training</b>	<b>* Core Comp</b>	<b>* Tier</b>	<b>* Target Age/Area</b>	<b>Location of the Training</b>	<b>Time of Training</b>
<b>Cabell and Wayne Counties</b>						
Saturday, October 6	When Families Grieve 	FC	II	All	Link CCCR&R 611 7th Ave., Huntington	8:00—10:00
<b>Super Saturday</b>	What's Temperament Got to Do With It?  	PIR	II	IT	<b>Super Saturday</b>	10:00 –12:00
	Food for Thought: Eating Well on a Budget  	HSN	I	All		12:30—2:30
	Helping Children Cope with Stress 	PIR	II	PRE/SAC		2:30—4:30

**See Page 8 for our new feature—a Descriptions of Training Sessions!**



Date of the Training	Title of the Training	* Core Comp	* Tier	* Target Age/ Area	Location of the Training	Time of Training
<b>Cabell and Wayne Counties, Continued</b>						
Wed. Nov. 14	It's All in the Process: Open Ended Art	C	I	All	Link CCR&R	6:00—8:00
Wed. Nov. 28	The Business of <u>Family Child Care</u>	PM	II	FCC	C-K Library	3:00—5:00
Thurs. Dec. 6	If You Could See Me Now	COA	I	IT	Link CCR&R	3:00—5:00
Thurs. Dec. 13	Let's Start at the Beginning with Child Nutrition 	HSN	I	All	Link CCR&R	1:00—3:00
Tues. Dec. 11	Making a Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	C-K Library	3:00—5:00
<b>Logan, Mingo and Boone Counties</b>						
Wed. Oct. 3	Making a Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	Boone County Health Dept. 213 Kenmore Dr., Danville	1:00 –3:00
Thurs. Nov. 15	When Families Grieve 	FC	II	All	Logan Library	1:00—3:00
Thurs. Dec. 6	Making a Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect	HSN	I	All	Logan Library	11:00—1:00
Thurs. Dec. 13	Food for Thought: Eating Well on a Budget  	HSN	I	All	Mingo County DHHR 203 E. 3rd. St., Williamson	1:00—3:00
<b>Lincoln County</b>						
Thurs. Nov. 8	Challenging Behaviors: Where Do We Begin?	PIR	I	All	Hamlin Library	10:00—12:00
<b>Mason County</b>						
Thurs. Nov. 1	Young at Art	C	II	IT	Mason County Library 508 Viand St., Pt. Pleasant	3:00—5:00
<b>Putnam County</b>						
Beginning Nov. 5	West Virginia Infant Toddler Modules (WVIT) See page 3 for more information.	All	I	IT	Lighthouse 2440 US Rt. 60, Hurricane	Varies
Mon. Oct. 22	Knock Out Bullying	PIR/C	II	PIR/SAC	Forrest Burdette 2848 Putnam Ave., Hurricane	6:30—8:30
Mon. Nov. 19	Environments That Educate	C	II	All	Putnam County Library 4219 Rt. 34, Hurricane	5:00—7:00
Thurs. Dec. 6	Challenging Behaviors: Where Do We Begin?	PIR	I	All	Putnam County Library	10:00 –12:00

## NEWSLINK

## Descriptions of Training Sessions:

<b>Business of <u>Family Child Care</u>, The</b>	This workshop will help <b>Family Child Care Providers</b> keep good financial records and understand record keeping, deductions and ways to reduce the risks of running a business in their home.
<b>Challenging Behaviors: Where do We Begin?</b>	This workshop provides insight into challenging behavior and self-regulation in children and gives teachers ideas and strategies to help children learn new ways to behave.
<b>Environments That Educate</b>	This training will focus on why the environment is important and how to develop a curriculum that can best meet the needs of all children in child care.
<b>Food For Thought: Eating Well on a Budget</b> 	This training uses PBS materials focusing on healthy food choices, budgeting and activities to use with children to promote healthy choices.
<b>Helping Children Cope with Stress</b> 	PBS workshop concentrating on ways to help children manage stressful situations such as fear, loss and bullying.
<b>If You Could See Me Now!</b>	Caregivers will review and learn the benefits of observation. They will practice and define several observation techniques. Providers will then discuss the importance of confidentiality. They will wrap with learning about reporting methods and sharing results with parents.
<b>It's All in the Process: Open Ended Art</b>	This training session will explain the meaning of open-ended art, why it is important, and give art ideas to use with children .
<b>Knock Out Bullying</b>	This training helps providers learn about the different types of bullying, how to identify a bully, and strategies and techniques to prevent bullying and resolve conflicts.
<b>Making a Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect</b>	Training focusing on recognizing the signs of various types of abuse and neglect, reporting and preventing child abuse and neglect, and the reporting process.
<b>What's Temperament Got To Do With It?</b> 	Caregivers will explore the nine temperament traits. They will look at how their own temperament influences their caregiving. Caregivers will glean information on how to use the information from temperament assessment to individualize care for the infants and toddlers in their classrooms or family childcare homes.
<b>When Families Grieve</b> 	This workshop focuses on ways to support families and children during the difficult time surrounding the death of a loved one.
<b>Young at Art</b>	Participants will learn how opened ended art supports several developmental domains. They will spend time experiencing open ended art activities appropriate for toddlers. Their handouts will include ideas and recipes for toddler art experiences.



**For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://www.wvearlychildhood.org>**



Mind in the Making is  
Coming to Link in 2013

Welcome to a very  
different kind of  
learning experience!



The ***Mind in the Making Modules*** are a 12-part learning process that uses research on children's development on how children learn and how teachers can encourage engaged learning. The ***Mind in the Making Overview*** is a quick look at the series and is ***required*** for child care center/facility directors to attend before sending their teaching staff to the 12 module series. By completing this class you will receive the ***Mind in the Making book*** by Ellen Galinsky!

**\$150 in Resources and Training Credit worth 2 years!**

***Mind in Making 12 Module Series*** is WV STARS Registered comprised of 45 hours in these Core Competency areas: Child Growth/Development (6), Positive Interactions/Relationships (12), Curriculum (15) Observation/Assessment (3) and Professionalism (9)

***Mind in the Making Overview*** is WV STARS registered—1.5 hours in Program Management.

Contact Nikki Cavalier Rabel at (304) 523-9540, Ext. 106 or [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov) for more information. Dates will be published in the next newsletter.

## MEDICATION ADMINISTRATION



The following Medication Administration Classes will be held in the 1st Floor Conference Room at Link:

October 16th 4:00-8:00 pm  
November 15th 3:00-7:00 pm  
December 8th 9:00-1:00 pm

**You must be on the STARS Pathway in order to take the class.**

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304) 529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**

## ACDS CORNER

### ACDS Receives National Interest and Recognition

In June, the Coordinators of West Virginia's Apprenticeship for Child Development Specialist (ACDS) program presented at the National Association for the Education of Young Children (NAEYC) Institute for Early Childhood Professional Development in Indianapolis, Indiana. Sherrie Barrett and Jennifer Conkle presented a session highlighting the history, funding, and structure of the apprenticeship program in WV. Participation during the session was positive and engaging and several states showed a strong interest in learning more about how the apprenticeship program works successfully in West Virginia.

On August 1, the ACDS program was recognized by the United States Department of Labor as an "*Innovative and Trailblazing*" apprenticeship program. The coordinators were invited to attend the National Education and Action Summit in Washington D.C., which was part of the 75<sup>th</sup> Anniversary ceremony for the National Apprenticeship Act. It was during this ceremony that the program was highlighted and presented with a certificate of recognition.

The Cabell /Wayne/Lincoln Local Council will meet again on October 19, from 1:00 to 3:00 at the RVCDS building.

For more information pertaining to ACDS visit the website at [www.wvacds.org](http://www.wvacds.org) or call 304-523-0433.



For more information about  
ACDS contact (304) 523-0433  
or [Jconkle@rvcds.org](mailto:Jconkle@rvcds.org) or  
[SBarrett@rvcds.org](mailto:SBarrett@rvcds.org).

**NEWSLINK**

**FAMILY CHILD CARE FOOD PROGRAM NEWS**

For information on enrolling in the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

**Central Child Care**  
 Serving Boone County  
 304-382-0797



**Pride of Logan County**  
 Serving Logan County  
 304 752-6868 or  
 304 752-1047

**River Valley Family Day Care Food Program**  
 Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties  
 523-3031 or 1-800-581-3031



*Healthy eating can give you the energy you need to juggle daily responsibilities with Building solid family relationships. Join us for this new training on healthy eating.*



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**Would you like to receive information specific to Early Childhood issues between newsletters?**

If so, please send your e-mail address to [Nikki.C.Rabel@wv.gov](mailto:Nikki.C.Rabel@wv.gov).

Additional training sessions, available grants, special event notices and/or other pertinent information will be sent to you electronically as it is made available.

**CABELL WAYNE FCC ASSOCIATION NEWS** SUBMITTED BY KATHY BAKER

The Cabell Wayne Family Child Care Association is open to all counties now, not just Cabell and Wayne. All of our meetings are registered with WV STARS and you will receive ONE or TWO hours credit for attending. We also offer other trainings from time to time which are also WV STARS registered. If you have any questions, feel free to call me, Kathy Baker, President, at 304-529-6246 or email me at [mrskathys@comcast.net](mailto:mrskathys@comcast.net) so I can add you to our email list and start receiving information about the CWFCC Association and other helpful information. We would like to have all providers' email addresses, so please email me at the address above so you can be added to the list serve.

August 18, 2012	10:00am- PBS training	Link Office
September 8 <sup>th</sup> , 2012	10:00am -Apply for the Future (Must RSVP by Sept 2, 2012 with Kathy Baker)	Link Office
November 10 <sup>th</sup> , 2012	10:00 am-Regular Meeting (You can receive 2hr WV STARS credit)	Link Office
December 8 <sup>th</sup> , 2012	11:00 am Christmas Lunch	Golden Coral Rt.60

**FAMILY CHILD CARE GRANTS ARE AVAILABLE**

Family Child Care Providers are eligible to apply for grants of up to **\$250**. These grants can be used to purchase resources required in regulations, curriculum materials, and/or to pay for **WV STARS application fees**. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link. We often have the following items in stock: First Aid Kits, Flash Lights, Fire Extinguishers, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. Contact Pam Williams at (304) 523-9540 or 1-800- 894-9540 Ext. 104 or [Pam.K.Williams@wv.gov](mailto:Pam.K.Williams@wv.gov) with questions or to request an application.



## First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only. **Link is not responsible for the following trainings or registration for these trainings.**

**Boone County** First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston**. Call 340-3650.

**Cabell County** First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington. Call 529-7020.

First Aid and CPR (Heartsaver class) available at **St. Mary's Medical Center**. Call 529-1302.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. Call 526-2900.

First Aid and CPR available at **Salt Rock Fire Dept.** Instructor, Darrell Ennis. Call 733-9040.

**Lincoln County** For First Aid or CPR Contact Dorothy or William Frazier. Call 778-3873.

**Logan County** First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan. Call 752-0917.

Classes also available at **Logan Regional Medical Center**. Call 831-1556.

**Mason County** **Pleasant Valley Hospital** offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the Mason County Health Department. Call 675-3050 to register.

**Mingo County** **Williamson Memorial Hospital**. Contact Tracey Booth at 235-2500, Ext. 147.

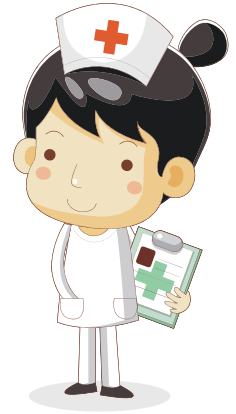
**Putnam County**

First Aid and CPR available at **Red Cross Building in Kanawha Co.** Call 340-3650 or [www-redcross.org](http://www-redcross.org).

Evening classes are available.

Classes also offered at **Red Cross Building in Putnam County**. 3268 Winfield Rd. (Rt. 35). Call 586-0238 or 340-3650.

**Wayne County** First Aid and CPR available. Instructor Kathy Parsons. Call 486-5991.



**You can contact local Hospitals or Fire Departments for other options.**

**Remember all of these fees are tax deductible.**

Revised 4-12

## ACCREDITATION INFORMATION

**Would You Like to Improve the Quality of your Program and Earn More Money?**

**To learn more about ACCREDITATION, log on or call:**

**Family Child Care Providers and Facilities** can log on at [www.nafcc.org](http://www.nafcc.org) or call 1-800-359-3817.

**Child Care Centers** can log on at [www.naeyc.org](http://www.naeyc.org) or call 1-800-424-2460.  
Contact WVETCR to inquire about financial support for the application process at 529-7603 or 1-888-983-2827.



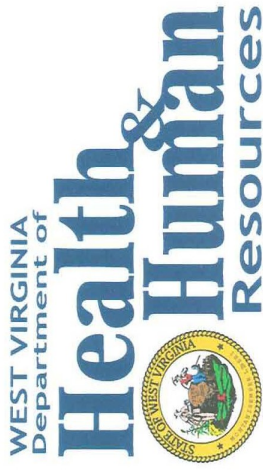
River Valley Child Development Services and West Virginia Public Broadcasting has renewed a partnership to bring quality training sessions, materials and resources to early childhood professionals in our region. Look for our WV PBS partnership training sessions listed in this newsletter, and in the future newsletters, for more information. Look for the WV PBS logo (on the left) to indicated the WV PBS training sessions.

Our Super Saturday will consist of four WV PBS partnership training sessions (see page six). Children's books, educational programming/DVD's and other educational materials will be distributed through out the day. Join us on October 6th for this fun and educational day of training.



Link Child Care Resource and Referral  
c/o River Valley Child Development Services  
611 7th Avenue, Suite 300  
Huntington, WV 25701  
(800) 894-9540 or (304) 523-9540

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### **Link Child Care Resource and Referral**

### **Child Care Provider's Newsletter and Professional Development Information**

Link Child Care Resource and Referral is a program of River Valley Child Development Services and is funded through the WV Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

Visit us on the web: [www.wvdhhr/Link](http://www.wvdhhr/Link) or [www.RVCDS.org](http://www.RVCDS.org)