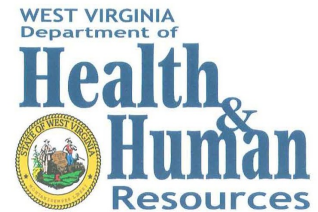




NewsLink

A Newsletter of Link Child Care Resource and Referral



July, August and September 2013



From the desk of the Director:

Provider Appreciation



On May 10th we honored some of our Childcare Providers through the WV Kids Count program called Take a Flower to Childcare Day. We went to a few centers, facilities and family child care homes to let them know that we appreciate all they do and the effort they give to provide quality childcare. The sites we visited received a special gift, balloon and certificate. We also had cards made by River Valley Child Development Services School Age Connections to give to each provider. Curious George, Super Why and Princess Presto also visited the sites courtesy of a collaboration with WV Public Broadcasting.



In addition to this special day, during the first week of May we set up a "Celebration of Appreciation" area in our conference room for providers who dropped off their payment forms to stop and have a few refreshments. Each provider who came to the office also received a small gift to show our appreciation. At the conclusion of this celebration we drew names for door prizes. The winners of those door prizes are listed on page 10—go see if you are a lucky winner!

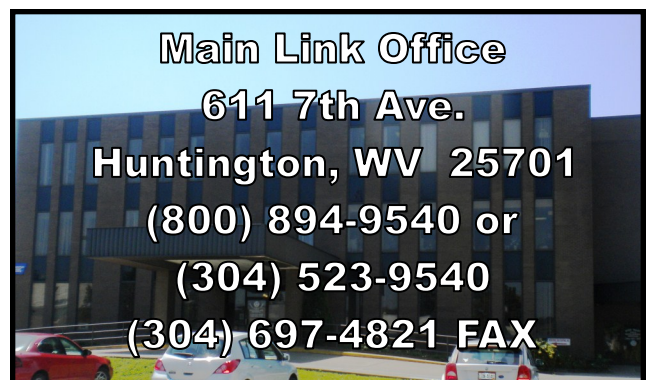
Thank you to all of our child care providers for your hard work and dedication in providing a safe learning environment for children and helping us ensure they have quality and consistency in care.



Cristie Dunbar

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NEWSLINK

WV Early Learning Standards Framework

Children benefit from high quality preschool experiences, which can take place in a variety of settings. To help ensure high quality childcare and developmentally appropriate practice, the West Virginia Early Learning Standards Framework (WVELSF) was created by a collaboration of early education professionals. This document is developmentally appropriate and based on what preschool children should know and learn. The standards are designed to serve as early learning guidelines for all children ages three through five regardless of the setting. The WVELSF training will guide practitioners in offering high quality early education environments and educational experiences that are responsive to individual children and maximize learning and skill development. We will be offering WVELSF training for providers.

This series is divided into three sessions:

- Session I: Overview of the West Virginia Early Learning Standards Framework
- Session II: West Virginia Early Learning Standards Framework for Preschool
- Session III: West Virginia Early Learning Standards Framework for Infants and Toddlers

Participants must complete Session I before they can participate in Session II and/or III. Come and learn what the WVELSFs are all about!

Monday, September 16th—Link CCR&R
 Session I: Overview—10:00am-12:00pm
 Session II: PreK ELSF—1:00-3:00pm (2nd floor conference room)
 Session III: Infant/Toddler ELSF—1:00-3:00pm (1st floor conference room)

For more information or to register for this training, contact Amber Collier at 523-9540 or 1-800-894-9540 or by email at Amber.N.Collier@wv.gov.

Source: Title 126, Legislative Rule, Board of Education; Series 440, Early Learning Standards Framework Content Standards and Learning Criteria for WV Pre-K (2520.15)

SAVE THE DATE!

Annual Child Care Directors' Meeting

October 9, 2013
 8:30am—4:30pm

Conference Presenters:
Nancy Cheshire—Early Childhood Professor
Bill Evans—Regional Management Specialist

Five locations...
 Bridgeport Conference Center
 Connect CCR&R (via satellite)
 Child Care Resource Center (via satellite)
 Holiday Inn—Princeton (via satellite)
 Holiday Inn—Martinsburg (via satellite)

Meals are on your own

Please Note: Attendance is required for programs to be eligible for tiered reimbursement or related quality grants. All directors are encouraged to attend. If you cannot attend, please send a designee in your place.



Do you work in child care and need or want to obtain your degree in early education?



T.E.A.C.H. Early Childhood® WEST VIRGINIA can help!

Scholarships available:

<u>Associate Degree</u>	<u>Bachelor's Degree</u>	<u>Pre-K</u>
Child Care Center	Child Care Center	Child Care Center
Family Child Care	Family Child Care	Family Child Care
Head Start	Head Start	Head Start

All scholarships include: tuition assistance, partial book reimbursement, travel stipend, paid release time and a bonus for completing the scholarship!

Contact 304-529-7603 or www.wvearlychildhood.org for more information

T.E.A.C.H. Early Childhood ® WEST VIRGINIA is a licensed program of Child Care Services Association

INFANT TODDLER CORNER

High Fives and Beyond



Paula Stewart
 Infant Toddler Specialist
 (304) 523-9540 Ext. 228
 1-800-894-9540
Paula.L.Stewart@wv.gov

I recently ran across an interesting study concerning praising infants and toddlers. This study conducted by Professor Carol S. Dweck from Stanford University, “showed that the kinds of praise parents give their babies and toddlers influence the child’s motivation later on. It also plays a role in children’s beliefs about themselves and their desire to take on challenges five years later.” She suggests that parents and caregivers focus on the efforts and actions their infants and toddlers are doing as opposed to praising the child. For example it is more effective to tell a child “you worked so hard on that” as opposed to “you are so good at that.”

The study analyzed video footage on mothers interacting with their one to three year olds. The researchers tallied the kind of praise the mothers gave their children as well as the amount of praise the child received. The study paid particular attention to the proportion of praise that was directed to the child’s effort; for example “good kick” as opposed to “you are so good at soccer.”

Five years later when these children were seven and eight year olds they were interviewed by the researchers who asked questions along the lines of, “How would you like to do math problems that are very easy so you can get a lot right?” The results showed that toddlers who heard praise for their efforts were more likely to prefer challenges than those “who heard praise directed at them personally.” The study suggested that praises such as “you are so smart” and “you are so amazing” do not work. When children do not get things perfect or correct they begin to believe that they are not so smart or amazing. It is also interesting that researchers found that parents praised boys more than they did girls.

Overall the research revealed that the amount of praise did not have an effect. “It is more about the percentage of process praise compared to person praise.” Dweck encourages parents and caregivers to focus on the process the child engages in and specific things they are doing (“You are working hard at painting that picture” rather than “you are such a good artist”).

It is important to give those high fives, but give them for the efforts children put forth rather than forcing them to live up to a label. Praising specific actions will better support children’s abilities to believe that their abilities and behavior can change and develop.

WVIT I SCHEDULE

Directors must attend Administrator’s Module prior to sending staff to WVIT

**WVIT I Administrator’s Module—
 Wed., July 10th 8:30am—3:30pm**

WVIT I classes

Session 1	Wednesday, July 24	9:00am—2:30pm
Session 2	Wednesday, July 31	9:00am—1:30pm
Session 3	Wednesday, Aug. 7	9:00am—2:30pm
Session 4	Wednesday, Aug. 14	9:00am—1:30pm
Session 5	Wednesday, Aug. 21	9:00am—1:30pm
Session 6	Wednesday, Aug. 28	9:00am—2:30pm
Session 7	Wednesday, Sept. 4	9:00am—2:30pm
Session 8	Wednesday, Sept. 11	9:00am—3:00pm
Session 9	Wednesday, Sept. 18	9:00am—2:30pm
Session 10	Wednesday, Sept. 25	9:00am—11:30am

All sessions will be held at Link CCR&R. Contact Paula Stewart for more information.

The next WVIT II will be held in April 2014

WVIT II consists of a 45 hour course for caregivers (10 classroom hours and a practicum) and a six hour course for administrators. Caregivers and administrators enrolled in this program will have to successfully completed WVIT I or WVIT I for Administrators.

NEWSLINK

Self-regulation is the ability to regulate our thoughts, feelings, and actions. Learning this skill can take a lot of time and practice, and will be easier for some children than for others. As adults, it is our job to coach children through emotional upsets and teach them the necessary skills to bridge the gap between problems and solutions. There are many teachable moments in every day that can be used to help children build strategies to use when coping is difficult. The first, and most important, is getting children into a calm state so that they are able to rationally solve their own problems. Unfortunately, children are not programmed with pause buttons that we can push when they need to slow down and regroup, nor will an oxygen mask magically drop down from the sky when they need to take a breather! So, we must equip them with their own pause buttons and oxygen masks! It is important to remember that calming strategies are best introduced during the least stressful times. Here are a few to get you started:

Breathing Exercises – Have children practice taking deep breaths by blowing bubbles or pretending to blow up balloons. Another idea is to pretend to blow out the candles on a birthday cake: Have your child hold up one hand; his fingers are the “candles”. Gently blow out each “candle” with a long breath, curling your finger down slowly as you blow.

Physical Activities – Teach children the art of Yoga. Doing simple stretches (or even tensing and relaxing different muscles) can help direct stress and tension right out of a child’s body. Another fun strategy is to pretend to have “Sticky Hands” by pressing them together and then pushing hard for 20 seconds. You can count it out with your child. Now tell your child to slowly allow their hands to come apart and see if they can feel the stickiness. Repeat this sequence two or three times.

Story Books – Introduce stories to children that address managing different emotions like anger and disappointment. Have discussions about how the characters solved the problems in the stories and encourage the children to generate alternative solutions. *Social Stories* can also be developed to address specific behaviors within your classroom and show how to cope with them successfully. These are effective teaching tools because they can be personalized to a particular child or group by using actual pictures of the children in your care and incorporating it with the language used in the classroom to help them solve problems.

Helping children learn to self-regulate can produce other added benefits such as an increase in self-esteem and independence, improved conflict resolution skills, and establishing stronger connections with others. If you would like to discuss these or any additional strategies, please contact me at 304-523-9540.

BEHAVIOR CONSULTANT CORNER



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EARLY CHILDHOOD SPECIALIST CORNER

Schools Out for the Summer!

With the summer months quickly approaching, many of us will be caring for School Age children all day. School Age children are unique in their needs and abilities. We need to challenge them, allow them to develop more advanced self-help skills, teach them to regulate their own behaviors and most importantly, have fun. Some tips are:

- Set reasonable limits and let children know what is expected of them.
- School Agers are active with lots of energy. Allow for plenty of appropriate gross motor play.
- Plan activities that are non-competitive. There is no clear winner or loser, but lots of fun.
- Encourage child led, open-ended conversations between peers and teachers.
- Guide them to stay on task and achieve their best when trying new things.
- Set an example. Children of all ages model adult behaviors – the good and the bad.

Discipline is always a challenge, and disciplining School Age children is a whole new ball game. Some tips for effective discipline are:

- Clearly state rules and limits. Stick with them and be consistent.
- Use appropriate natural and logical consequences for misbehaviors.
- Enforce consequences as soon as possible.
- Stay calm and avoid power plays.
- Provide a brief “cool down” time for you and the child, if needed.
- Teach problem solving skills by guiding children in developing reasonable solutions.

A new training has been developed called “**School’s Out for the Summer!**” This training will cover these topics and others to help make your summer School Age Program and Before/After Care Programs run smoothly and effectively. The training will be held in Cabell County on June 13 and in Logan County on July 17. See the Training Calendar for more details.



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Splish Splash: The Importance of Water Play!



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Recently, I purchased a water play table for my oldest daughter. This allowed me to reminisce on water play activities when I was a child. I remember one of the best things about summer was going to the pool to swim and play with my friends and cousins. One of the worst things was leaving the pool. It was pure torture to whoever was in charge of getting us out the water. I remember swimming out to the middle of the cool, crisp water even though I CLEARLY heard, "Amber, get out of the pool, now! It's time to go!" I knew I would probably be in trouble later, but swimming an extra five minutes was definitely worth the risk. Afterwards, we would go home to shower, and eat. Now, combine the summer sun, water, a warm shower and a meal and you have a recipe for one happy and physically worn out child! Water play is an extremely important component in early childhood development. It allows learning in several domains.

Children are not just splashing around when they participate in water play. Water play "provides opportunities for children to experiment with math and science concepts, strengthen their physical skills, advance their social and emotional skills, and enhance language development" (Dorrell, A.) Math and science are major components of water play; children learn concepts such as more/ less, empty/full, and before/after. Playing in water allows children to explore other ideas and properties of water. They may ask questions such as, "How is ice made?" "Where do rivers go?" "Why is the grass wet in the morning?" Physical development is also observed. Children practice their fine motor skills by pouring, squeezing, stirring and manipulating objects. Running and jumping over sprinklers allow children to use and improve gross motor skills. Social and emotional skills are involved during water play as well. Opportunities to negotiate, play cooperatively and share equipment are presented. In addition, early learners "relieve tension by releasing their emotions with pouring, pounding, and swooshing" (Dorrell, A.). Furthermore, language development and creativity are targeted during this particular type of play. New vocabulary such as *evaporation, funnel, lukewarm, bubbly, and wave* are introduced. Children may use their imaginations and pretend that they are fish swimming in the ocean or traveling on a boat.

When carried out correctly, water play can be a fun and innovative way to learn!

Tips for safe and effective water play and swimming activities:

- ALWAYS obtain prior written permission from parents/guardians for children to participate in any type of water play
- ALWAYS remain physically present and provide constant, direct supervision of children
- Ensure that an adult swimmer or lifeguard is present
- Provide simple water safety rules
- Ensure that gates remain locked when pool is not in use or store empty pool out of children's reach
- Provide smocks for indoor water play
- Bathing suits can be used for outdoor water play
- Apply sunscreen to everyone before going outside. Reapply often. (This may require special permission slips. Check with the state regulatory agency)
- Offer indoor and outdoor water play often. Limiting water play to one "water day" a week doesn't offer the children enough exploratory opportunities.

Reference: **Dorrell, M.A, A.** *Water Play: Wet and Wonderful*, 2008. Early Childhood News: The Professional Resource for Teachers and Parents.

TRAILS CORNER

Its summer time, children are out of school ,and they want to be outdoors! Knowing the importance of outdoor play and how to make it a beneficial learning time for children is critical in early education. As professionals in this field, we are attempting to move away from the mindset of the past, that outdoor time is simply "recess." We stress the importance of play indoors that will foster learning experiences for children, but we often forget that outdoor time is just as vital. Time spent outdoors playing is not best utilized without effective outdoor learning environments. I will briefly touch on a few key components and ideas so you can provide the most rewarding outdoor experiences and learning environments possible. Having clearly divided areas/spaces for different kinds of activities is just as crucial outdoors as it is indoors. Children need order, especially children with certain challenges such as sensory integration. Entering a space with several distinct activity areas is much easier and calming than a space with a jumbled mix of activities with no intentional arrangement. By providing clearly defined activity areas you empower children to make choices and plans on their own in regards to how to spend their time outdoors. You will also decrease the chance of conflict among the children and increase their ability to focus on learning activities instead. There are many ways to make barriers for these areas. You can use items from nature such as a row of non-poisonous plants or shrubs, install a low fence made from natural materials like willow sticks or pickets, or you could simply change the surface material from one area to another such as mulch, gravel, dirt, cement, grass, etc. You could also use what you already have like pathways or fences. Your individual needs and the materials available to you will determine which activity areas will best suit your space. Also, take into consideration things like the weather in your region when making these choices. The following are a few activity area ideas:

1. An open area for large-motor activities
2. A climbing/crawling area
3. Messy materials/sand/water area
4. Building/block area
5. Nature art area/nature garden area
6. Movement and music area
7. Gathering place/quiet space
8. Wheeled toys/riding toys
9. An entry feature such as an overhead feature or an arbor to walk through (encourages thoughtful entry into the space instead of a "mad dash" to get to new activities.

It is important to give these areas simple names identified with signs or other visual clues. This will provide focus and clarity for children going from one activity to another. **SUPERVISION IS CRUCIAL OUTDOORS!** Each space should be visible to the adults at all times. There should also be some sort of fencing or barrier to separate the play space from public traffic. Choose low maintenance and low cost materials for your space. Finally, always remember that **your space must also meet all regulatory standards**. For more information or to inquire about items or materials the TRAILS van may have to offer you please feel free to contact me at tiffany.r.marcum@wv.gov or 304-523-9540 ext. 116.



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Specialist Virena Elkins
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NEWSLINK

TRAINING CALENDAR AND INFORMATION

IMPORTANT TRAINING INFORMATION

1. All trainings begin promptly at the scheduled time. Please arrive before the session begins. If you miss 15 or more minutes during the course of any training session, you will not receive credit for that training.
2. If you are disruptive or prevent the Trainer from staying on task, you will be asked to leave and your Regulatory Specialist will be notified.
3. If you sign up for a training and do not call to cancel at least 24 hours in advance, your Regulatory Specialist will be notified.
4. No cell phones or electronic devices may be used during the training sessions.
5. You may not bring children to any Link training session.
6. You must bring a picture ID to all trainings.
7. You are responsible for keeping your training certificates on file. All trainings we offer are registered with WV STARS.
8. You must register for training sessions at least two days in advance to be guaranteed a spot.

Family Child Care Providers

FCC Providers must complete eight hours of training in at least two different core competency areas (see box on right) each year according to the date on your individual certificate of registration.

Codes for Training Chart



Core Competency






CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
PIR	Positive Interactions & Relationships
COA	Child Observation and Assessment
PM	Program Management
FC	Family and Community
C	Curriculum
P	Professionalism

Tier

Tier I	Beginner Level
Tier II	Intermediate
Tier III	Advanced

Targeted Age/Area

IT	Infant/Toddler
PRE	Pre-School
SAC	School Age Care
CB	Center Based
FCC	Family Child Care Providers
ADM	Administration
ALL	Targets All Areas

Date of the Training	Title of the Training	* Core Comp	* Tier	* Target Age/Area	Location of the Training	Time of Training
Cabell and Wayne Counties						
Thurs., June 13	School's Out for the Summer!*  	C	I	SAC	Link CCR&R 611 7th Ave., Huntington	9:00am— 11:00am
Thurs., June 13	School's Out for the Summer!*  	C	I	SAC	Link CCR&R 611 7th Ave., Huntington	6:00pm— 8:00pm
Thurs., July 11	Laying Foundations 	CGD	II	IT	Link CCR&R 611 7th Ave., Huntington	4:00pm— 6:00pm
Sat., July 13	Take Note: Child Observation and Assessment	COA	III	ALL	Link CCR&R 611 7th Ave., Huntington	10:00am— 12:00pm

*Was not in 4th Quarter FY12 newsletter

Date of the Training	Title of the Training	* Core Comp	* Tier	* Target Age/ Area	Location of the Training	Time of Training
Cabell and Wayne Counties, Continued						
Mon., Aug 12	Discoveries of Infancy	CGD	II	IT	C-K Library 1200 Oak St., Kenova	4:00pm— 6:00pm
Thurs., Aug 15	Introduction to the Early Childhood Environment Rating Scale	PM	II	PRE	Link CCR&R 611 7th Ave., Huntington	4:00pm— 6:00pm
Thurs., Aug 29	Fresh & Refresh  	P	II	All	Link CCR&R 611 7th Ave., Huntington	1:00pm— 3:00pm
Mon., Sept 16	Reading Between the Whines	C PIR	I	All	C-K Library 1200 Oak St., Kenova	4:00pm— 6:00pm
Logan, Mingo and Boone Counties						
Wed., July 17	Schools Out for the Summer!  	C	I	SAC	Logan Library 1 Wildcat Way, Logan	9:00am— 11:00am
Thurs., July 25	Reading Between the Whines	C PIR	I	All	Mingo Co DHHR 203 E 3rd Ave., Williamson	11:00am— 1:00pm
Wed., Aug 14	There's a QUAIL in My Classroom	C	II	All	Logan Library 1 Wildcat Way, Logan	11:00am— 1:00pm
Tues., Sept 10	How Does Your Baby Grow?  	CGD	II	All	Logan Library 1 Wildcat Way, Logan	3:00pm— 5:00pm
Lincoln County						
Tues., Aug 13	Helping Children Cope with Stress 	PIR	II	PRE SAC	Hamlin Library Lynn St., Hamlin	1:00pm— 3:00pm
Thurs., Sept 19	Knock Out Bullying	PIR C	II	PRE SAC	Hamlin Library Lynn St., Hamlin	11:00am— 1:00pm
Mason County						
Thurs. Sept 12	Coexist: Support Acceptance and Empathy in Young Learners 	PIR	II	All	Mason Co Library 508 Viand St., Pt. Pleasant	1:00pm— 3:00pm
Putnam County						
Thurs., July 25	Fresh & Refresh  	P	II	All	First Baptist Academy 2635 Main St., Hurricane	1:00pm— 3:00pm
Mon., Sept 9	Relax, Respect, Reflect	COA	II	IT	Forrest Burdette 2848 Putnam Ave., Hurricane	6:30pm— 8:30pm
Mon., Sept 16	Look to Learn, Learn to Look	COA	I	All	Winfield Child Dev. Center 3632 Winfield Road	6:00pm— 8:00pm

See Page 8 for a Descriptions of Training Sessions!

NEWSLINK

Descriptions of Training Sessions:

Coexist: Supporting Acceptance and Empathy in Young Learners 	Participants will learn about children's various ethnic and cultural backgrounds, abilities, and learning challenges. Participants will learn how to foster a developmentally appropriate learning environment for children.
Discoveries of Infancy	Caregivers will explore how to support infants as they learn about the world around them through their own special means of discovery.
Fresh & Refresh 	In this session, participants will learn the importance of taking care of themselves and how to better manage stress. Adults will be shown how making sure they are "Fresh & Refreshed" will help them more effectively care for children.
Helping Children Cope with Stress 	PBS training concentrating on ways to help children manage stressful situations such as fear, loss, and bullying.
How Does Your Baby Grow?	This training will cover the four main domains of child development and how all development occurs simultaneously. Current theory will be covered.
Introduction to the Early Childhood Environment Rating Scale	Introduction to the ECERS-R scale, terms, scoring, etc. needed to do self assessments of classroom environments.
Knock Out Bullying	This training helps providers learn about the different types of bullying, how to identify a bully and strategies and techniques to prevent bullying and resolve conflict.
Laying Foundations	Social Emotional development lays the foundation for all other learning domains. Caregivers will explore how they can support infants and toddlers in developing this important foundation.
Look to Learn, Learn to Look	Objective and accurate observations of children help early childhood educators build stronger relationships, identify individual needs and personalities, and plan an appropriate curriculum for the children in their care. This session will focus on this skills needed to be an objective and intentional observer.
Reading Between the Whines	This training will give providers strategies for using emerging literacy skills to help children manage challenging behaviors.
Relax, Respect, Reflect	Learn the importance of going through care giving routines in a relaxed atmosphere, respecting infants and toddlers and understand the need to reflect on your observations.
School's Out for the Summer!  	Planning fun, appropriate learning experiences for children in all day school age programs. Effective discipline methods, snack and meal planning and inexpensive activity ideas.
Take Note: Child Observation and Assessment	Participants will learn how to use different methods for documenting child observation and how to utilize assessment techniques.
There's a QUAIL in My Classroom	In this training providers will learn to create environments that promote <u>Q</u> uality care, utilize <u>U</u> nderstanding teachers, are <u>A</u> ddaptive to meet individual needs, use <u>I</u> ntentional teaching and promote <u>L</u> earning.



For additional Training Opportunities in our region and throughout the state check out the WV Early Childhood Training Connections and Resources (WVECTCR) Training Calendar at <http://www.wvearlychildhood.org>

Mind in the Making



Mind in the Making Class
Dates:

September 17, 24
October 1, 8, 15, 22, 29
November 5, 12, 19, 26
December 3

Each class will meet from
4:00– 6:30 at Link CCR&R.

The ***Mind in the Making Modules*** are a 12-part learning process that uses research on children's development, on how children learn and how teachers can encourage engaged learning. The ***Mind in the Making Overview*** is a quick look at the series and is ***required*** for child care center/facility directors to attend before sending their teaching staff to the 12 module series. By completing this class, you will receive the *Mind in the Making book* by Ellen Galinsky!

Participants will receive children's books valued at \$150 and Training Credit worth 2 years!

Mind in Making 12 Module Series is WV STARS registered training comprised of 45 hours in these Core Competency areas: Child Growth/Development (6), Positive Interactions/Relationships (12), Curriculum (15) Observation/Assessment (3) and Professionalism (9) See the list of class dates to the left.

Mind in the Making Overview is WV STARS registered—
1.5 hours in Program Management.
September 3 @ 1:30-3:00pm at Link CCR&R

Contact Nikki Cavalier Rabel at (304) 523-9540, Ext. 229 or Nikki.C.Rabel@wv.gov for more information.

MEDICATION ADMINISTRATION



The following Medication Administration Classes will be held in the 1st Floor Conference Room at Link:

Thursday, July 25th—3:00-7:00pm
Tuesday, August 20th—4:00-8:00pm
Saturday, September 21st—9:00am-1:00pm

You must be on the STARS Pathway in order to take the class.

If your staff needs to be trained in Medication Administration, as per State Regulations, or other health and safety trainings, please contact Glenna Bailey, Nurse Health Consultant with West Virginia Early Childhood Training Connections and Resources at (304) 529-7603 or 1-888-983-2827 Ext. 402 to **request a training at your center.**

ACDS CORNER

The Apprenticeship for Child Development Specialist (ACDS) program is a training opportunity for those employed in the field of early care and education in West Virginia. The program is four semesters, each semester lasting 15 weeks. Those participating in the ACDS program must be working in a program with children ages birth to eight, a minimum of 20 hours a week. Family providers are also encouraged to participate in the ACDS program. Classes are offered both in the fall and spring. Classes are scheduled to begin again in August, for the fall semester. If you are interested in beginning ACDS classes please contact the ACDS office at 304-523-0433, or visit our website at www.wvacds.org for further information.



For more information about
ACDS contact (304) 523-0433
or jconkle@rvcds.org or
SBarrett@rvcds.org.



An Early Childhood
education program for
Pre-K teachers

August 1-3, 2013

This professional development experience is for early childhood educators. Teachers in Boyd, Cabell, Putnam and Wayne County will be given priority. It provides hands-on experiences and activities that educators can use in their classroom to fuel a child's fascination and wonder, and help develop a foundation for later success in science learning.

Reimbursement for a substitute teacher is available.

Deadline to complete the registration form is **June 28, 2013.**

For more information call, 614-265-9800.

NEWSLINK

FAMILY CHILD CARE FOOD PROGRAM NEWS

For information on enrolling in the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency in your area:

Central Child Care
Serving Boone County
304-382-0797



Pride of Logan County
Serving Logan County
304 752-6868 or
304 752-1047

River Valley Family Child Care Food Program
Serving Cabell, Wayne, Lincoln, Putnam, Mason and Mingo Counties
523-3031 or 1-800-581-3031

**Important
Newsletter
Change:**

**We are now sending
the newsletter
electronically.
Please e-mail your
e-mail address to
Tracey.D.Salyers@
wv.gov
to be added to our
data base.**



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**Provider Appreciation
Week Door Prize
Winners**

CONGRATULATIONS!

- Belinda Butcher—West Hamlin**
- Martha Brewer—Genoa**
- Cora Black—Huntington**
- Althea Eliason—Poca**
- Marian Henry—Milton**
- Heather Dailey—Huntington**
- Theresa Silva—Pt. Pleasant**
- Rebecca Baldwin—Lake**
- Shana Johnston—Ranger**
- Song Ye Perry—Kermit**
- Belinda Moore—Winfield**
- Tamika Joplin—Matewan**
- Suzanne Ball—Wayne**

**If you have not already done so,
please contact our office to make
arrangements to receive your gift.
You can contact Link CCR&R at
523-9540 or 1-800-894-9540 and
ask to speak to Shelia Myers or
Leigh Ann Cazad.**

CABELL WAYNE FCC ASSOCIATION NEWS SUBMITTED BY KATHY BAKER

The Cabell Wayne Family Child Care Association is open to all counties now, not just Cabell and Wayne. All of our meetings are registered with WV STARS and you will receive ONE or TWO hours credit. We also offer other trainings, from time to time, which are WV STARS registered. If you have any questions feel free to call me, Kathy Baker, President, at 304-529-6246 or email me at mrskathys@comcast.net so I can add you to our email list and you can start receiving information about the Association and other helpful information. We would like to have all providers' email addresses, so please email me at the address above so you can be added to the list.

Next Meeting:

July 13, 2013 10:00am Link CCR&R Observation Training
Must RSVP with Kathy Baker (304-529-6246)

THE DIRECTOR'S TOOLBOX MODULE



The Director's Toolbox Module will begin on August 22, 2013 at Link. Each of the five sessions will be held from 8:30am—12:30pm at Link CCR&R. Each session is registered with WV STARS and meets the training requirements for Directors. The sessions are geared toward Administrators and ways to help Directors, Emerging Leaders and others in administrative roles juggle the additional challenges of being an Administrator of an early childhood program. The sessions can be taken individually for four hours of WV STARS credit each or, as a whole for 20 hours of WV STARS credit.

Please contact Nikki Rabel at 523-9540 or 1-800-894-9540 or nikki.c.rabel@wv.gov for more information or to register for the training.

From the Inside Out: The Power of Reflections & Self-Awareness	August 22
The Right Fit: Recruiting, Selecting & Orienting Staff	September 5
Circle of Influence: Implementing Shared Decision Making & Participative Management	September 19
Making the Most of Meetings	October 3
Leadership in Action: How Effective Directors Get Things Done	October 17

First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.
Link is not responsible for the following trainings or registration for these trainings.

Boone County First Aid and CPR available at **Kanawha Co. Red Cross** (see below) or by request at **Charleston**. Call 340-3650.

Cabell County First Aid and CPR available at **Triad Tech** 431 5th Ave. Huntington. Call 529-7020.

First Aid and CPR available at **St. Mary's Medical Center**. Contact Vicki Delaney at 526-1081.

CPR with First Aid available at **American Red Cross**. 1111 Veteran's Memorial Blvd. Call 526-2900.

First Aid/CPR available at the **Huntington YMCA**. Contact Bill Tucker at 525-8127.

First Aid/CPR available through the **Cabell County EMS**. Contact Marsha Knight at 526-9797.

First Aid and CPR available at **Salt Rock Fire Dept**. Instructor, Darrell Ennis. Call 733- 9040.

Lincoln County For First Aid or CPR Contact Dorothy or William Frazier. Call 778-3873.

Logan County First Aid and CPR available at **LEASA County Public Rescue** 26 1/2 Main Ave, Logan. Call 752-0917.

Classes also available at **Logan Regional Medical Center**. Contact Cindy Fleming—Education Dept. 831-1556.

Mason County Pleasant Valley Hospital offers First Aid and CPR Classes. Call 675-4340 to make an appointment.

CPR 3rd Tuesday of each month at the Mason County Health Department. Call 675-3050 to register.

Mingo County Williamson Memorial Hospital. Contact Billy Whitt at 235-2500, Ext. 6321.

Putnam County

First Aid and CPR available at **Red Cross Building in Kanawha Co**. Call 340-3650 or www.redcross.org. Evening classes are available.

Classes also offered at **Red Cross Building in Putnam Co**. 3268 Winfield Rd. (Rt. 35). Call 340-3650.

Wayne County First Aid and CPR available. Instructor Kathy Parsons. Call 486-5991.

You can contact local Hospitals or Fire Departments for other options.
Remember all of these fees are tax deductible.

Revised 05/2013

Would You Like to Improve the Quality of your Program and Earn More Money?

To learn more about ACCREDITATION, log on or call:



Family Child Care Providers and Facilities can log on at www.nafcc.org or call 1-800-359-3817.

Child Care Centers can log on at www.naeyc.org or call 1-800-424-2460. Contact WVECTCR to inquire about financial support for the application process at 529-7603 or 1-888-983-2827.



FAMILY CHILD CARE GRANTS ARE AVAILABLE

Family Child Care Providers are eligible to apply for grants of up to **\$250**. These grants can be used to purchase resources required in regulations, curriculum materials, and/or to pay for **WV STARS application fees**. You must turn in receipts for the money you spend. Failure to do so will make you ineligible for future Family Child Care Grants and other grants that may become available through Link.

We often have the following items in stock: First Aid Kits, Flash Lights, Fire Extinguishers, Digital Ear Thermometers, Carbon Monoxide and Smoke Detectors. Contact Pam Williams at (304) 523-9540 or 1-800- 894-9540 Ext. 104 or Pam.K.Williams@wv.gov with questions or to request an application.

SMOKE ALARMS SAVE LIVES

**MAKE SURE YOUR SMOKE ALARMS PERFORM AS INTENDED
 – WHEN YOU NEED THEM THE MOST**

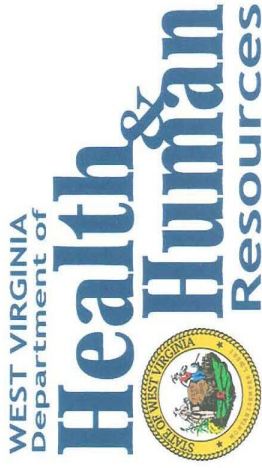
- **TEST** smoke alarms monthly
- Change the **BATTERIES** every year
- Beware of **CHIRPING** smoke alarms – it's time to replace the batteries
- Replace older smoke alarms – **REPLACE** alarms that are more than 10 years old
- Know the **SOUND** of the smoke alarm and what to do if the alarm goes off



**REMEMBER, ONLY WORKING SMOKE
 ALARMS CAN SAVE YOUR LIFE!**

Link Child Care Resource and Referral
c/o River Valley Child Development Services
611 7th Avenue, Suite 300
Huntington, WV 25701
(800) 894-9540 or 304) 523-9540

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Link Child Care Resource and Referral

Child Care Provider's Newsletter and Professional Development Information

Link Child Care Resource and Referral is a program of River Valley Child Development Services and is funded through the WV Department of Health and Human Resources, Bureau for Children and Families, Division of Early Care and Education.

Visit us on the web: www.wvdhhr/Link or www.RVCDS.org