

The Director's Corner

Good afternoon!

Ordinarily we send out a newsletter once per month but this one is for both June and July! We combined the two because June was such a busy month for us and we wanted to give the newsletter the attention it, and you, deserve!

For this edition's entry, I want to go over the requirements for sterilization. For clients who have completed childbearing or do not plan to have children, permanent sterilization (female or male) is an option that may be discussed. Sterilization clients must meet the following criteria:

- At least twenty-one (21) years of age at the time consent is obtained;
- Mentally competent;
- Given his or her informed consent; and
- Waited at least 30 days, but not more than 180 days, between the date of consent and the date of the sterilization (some exceptions apply).

All requests for sterilization require preauthorization. You obtain that by faxing the Sterilization Consent Form and the Voluntary Sterilization In-Take Form, which must be signed and dated by the client and witnessed by staff, to the number on the in-take form. A copy of the approved/denied in-take form will be returned to you with an authorization period listed on approved form (180 days from signature date).

In-depth information and instructions for sterilization are located in Section 3.6 of the program guidelines.

Cathy Capps-Amburgey, Director
WV Family Planning Program

The Information X Change



June/July 2018
WV Family Planning Program
What's your plan?

Training Information

The next training opportunity for the 2016 WV Family Planning Guidelines, QFP, and Title X Program Requirements, will take place by conference call on July 12, 2018 from 9:00AM-11:00AM. The next call will take place on August 21, 2018 from 1:00PM-3:00PM. If you would like to participate in a conference call training, please email Kathy Howell at kathy.l.howell@wv.gov to receive the dial-in information.

Representatives from Merck have asked us to send out a request for providers who are interested in receiving Nexplanon insertion/removal training. They are attempting to streamline their

training process to provide a more optimal location to get as many interested as possible. If you are interested in receiving Nexplanon training, please email Kathy Howell at kathy.l.howell@wv.gov, and she will pass your information along.

For other training information, you can look through Section 2.4 of your program guidelines and learn of all the required training needs for participation in the Family Planning Program and visit the National Training Center at <https://www.fpntc.org>.

Important Information

Infertility is a common problem, and anyone can face infertility challenges. To uncover answers to common infertility questions, Dr. Esther Eisenberg, director of the Reproductive Medicine and Infertility Program at the Eunice Kennedy Shriver National Institute of Child Health and Human Development, shares the basics of infertility, including what it means and when to see a doctor. She also shares her advice on how to cope with infertility. If you would like to read more of Dr. Eisenberg's FAQ you can do that by clicking [here](#).

One of the leading causes of infertility is Polycystic ovary syndrome (PCOS).

PCOS is a health problem that affects one in 10 women of childbearing age. Women with PCOS have a hormonal imbalance and metabolism problems that may affect their overall health and appearance. PCOS is also a common and treatable cause of infertility. If you would like to learn more about PCOS you can do that by clicking [here](#).

If you're interested in more targeted reading about women's health, you can search through multiple subjects on the US Department of Human Services, Office of Women's Health website at <https://www.womenshealth.gov>.

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*Improving access and
quality of care for
reproductive health.*

Visit us on the web at:
www.wvdhhr.org/fp

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Reminders

If you try to bill in FPEDS and receive a notice that your ID number is inactive you need to call the help desk at 304-558-9999 and tell them you need your ID reset. If you receive a message saying your ID has been revoked, you need to contact Steven

Taylor via email at steven.t.taylor@wv.gov or by telephone at 304-356-4461 and he can help you with the application to have your ID reinstated. Questions related to your FPEDS ID and usage should also be directed to Steven.

Title X/OPA Information

Notice of Proposed Rule Making...

On June 1, 2018, the U.S. Department of Health and Human Services (HHS) proposed to revise Title X regulations through a notice of proposed rulemaking published in the *Federal Register* entitled, "[Compliance with Statutory Program Integrity Requirements](#)." The proposed update to the regulations is intended to ensure compliance with statutory program integrity provisions governing the program and, in particular, the statutory prohibition on funding "programs where abortion is a method of family planning." (42 U.S.C. § 300a-6) You can read the proposed rule [here](#). Comments on this proposed rule [are invited](#). To be considered, and comments must be received by **July 31, 2018**.

Electronic Reminders Can Improve Cervical Cancer Screening Rates...

According to a study funded by the Agency for Healthcare Research and Quality (AHRQ) and published in the *Journal of Women's Health*, a clinical decision support system that identified high-risk patients, generated patient lists for clinician review, and provided subsequent patient reminders led to a 24 percent increase in cervical cancer testing for patients at high risk for the disease. The study group consisted of women

at high risk between the ages of 18 and 65 at three primary care clinics affiliated with the Mayo Clinic. Researchers concluded that a clinical decision support system that identifies women at high risk for cervical cancer and can send patient reminders when they are due for testing might be able to decrease cervical cancer rates by improving adherence to follow-up testing and treatment. You can read the full article [here](#).

Morbidity and Mortality Weekly Report...

CDC recommends routine human immunodeficiency virus (HIV) screening of persons aged 13-64 years and annual rescreening of persons at higher risk. You can read the full report [here](#).

Advanced Nursing Education - Sexual Assault Nurse Examiners Program...

The Health Resources and Services Administration (HRSA) announced a funding opportunity to provide advanced nursing education to increase the number of registered nurses, advanced practice registered nurses, and forensic nurses who are trained and certified as sexual assault nurse examiners (SANEs) in communities on a local, regional and/or state level. **The application period closes on July 26, 2018.** You can read the announcement [here](#).

Other Program Information

For those who are pregnant or planning a pregnancy, there are simple steps you can take to protect your fetus or newborn from infections that cause serious health problems. For more information, you can visit the Centers for Disease Control and Prevention (CDC) by clicking [here](#).

For more information from the CDC on issues like contraception, infertility, assisted reproductive technology, and more, you can visit www.cdc.gov/reproductivehealth/index.html.