

## Wood County Resources

Adult Basic Education	(304) 420-9501
American Red Cross	(304) 485-7311
ARC Of Wood County	(304) 422-3151
Baptist Temple Church Food Pantry	(304) 428-4494
Beechwood Presbyterian Food Pantry	(304) 422-6067
Boys and Girls Club of Parkersburg	(304) 485-6434
Broadway Baptist Pantry	(304) 422-3240
Bureau of Child Support Enforcement	(304) 420-4980
By the Grace of God Food Pantry	(304) 428-7601
Calvary Memorial Food Pantry	(304) 422-1772
Choices Resource & Referral	(304) 485-2668
Christ Lutheran Church	(304) 295-9241
Christ United Methodist Food Pantry	(304) 422-3016
Christian Community Cupboard	(304) 863-6082
Community Resource	(304) 422-5339
Emmanuel Baptist Food Closet	(304) 485-5171
Fairlawn Baptist Pantry	(304) 863-6782
Family Crisis Intervention	(304) 428-2333
Family Planning Program Clinic	(304) 485-7274
Family Resource Network	(304) 420-9574
First Baptist Church - Parkersburg Pantry	(304) 485-6327
First Lutheran Church	(304) 428-6174
Food Pantry - 19th Street Church of God	(304) 428-5625
Foster Grandparents & Retired & Senior Volunteer Programs	(304) 422-4993
Grace of God Food Pantry	(304) 428-4601

<b>Grand Central Church of Christ</b>	<b>(304) 295-5116</b>
<b>Good Samaritan Clinic</b>	<b>(304) 422-7357</b>
<b>Good Shepherd Episcopal Church Food Pantry</b>	<b>(304) 428-1525</b>
<b>House Calls, Home Health &amp; Hospice</b>	<b>(304) 424-2050</b>
<b>Lightner Memorial Church Food Pantry</b>	<b>(304) 422-5321</b>
<b>Literacy Volunteer's of America</b>	<b>(304) 420-4613</b>
<b>Mid-Ohio Valley Fellowship Home</b>	<b>(304) 485-3341</b>
<b>Mountaineer Food Bank</b>	<b>(304) 364-5518</b>
<b>Noah's Ark Thrift Shop #1</b>	<b>(304) 422-2591</b>
<b>Noah's Ark Thrift Shop #2</b>	<b>(304) 428-6700</b>
<b>North End Church of Christ Food Pantry</b>	<b>(304) 422-0489</b>
<b>North Parkersburg Baptist Church Food Pantry</b>	<b>(304) 485-3193</b>
<b>Old Man Rivers Mission</b>	<b>(304) 428-6677</b>
<b>Parkersburg Urban Ministries Food Pantry</b>	<b>(304) 428-0537</b>
<b>Relatives as Parents</b>	<b>(304) 422-5339</b>
<b>Saint Francis Xavier Food Pantry</b>	<b>(304) 422-6786</b>
<b>Saint Margaret Mary Church</b>	<b>(304) 428-1262</b>
<b>Saint Paul's United Methodist Church</b>	<b>(304) 422-2552</b>
<b>Salvation Army</b>	<b>(304) 485-4529</b>
<b>SW Resources</b>	<b>(304) 428-6344</b>
<b>Trinity Episcopal Church Food Pantry</b>	<b>(304) 422-3362</b>
<b>Wayside United Methodist Church</b>	<b>(304) 295-4895</b>
<b>Williamstown Welfare League Food Pantry</b>	<b>(304) 375-3995</b>
<b>Women, Infants, &amp; Children</b>	<b>(304) 428-3688</b>
<b>Wood Co. Association for Mental Health</b>	<b>(304) 485-1721</b>
<b>Wood Co. Department of Health &amp; Human Resources</b>	<b>(304) 485-8461</b>

Wood Co. Health Department	(304) 485-7374
Wood Co. Society	(304) 422-7243
Wood Co. Special Education Department	(304) 420-9655
Wood Co. WVU Extension Office	(304) 424-1960
WV Birth to Three	(304) 485-0150
WV Children's Health Insurance Program (WVCHIP)	(304) 659-3663
WV Head Start	(304) 485-7404
WV Health Promotion Specialist, Region 4	(304) 485-1395
WV Regional Education Service Agencies (RESA)	(304) 485-6513

### **Questions to Ask**

- Who am I speaking to?
- What services does your agency offer?
- Who is eligible to receive your services?
- Can you help me find out if I am eligible?
- If you can't help me, can you put me in touch with someone who can please?
- Is there a fee for this service, or can I get it at a reduced cost?
- What days and hours are you open?
- Do I need to make an appointment or do you take walk-ins?
- Can you send me any necessary papers that I will need to fill out and mail in?
- What personal papers and items do I need to bring with me?
- Can you tell me your address, and give me directions on how to get there?