

Kids Quarterly Press

Exciting Training Opportunity

Choices Child Care
Resource and Referral

Volume 5, Issue 1

January 1, 2006

A wonderful new training opportunity is available to those who provide care for pre-school aged children (30 months to five years of age). These are the [Components of Quality Care and Education Modules \(CQCE Modules\)](#). These are eight, four hour modules that coordinate with the Early Childhood Environmental Rating Scale-Revised Edition (ECERS-R). This series of classes is a total of 32 training hours. This will operate on the same basic premise as the One Step at a Time course. There is a pre-visit involved, commitment to the eight modules and a post-visit

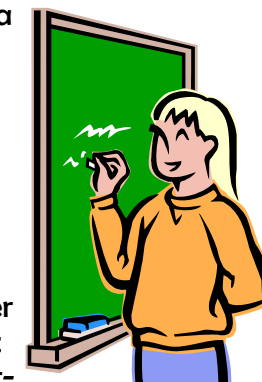
as well. The benefits of this class are: networking with similar providers, technical assistance, supportive curricula materials upon completion of the class, and exciting new training information!

Wood County will offer two modules at a time on Saturdays, every other Saturday for eight weeks. There will be a lunch break between the two modules. Melissa Dailey, Training Specialist and Jaime Kupfner, TRAILS Training Specialist will be team teaching this class with one of the modules being taught by Theresa Hayner, Behavioral Specialist. The **anticipated** begin dates for the modules for each quarter are: January 21, April 29, July 15, and October 21. The location may be rotated based upon center participa-

tion. Spaces will be limited to a maximum of 15 participants per class. A minimum of six participants is necessary to hold the class. Pleasants County is currently scheduled to have one module on a Saturday, once a month beginning in March 2006.

Harrison County will also offer two modules at a time starting Saturday, January 7 with Modules 1 and 2, January 21 with modules 3 and 4, January 28 with modules 5 and 6 and completing on February 4 with Modules 7 and 8. Training Specialists, Alicia Hundley and Anne Schramm will be team teaching this class with one module being taught by Theresa Hayner, Behavior Specialist.

The Region II Training Team is excited about these modules and looks forward to seeing you there! Please call your local CHOICES office and speak to a member of the Training Team for more information!



**Choices Child Care
Resource and Referral**

315 North Ohio Ave.
Clarksburg, WV 26301
(304)622-6528 or 866-622-6528

4421 Emerson Ave. Suite 102
Parkersburg, WV 26104
(304)485-2668 or 866-966-2668

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Ask Theresa

Dear Theresa:

I have a child in my care that just turned 2. His mother has not started potty training at all. I potty trained my own children as soon as they turned 2 and I would like to start potty training him, too. What should I do?



- Using a name for urinating and bowel movements
- Staying dry for at least an hour at a time
- Having bowel movements at regular times each day
- Being able to sit and play for at least 5 minutes at a time

Tired of Diapers in Doddridge County

Dear Tired of Diapers:

Many people think of toilet training when children turn two years old. However, there is no magic age for potty training to occur. The best thing you can do is watch for signs that the child is ready to start using the potty. Some readiness signs you want to watch for include:

- Telling you when he is wet or dirty

These cues tell us that children are ready to be introduced to the idea of using the potty. Keep in mind many children are not ready to be toilet trained until 2 ½ or 3 years old. Some children may be even older, especially if a developmental delay or disability is present. Talk to his mother about her plans

for toilet training. When the two of you agree he is ready, develop a strategy for training that will work for everyone involved. Be patient and don't try to force the child into using the potty if he isn't ready. Thanks for your question and best of luck!

Sincerely,

Theresa Hayner,

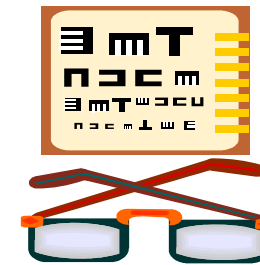
Behavior Support Specialist

If you have a question for Theresa, you can reach her at 1-866-966-2668 or via email at Theresa-hayner@wvdhhr.org

News You Can Use

Vision Screening

We offer free vision screenings to 3 and 4 year old children. If you are a center, facility or home provider, we will be happy to perform a vision screening for you.



Website Information

Check us out on the Web at www.wvdhhr.org/choices for: information, updates, training schedules and cool photos.

Training Reminder

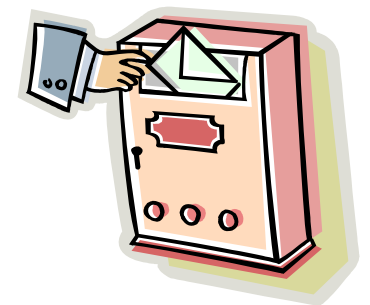
If you are interested in attending a training please remember you must call first to sign up for the training. Also, If the county that is having the training has had a school cancellation that day then the training will be cancelled as well.



CPR & First Aid Training

If you are interested in taking a CPR and/or First Aid class in the Harrison County area, call the trainers at the Clarksburg office of Choices. There is a fee of \$5 dollars per class which needs to be paid in order to hold your spot in the class. We will accept cash or money order.

The Choices office in Clarksburg has a new drop box located on the outside of the building next to the front doors!



West Virginia CHIP

This program is a low cost insurance plan for children of West Virginia working families for whom there is no affordable insurance.

Visit the website at www.wvchip.org or call the toll-free helpline at 1-877-982-2447 for more information.

Food and Fun

Heart Number Matching

Select a piece of pink construction paper for each child. Randomly write the numerals 1 to 6 on each paper. Give each of the children six heart stickers that have been numbered from 1 to 6. Let the children attach the stickers on or next to the corresponding numerals on their papers.



Leprechaun Surprise Pudding

Spoon ready made vanilla pudding into small cups. To each cup add one drop of yellow food coloring and one drop of blue. Have the children stir their pudding with spoons and observe what happens. Then let them eat their green leprechaun surprise pudding.



Red Pineapple Punch

Mix together 1 large can unsweetened pineapple juice, 6 cups cold water and 1 packet unsweetened tropical punch soft-drink mix. Stir well and pour over ice cubes placed in clear plastic cups. Makes 24 small servings.

Groundhogs Day

Here's a great song for Groundhogs Day. It is sung to the tune of I'm a Little Teapot.

Here's a little groundhog, furry and brown.

He's popping up to look around.

If he sees his shadow, down he'll go.

Then six more weeks of winter, Oh No!!



Rainbow Toast

Fill several small cups with milk and a drop or two of different colors of food coloring. Let the children use a clean paintbrush to paint the colors onto a slice of bread then toast the bread and enjoy!



Shamrock Search

Cut shamrock shapes out of green felt and hide them around the room. Then let the children search for the shapes. Each time they find a shamrock, have them place it on a flannelboard and take a bow. When all the shamrocks have been found, count them together with the children.

Apprenticeship for Child Development Specialist

The most commonly asked questions I am asked as I travel around the state visiting ACDS classes concern going to college after ACDS. Apprentices are interested in knowing what colleges will give them credit from ACDS, what jobs they will be eligible for if they go on to college and is there money available to help them go to college when they finish ACDS.

ACDS is working on some very exciting next steps to help students further their education after they complete ACDS. Right now, there is a scholarship that was previously only available for ACDS graduates. Now, apprentices who are currently in 3rd or 4th semester

can apply for this scholarship money as long as they remain in the ACDS program and there is money available. There is not a financial need requirement for this scholarship. Apprentices must be employed in a child care, pre-school or as a family provider to be eligible for this scholarship. Preference will be given to students who are working toward the Associate degree. For more information on this scholarship, please contact Marilyn Bowe at 558 -0530.

New articulation agreements have been signed with the Community and Technical College at West Virginia University Institute of Technology, Eastern Community College, Shepherd Community College and between Fairmont State Community College and WVU. Consultant, Dick Clendenin is working on more agreements for ACDS in the future.

Contact me if you have any other questions at 866 wva acds ext. 406 or sbrodof@rvcds.org.

Submitted by
Suzi Brodof



Special Notes

Attention Providers!!!

Are you interested in learning sign language? A free class will be held in Wood County weekly for 10 weeks. For more information contact Jane Stephens, Wood County Society Executive Director, at 422-7243.



Attention Wood County Provider Association!!

Watch your mail for important information about our next Provider Association meeting. We have invited a guest speaker from H&R Block to provide you with valuable tax information. Invitations will be coming soon!

Safety Equipment

The Clarksburg office still has many Fire Extinguishers, Carbon Monoxide Detectors, and First Aid Kits available to family child care providers that have at least one child in their care that is a client through our agency.



Attention Harrison County Provider Association!!

At the next provider association meeting we will be having a representative from H&R Block discussing the new tax changes. This class will be STARS approved, and all participants will receive 2 hours of training. No date has been confirmed for this training. If you are interested in attending please call Anne, 622-6528.

Notes From TRAILS

A list of items that are available through the TRAILS program is available. If you would like one and have not received one, please email Jaime at jaimekupfner@wvdhhr.org to an inventory list. This list will allow us to have requested items on the van ready for you when we schedule your visit. Just let us know what items you would like and we can have them or similar items ready when we visit you!



Infant Toddler Training Class

The Clarksburg office will be offering an Infant Toddler Training Class on February 18, 2006.

The class meets from 9:00a.m. to 4:00p.m. each Saturday through March 25, 2006.



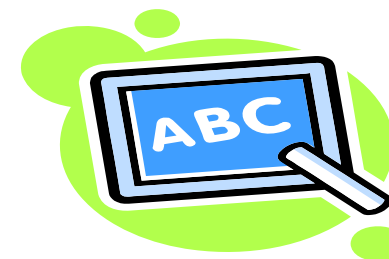
The Parkersburg Office will be offering an Infant Toddler Training Class on February 22, 2006.

The class meets from 9:00a.m. to 4:00p.m. each Wednesday through March 29, 2006.

Super Saturday

The next Super Saturday in Harrison County will be held January 14, 2006, at the Choices office.

The first class, from 9:00 a.m. to 12:00 p.m., is **Classroom Management**. The core competencies for this class will be Positive Interactions and Relationships and Program Management.

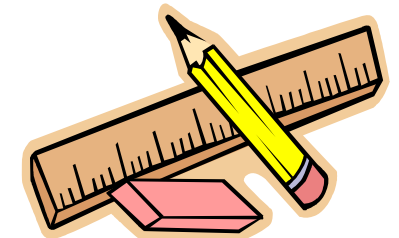


There will be a lunch break from 12:00 p.m. to 1:00 p.m. You may bring a brown bag lunch or go to area restaurants.

The next class, from 1:00 p.m. to 2:30 p.m., is **Grocery Games**. The core competency for this class will be Health, Safety and Nutrition.

The last class, from 2:45 p.m. to 4:15 p.m. is **Temperament Types**. The core competency for this class will be Child Growth and Development.

The training team has decided to hold Super Saturday trainings every other quarter for the next year. The next Super Saturday in Wood County will be held in June 2006. Watch the spring newsletter for more details!!



Parkersburg Training Descriptions

Temperamental Infants and Toddlers: This two hour training opportunity, offered by Training Specialist Melissa Dailey, will explore the various temperament styles of children birth to thirty-six months of age. We will discuss ways to support these infants and toddlers throughout various stages of development while respectfully working with their individual temperamental style. Participants will receive an hour of credit in each of the following core knowledge areas: Child Growth and Development and Positive Interactions and Relationships.

What is ECERS-R? This two hour training opportunity, offered by Training Specialist Melissa Dailey, will introduce child care providers to the Early Childhood Environmental Ratings Scale - Revised Edition (designed for classrooms of children age 2 ½ to five). We will explore the purpose of this assessment tool, ways to it can be used, and a general view of what the scale assesses. Participants will receive STARS credit in Program Management for attending this class.

School Age Science Activities: This two hour training session, offered by Training Specialist Melissa Dailey, is designed for the school-age provider. We will have an exciting hands-on session of thought provoking science activities. Be dressed for comfort and prepared to be messy! Participants will receive two hours STARS credit in Curriculum (tier II) for attending this class.

Using ECERS-R as a self assessment tool: This two hour training session, offered by Training Specialist Melissa Dailey, will be an advancement to the "What is ECERS-R" training. Participants will have more in depth practice at using the scale and scoring the items under the seven sub-scales. We will have video and lab practice at scoring. Participants will receive two hours STARS credit in Program Management.

Families Teach First: This two hour training opportunity, offered by Training Specialist Melissa Dailey, is designed to enhance child care provider's abilities to work with the Families of the children we care for in a respectful manner. Emphasis will be placed upon recognizing that the child's family is their first teacher. We will have group discussion regarding some of the conflicts that may arise when caring for children and acceptable ways to handle the situations while respecting the family as a first teacher. Participants will receive two hours STARS credit in Families and Communities.

Early Literacy Activities for Infants and Toddlers: This two hour training event, offered by Training Specialist Melissa Dailey, will focus on fun and exciting ways to develop skills that are necessary for children to become literate. This is a tier II class in the core knowledge area of Curriculum and providers will receive two hours STARS credit in that area.

Critters Across the Curriculum: This two hour training event, offered by Training Specialist Melissa Dailey, will explore the theme of bugs throughout all of the curriculum areas of early childhood. This is a tier II training in the core knowledge area of Curriculum and yields two hours of STARS credit.

Challenging Behaviors:

This workshop will examine reasons challenging behaviors occur. It will help participants see the child in new ways, find patterns in behaviors, and create practical solutions for dealing with behaviors.

What to You Do with the Mad that You Feel?:

This interactive workshop will help participants help children to manage their anger and learn self control.

ADHD in the Young Child:

This workshop will provide information on young children with ADHD, tips and practical strategies for working with the child in a classroom/group setting, and activities that can be used both at home and in school.

Circle Time Solutions:

This workshop will address common behavior problems encountered during group times and present ideas for reducing them. Ideas for keeping children involved in circle time activities will also be presented.

School Age Routines and Activities:

This training will cover the care of children from ages 5-12. There will be tips on hands-on art projects, science activities, and inside gross motor activities. We will also discuss making a schedule, getting children involved in snacks and what to do about homework.

Clarksburg Training Descriptions

Blooming With Books

This training will focus on a book-based thematic approach to reading. Various books will be read and discussed. Hands-on and cross-curricular activities for these books will be linked to a common theme.

Sand & Water Play

Why are the children playing? What is sand & water play? What do the children learn during sand & water play? These and many other questions will be discussed. In addition, this training will focus on setting up and maintaining of this learning center.

Launching An Art Center

This training will focus on creating an environment for art. Items such as setting up the art area, suggested materials, displaying and storing art materials, as well as observing and responding to individual children will be discussed.

Things Toddlers Treasure

This training will explore the many things that happen during the toddler years. Areas such as exploration, experimentation, as well as independence will be discussed. Milestones of development (body, personality, and language) will be explored. Activities that support and teach toddlers will be shared.

PBS Training: Hands-On Math Activities

If you like to receive free books, materials, as well as to create many hands-on math activities, then this is the training for you! This training will center around the Ready To Learn Triangle. Participants will learn how to incorporate literature in their math curriculum.

Raising Readers

This training will cover why reading to children is important, what reading does for children, how to read to children appropriately and what kinds of books are best suited for children based on their age and development.

Importance of Play

This training will discuss what play is, what children learn through play, the various types of play and how we can facilitate play for children. Age appropriate toys will be shown and suggested.

Welcoming Environments

This training will discuss what welcoming environments are, why children need welcoming environments and what we can do to make our environment a welcoming one.

Core Knowledge Key

Child Growth and Development—CGD
Health, Safety, and Nutrition—HSN
Positive Interactions and Relationships—PIR
Curriculum—C
Child Observation and Assessment—COA
Family and Community—FA
Program Management—PM
Professionalism—P

Clarksburg Trainer's Corner

Anne Schramm, Alicia Hundley, and Theresa Hayner

Date Time Location Title Core Knowledge Trainer

Harrison County

January 5	6-8	Choices	Blooming with Books (Pre-K-K)	CGD	Anne Schramm
January 11	6-8	Choices	Partnering with Business	PM	Alicia & Anne
January 12	6-8	Choices	Raising Readers	C	Alicia Hundley
January 18	6-8	Choices	Sand and Water Play	CGD	Anne Schramm
January 25	10-12	Choices	Launching an Art Center	C	Anne Schramm
January 25	6-8	Choices	ADHD in the Young Child	PIR	Theresa Hayner
January 31	6-8	Choices	Things Toddlers Treasure	CGD	Anne Schramm
February 1	10-12	Choices	Things Toddlers Treasure	CGD	Anne Schramm
February 8	6-8	Choices	PBS: Hands-on Math Activities	C	Anne Schramm
February 9	6-8	Choices	Importance of Play	CGD	Alicia Hundley
February 15	6-8	Choices	Sand and Water Play	CGD	Anne Schramm
February 22	10-12	Choices	Launching an Art Center	C	Anne Schramm
February 22	6-8	Choices	Challenging Behaviors	PIR	Theresa Hayner
February 28	10-12	Choices	Blooming with Books (Pre-K-K)	CGD	Anne Schramm
March 2	6-8	Choices	Blooming with Books (Pre-K-K)	CGD	Anne Schramm
March 8	6-8	Choices	PBS: Hands-on Math Activities	C	Anne Schramm
March 9	6-8	Choices	Welcoming Environments	PIR	Alicia Hundley
March 15	10-12	Choices	Sand and Water Play	CGD	Anne Schramm
March 22	6-8	Choices	What To Do With The Mad That You Feel	PIR	Theresa Hayner
March 23	6-8	Choices	Launching an Art Center	C	Anne Schramm
March 24	6-8	Choices	What is ECERS-R?	PM	Alicia Hundley
March 29	6-8	Choices	Things Toddlers Treasure	CGD	Anne Schramm

Doddridge County

January 26	5-7	Library	Raising Readers	C	Alicia Hundley
February 23	5-7	Library	Importance of Play	CGD	Alicia Hundley
March 23	5-7	Library	Welcoming Environments	PIR	Alicia Hundley

Calhoun County

January 19	6:00-8:00	Library	Building Self Esteem	PIR	Alicia Hundley
February 16	6:00-8:00	Library	Raising Readers	C	Alicia Hundley
March 16	6:00-8:00	Library	Welcoming Environments	PIR	Alicia Hundley

Gilmer County

January 5	5:30-7:30	FRN	Raising Readers	C	Alicia Hundley
February 2	5:30-7:30	FRN	Importance of Play	CGD	Alicia Hundley
March 2	5:30-7:30	FRN	Welcoming Environments	PIR	Alicia Hundley

Parkersburg Trainer's Corner

Melissa Dailey, Theresa Hayner and Jaime Kupfner

Date Time Location Title Core Knowledge Trainer

Wood County

January 11	6-8	Choices	Circle Time Solutions	C	Theresa Hayner
January 12	12-2	Choices	School-Age Routines & Activities	C	Jaime Kupfner
January 19	2-4	Choices	Temperamental Infants and Toddlers	CGD	Melissa Dailey
January 19	6-8	Choices	Temperamental Infants and Toddlers	CGD	Melissa Dailey
January 24	6-8	Choices	School Age Science Activities	C	Melissa Dailey
February 7	6-8	Choices	Using ECERS-R as a self assessment tool	PM	Melissa Dailey
February 8	6-8	Choices	Challenging Behaviors	PIR	Theresa Hayner
February 23	6-8	Choices	Families Teach First	FC	Melissa Dailey
March 8	6-8	Choices	What To Do With The Mad That You Feel	PIR	Theresa Hayner
March 9	6-8	Choices	Early Literacy Activities	C	Melissa Dailey
March 14	6-8	Choices	Critters Across the Curriculum	C	Melissa Dailey

Wirt County

March 9	5-7	Library	School-Age Routines & Activities	C	Jaime Kupfner
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Pleasants County

January 16	6-8	Jack & Jill	What is ECERS-R	PM	Melissa Dailey
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Ritchie County

February 9	5-7	Municipal	School-Age Routines & Activities	C	Jaime Kupfner
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