

Gilmer County Resources

American Red Cross	(304) 485-7311
Bureau of Child Support Enforcement	(304) 462-7358
Choices Resource & Referral	(304) 622-6528
Community Resources	(304) 462-8698
Emergency Medical Services - Region 6/7	(304) 366-8764
Family Planning Program Clinic	(304) 462-7351
Gilmer Co. Department of Health & Human Resources	(304) 462-7358
Gilmer Co. Health Department	(304) 462-7351
Gilmer Co. Special Education Department	(304) 462-7386 ext 3006
Gilmer Co. WVU Extension Office	(304) 462-7061
Gilmer Co. Primary Care	(304) 462-7322
Mountaineer Food Bank	(304) 364-5518
Salvation Army	(304) 622-2360
Women, Infants, & Children (WIC)	(304) 462-8290
WV Birth to Three	(304) 623-5661
WV Children's Health Insurance Program (WVCHIP)	(304) 366-0700
WV Head Start	(304) 485-7404
WV Health Promotion Specialist, Region 6	(304) 485-1395
WV Regional Education Service Agencies (RESA)	(304) 367-1431

Questions to Ask

- **Who am I speaking to?**
- **What services does your agency offer?**
- **Who is eligible to receive your services?**
- **Can you help me find out if I am eligible?**
- **If you can't help me, can you put me in touch with someone who can please?**
- **Is there a fee for this service, or can I get it at a reduced cost?**
- **What days and hours are you open?**
- **Do I need to make an appointment or do you take walk-ins?**
- **Can you send me any necessary papers that I will need to fill out and mail in?**
- **What personal papers and items do I need to bring with me?**
- **Can you tell me your address, and give me directions on how to get there?**