

Kids Quarterly Press

A Newsletter of Choices Child Care Resource and Referral

July, August, & September 2023

Summer Sun Safety



Having fun in the sun is something many children and adults look forward to, especially after prolonged periods indoors during the winter. As a caregiver, it is important to know what conditions may make it unsafe to be outdoors, the effects of the sun and UV rays, and how to properly apply sunscreen. It is also beneficial to become familiar with heat and sun related illnesses and know the symptoms that could be serious for children. Topics like water safety, floatation devices, bug safety, and first aid are often at the front of our minds during this time of year. Take time to review licensing and regulatory guidance on these areas and consider taking a professional development course to ensure you have all the information you need to have a fun and safe season!

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Choices CCR&R

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Choices CCR&R

315 North Ohio Ave.

Clarksburg, WV 26301

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Recognitions



West Virginia Tiered Reimbursement Program

Congratulations!

Choices would like to congratulate **Ashley Davis**, FCC provider in Wood County, **Lydia Kelly**, FCC Provider in Doddridge County, and **Holly Maze**, facility owner of Miss Holly's Daycare in Pleasants County for reaching Tier II Quality Status!

A Tier II provider has demonstrated that they provide a higher quality of care within their program. These providers receive a higher childcare reimbursement rate and an increased stabilization grant amount.

If you are interested in Tier II, contact your Quality Improvement Specialist.

Marcy Mueller, 304-622-6528 Marcy.L.Mueller@wv.gov



Choices would like to recognize **Lisa Starkey**, facility owner of Lisa's

Family Childcare in Wood County,

on her approval for the

WV Child Care General Credential!

For more information regarding the WV Child Care Credential contact Meagann.E.Morris@wv.gov Or scan the QR code!



Specializations Available July 2023

- Director
- Preschool
- Infant & Toddler
- Family Child Care

Recognitions & Updates



Well Done!

Choices would like to congratulate **Patty Bennett** for receiving the West Virginia Breastfeeding Friendly Child Care designation! If you are interested in receiving this designation for your program, contact your Infant Toddler Specialist.

Alicia Hundley, 304-622-6528 Alicia.M.Hundley@wv.gov Alicia Mazariego, 304-485-2668 Alicia.W.Mazariego@wv.gov

Billable Days

The Child Care Provider reimbursement based on enrollment has been extended through September 2024, as long as funding remains available.

Billable days for the upcoming months:

- July 2023 21 Days
- August 2023 23 Days
- September 2023 21 Days
- October 2023 22 Days
- November 2023 22 Days
- December 2023 21 Days
- January 2024 23 Days
- February 2024 21 Days

- March 2024 21 Days
- April 2024 22 Days
- May 2024 23 Days
- June 2024 20 Days
- July 2024 23 Days
- August 2024 22 Days
- September 2024 21 Days

For the latest updates, "Like" and "Follow" our Facebook page Choices Child Care Resource and Referral. Scan the QR code to access the page!



Important Updates



ACDS

Apprenticeship for Child Development Specialist

- Program for daycare workers working a minimum of 20 hours a week.
- Combines 4 semesters of coursework with on the job training.
- Participants include employees of child care, family child care, after school, head start, home visitation, and public pre-k and kindergarten.
- Classes held locally.
- · High school diploma or WV equivalency required.
- Students who have WVIT 1 can begin in semester 2!



Semester 2 classes coming in August 2023!

Contact Us in Pleasants, Ritchie, Wirt, or Wood Counties

Gwen Crum 304-424-1969 gwen.crum@mail.wvu.edu www.wvaeds.org





Important Updates



JOIN OUR LOCAL COUNCILS



Meetings

Small groups meet twice a year to discuss the implementation of ACDS in their counties.

Members

Members include directors, child care resource & referral, BOE, head start, instructors journeypersons, and family child care providers.



NOW!

To find out more information about the local council in your area, visit the ACDS website and go to the local council page under resources.

www.wvacds.org

Important Updates



RIVER VALLEY CHILD DEVELOPMENT SERVICES



ACDS REGISTRATION

ABOUT ACDS

ACDS is a 4 semester apprenticeship program for individuals working directly with children birth to age 12 for a minimum of 20 hours a week. Classes are one evening a week for 15 weeks a semester. Virtual classes are available for counties that do not offer an in-person option.

PARTICIPATION

Registration for the Fall 2023 semester will open June 1 and run through the first of August. For the Fall 2023 class schedule and program information, visit the ACDS website.

REGISTRATION



STEP ONE

Visit the WV STARS training calendar and search self-paced courses for all ACDS orientations.



STEP TWO

Complete registration that is linked at the end of each orientation.



STEP THREE

Submit \$25.00 registration fee to ACDS program. Checks and cards are accepted. Credit card form is on ACDS website.



304-523-0433



www.wvacds.org



wvacds@rvcds.com

Date and Time	Title and Presenter/Description	Core Competency	Location
Online Professional Development Calendar			
July 13, 2023	Quality Counts	Marcy	Mueller
12:00pm – 1:00pm	This training takes an in depth look at program supports that are necessary to achieve and maintain quality childcare and the important role early childhood educators play within the process.	PL/AM	Online
July 18, 2023	WVIT-R Administrator's Course	Alicia M	Iazariego
10:00am – 12:30pm	This course is an overview of the West Virginia Infant Toddler-Revised Course. It is intended for Center/Facility directors to help support staff learning and implementation. This class is made up of two live, online sessions and 4 self-paced online sessions. Participants must complete each session. (Live sessions are July 18 & 20)	PL	Online
July 19, 2023	Utilizing the Environment Rating Scale to Achieve Higher Program Quality	Marcy	Mueller
5:00pm – 7:00pm	This session will include an overview of the most recent versions of the Environment Rating Scales, as well as information on how to use the information from the self-assessment to improve program quality through goal setting and the creation of action plans and professional development plans.	PL/AM	Online
July 24, 2023	ECPBIS Director's Overview		Pownell Fortney
1:00pm – 2:00pm	This is an overview of the Pyramid Model and ECPBIS, intended for directors and others in leadership roles, who have staff enrolled in the ECPBIS Series.	Various	Online
July 25, 2023	Lesson Plan Ideas in Early Childhood Programs	Jennife	er Powell
6:00pm – 7:00pm	Family Child Care providers will learn how to implement developmentally appropriate activities, a flexible learning environment, accommodations when needed, and resources for lesson planning.		Online
July 26, 2023	Understanding ECERS-3	Meaga	n Bragg
6:00pm – 8:00pm	This training will provide an overview of the Early Childhood Environment Rating Scale including its purpose and how to use the scale to improve the quality of preschool environments.	EC/PL	Online
August 10, 2023	Quality Counts	Marcy	Mueller
12:00pm – 1:00pm	This training takes an in depth look at program supports that are necessary to achieve and maintain quality childcare and the important role early childhood educators play within the process.	PL/AM	Online
August 16, 2023	Utilizing the Environment Rating Scale to Achieve Higher Program Quality	Marcy	Mueller
5:00pm – 7:00pm	This session will include an overview of the most recent versions of the Environment Rating Scales, as well as information on how to use the information from the self-assessment to improve program quality through goal setting and the creation of action plans and professional development plans.	PL/AM	Online

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Date and Time	Title and Presenter/Description	Core Competency	Location
August 29, 2023	Understanding ACEs (Adverse Childhood Experiences): ACES 101	Meag Morris	
12:00pm – 1:00pm	This training will introduce the concept of Adverse Childhood Experiences through awareness and education.	CGD	Online
August 31, 2023	Director's Toolbox Series	Marcy Mueller	
12:00pm – 2:00pm	The Director's Toolbox Series (8/31, 9/14, 9/21, 10/5, 10/12, 10/19, & 10/26) offers 7 engaging and interactive online professional learning experiences that focuses on the core leadership and management competencies childcare directors need.	PL/AM	Online
September 13, 2023	3 Child Care Emergency Preparedness Meagan		n Bragg
6:00pm – 8:00pm	This course will cover types of emergencies that can occur and how to prepare in child care settings. A one-hour, on-site Technical Assistance visit will be scheduled as a part of this training.	HSN/ PL	Online
September 14, 2023	Change the Environment, Not the Child!	Change the Environment, Not the Child! Jennifer Power	
6:00pm – 8:30pm	This training will cover information about how children use behavior as a form of communication. Providers will learn how to implement an environment that encourages healthy learning, development, and use of appropriate materials for each child.		Online
September 21, 2023	Belonging: Including Children of Gay and Lesbian Parents in Your Program Shannon V		n Valles
6:00pm – 7:30pm	This course focuses on strategies to help LGBTQ families feel valued in your program and why it is important for the healthy development of children.	FCR	Online
September 28, 2023	Professionalism in Family Childcare	Ashley Jobes	
6:00pm – 7:30pm	Family childcare providers will learn the importance of professionalism in their program. This training will discuss what it means to be a professional in a family childcare setting and how you can use these skills to improve your program.	Various	Online

Online Training Policies:

- Each participant must individually register and log in to the training to receive credit.
- Device/screen sharing is not permitted.
- Participants who call in to the training by phone without logging in to a computer, smartphone, or tablet will not receive credit, as this type of attendance cannot be tracked.
- Participants who miss more than 15 minutes of a session will not receive credit for attending.
- All participants are expected to remain active in each session by participating in polls, discussions, post-tests, etc.

WV STARS Core Knowledge Key:

CGD: Child Growth and Development

FC: Family and Community Relationships
COA: Child Observation and Assessment;

HSN: Health, Safety and Nutrition
PL: Professionalism and Leadership
AM: Administration and Management

EC: Environment and Curriculum

Various: Multiple Core Knowledge areas will be covered

Date and Time	Title and Presenter/Description		Location	
На	arrison County Professional Development Calendar			
July 6, 2023	The Growing Brain: From Birth to 5 Years Old	Alicia Hundley Shannon Valles		
5:30pm – 8:30pm	This 7 session series delves into research in brain development and strategies for childcare providers to support the growing brains of children, birth to 5 years old,. Session dates: Jul 6, 13, 19, 27, Aug 3, 10, & 17.		Choices	
July 20, 2023	Rashes and Scratches	Lisa Galford		
6:00pm – 7:00pm	Common skin conditions you may see in child care, causes, and treatments will be discussed.	HSN	Choices	
July 24, 2023	The Values of Quality Infant and Toddler Care	Alicia Hundley		
6:00pm – 8:00pm	An in-depth exploration of the values one most uses to provide quality care to infants and toddlers, such as trustworthiness and respect.		Choices	
July 31, 2023			rissy Pownell odi Fortney	
6:00pm – 8:00pm	The ECPBIS Series focuses on social and emotional supports in child care settings. This is based on the Pyramid Model. Sessions will be 7/31, 8/7, 8/14, 8/21, & 8/28. ALL must be attended.		Choices	
August 1, 2023	Get the Scoop with TRAILS	Jennifer Powell		
5:30pm – 6:30pm	Providers will learn more about the Traveling Resource And Information Library Service, inventory, professional development, technical assistance, and why it should be utilized by your program.		Choices	
August 31, 2023	Baby Doll Circle Time	Alicia l	Hundley	
6:00pm – 8:00pm	This training discusses attachment and connection with infants and toddlers using baby dolls and <i>Baby Doll Circle Time</i> by Dr. Becky Bailey.		Choices	
September 9, 2023	Emergency Preparedness	Shannon Valles		
9:00am – 11:00pm	This course provides information on developing and implementing an emergency plan in a child care setting. The specialist will conduct a Technical Assistance visit with each participant to ensure a personalized plan.	urse provides information on developing and implementing gency plan in a child care setting. The specialist will conceed the conceeding the conceeding to ensure a Choice		
September 14, 2023	Individualizing Infant Care	Alicia Hundley		
6:00pm – 8:00pm	This workshop will help infant caregivers plan for better one on one care for infants during routines like feeding, diapering, and naptime.			
September 20, 2023	Oral Health	Renee Stonebraker		
6:00pm – 8:00pm	Importance of dental care for children, proper procedure for brushing teeth in a child care center for each age group, and oral health activities will be covered.	Various	Online	

Date and Time	Title and Presenter/Description	Core Competency	Location
Wood County Professional Development Calendar			
July 11, 2023	Adapting Your Gross Motor Play	Ashley Jobes	
6:00pm – 8:00pm	This training will cover basic gross motor development for children. We will discuss how to adapt gross motor activities for indoor and outdoor play and the impacts it has on other areas of learning.	Various	Choices
July 31, 2023	WVIT-R	Alicia Mazariego	
5:00pm – 8:30pm	WVIT-R is the new, updated infant toddler course. It contains 12 face-to-face sessions, 2 TACIT visits, and 4 self-paced online sessions. Meeting dates will be 7/31, 8/7, 8/14, 8/21, 8/28, 9/18, 10/2, 10/16, 10/30, 11/6, 11/13, & 11/20.	Various	Online
August 9, 2023	Let's Move	Renee Stonebraker	
6:00pm – 8:00pm	Physical activity requirements for child care centers, age appropriate physical activities, and causes and prevention of childhood obesity will be covered.		Choices
August 15, 2023	Respiratory Infections	Lisa Galford	
6:00pm – 7:00pm	Symptoms, prevention, and treatment for common respiratory infections in childcare will be discussed.		Choices
August 22, 2023	West Virginia Elements of FCC Module Series Ashley		y Jobes
4:30pm – 8:30pm	WV Elements of Family Child Care Module Series is for family childcare providers. This is a 7-week course (EVERY TUESDAY through Oct. 3rd) that will focus on best practice, child development, organizing your day and home, and individual goals for providers. 8/22, 8/29, 9/5, 9/12, 9/19, 9/26, 10/3.	Various	Choices
August 30, 2023	Tick Tock! It's Transition o'clock	Meaga	n Bragg
6:00pm – 8:00pm	The purpose of this training is to learn the importance of transitions during daily activities, behaviors that can occur during transitions, and appropriate transition strategies.	CGD/ EC	Choices
September 21, 2023	23 R-E-S-P-E-C-T: Why it's important to respect children Chrissy I Jodi Fo		
5:30pm – 7:30pm	This training will discuss the topics of Relationships, Environments, Safe and Secure Interactions, Positivity, Emotional Regulation, Communication, Temperament and how they all lead to respecting children. We will also discuss how respecting children also means respecting their families.	Various	Choices

In-Person Professional Development Policies

- Anyone with symptoms of any illness will not be permitted to attend training.
- Participants must follow applicable COVID safety precautions, including wearing masks and social distancing when recommended by CDC guidance.
- You must register at <u>www.wvstars.org</u> at least 24 hours in advance.
- Children are not permitted to attend training sessions.
- Participants who arrive more than 15 minutes late will not receive WV STARS credit.
- Sessions may be cancelled due to illness, inclement weather, or insufficient enrollment.

Online Health and Safety Training

Online Trainings Offered by Child Care Nurse Health Consultants and Child Care Health Educators
July 2023- September 2023

		,	
7/6	12:00-1:00 pm	Morning Health Checks	Lunchtime Learning
7/7	12:00-1:00 pm	Rashes & Scratches	Lunchtime Learning
7/10	6:30-8:30 pm	Summertime Safety	
7/11	6:30-8:30 pm	Oral Health *	
7/13	5:30-8:30 pm	Medication Administration	
7/17	6:30-8:30 pm	All About Allergies	
7/19	10:00-11:00 am	Childhood Obesity *	Morning Session
7/22	8:00-11:00 am	Medication Administration	Saturday Morning
7/24	6:30-8:30 pm	Safe Sleep Practices *	
7/25	5:30-8:30 pm	Medication Administration	
7/27	6:30-7:30 pm	Oral Health	
8/3	6:30-8:30 pm	Summertime Safety	
8/7	6:00-7:00 pm	Morning Health Checks	
8/8	6:30-8:30 pm	New Recipe Ideas 2 *	
8/10	5:30-8:30 pm	Medication Administration	
8/14	5:30-8:30 pm	Medication Administration	
8/15	6:30-7:30 pm	Oral Health	
8/16	6:30-8:30 pm	Stress Management *	
8/21	12:00-2:00 pm	New Recipe Ideas 1 *	Lunchtime Learning
8/22	5:30-8:30 pm	Medication Administration	
8/24	6:00-7:00 pm	Rashes & Scratches	
8/29	6:30-8:30 pm	All About Allergies	
9/1	12:00-1:00 pm	Respiratory Infections	Lunchtime Learning
9/5	5:30-8:30 pm	Medication Administration	
9/6	6:30-8:30 pm	Indoor and Outdoor Safety *	
9/8	10:00am-12:00pm	Communicable Diseases in Childcare	Morning Session
9/11	6:30-8:30 pm	Breastfeeding Basics *	
9/13	5:30-8:30 pm	Medication Administration	
9/14	12:30-1:30 pm	What Child Care Nurse Health Consultant Educator Do for You?	ts and Child Care Health Lunchtime Learning
9/19	12:00-1:00 pm	Morning Health Checks	Lunchtime Learning

^{*=}Provided by WV Child Care Health Educator

Save the Dates



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EARLY CHILDHOOD POSITIVE INTERVENTIONS AND SUPPORT SERIES

DATES July 31, August 7, 14, 21, & 28, 2023 6:00-8:00 PM (€) €



All session will be held at the Choices office in Clarksburg 315 N. Ohio Ave., Clarksburg, WV 26301

This is a five-part, face-to-face, module training that will introduce participants to Positive Behavior Interventions and Support for Preschool aged children. Strategies and tools will be discussed, as well as the research supporting this model. Initial and follow-up visits will be utilized as Proof of Learning. Participants must attend all 5 sessions to earn credit for this series.

Directors must have attended or attend an Overview session for staff to participate in the caregiver modules. An Overview will be offered virtually on July 25, 2023 from 1:00-2:00 pm. Register on www.wvstars.org.

304-622-6528





Save the Date: The Growing Brain

Online Series



THE GROWING BRAIN

Session Dates

July 6, 2023

July 13, 2023

July 19, 2023

July 27, 2023

August 3, 2023

August 10, 2023

August 17, 2023

5:30 pm - 8:30 pm

Presented by: **Shannon Valles Alicia Hundley**





REGISTER ONLINE!

You will learn:

- · The Parts of the Brain and Their Functions
- Factors That Affect Brain How Social-Emotional **Growth and Development**
- Communication **Milestones**
- How Cognitive **Development Unfolds**
- **Development Unfolds**
- Basic Brain Anatomy
- Development of Play

304-622-6528



shannon.m.valles@wv.gov



www.wvstars.org

Save the Date: TRAILS Open House

Get the Scoop with TRAILS



Join us for a night of how TRAILS can benefit your program!

What to look forward to:

- Meet N Greet your TRAILS team.
- Presentation about TRAILS.
- Showcase of inventory and van.
- Information on how to sign up.

You're Invited! August 1, 2023 5:30-7:30 pm

> Choices CCR&R 315 N Ohio Ave Clarksburg WV 26301

Enjoy a scoop of ice cream!

More information:

Jennifer.S.Powell@wv.gov Ashley.N.Jobes@wv.gov **Kids Quarterly Press**

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Save the Date: Great Beginnings



Morgantown

Save the Date: Family Child Care Conference

SAVE THE DATE(S)

FAMILY CHILD CARE CONFERENCE
THE KEY TO QUALITY



OCTOBER 7, 2023 HUNTINGTON WV AND NOVEMBER 4, 2023 FAIRMONT WV

Learn how to enhance the quality of your program!



Food and Fun

Banana Sushi

Ingredients: 1 flour tortilla, 1 peeled banana, peanut butter, Nutella or jelly.

Instructions: Spread peanut butter on one half of the tortilla and Nutella or jelly on the other half. Place the banana on the tortilla and roll the tortilla to cover the banana as tightly as possible. Slice your "sushi" into 1.5-inch round rolls and serve. Be mindful of any allergies in your program and change ingredients as needed.



Outdoor Painting

Materials: a clear or white shower curtain liner, string or twine, paint, and painting utensils.

Instructions: Hang the shower curtain from a fence or a clothesline. Make sure the bottom is secured to prevent it from blowing. Provide children with supplies to paint on the shower curtain. The shower curtail can be reused daily by spraying it off with a garden hose or by letting the children clean it off with a bucket of soapy water and sponges.



Outdoor Sticky Mural

Materials: Contact paper, painter's tape, grass, flowers, and other natural elements.

Instructions: Use painters' tape to attach contact paper (sticky side out) to a surface. You can put up multiple for many children or one for an individual child. Encourage children to collect materials outdoors to stick on the contact paper and create their very own nature mural.



For more Food & Fun ideas, contact Ashley Jobes, TRAILS Early Childhood Specialist, at <u>Ashley.N.Jobes@wv.gov</u>.



Have You Checked Out TRAILS?

The Choices TRAILS van offers developmentally appropriate toys, games and books for the use of children in family childcare homes, centers, and facilities. To schedule an appointment to see all of the items TRAILS has to offer contact lennifer Powell or Ashley lobes at 304-485-2668.

Child Care Food Program

Wood County: 304-485-9238 ext 18 Harrison County: 304-905-9867

www.frac.org

Benefits to child care providers include:

- Reimbursement for food costs
- Nutrition education & support
- · Meal and snack planning
- Workshops & newsletters



West Virginia WIC provides nutrition & health education as well as other services free of charge to pregnant women, postpartum women, infants, and children up to the age of five.

www.wvdhhr.org/ons

West Virginia Children's Health Insurance Program www.wvchip.org



Health care for children & expectant moms

Apply online at www.wvinroads.org

Choices Child Care Resource and Referral 4421 Emerson Ave, Ste 102 Parkersburg, WV 26104 304-485-2668 or 1-866-966-2668

www.wvdhhr.org/choices

