

Follow-Up Instructions and Interim Proof of Vaccination

Congratulations on joining our smallpox response team! Here is interim proof of your smallpox vaccination:

INTERIM PROOF OF VACCINATION:

Name: _____

Date vaccinated: _____

Keep this information. Do not throw this sheet away. This sheet will serve as your proof of vaccination until your "take" is recorded. On that date, you will be given a permanent vaccination card.

VACCINE SAFETY:

Here is the telephone number of your vaccine safety monitor:

Someone is available 24/7.

Women should avoid pregnancy for 28 days following vaccination.

DAILY FOLLOWUP:

Every work day, you should see your vaccine safety monitor for followup. Please contact him/her to make arrangements. See you there!

Here is some important **information on site care**:

- **When working in a health care setting, the vaccination site must be covered loosely with gauze, using first aid adhesive tape to keep it in place. Then the gauze must be covered with a semipermeable (or semioclusive) dressing. The bandage should be changed at least every 3-5 days in order to prevent buildup of fluids and irritation of the vaccination site. Also wear a shirt that covers the vaccination site** as an additional barrier to spread of vaccinia. (A “semipermeable dressing” is one that does not allow for the passage of fluids but allows for the passage of air.) Notify your employer that you have been vaccinated for smallpox when you report for work.
- **When not at work in a health care setting, you need only wear the gauze bandage secured by first aid adhesive tape** over the vaccination site. The gauze bandage should be changed frequently (every 1-3 days). As an added precaution against the spread or transmission, **wear a shirt** that covers the vaccination site, as well. This is particularly important in situations of close physical contact such as occurs in the household.
- **Wash hands with soap and warm water** or with alcohol-based hand rubs such as gels or foams after direct contact with vaccine, the vaccination site, or anything that might be contaminated with live virus, including bandages, clothing, towels or sheets that came into contact with the vaccination site. This is vital in order to remove any virus from your hands and prevent contact spread.
- **Keep the vaccination site dry.** Cover the vaccination site with a waterproof bandage when you bathe. Remember to change back to the loose gauze dressing after bathing. If the gauze covering the vaccination site gets wet, change it.
- **Put the contaminated bandages in a sealed plastic bag and throw them away** in the trash.
- Keep a **separate laundry hamper** for clothing, towels, bedding or other items that may have come in direct contact with the vaccination site or drainage from the site.
- **Wash clothing or any other material that comes in contact with the vaccination site** using hot water with detergent and/or bleach. **Wash hands afterwards.**
- When the scab falls off, **throw it away in a sealed plastic bag** (remember to wash your hands afterwards).

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Diary Instructions

We thank you for your willingness to fill out the 21-day diary. Your voluntary submission of the information on this diary will help us better understand the “typical” symptoms experienced by a vaccinee. Please turn in your diary to your vaccine safety monitor or mail it directly to IDEP after the scab falls off. For questions about the diary, please contact Dr. Neely Kaydos-Daniels at 558-5358.

nbc