



## WALK ACROSS WEST VIRGINIA ROUTE DESCRIPTIONS

Few of us have the time to actually Walk Across West Virginia (WAWV), but we can do a virtual Walk Across West Virginia by walking a distance equal to walking across the state. On the following pages are descriptions of five routes across West Virginia. Two are existing trails, two are hypothetical straight line routes through the geographical center of the state and one is a combination of trails and public roads. The longest route across the state is 281 miles. If you walked 5.5 miles a week or 21.5 miles a month, in your local neighborhood, you would equal the longest distance in less than a year.

So why not set a personal goal of **Walking Across West Virginia** this year! Record the date you reach a specific mileage point on one of the routes to track your progress. You can use the mileage tracking chart found on the WAWV website to track your accumulated miles. Include your family members in your trip. You might enhance the “virtual” experience by actually walking parts of the existing trails nearest you, or by visiting some of the areas traversed by the hypothetical routes.

The West to East route across the state also includes “trivia questions” about West Virginia. See how much you know about West Virginia.!

# Allegheny Trail Milage Listing

<i>Date</i>	<i>Mileage</i>	<i>Elevation</i>	<i>Description</i>
_____	0.0	2182	Pennsylvania/West Virginia State Line close to Bruceton Mills on Local Route 4
_____	8.0	1495	Cross under I-68
_____	13.3	1693	Mt. Nebo-Begin descent into the Cheat River Gorge
_____	28.8	1252	Cross WV 26
_____	30.3	1220	Arrive at Albright, Preston County
_____	39.0	2680	Briery Mt. Road-Local Route 86
_____	41.4	2634	Top of Eastern wall of Cheat River Gorge
_____	42.2	2730	Pass by the Camp Dawson Military Reservation
_____	53.9	1486	Saltlick Creek 0.8 miles East of Rowlesburg
_____	61.3	1432	Trail joins U.S. 50 (Northwestern Turnpike) along Cheat River
_____	63.4	1483	Leave U.S. 50
_____	70.6	2020	Preston / Tucker County Line
_____	74.7	1766	Lead Mine
_____	80.5	3506	Intersect U.S. 219 on Backbone Mountain
_____	82.6	3343	Leave U.S. 219 on Forest Service 18 - Olson Fire Tower Road
_____	84.3	3110	North rim of Blackwater Canyon - Overlook of Big Run - Continue on Rim Road
_____	89.5	2810	Reach the old mining communities of Douglas/Coketon - Douglas Falls
_____	90.9	2960	Cross North Fork of Blackwater River
_____	93.3	3060	Blackwater Falls State Park Boundary
_____	95.2	3110	Trail to Blackwater Falls overlook takes off to the right.
_____	95.7	3140	Take Davis Trail toward Canaan Valley
_____	98.8	3690	Cross Canaan Loop Road - U.S. forest service 13
_____	101.2	3600	Canaan Valley State Park - Cabin areas 1/4 mile from trail
_____	104.5	3200	Join WV 45 Laneville/Jenningston Road
_____	106.0	2550	Join WV 72 at Red Creek
_____	109.7	2000	Jenningston - Cross Dry Fork
_____	112.9	1950	Gladwin - start following Gladly fork
_____	116.2	2130	Tucker/Randolph County Line
_____	130.5	2660	Cross U.S. 33 at Alpena
_____	141.5	3060	Gladly
_____	157.8	4070	Gaudineer Scenic Area
_____	163.9	3280	Join U.S. 250 - Follow for 2 miles
_____	166.0	2700	Durbin
_____	174.1	3400	High Point along Little Mountain

_____	178.2	3200	Views of National Radio Observatory at Greenbank off to the left.
_____	184.9	2560	Cass
_____	188.4	2360	Sitlington
_____	192.1	2460	Cloverlick
_____	199.8	2560	Cross WV 28 - Begin ascent of Marlin Mountain
_____	210.8	2260	Huntersville
_____	226.6	2560	Beaver Creek Campground, Watoga State Park - Begin ascent of Middle Mountain
_____	247.8	2212	Greenbrier County Route 14. 8.2 miles from Lake Sherwood 2.5 miles from Neolo.

Current terminus of Trail.

Propose trail goes another 21 miles to junction with                      Appalachian Trail in Virginia.

## Walk Across West Virginia North to South

Date	Mile	Location
_____	0.0	Start — Ohio River, Ohio side
_____	0.5	Cross Route 2 just East of Newell
_____	1.5	Cross Route 2/6
_____	2.5	Follow Rt. 6 for ½ mile to intersection of 208
_____	5.8	Cross Route 2 again
_____	7.0	Enter Ohio
_____	12.0	Pass the Outskirts of Toronto, Ohio
_____	15.0	Cross Ohio Route 7
_____	15.5	Cross Ohio River and enter WV at Brooke County Line
_____	16.0	Cross Ohio River into Ohio again
_____	19.0	Enter Mingo Junction, Ohio
_____	24.0	Cross Ohio River and enter WV again
_____	24.5	Cross Route 2
_____	28.0	Cross county Route 30
_____	29.8	Leave Brooke County and enter Ohio County just East of Wheeling-Ohio County Airport
_____	31.0	Cross County Route 30
_____	34.0	Cross State Rt. 88
_____	38.5	Pass through Tridelfhia
_____	39.0	Cross Interstate 70
_____	40.3	Leave Ohio and enter Marshall county
_____	44.0	Pass Brushes Run Public Fishing Area
_____	46.0	Cross County Route 7
_____	47.5	Cross County Route 250
_____	53.0	Cross Grove Creek West of Glen Easton
_____	57.0	Cross County 23 and Cameron Ridge
_____	61.0	Leave Marshall and enter Wetzel County
_____	62	Cross State Route 89
_____	68.0	Cross State route 7
_____	72.0	Cross Route 20
_____	77.0	Leave Wetzel and Enter Tyler County
_____	78.5	Leave Tyler and enter Doddridge County
_____	88.0	Cross State Route 23 west of Center Point
_____	88.5	Cross U.S. 50
_____	94.0	Enter Avon

_____	99.0	Leave Doddridge and enter Lewis County
_____	105	Cross U.S. 33 west of Camden
_____	113	Leave Lewis and enter Gilmer County
_____	117	Leave Gilmer and enter Braxton County
_____	118	Cross Interstate 79 just east of Burnsville
_____	122	Cross State Route 5
_____	126	Cross State Route 19
_____	130	Cross State Route 15
_____	131	Swim Sutton Lake
_____	134	Cross geologic center of WV
_____	142	Leave Braxton and enter Webster county
_____	145	Cross State Route 20 at Craigsville
_____	146	Leave Webster and enter Nicholas County
_____	153	Cross State Route 20 at Craigsville
_____	161	Cross State Route 55
_____	169	Leave Nicholas and enter Greenbrier county
_____	178	Pass by Anjean
_____	187	Cross Interstate 64 at Sam Black Church
_____	198	Pass through Alderson
_____	199	Leave Greenbrier and enter Monroe County
_____	203	Cross Route 3
_____	212	Cross U.S. Route 219
_____	220	Finish - West Virginia State Line

# Walk Across West Virginia West to East

Date	Miles	Location
_____	0.00	Start. Ohio River about 1 mile north of Ashton, Mason County 1) The Ohio River is the boundary between Ohio and West Virginia at this point. What part of the river is the boundary point? 2) What major WV cities are on the banks of the Ohio River?
_____	9.00	Leave Mason County and cross into Putnam County
_____	10.40	Cross U.S. Route 35
_____	10.75	Cross Kanawha River 3) What two rivers join at Gauley Bridge to form the Kanawha River?
_____	25.20	Leave Putnam and enter Jackson County 4) Who/what is Jackson County named for?
_____	26.40	Pass through the community of Young, Jackson County
_____	28.20	Cross Interstate 77 5) Traveling from South to North, what would be the first county in West Virginia you would pass through on Interstate 77? 5a) Traveling from South to North, what would be the last county in WV you would pass through on Interstate 79?
_____	34.5	Leave Jackson County and enter Roane County 6) What counties border Roane County?
_____	41.5	Pass through the community of Walton and cross U.S. Highway Route 119. 7) Do you know at what two points U.S. 119 enters and exits WV?
_____	48.5	Cross state Route 36 between Looneyville and Left Hand.
_____	56.10	Leave Roane County and enter Calhoun County
_____	57.3	Leave Calhoun and reenter Roane County
_____	57.60	Leave Roane and reenter Calhoun County
_____	59.90	Leave Calhoun and enter Braxton County
_____	66.00	Cross Elk River near Frametown 8) What are some of the major communities along Elk River? 9) What is the large city at the Mouth of the Elk and what significance is it to West Virginia?
_____	74	Cross interstate highway 79 10) What is the last major town I-79 passes by before entering Pennsylvania?
_____	79.0	Cross the geographical center of WV
_____	82.40	Cross the back of Sutton Lake 11) What civil war event took place near here?
_____	85.4	Leave Braxton and enter Webster County 12) Who were Braxton and Webster counties named for?
_____	88.00	Pass through Guardian, Webster County
_____	92.10	Cross State Route 20
_____	95.80	Pass through part of Holly River State Park
_____	100.10	Leave Webster and enter Randolph County.
_____	104.5	Cross Left Fork of Buckhannon River.

## **WALK ACROSS WEST VIRGINIA - WEST TO EAST (CONTINUED)**

_____	106.10	Enter Kumbrabow State Forest
_____	109.50	Leave Kumbrabow State Forest
_____	112.30	Elkwater, Randolph County - Cross U.S. 219
_____	117.30	Cross U.S. Route 250 - top of Cheat Mountain
_____	120.30	Cross Shavers Fork of Cheat River and railroad 13) the waters of Shavers fork flow into what rivers?
_____	122.20	Leave Randolph, enter Pocahontas County 14) Who was Pocahontas County named for?
_____	123.70	Cross West Fork of Greenbrier River 15) The waters of the West Fork flow into what rivers?
_____	126.40	Cross Little River
_____	129	Cross top of Burner Mountain
_____	133	Cross Allegheny Mountain, leave Pocahontas Cty., enter Pendleton Cty.
_____	139.5	Cross State Rt. 28 after passing Hunting Gound Mt.
_____	151	Cross U.S. 220 just south of Franklin
_____	160.00	Cross Dickinson Mountain
_____	162	Cross U.S. Route 33 north of Brandywine
_____	164	Virginia State Line - Finish!!

### **Answer to Walk Across WV: West To East Bonus Mile Questions**

1. The low water mark on the Ohio side of the river is the state boundary. The Ohio River is within West Virginia.
2. Weirton, Wheeling, Moundsville, Parkersburg, and Huntington are major WV cities on the Ohio River.
3. The Gauley and New Rivers meet at Gauley Bridge to form the Kanawha River.
4. Andrew Jackson, seventh president and military hero.
5. Mercer County is the southern most county crossed by I-77.
- 5a. Monongalia County is the last county before I-79 crosses into Pennsylvania.
6. Kanawha, Clay, Calhoun, Jackson and Wirt Counties border Roane County.
7. US 119 enters Pennsylvania at Point Marion, Pa. in the north and Kentucky at Williamson, WV in the south.
8. Webster Springs, Sutton, and Charleston are three of the communities that border the Elk River.
9. Charleston is the largest city on the Elk and the Capitol of the state.

10. Morgantown is the last major town before I-79 leaves West Virginia. Morgantown is the site of West Virginia University.
11. The civil war skirmish for control of the Gauley Bridge and Weston Turnpike at Bulltown.
12. Braxton — Carter Braxton, American Revolution political leader. Webster — Daniel Webster, American Statesman.
13. Shavers Fork flows into the Cheat River, Cheat into the Monongahela River, Monongahela into the Ohio River, Ohio River into the Mississippi River, and the Mississippi into the Gulf of Mexico.
14. Pocahontas, the legendary Indian princess.
15. The West Fork flows into the main Greenbrier River, Greenbrier into the New River, New River into the Kanawha River, Kanawha River into the Ohio river, Ohio River into the Mississippi River, Mississippi River into the Gulf of Mexico.



## American Discovery Trail - WV Portion

### East to West

Date	Milage	Description
_____	0	Green Springs, WV
_____	11.8	Fort Ashby
_____	32.5	Ridgeville
_____	48.0	Greenland Gap, Grant County
_____	65.4	Bear Rocks at Dolly Sods, Tucker County
_____	68.1	Red Creek Campground, Dolly Sods
_____	77.4	Canaan Valley State Park
_____	88.8	Blackwater Falls State Park Lodge
_____	105.2	Hendricks
_____	109.2	Parsons
_____	126.4	Valley Furnace
_____	129.2	Nesterville
_____	136.5	Phillipi
_____	141.0	Arden
_____	154.0	Tygart Lake State Park
_____	158.0	Grafton
_____	188.4	Bridgeport
_____	196.9	Glen Falls, Harrison County Rail Trail
_____	208.9	Clarksburg
_____	212.9	Wilsonburg, Eastern end of North Bend Rail Trail
_____	194.2	Leave Ritchie, enter Wood County
_____	215.9	Tunnel
_____	219.3	Salem
_____	228.3	Smithburg
_____	231.2	West Union
_____	242.8	Pennsboro
_____	247.4	Ellenboro
_____	248.8	North Bend State Park
_____	251.9	Petroleum
_____	270.2	Walker
_____	280.2	Parkersburg
_____	281.0	Ohio River

## Greenbrier River Trail to Thomas

This route follows rail trails, secondary and U.S. Forest Service roads, and short sections of U.S. highway routes. Though the route could be walked (especially the rail trails and forest (service road), it would be an excellent bike touring route.

Date	Mileage	Mileage Between Points	GBR Trail Miles*	Description
_____	0.0	0.0	3.1	South trail head near Caldwell. Access of of U.S. Route 60 East of Lewisburg.
_____	2.5	2.5	5.6	Hopper
_____	5.7	3.2	8.8	Loopermount
_____	8.0	2.3	11.1	Keister
_____	10.9	2.9	14.0	Anthony
_____	18.6	7.7	21.7	Spring Creek Bridge
_____	21.6	3.3	25.0	Renick
_____	26.5	4.6	29.6	Horrock
_____	27.8	1.3	30.9	Droop Mountain Tunnel
_____	32.4	4.6	35.5	Greenbrier/Pocahontas County Line
_____	35.7	3.3	38.8	Beard
_____	36.2	0.5	39.3	Denmar - Originally a state tuberculosis hospital, later a long term care facility and now a medium security prison.
_____	42.7	6.5	45.8	Seebert - Access to Watoga State Park
_____	49.0	6.3	52.1	Buckeye
_____	52.0	3.0	55.1	Marlinton Municipal Park
_____	52.9	0.9	56.0	Marlinton
_____	58.2	5.3	61.3	Thorny Creek
_____	59.3	1.1	62.4	Clawson
_____	62.2	2.9	65.3	Sharps Tunnel - 511 feet
_____	68.1	5.9	71.2	Cloverlick
_____	71.3	3.2	74.4	Stony Bottom
_____	73.7	2.4	76.8	Sitlington
_____	76.3	2.6	79.4	Northern Greenbrier River Trail Head
_____	77.3	1.0		Cass - Take paved County Rt. 1, Back Mountain Road out of Cass
_____	81	3.7		Wanless
_____	91.2	10.2		250/11 Intersection. Turn right onto 250/11
_____	91.9	0.7		Intersection with U.S. Route 250, Greenbrier River Bridge
				Pick up West Fork Trial on Eastern end of bridge. You may have to go toward Durbin to gain easy access to the trail.
_____	98.3	6.4		Burner - Little River joins West Fork of Greenbrier River
_____	101.4	3.1		May
_____	106.5	5.1		Wildell
_____	108.4	1.9		Randolph/Pocahontas County Line. Greenbrier River/Glady Creek divide. Water South of the divide enters the Ohio River Via the New and Kanawha Rivers. Water North of the divide enters the Ohio River via the Cheat and Monongahela Rivers.

_____	113.6	5.5	Glady - Pick up paved route 27 here.
_____	113.8	0.2	Intersection - Continue straight
_____	123.3	9.5	Alpena - Intersection with U.S. 33. Turn Right onto 33
_____	124.3	1	Right turn onto gravel Forest Service Road 91 at top of Shavers Mountain - Alpena Gap.
_____	125.7	1.4	Bare Left at intersection.
_____	127.1	1.4	Bear Haven Recreation Area
_____	130.8	3.7	Intersection with access road to Bickle Knob lookout tower. Access road comes in from the right. 0.3 miles to the tower. Fantastic view of the area from the tower.
_____	134.6	3.8	Access Road to Stuart Recreation Area - Camping/showers
_____	135.0	0.4	Old route 33 - Turn right
_____	137.1	2.1	Route 33 (Four Lane) - Turn right
_____	140.5	3.4	Elkins - Intersection with Route 92. Right turn onto Route 92 N, 33 West. (Rather than following route 92 through Elkins, you can Follow the back streets. There is a visitors center at the Intersection where you can get directions and a map if they are Open.)
_____	141.6	1.1	Jct. 219 North - follow 219 North
_____	142.4	0.8	Allegheny Trail trail head on right. Pick up trail here. It is paved for about 3 miles out of Elkins.
_____	145.2	2.8	Gilman
_____	148.7	3.5	Kerens
_____	152.9	4.2	Montrose
_____	159.2	6.3	Moore
_____	160.5	1.3	Porterwood
_____	163.0	2.5	Parsons - Pick up U.S. 219 North in Parsons. American Discovery Trail goes through Parsons.
_____	165.2	2.2	Right onto route 72.
_____	166.0	0.8	Hambleton
_____	167.1	1.1	Hendricks - Pick up Blackwater Canyon Trail coming in from left Past the post office.
_____	175.6	8.5	Douglas
_____	177.9	2.3	Thomas - end of route.

\* The Greenbrier River Trail uses the old railroad mileage starting in Ronceverte, 3.1 miles South of the southern trail head. The former rail line joined the mainline in Ronceverte.