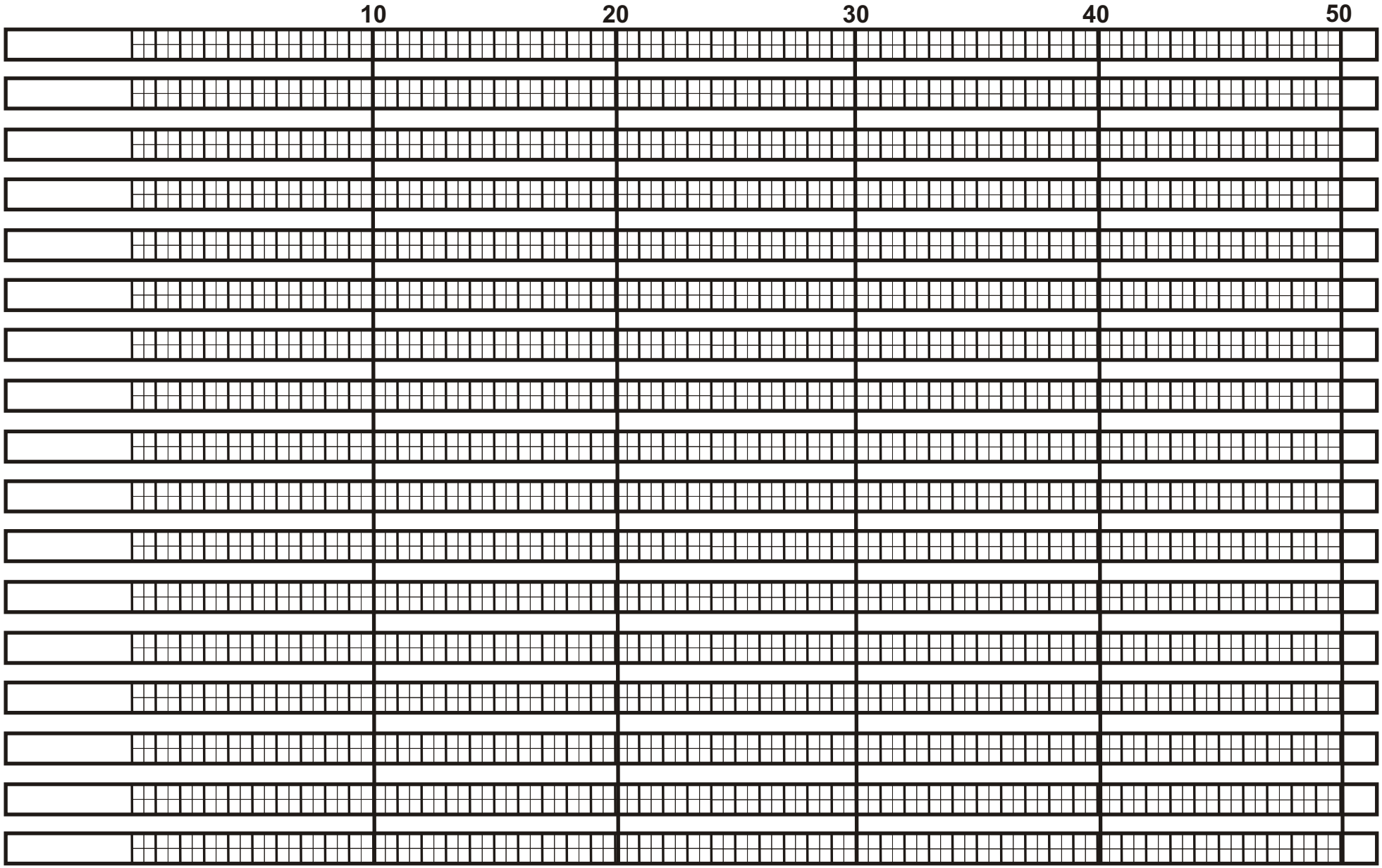
Walk Across West Virginia
Milage Chart



Color in a small box for each ¼ mile or 5 minutes walked.