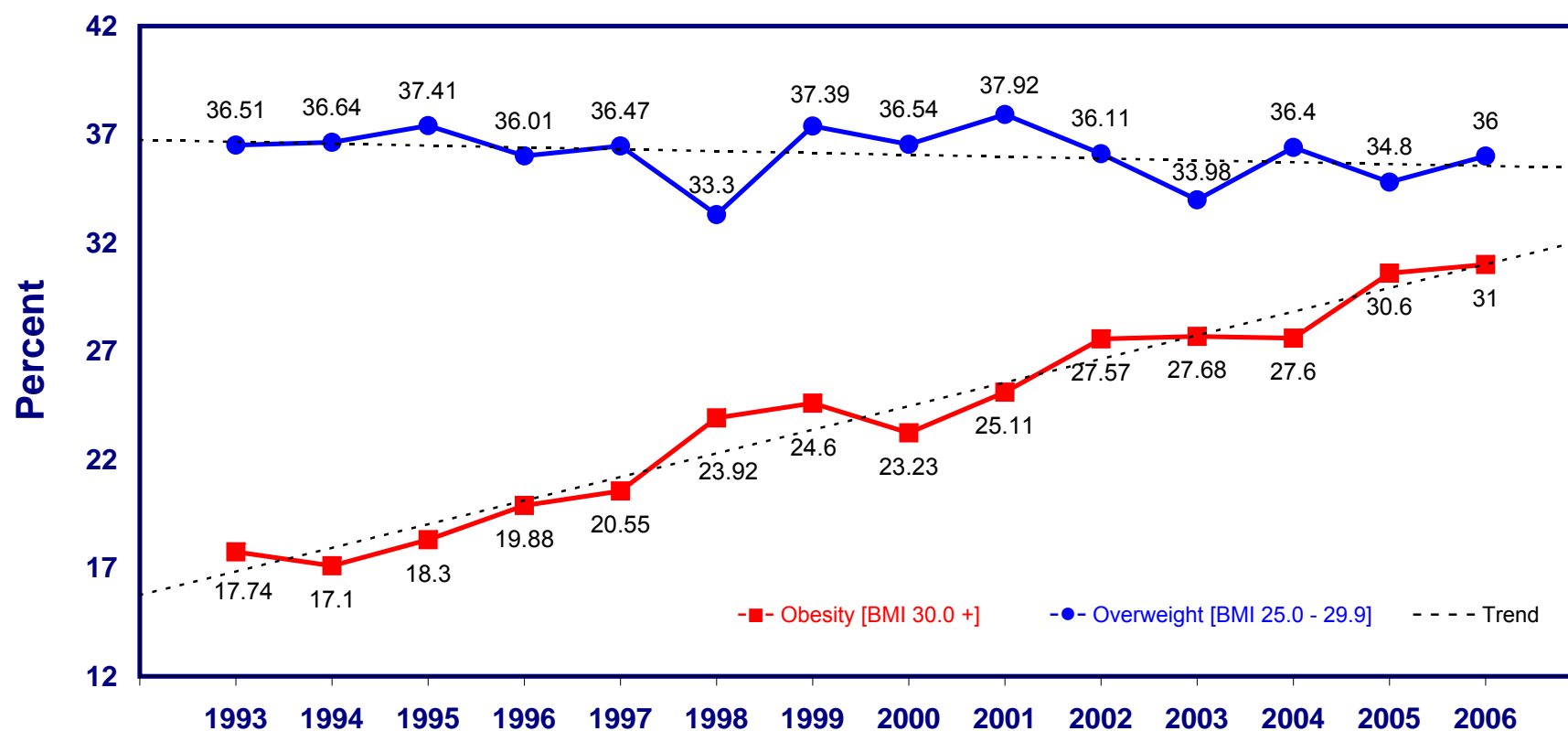


Obesity and Overweight 1993-2006



Source: West Virginia Behavioral Risk Factor Surveillance System (WVBRFSS), West Virginia Health Statistics Center, January 2008.

Population: Non-institutionalized adults age 18 and older residing in West Virginia.

Definitions: Body Mass Index (BMI) is a calculation that standardizes the meaning of the terms obesity and overweight, thereby improving the accuracy of comparisons. BMI is body weight in kilograms divided by height in meters squared ($BMI = \text{kg}/\text{m}^2$).

Obesity is defined as a body mass index of 30.0 or higher. Overweight is defined as a body mass index of 25.0 - 29.9.

Note: This Y axis does not begin with zero, in order to maintain a 30 percentage point Y axis range that facilitates comparability among a group of graphs presented together.