## **CHAPTER 7: ASTHMA**

## Lifetime and Current Asthma among Adults in 2006

**Definitions** Lifetime Asthma: Responding "Yes" to the following question: "Have you ever

been told by a doctor, nurse, or other health professional that you had asthma?"

Current Asthma: Responding "Yes" to the lifetime asthma question and "Yes"

to the following question: "Do you still have asthma?"

Prevalence Lifetime Asthma

**WV: 11.9%** (95% CI: 10.5-13.2) in 2006. **US: 12.7%** (95% CI: 12.5-13.0) in 2006.

West Virginia ranked 39<sup>th</sup> among 50 US States and DC in 2006.

Current Asthma

**WV: 8.6%** (95% CI: 7.4-9.7) in 2006. **US: 8.2%** (95% CI: 8.0-8.4) in 2006.

West Virginia ranked 22<sup>nd</sup> among 50 US States and DC in 2006.

**Time Trends** Between 2000 and 2006 the prevalence of lifetime asthma and the prevalence of

current asthma increased only slightly among West Virginia adults.

**Gender** Lifetime Asthma

**Men**: 9.5% (95% CI: 7.6-11.4) in 2006. **Women**: 14.1% (95% CI: 12.2-16.0) in 2006.

Women had a significantly higher prevalence of lifetime asthma than men in 2006.

Current Asthma

**Men**: 5.3% (95% CI: 3.9-6.6) in 2006. **Women**: 11.7% (95% CI: 9.9-13.5) in 2006.

In 2006, women were significantly more likely than men to have current asthma.

Current Asthma

Age The current asthma prevalence did not differ significantly by age.

Current Asthma

**Education** The prevalence of current asthma was significantly higher among adults without

a high school diploma.

Current Asthma

**Household Income** Current asthma was significantly more prevalent among adults with a household

income of less than \$15,000. In fact, the poorest adults were about four times

more likely to have asthma than the wealthiest adults.

WV HEALTHY PEOPLE 2010 OBJECTIVES

**Objective 24.5** Reduce the prevalence of current asthma among adults aged 18 years and older to 7.7% or lower.

(Revised 2003) (Baseline: 8.5% in 2000; Current: 8.6% in 2006)

Table 7.1 Lifetime asthma by demographic characteristics: WVBRFSS, 2006

| Characteristic     | Men     |       |           | Women   |       |           | Total   |      |           |
|--------------------|---------|-------|-----------|---------|-------|-----------|---------|------|-----------|
|                    | # Resp. | %     | 95% CI    | # Resp. | %     | 95% CI    | # Resp. | %    | 95% CI    |
| TOTAL              | 1,491   | 9.5   | 7.6-11.4  | 2,287   | 14.1  | 12.2-16.0 | 3,778   | 11.9 | 10.5-13.2 |
| Age                |         |       |           |         |       |           |         |      |           |
| 18-24              | 67      | 17.2  | 7.4-27.1  | 78      | *17.6 | 6.9-28.3  | 145     | 17.4 | 10.1-24.7 |
| 25-34              | 150     | * 7.3 | 2.9-11.7  | 264     | 11.3  | 7.2-15.4  | 414     | 9.3  | 6.3-12.3  |
| 35-44              | 232     | 6.4   | 3.2-9.6   | 366     | 14.0  | 10.0-18.0 | 598     | 10.2 | 7.6-12.8  |
| 45-54              | 331     | 8.9   | 5.7-12.1  | 428     | 15.5  | 11.8-19.2 | 759     | 12.2 | 9.7-14.7  |
| 55-64              | 369     | 10.2  | 6.6-13.7  | 464     | 14.2  | 10.7-17.6 | 833     | 12.2 | 9.7-14.7  |
| 65+                | 338     | 9.2   | 6.0-12.4  | 674     | 13.0  | 10.3-15.8 | 1,012   | 11.4 | 9.3-13.5  |
| Education          |         |       |           |         |       |           |         |      |           |
| Less than H.S.     | 256     | 13.5  | 9.2-17.9  | 358     | 23.2  | 18.3-28.0 | 614     | 18.2 | 14.9-21.5 |
| H.S. or G.E.D.     | 594     | 11.8  | 8.4-15.2  | 895     | 12.7  | 10.3-15.1 | 1,489   | 12.3 | 10.2-14.4 |
| Some Post-H.S.     | 281     | * 6.5 | 1.9-11.0  | 540     | 16.2  | 10.9-21.4 | 821     | 12.0 | 8.4-15.7  |
| College Graduate   | 356     | 5.4   | 2.9-7.8   | 491     | 8.0   | 5.5-10.5  | 847     | 6.7  | 4.9-8.4   |
| Income             |         |       |           |         |       |           |         |      |           |
| Less than \$15,000 | 168     | 16.4  | 10.6-22.2 | 412     | 19.5  | 14.8-24.2 | 580     | 18.4 | 14.7-22.1 |
| \$15,000- 24,999   | 267     | 13.9  | 8.3-19.6  | 462     | 17.8  | 13.3-22.2 | 729     | 16.1 | 12.5-19.6 |
| \$25,000- 34,999   | 214     | * 9.6 | 3.8-15.5  | 278     | 10.0  | 6.4-13.7  | 492     | 9.8  | 6.3-13.4  |
| \$35,000- 49,999   | 237     | * 8.8 | 3.3-14.4  | 285     | 10.6  | 5.9-15.2  | 522     | 9.6  | 6.0-13.3  |
| \$50,000- 74,999   | 225     | 6.6   | 2.9-10.4  | 272     | 12.7  | 8.0-17.5  | 497     | 9.6  | 6.6-12.6  |
| \$75,000+          | 247     | 6.0   | 2.7-9.3   | 261     | 5.4   | 2.6-8.1   | 508     | 5.7  | 3.5-7.9   |

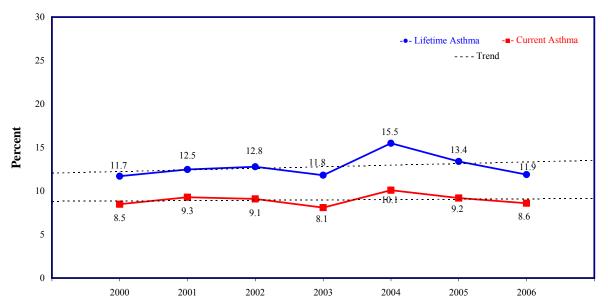
<sup>\*</sup> Use caution when interpreting and reporting this specific estimate. See the detailed discussion of estimates in the Methodology section.

Table 7.2 Current asthma by demographic characteristics: WVBRFSS, 2006

| Characteristic     | Men     |       |          | Women   |       |           | Total   |      |           |
|--------------------|---------|-------|----------|---------|-------|-----------|---------|------|-----------|
|                    | # Resp. | %     | 95% CI   | # Resp. | %     | 95% CI    | # Resp. | %    | 95% CI    |
| TOTAL              | 1,488   | 5.3   | 3.9-6.6  | 2,281   | 11.7  | 9.9-13.5  | 3,769   | 8.6  | 7.4-9.7   |
| Age                |         |       |          |         |       |           |         |      |           |
| 18-24              | 67      | * 4.9 | 0.0-11.0 | 78      | *17.0 | 6.3-27.7  | 145     | 10.7 | 4.5-17.0  |
| 25-34              | 150     | * 4.4 | 1.2-7.6  | 264     | 8.0   | 4.5-11.6  | 414     | 6.2  | 3.8-8.6   |
| 35-44              | 232     | * 3.2 | 1.0-5.5  | 364     | 12.2  | 8.3-16.0  | 596     | 7.7  | 5.4-10.0  |
| 45-54              | 330     | 6.0   | 3.3-8.7  | 428     | 12.0  | 8.7-15.2  | 758     | 9.0  | 6.9-11.1  |
| 55-64              | 367     | 5.6   | 2.8-8.4  | 462     | 11.5  | 8.4-14.6  | 829     | 8.6  | 6.5-10.7  |
| 65+                | 338     | 7.5   | 4.5-10.4 | 672     | 10.8  | 8.2-13.4  | 1,010   | 9.4  | 7.5-11.3  |
| Education          |         |       |          |         |       |           |         |      |           |
| Less than H.S.     | 255     | 10.0  | 6.2-13.8 | 357     | 20.8  | 16.2-25.5 | 612     | 15.3 | 12.2-18.3 |
| H.S. or G.E.D.     | 593     | 5.7   | 3.6-7.7  | 891     | 10.0  | 7.8-12.1  | 1,484   | 7.8  | 6.3-9.3   |
| Some Post-H.S.     | 280     | 3.3   | 0.0-7.0  | 540     | 13.9  | 8.7-19.0  | 820     | 9.3  | 5.9-12.8  |
| College Graduate   | 356     | * 3.1 | 1.2-5.0  | 490     | 5.9   | 3.7-8.1   | 846     | 4.5  | 3.0-6.0   |
| Income             |         |       |          |         |       |           |         |      |           |
| Less than \$15,000 | 167     | 12.7  | 7.3-18.0 | 410     | 17.7  | 13.1-22.3 | 577     | 15.9 | 12.4-19.5 |
| \$15,000- 24,999   | 267     | 9.0   | 4.9-13.0 | 461     | 14.7  | 10.4-18.9 | 728     | 12.1 | 9.2-15.1  |
| \$25,000- 34,999   | 214     | * 3.2 | 0.7-5.6  | 277     | 7.2   | 4.1-10.4  | 491     | 5.1  | 3.1-7.1   |
| \$35,000- 49,999   | 237     | * 5.0 | 0.2-9.8  | 285     | 8.3   | 3.9-12.6  | 522     | 6.5  | 3.3-9.8   |
| \$50,000- 74,999   | 224     | * 1.7 | 0.1-3.3  | 271     | 8.5   | 4.4-12.5  | 495     | 5.0  | 2.8-7.1   |
| \$75,000+          | 247     | 3.2   | 1.1-5.3  | 261     | 4.4   | 1.9-6.9   | 508     | 3.7  | 2.1-5.3   |

<sup>\*</sup> Use caution when interpreting and reporting this specific estimate. See the detailed discussion of estimates in the Methodology section.

Figure 7.1 Lifetime and current asthma by year: WVBRFSS, 2000-2006



Source: West Virginia Behavioral Risk Factor Surveillance System (WVBRFSS), West Virginia Health Statistics Center, January 2008. Population: Non-institutionalized adults age 18 and older residing in West Virginia.

Definition of Lifetime Asthma: Responding "Yes" to the following question: "Have you ever been told by a doctor, nurse, or other health professional that you had asthma?"

Definition of Current Asthma: Responding "Yes" to the lifetime asthma question and "Yes" to the following question: "Do you still have asthma?"

Figure 7.2 Current asthma by county: WVBRFSS, 2002-2006

