

## Appendix J

### Behavioral Risk Factor Prevalences in 50 States, District of Columbia, and Territories<sup>a</sup> United States, 2005

State	Fair or Poor Health		No Health Insurance, Ages 18-64		No Leisure Exercise		Obesity (BMI 30+)		Current Smoking		History of Heart Attack, Angina, Stroke		Binge Drinking		Diabetes		Current Asthma		No Flu Immun. Past 12 Mo., Ages 65+	
	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk
Alabama	21.0	7	20.0	19	29.7	9	28.9	5	24.8	7	10.1	6	10.4	47	9.8	4	7.1	43	38.9	9
Alaska	12.8	42	18.5	8	21.4	43	27.4	8	24.9	6	5.4	51	17.5	7	4.4	53	7.8	29	38.9	9
Arizona	15.5	25	25.2	8	22.6	34	21.1	47	20.2	30	8.5	19	14.5	26	7.5	25	7.4	35	37.4	18
Arkansas	21.6	4	23.1	10	30.6	6	28.0	7	23.5	10	9.4	11	10.4	47	8.1	16	7.5	32	34.5	26
California	17.6	14	19.9	20	23.9	27	22.7	38	15.2	50	7.1	39	14.0	31	7.1	31	7.2	40	33.7	30
Colorado	12.7	44	18.4	9	17.3	52	17.8	53	19.8	36	5.2	52	16.2	14	4.8	52	8.2	22	25.3	51
Connecticut	12.2	46	10.6	49	21.2	45	20.1	51	16.5	49	6.9	42	14.8	22	6.5	41	8.0	25	28.7	44
Delaware	13.0	39	9.2	51	23.3	29	23.5	34	20.6	25	9.1	12	15.6	18	8.6	11	8.5	18	34.1	28
D.C.	12.5	45	11.2	48	22.5	35	21.7	42	20.0	32	6.5	48	16.8	9	7.1	31	9.2	8	45.3	4
Florida	17.7	13	25.4	5	26.9	15	22.8	37	21.6	19	10.4	5	14.1	30	8.8	10	6.8	47	44.2	5
Georgia	16.7	19	18.7	7	27.2	13	26.5	14	22.1	17	7.5	33	12.1	42	8.3	14	7.3	36	38.9	9
Hawaii	13.6	32	9.3	50	19.5	46	19.7	52	17.0	48	6.9	42	16.5	13	7.3	27	7.5	32	27.3	47
Idaho	14.9	27	22.3	12	21.6	41	24.5	25	17.9	45	8.4	22	13.3	36	6.8	36	7.3	36	35.8	24
Illinois	15.7	24	16.9	28	25.6	21	25.1	23	19.9	35	8.1	25	16.8	9	7.9	20	7.0	45	43.8	6
Indiana	16.7	19	18.2	10	26.9	15	27.2	10	27.3	2	8.7	16	14.3	28	8.3	14	8.2	22	36.0	23
Iowa	12.2	46	13.0	41	24.7	25	25.4	20	20.4	27	8.4	22	18.6	4	6.8	36	7.2	40	28.2	45
Kansas	13.1	38	15.6	32	24.4	26	23.9	30	17.8	46	7.9	29	12.4	40	6.9	34	6.9	46	33.8	29
Kentucky	23.7	2	20.5	18	31.5	5	28.6	6	28.7	1	11.0	3	10.4	47	8.9	8	8.8	15	37.5	17
Louisiana	21.2	6	25.4	5	33.4	2	30.8	2	22.6	13	9.8	9	14.0	31	9.2	6	5.9	52	37.4	18
Maine	14.7	29	14.9	35	22.3	39	22.7	38	20.8	23	8.7	16	14.0	31	7.5	25	10.2	3	32.3	35
Maryland	11.9	50	12.7	44	22.9	33	24.4	26	18.9	41	7.0	41	11.9	43	7.2	30	8.3	21	40.3	8
Massachusetts	13.2	36	11.8	47	23.3	29	20.7	49	18.1	43	7.2	37	15.7	17	6.4	44	9.6	6	30.0	41
Michigan	15.1	26	14.7	36	22.5	35	26.2	15	22.0	18	9.0	13	16.6	12	8.1	16	9.1	12	32.7	33
Minnesota	11.3	52	8.1	52	16.2	53	23.7	32	20.0	32	6.1	49	18.7	3	5.8	49	8.4	20	21.9	53
Mississippi	23.6	4	21.8	15	32.4	4	30.9	1	23.6	8	10.7	4	9.8	50	9.8	4	7.2	40	38.2	13
Missouri	17.6	14	15.5	33	25.4	24	26.9	12	23.4	11	9.7	10	14.7	23	7.7	22	9.0	13	38.1	15
Montana	14.4	31	25.6	4	22.4	38	21.3	44	19.2	40	7.1	39	16.8	9	5.7	50	7.9	28	30.2	40
Nebraska	13.3	34	16.5	29	23.8	28	26.0	16	21.3	21	7.2	37	17.3	8	7.3	27	6.7	49	27.1	48
Nevada	17.2	16	25.3	7	26.8	17	21.2	45	23.1	12	8.3	24	17.6	6	7.1	31	7.1	43	47.0	3
New Hampshire	11.1	53	12.4	45	21.6	41	23.1	36	20.4	27	8.1	25	14.7	23	6.5	41	10.3	2	29.6	43
New Jersey	16.6	21	17.2	11	29.2	10	22.1	41	18.0	44	7.8	30	13.2	37	7.7	22	7.5	32	36.1	22
New Mexico	17.9	12	25.8	3	23.3	29	21.7	42	21.5	20	6.9	42	10.6	45	7.3	27	8.9	14	32.0	37
New York	16.9	18	16.0	31	27.1	14	22.2	40	20.4	27	7.7	32	14.7	23	8.1	16	9.3	7	37.1	20
North Carolina	18.6	11	22.5	11	25.6	21	25.9	17	22.6	13	8.7	16	10.5	46	8.5	12	6.5	51	34.4	27
North Dakota	12.0	49	13.6	39	23.1	32	25.4	20	20.1	31	7.8	30	18.9	2	6.7	38	7.3	36	29.7	42
Ohio	14.8	28	15.1	34	25.6	21	24.3	28	22.3	16	8.1	25	15.2	19	7.7	22	8.0	25	35.2	25
Oklahoma	18.7	10	24.8	9	30.6	6	26.8	13	25.1	5	9.9	7	12.6	39	8.9	8	8.5	18	26.8	50
Oregon	16.1	22	20.9	17	18.6	49	23.8	31	18.5	42	7.4	34	13.9	34	6.7	38	10.1	4	31.0	38
Pennsylvania	14.6	30	12.8	42	25.8	20	25.3	22	23.6	8	8.8	14	16.0	15	8.1	16	8.1	24	40.5	7
Puerto Rico	34.1	1	8.0	53	49.0	1	23.7	32	13.1	51	11.5	2	15.2	19	12.5	1	8.8	15	67.8	1
Rhode Island	13.2	36	13.4	40	25.9	19	21.0	48	19.8	36	7.4	34	15.1	21	6.4	44	10.7	1	32.6	34
South Carolina	17.2	16	22.3	12	26.3	18	29.1	4	22.5	15	8.8	14	12.8	38	10.3	3	6.6	50	38.7	12
South Dakota	12.8	42	14.0	38	22.5	35	25.5	19	19.8	36	8.5	19	18.0	5	6.4	44	7.3	36	23.7	52
Tennessee	19.5	9	16.1	30	33.1	3	27.4	8	26.7	3	9.9	7	8.6	52	9.1	7	7.7	31	38.2	13
Texas	19.8	8	32.7	2	27.4	12	27.0	11	20.0	32	8.5	19	14.3	28	7.9	20	6.8	47	38.1	15
Utah	13.0	39	17.1	26	18.5	50	21.2	45	11.5	52	5.6	50	8.3	53	5.5	51	8.0	25	30.3	39
Vermont	11.5	51	14.2	37	19.2	47	20.2	50	19.3	39	7.4	34	15.8	16	6.0	48	9.8	5	33.6	31
Virgin Islands	16.1	22	33.1	1	30.0	8	25.6	18	8.1	53	4.2	53	11.3	44	8.4	13	4.4	53	62.5	2
Virginia	13.3	34	12.8	42	21.3	44	25.1	23	20.6	25	8.1	25	12.2	41	6.9	34	8.7	17	32.9	32
Washington	13.4	33	17.1	26	17.4	51	23.3	35	17.6	47	6.9	42	13.8	35	6.3	47	9.2	8	32.1	36
West Virginia	24.7	2	22.2	14	28.5	11	30.6	3	26.7	3	13.7	1	9.1	51	10.4	2	9.2	8	36.2	21
Wisconsin	12.1	48	12.2	46	18.7	48	24.4	26	20.7	24	6.9	42	22.1	1	6.6	40	9.2	8	28.1	46
Wyoming	13.0	39	21.0	16	22.0	40	24.2	29	21.3	21	6.8	47	14.4	27	6.5	41	7.8	29	26.9	49
<b>US Total</b>	<b>16.7</b>		<b>18.8</b>		<b>25.5</b>		<b>24.5</b>		<b>20.4</b>		<b>8.3</b>		<b>14.2</b>		<b>7.8</b>		<b>7.9</b>		<b>36.6</b>	

Source: Centers for Disease Control & Prevention - 2005 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2006.

a. 53 states/territories conducted the survey. States/territories with the same prevalence share the same rank.

b. Influenza immunization was measured by questions about either a flu shot or a flu vaccine sprayed in the nose. Before 2004, this measure included only the flu shot question.