

Appendix F

Behavioral Risk Factor Prevalences in 50 States, District of Columbia, and Territories^a United States, 2001

State	Fair or Poor Health		No Health Insurance, Ages 18-64		Diabetes Awareness		Hypertension Awareness		Obesity (BMI 30+)		No Leisure Exercise		Current Smoking		Smokeless Tobacco Use		Binge Drinking		Heavy Drinking	
	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk
Alabama	21.2	5	17.8	21	9.6	2	31.6	2	24.5	7	31.2	10	23.8	22			11.6	44	4.2	42
Alaska	11.3	49	20.3	11	4.0	54	21.8	51	22.1	21	21.1	44	26.2	8			18.2	5	5.8	13
Arizona	16.1	15	20.5	9	6.1	34	23.6	43	18.5	48	21.9	41	21.5	41	2.6	13	16.8	10	6.1	9
Arkansas	19.5	8	19.9	14	7.8	9	29.7	5	22.4	17	31.5	8	25.5	13	6.5	3	11.3	45	4.6	37
California	16.0	16	17.3	22	6.5	28	23.3	45	21.9	23	26.6	19	17.2	51			15.5	22	6.2	8
Colorado	13.2	34	17.9	19	4.6	50	21.6	52	14.9	54	19.2	50	22.3	33	4.0	9	16.7	11	5.5	16
Connecticut	11.5	47	11.3	46	6.3	31	24.0	41	17.9	49	24.0	34	20.6	45	0.7	15	13.8	34	5.2	24
Delaware	13.1	37	10.1	49	7.1	16	27.2	13	20.8	30	25.7	28	25.0	15			15.7	19	7.1	4
D.C.	13.2	34	14.2	30	8.3	6	29.0	7	20.0	36	24.2	32	20.8	44			14.8	27	6.1	9
Florida	16.0	16	21.5	8	8.2	7	26.9	15	18.8	46	27.7	13	22.4	30			12.0	40	5.5	16
Georgia	15.9	18	15.9	27	6.9	19	26.9	15	22.7	13	27.3	16	23.7	24			11.9	41	3.9	47
Guam	18.1	10	20.0	13	9.5	3	24.5	35	21.2	25	27.4	15	31.2	1			18.1	6	5.3	23
Hawaii	12.4	44	8.8	53	6.2	32	24.1	37	17.9	49	18.9	51	20.5	46			10.4	49	5.1	28
Idaho	13.0	38	17.9	19	5.4	45	24.6	34	20.5	32	21.0	45	19.6	49			12.8	38	4.2	42
Illinois	13.6	31	11.7	42	6.6	25	24.8	33	21.0	28	26.5	21	23.7	24			17.3	9	5.5	16
Indiana	14.0	28	16.2	26	6.5	28	25.8	25	24.5	7	26.2	24	27.4	6			13.8	34	4.4	39
Iowa	11.9	46	10.1	49	5.7	38	25.5	29	22.5	15	25.9	26	22.1	38			16.2	14	4.7	36
Kansas	12.6	41	12.1	40	5.8	37	23.9	42	21.6	24	26.7	18	22.2	35			14.7	28	4.8	33
Kentucky	21.7	4	18.0	18	6.7	21	30.1	4	24.6	5	33.4	4	30.9	2	4.9	7	8.7	53	2.7	53
Louisiana	15.5	20	25.3	4	7.6	12	27.6	11	24.0	9	35.6	2	24.6	16			13.8	34	4.1	44
Maine	13.2	34	15.3	28	6.7	21	25.2	31	19.5	41	23.2	36	23.9	20			15.4	23	5.5	16
Maryland	13.8	30	11.8	41	6.9	19	26.3	22	20.5	32	24.2	32	21.1	42			11.9	41	5.2	24
Massachusetts	12.1	45	9.4	51	5.6	42	23.6	43	16.6	53	22.8	39	19.5	50			18.1	6	7.0	5
Michigan	14.6	25	11.6	44	7.2	13	27.3	12	25.0	3	23.4	35	25.6	12			18.0	8	5.9	11
Minnesota	11.0	51	6.4	54	4.4	52	22.3	49	19.9	37	17.1	52	22.2	35			19.6	3	5.8	13
Mississippi	22.9	3	22.0	7	9.3	4	31.3	3	26.5	1	33.4	4	25.3	14			11.8	43	4.5	38
Missouri	15.5	20	12.9	36	6.6	25	26.5	19	23.2	11	27.5	14	25.9	10			14.1	33	4.8	33
Montana	4.4	26	20.4	10	5.6	42	26.8	17	18.8	46	21.9	41	21.9	40	6.0	4	16.7	11	4.4	39
Nebraska	13.0	38	16.5	25	5.2	47	22.6	47	20.7	31	31.4	9	20.2	48	3.5	11	14.6	30	4.3	41
Nevada	13.6	31	20.2	12	5.7	38	25.6	27	19.5	41	22.6	40	26.9	7			16.7	11	7.8	2
New Hampshire	9.4	54	13.4	33	5.4	45	22.8	46	19.4	43	19.5	49	24.1	19			15.8	17	6.3	7
New Jersey	15.5	20	13.5	32	7.1	16	26.1	23	19.6	40	26.6	19	21.1	42	0.8	14	13.5	37	4.0	46
New Mexico	16.9	11	26.5	3	6.2	32	20.0	54	19.7	38	25.8	27	23.8	22			15.8	17	5.0	30
New York	16.3	14	19.5	15	6.6	25	26.0	24	20.3	35	28.7	12	23.2	27			14.4	31	5.0	30
North Carolina	16.4	13	16.7	23	6.7	21	27.2	13	22.9	12	26.4	22	25.7	11			9.8	50	4.1	44
North Dakota	12.6	41	14.2	30	5.1	48	24.1	37	20.4	34	23.2	36	22.1	38	5.6	6	22.3	2	4.8	33
Ohio	14.2	27	13.0	35	7.2	13	26.6	18	22.4	17	26.2	24	27.6	5			16.2	14	5.4	21
Oklahoma	19.6	7	25.1	5	7.7	10	28.5	9	22.6	14	32.8	6	28.7	3	4.9	7	11.0	48	3.5	50
Oregon	14.8	24	16.6	24	5.7	38	24.9	32	21.1	27	20.8	46	20.5	46			14.7	28	5.9	11
Pennsylvania	14.0	28	11.3	46	6.7	21	28.1	10	22.1	21	24.7	31	24.5	17			15.6	21	5.2	24
Puerto Rico	34.5	1	9.3	52	9.8	1	26.4	21	22.2	20	49.2	1	12.5	53			11.3	45	3.8	49
Rhode Island	15.3	23	10.5	48	6.4	30	25.4	30	17.7	51	24.9	30	23.9	20			15.1	24	7.5	3
South Carolina	15.6	19	19.2	17	8.1	8	28.8	8	22.5	15	26.4	22	26.0	9			12.3	39	5.5	16
South Dakota	12.6	41	12.4	38	6.1	34	24.1	37	21.2	25	25.4	29	22.3	33	5.7	5	18.5	4	3.9	47
Tennessee	19.9	6	12.4	38	7.7	10	29.3	6	23.4	10	35.1	3	24.4	18			6.8	54	2.5	54
Texas	19.3	9	26.6	2	7.1	16	25.6	27	24.6	5	27.1	17	22.4	30	3.9	10	15.1	24	5.4	21
Utah	10.0	53	14.6	29	4.3	53	22.3	49	19.1	45	16.5	54	13.2	52			9.7	51	3.1	51
Vermont	11.5	47	13.4	33	5.1	48	21.4	53	17.6	52	20.3	48	22.4	30			15.7	19	6.8	6
Virgin Islands	16.6	12	31.8	1	7.2	13	26.5	19	24.7	4	29.2	11	9.6	54			11.1	47	5.7	15
Virginia	13.3	33	12.7	37	6.0	36	25.8	25	20.9	29	23.2	36	22.5	28	3.0	12	14.3	32	5.1	28
Washington	12.8	40	11.6	44	5.7	38	24.4	36	19.3	44	17.1	52	22.5	28			14.9	26	5.0	30
West Virginia	24.2	2	23.8	6	8.8	5	32.5	1	25.1	2	31.7	7	28.2	4	8.2	1	9.4	52	3.0	52
Wisconsin	11.2	50	11.7	42	5.6	42	24.1	37	22.4	17	20.7	47	23.6	26			25.7	1	8.7	1
Wyoming	10.9	52	19.5	15	4.5	51	22.4	48	19.7	38	21.2	43	22.2	35	8.1	2	16.0	16	5.2	24
US Total	15.7		16.4		6.8		25.8		21.6		26.4		22.7		N/A		14.5		5.2	

Source: Centers for Disease Control & Prevention - 2001 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2005.

a. 54 states/territories conducted the survey. States/territories with the same prevalence share the same rank.

b. For 2001, heavy drinking was redefined as > two drinks per day for men and > one drink per day for women. It was defined as > = two drinks per day for all adults previously.