

## **TABLE OF CONTENTS**

<i>Executive Summary</i> .....	iii
Introduction.....	1
Methodology.....	3
Chapter 1: Health Status .....	9
Chapter 2: Health Care Access .....	12
Chapter 3: Diabetes Awareness .....	17
Chapter 4: Obesity and Overweight.....	21
Chapter 5: Weight Control.....	24
Chapter 6: Physical Inactivity .....	27
Chapter 7: Nutrition .....	30
Chapter 8: Current Cigarette Smoking.....	33
Chapter 9: Smokeless Tobacco Use.....	36
Chapter 10: Other Tobacco Indicators.....	38
Chapter 11: Alcohol Consumption .....	42
Chapter 12: Cholesterol .....	47
Chapter 13: Hypertension .....	50
Chapter 14: Cardiovascular Disease .....	53
Chapter 15: Asthma .....	56
Chapter 16: Arthritis .....	59
Chapter 17: Disability and Falls.....	62
Chapter 18: Immunization .....	65
Chapter 19: Sexually Transmitted Diseases.....	67
Chapter 20: Sunburn .....	69
<i>APPENDIXES</i> .....	71