

## Appendix F

### Behavioral Risk Factor Prevalences in 50 States, District of Columbia, and Territories<sup>a</sup> United States, 2001

| State           | Fair or Poor Health |     | No Health Insurance, Ages 18-64 |     | Diabetes Awareness |     | Hypertension Awareness |     | Obesity (BMI 30+) |     | No Leisure Exercise |     | Current Smoking |     | Smokeless Tobacco Use |     | Binge Drinking |     | Heavy Drinking |     |
|-----------------|---------------------|-----|---------------------------------|-----|--------------------|-----|------------------------|-----|-------------------|-----|---------------------|-----|-----------------|-----|-----------------------|-----|----------------|-----|----------------|-----|
|                 | %                   | Rnk | %                               | Rnk | %                  | Rnk | %                      | Rnk | %                 | Rnk | %                   | Rnk | %               | Rnk | %                     | Rnk | %              | Rnk | %              | Rnk |
| Alabama         | 21.2                | 5   | 17.8                            | 21  | 9.6                | 2   | 31.6                   | 2   | 24.5              | 7   | 31.2                | 10  | 23.8            | 22  |                       |     | 11.6           | 44  | 4.2            | 42  |
| Alaska          | 11.3                | 49  | 20.3                            | 11  | 4.0                | 54  | 21.8                   | 51  | 22.1              | 21  | 21.1                | 44  | 26.2            | 8   |                       |     | 18.2           | 5   | 5.8            | 13  |
| Arizona         | 16.1                | 15  | 20.5                            | 9   | 6.1                | 34  | 23.6                   | 43  | 18.5              | 48  | 21.9                | 41  | 21.5            | 41  | 2.6                   | 13  | 16.8           | 10  | 6.1            | 9   |
| Arkansas        | 19.5                | 8   | 19.9                            | 14  | 7.8                | 9   | 29.7                   | 5   | 22.4              | 17  | 31.5                | 8   | 25.5            | 13  | 6.5                   | 3   | 11.3           | 45  | 4.6            | 37  |
| California      | 16.0                | 16  | 17.3                            | 22  | 6.5                | 28  | 23.3                   | 45  | 21.9              | 23  | 26.6                | 19  | 17.2            | 51  |                       |     | 15.5           | 22  | 6.2            | 8   |
| Colorado        | 13.2                | 34  | 17.9                            | 19  | 4.6                | 50  | 21.6                   | 52  | 14.9              | 54  | 19.2                | 50  | 22.3            | 33  | 4.0                   | 9   | 16.7           | 11  | 5.5            | 16  |
| Connecticut     | 11.5                | 47  | 11.3                            | 46  | 6.3                | 31  | 24.0                   | 41  | 17.9              | 49  | 24.0                | 34  | 20.6            | 45  | 0.7                   | 15  | 13.8           | 34  | 5.2            | 24  |
| Delaware        | 13.1                | 37  | 10.1                            | 49  | 7.1                | 16  | 27.2                   | 13  | 20.8              | 30  | 25.7                | 28  | 25.0            | 15  |                       |     | 15.7           | 19  | 7.1            | 4   |
| D.C.            | 13.2                | 34  | 14.2                            | 30  | 8.3                | 6   | 29.0                   | 7   | 20.0              | 36  | 24.2                | 32  | 20.8            | 44  |                       |     | 14.8           | 27  | 6.1            | 9   |
| Florida         | 16.0                | 16  | 21.5                            | 8   | 8.2                | 7   | 26.9                   | 15  | 18.8              | 46  | 27.7                | 13  | 22.4            | 30  |                       |     | 12.0           | 40  | 5.5            | 16  |
| Georgia         | 15.9                | 18  | 15.9                            | 27  | 6.9                | 19  | 26.9                   | 15  | 22.7              | 13  | 27.3                | 16  | 23.7            | 24  |                       |     | 11.9           | 41  | 3.9            | 47  |
| Guam            | 18.1                | 10  | 20.0                            | 13  | 9.5                | 3   | 24.5                   | 35  | 21.2              | 25  | 27.4                | 15  | 31.2            | 1   |                       |     | 18.1           | 6   | 5.3            | 23  |
| Hawaii          | 12.4                | 44  | 8.8                             | 53  | 6.2                | 32  | 24.1                   | 37  | 17.9              | 49  | 18.9                | 51  | 20.5            | 46  |                       |     | 10.4           | 49  | 5.1            | 28  |
| Idaho           | 13.0                | 38  | 17.9                            | 19  | 5.4                | 45  | 24.6                   | 34  | 20.5              | 32  | 21.0                | 45  | 19.6            | 49  |                       |     | 12.8           | 38  | 4.2            | 42  |
| Illinois        | 13.6                | 31  | 11.7                            | 42  | 6.6                | 25  | 24.8                   | 33  | 21.0              | 28  | 26.5                | 21  | 23.7            | 24  |                       |     | 17.3           | 9   | 5.5            | 16  |
| Indiana         | 14.0                | 28  | 16.2                            | 26  | 6.5                | 28  | 25.8                   | 25  | 24.5              | 7   | 26.2                | 24  | 27.4            | 6   |                       |     | 13.8           | 34  | 4.4            | 39  |
| Iowa            | 11.9                | 46  | 10.1                            | 49  | 5.7                | 38  | 25.5                   | 29  | 22.5              | 15  | 25.9                | 26  | 22.1            | 38  |                       |     | 16.2           | 14  | 4.7            | 36  |
| Kansas          | 12.6                | 41  | 12.1                            | 40  | 5.8                | 37  | 23.9                   | 42  | 21.6              | 24  | 26.7                | 18  | 22.2            | 35  |                       |     | 14.7           | 28  | 4.8            | 33  |
| Kentucky        | 21.7                | 4   | 18.0                            | 18  | 6.7                | 21  | 30.1                   | 4   | 24.6              | 5   | 33.4                | 4   | 30.9            | 2   | 4.9                   | 7   | 8.7            | 53  | 2.7            | 53  |
| Louisiana       | 15.5                | 20  | 25.3                            | 4   | 7.6                | 12  | 27.6                   | 11  | 24.0              | 9   | 35.6                | 2   | 24.6            | 16  |                       |     | 13.8           | 34  | 4.1            | 44  |
| Maine           | 13.2                | 34  | 15.3                            | 28  | 6.7                | 21  | 25.2                   | 31  | 19.5              | 41  | 23.2                | 36  | 23.9            | 20  |                       |     | 15.4           | 23  | 5.5            | 16  |
| Maryland        | 13.8                | 30  | 11.8                            | 41  | 6.9                | 19  | 26.3                   | 22  | 20.5              | 32  | 24.2                | 32  | 21.1            | 42  |                       |     | 11.9           | 41  | 5.2            | 24  |
| Massachusetts   | 12.1                | 45  | 9.4                             | 51  | 5.6                | 42  | 23.6                   | 43  | 16.6              | 53  | 22.8                | 39  | 19.5            | 50  |                       |     | 18.1           | 6   | 7.0            | 5   |
| Michigan        | 14.6                | 25  | 11.6                            | 44  | 7.2                | 13  | 27.3                   | 12  | 25.0              | 3   | 23.4                | 35  | 25.6            | 12  |                       |     | 18.0           | 8   | 5.9            | 11  |
| Minnesota       | 11.0                | 51  | 6.4                             | 54  | 4.4                | 52  | 22.3                   | 49  | 19.9              | 37  | 17.1                | 52  | 22.2            | 35  |                       |     | 19.6           | 3   | 5.8            | 13  |
| Mississippi     | 22.9                | 3   | 22.0                            | 7   | 9.3                | 4   | 31.3                   | 3   | 26.5              | 1   | 33.4                | 4   | 25.3            | 14  |                       |     | 11.8           | 43  | 4.5            | 38  |
| Missouri        | 15.5                | 20  | 12.9                            | 36  | 6.6                | 25  | 26.5                   | 19  | 23.2              | 11  | 27.5                | 14  | 25.9            | 10  |                       |     | 14.1           | 33  | 4.8            | 33  |
| Montana         | 4.4                 | 26  | 20.4                            | 10  | 5.6                | 42  | 26.8                   | 17  | 18.8              | 46  | 21.9                | 41  | 21.9            | 40  | 6.0                   | 4   | 16.7           | 11  | 4.4            | 39  |
| Nebraska        | 13.0                | 38  | 16.5                            | 25  | 5.2                | 47  | 22.6                   | 47  | 20.7              | 31  | 31.4                | 9   | 20.2            | 48  | 3.5                   | 11  | 14.6           | 30  | 4.3            | 41  |
| Nevada          | 13.6                | 31  | 20.2                            | 12  | 5.7                | 38  | 25.6                   | 27  | 19.5              | 41  | 22.6                | 40  | 26.9            | 7   |                       |     | 16.7           | 11  | 7.8            | 2   |
| New Hampshire   | 9.4                 | 54  | 13.4                            | 33  | 5.4                | 45  | 22.8                   | 46  | 19.4              | 43  | 19.5                | 49  | 24.1            | 19  |                       |     | 15.8           | 17  | 6.3            | 7   |
| New Jersey      | 15.5                | 20  | 13.5                            | 32  | 7.1                | 16  | 26.1                   | 23  | 19.6              | 40  | 26.6                | 19  | 21.1            | 42  | 0.8                   | 14  | 13.5           | 37  | 4.0            | 46  |
| New Mexico      | 16.9                | 11  | 26.5                            | 3   | 6.2                | 32  | 20.0                   | 54  | 19.7              | 38  | 25.8                | 27  | 23.8            | 22  |                       |     | 15.8           | 17  | 5.0            | 30  |
| New York        | 16.3                | 14  | 19.5                            | 15  | 6.6                | 25  | 26.0                   | 24  | 20.3              | 35  | 28.7                | 12  | 23.2            | 27  |                       |     | 14.4           | 31  | 5.0            | 30  |
| North Carolina  | 16.4                | 13  | 16.7                            | 23  | 6.7                | 21  | 27.2                   | 13  | 22.9              | 12  | 26.4                | 22  | 25.7            | 11  |                       |     | 9.8            | 50  | 4.1            | 44  |
| North Dakota    | 12.6                | 41  | 14.2                            | 30  | 5.1                | 48  | 24.1                   | 37  | 20.4              | 34  | 23.2                | 36  | 22.1            | 38  | 5.6                   | 6   | 22.3           | 2   | 4.8            | 33  |
| Ohio            | 14.2                | 27  | 13.0                            | 35  | 7.2                | 13  | 26.6                   | 18  | 22.4              | 17  | 26.2                | 24  | 27.6            | 5   |                       |     | 16.2           | 14  | 5.4            | 21  |
| Oklahoma        | 19.6                | 7   | 25.1                            | 5   | 7.7                | 10  | 28.5                   | 9   | 22.6              | 14  | 32.8                | 6   | 28.7            | 3   | 4.9                   | 7   | 11.0           | 48  | 3.5            | 50  |
| Oregon          | 14.8                | 24  | 16.6                            | 24  | 5.7                | 38  | 24.9                   | 32  | 21.1              | 27  | 20.8                | 46  | 20.5            | 46  |                       |     | 14.7           | 28  | 5.9            | 11  |
| Pennsylvania    | 14.0                | 28  | 11.3                            | 46  | 6.7                | 21  | 28.1                   | 10  | 22.1              | 21  | 24.7                | 31  | 24.5            | 17  |                       |     | 15.6           | 21  | 5.2            | 24  |
| Puerto Rico     | 34.5                | 1   | 9.3                             | 52  | 9.8                | 1   | 26.4                   | 21  | 22.2              | 20  | 49.2                | 1   | 12.5            | 53  |                       |     | 11.3           | 45  | 3.8            | 49  |
| Rhode Island    | 15.3                | 23  | 10.5                            | 48  | 6.4                | 30  | 25.4                   | 30  | 17.7              | 51  | 24.9                | 30  | 23.9            | 20  |                       |     | 15.1           | 24  | 7.5            | 3   |
| South Carolina  | 15.6                | 19  | 19.2                            | 17  | 8.1                | 8   | 28.8                   | 8   | 22.5              | 15  | 26.4                | 22  | 26.0            | 9   |                       |     | 12.3           | 39  | 5.5            | 16  |
| South Dakota    | 12.6                | 41  | 12.4                            | 38  | 6.1                | 34  | 24.1                   | 37  | 21.2              | 25  | 25.4                | 29  | 22.3            | 33  | 5.7                   | 5   | 18.5           | 4   | 3.9            | 47  |
| Tennessee       | 19.9                | 6   | 12.4                            | 38  | 7.7                | 10  | 29.3                   | 6   | 23.4              | 10  | 35.1                | 3   | 24.4            | 18  |                       |     | 6.8            | 54  | 2.5            | 54  |
| Texas           | 19.3                | 9   | 26.6                            | 2   | 7.1                | 16  | 25.6                   | 27  | 24.6              | 5   | 27.1                | 17  | 22.4            | 30  | 3.9                   | 10  | 15.1           | 24  | 5.4            | 21  |
| Utah            | 10.0                | 53  | 14.6                            | 29  | 4.3                | 53  | 22.3                   | 49  | 19.1              | 45  | 16.5                | 54  | 13.2            | 52  |                       |     | 9.7            | 51  | 3.1            | 51  |
| Vermont         | 11.5                | 47  | 13.4                            | 33  | 5.1                | 48  | 21.4                   | 53  | 17.6              | 52  | 20.3                | 48  | 22.4            | 30  |                       |     | 15.7           | 19  | 6.8            | 6   |
| Virgin Islands  | 16.6                | 12  | 31.8                            | 1   | 7.2                | 13  | 26.5                   | 19  | 24.7              | 4   | 29.2                | 11  | 9.6             | 54  |                       |     | 11.1           | 47  | 5.7            | 15  |
| Virginia        | 13.3                | 33  | 12.7                            | 37  | 6.0                | 36  | 25.8                   | 25  | 20.9              | 29  | 23.2                | 36  | 22.5            | 28  | 3.0                   | 12  | 14.3           | 32  | 5.1            | 28  |
| Washington      | 12.8                | 40  | 11.6                            | 44  | 5.7                | 38  | 24.4                   | 36  | 19.3              | 44  | 17.1                | 52  | 22.5            | 28  |                       |     | 14.9           | 26  | 5.0            | 30  |
| West Virginia   | 24.2                | 2   | 23.8                            | 6   | 8.8                | 5   | 32.5                   | 1   | 25.1              | 2   | 31.7                | 7   | 28.2            | 4   | 8.2                   | 1   | 9.4            | 52  | 3.0            | 52  |
| Wisconsin       | 11.2                | 50  | 11.7                            | 42  | 5.6                | 42  | 24.1                   | 37  | 22.4              | 17  | 20.7                | 47  | 23.6            | 26  |                       |     | 25.7           | 1   | 8.7            | 1   |
| Wyoming         | 10.9                | 52  | 19.5                            | 15  | 4.5                | 51  | 22.4                   | 48  | 19.7              | 38  | 21.2                | 43  | 22.2            | 35  | 8.1                   | 2   | 16.0           | 16  | 5.2            | 24  |
| <b>US Total</b> | <b>15.7</b>         |     | <b>16.4</b>                     |     | <b>6.8</b>         |     | <b>25.8</b>            |     | <b>21.6</b>       |     | <b>26.4</b>         |     | <b>22.7</b>     |     | <b>N/A</b>            |     | <b>14.5</b>    |     | <b>5.2</b>     |     |

Source: Centers for Disease Control & Prevention - 2001 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2005.

a. 54 states/territories conducted the survey. States/territories with the same prevalence share the same rank.