

Appendix E

Behavioral Risk Factor Prevalences in 50 States, District of Columbia, and Territories^a

United States, 2000

State	Fair or Poor Health		No Health Insurance, Ages 18-64		Diabetes Awareness		Obesity (BMI 30+)		No Leisure Exercise		Less Than 5 Per Day Fruits/Veg		Current Smoking		Smokeless Tobacco Use		Have had Heart Attack		Have had Stroke	
	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk
Alabama	19.3	6	19.4	13	7.4	4	23.9	2	31.6	9	77.3	23	25.2	10						
Alaska	10.2	50	19.1	14	3.8	52	21.0	23	20.0	48	76.3	34	25.0	12	5.7	5				
Arizona	14.8	21	20.7	9	5.9	33	19.2	33	34.2	5	63.1	52	18.6	49						
Arkansas	19.0	7	20.9	8	6.2	23	23.3	4	28.1	21	77.5	21	25.1	11						
California	16.7	11	21.3	7	6.8	11	19.9	29	26.5	29	73.3	41	17.2	50						
Colorado	12.7	37	15.8	22	5.1	44	14.2	52	19.8	49	76.6	30	20.0	43	4.1	8				
Connecticut	13.9	27	10.6	44	5.5	38	17.4	45	25.2	31	70.7	48	19.9	44						
Delaware	12.4	38	9.7	49	6.4	18	16.6	49	28.0	23	77.5	21	22.9	28			4.2	8	2.3	8
D.C.	12.2	41	12.8	32	7.2	5	21.5	16	20.8	46	68.1	50	20.9	39			3.0	14	2.7	3
Florida	15.3	17	21.6	6	6.9	10	18.7	37	28.8	17	76.7	27	23.2	25						
Georgia	15.2	19	16.5	19	6.8	11	21.5	16	29.0	16	77.7	19	23.5	21			3.7	12	2.2	10
Hawaii	12.4	38	8.3	51	5.2	42	15.7	51	23.2	40	77.6	20	19.7	47						
Idaho	13.1	31	20.4	10	4.9	46	18.9	35	19.8	49	78.9	13	22.3	29	3.3	13				
Illinois	13.0	34	12.8	32	6.2	23	21.7	14	30.9	11	76.8	29	22.3	29						
Indiana	14.1	26	12.3	36	6.0	29	21.8	12	25.4	30	80.0	7	26.9	4			5.2	5	2.5	5
Iowa	10.9	49	10.9	43	6.1	27	21.5	16	27.3	25	81.9	3	23.2	25	3.0	16	4.1	10	1.9	12
Kansas	12.4	38	12.9	30	5.9	33	20.8	24	30.4	12	76.6	30	21.0	37						
Kentucky	21.6	3	16.6	18	6.5	16	23.0	7	41.1	2	77.3	23	30.5	1			5.4	2	2.8	2
Louisiana	16.3	13	25.6	3	6.6	15	23.6	3	36.2	3	84.2	2	24.1	15	3.5	11				
Maine	14.7	23	16.3	20	6.0	29	20.0	27	27.2	26	75.5	36	23.8	18						
Maryland	12.8	35	11.1	40	6.4	18	20.2	26	24.2	38	72.6	43	20.5	42	1.4	18				
Massachusetts	13.5	29	9.9	48	5.8	35	16.8	48	24.6	35	70.0	49	19.9	44						
Michigan	13.7	28	10.1	46	7.0	9	22.4	9	22.9	43	76.9	26	24.1	15						
Minnesota	9.7	52	8.3	51	4.9	46	17.4	45	24.8	34	75.7	35	19.8	46						
Mississippi	20.2	4	22.7	5	7.6	2	25.0	1	33.3	7	81.4	5	23.5	21	7.3	3	5.3	4	2.6	4
Missouri	15.3	16	13.4	28	6.7	14	22.1	10	28.8	17	79.3	12	27.2	3						
Montana	11.3	46	18.0	16	4.9	46	15.9	50	23.3	39	77.2	25	18.8	48	6.3	4	3.4	13	2.3	8
Nebraska	11.3	46	11.1	40	4.9	46	21.1	22	29.6	14	79.4	10	21.2	36	3.9	10				
Nevada	15.8	14	16.0	21	6.8	11	17.9	43	24.9	32	78.7	14	29.0	2	2.6	17				
New Hampshire	10.1	51	10.3	45	4.4	50	18.1	41	26.7	27	73.8	40	25.3	9						
New Jersey	15.7	15	15.4	23	5.8	35	18.5	38	28.6	19	72.6	43	21.0	37						
New Mexico	17.1	9	27.7	1	6.5	16	19.3	32	24.4	36	79.5	9	23.6	20						
New York	14.7	23	15.3	24	6.3	22	17.7	44	29.4	15	72.5	45	21.6	33						
North Carolina	16.6	12	15.1	25	6.4	18	21.8	12	30.4	12	77.9	18	26.1	6	5.2	6				
North Dakota	11.5	44	14.2	26	5.2	42	20.4	25	24.3	37	76.8	27	23.2	25						
Ohio	13.3	30	12.3	36	6.4	18	21.5	16	31.3	10	78.6	15	26.2	5	3.4	12	5.4	2	2.5	5
Oklahoma	15.3	16	20.1	12	5.5	38	19.7	31	34.4	4	81.8	4	23.3	24	4.5	7	4.0	11	1.7	13
Oregon	16.9	10	18.1	15	6.0	29	21.5	16	20.1	47	73.2	42	20.7	40						
Pennsylvania	14.4	25	11.1	40	7.1	7	21.2	21	23.0	42	76.7	29	24.3	14			4.6	6	2.4	7
Puerto Rico	32.8	1	10.1	46	8.5	1	21.7	14	54.1	1	92.8	1	13.1	51						
Rhode Island	14.8	21	13.6	27	6.0	29	17.1	47	27.5	24	70.8	47	23.4	23						
South Carolina	15.0	20	16.9	17	7.1	7	22.0	11	28.1	21	75.4	37	24.9	13			4.5	7	1.7	13
South Dakota	12.1	42	12.7	35	5.7	37	19.8	30	26.7	27	80.1	6	21.9	31						
Tennessee	18.3	8	13.2	29	7.2	5	22.9	8	32.7	8	65.9	51	25.7	8						
Texas	20.2	4	26.9	2	6.2	23	23.1	6	28.5	20	76.6	30	21.9	31	4.1	8				
Utah	11.5	44	12.8	34	5.4	41	19.1	34	15.5	52	79.4	10	12.9	52						
Vermont	11.2	48	11.7	38	4.4	50	18.2	39	23.2	40	71.3	46	21.5	34						
Virginia	13.1	31	12.9	30	6.2	23	18.2	39	25.0	32	74.4	39	21.4	35	3.1	14	4.2	8	2.1	11
Washington	11.9	43	11.5	39	5.5	38	18.8	36	16.9	51	75.3	38	20.7	40	3.1	14				
West Virginia	25.4	2	23.5	4	7.6	2	23.2	5	33.6	6	78.6	15	26.1	6	8.8	1	7.6	1	3.1	1
Wisconsin	12.8	35	8.9	50	6.1	27	20.0	27	22.1	45	78.3	17	24.1	15						
Wyoming	13.1	31	20.2	11	5.0	45	18.0	42	22.6	44	79.6	8	23.8	18	7.5	2				
US Total	15.5		16.3		6.4		20.4		27.8		75.8		22.2		N/A		N/A		N/A	

Source: Centers for Disease Control & Prevention - 2000 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2005.

a. 52 states/territories conducted the survey. States/territories with the same prevalence share the same rank.