

Appendix K
Behavioral Risk Factor Prevalences in 50 States and District of Columbia ^{a b}
United States, 2006

State	Fair or Poor Health		No Health Insurance, Ages 18-64		No Leisure Exercise		Obesity (BMI 30+)		Current Smoking		History of Heart Attack, Angina, Stroke		Binge Drinking		Diabetes		Current Asthma		
	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	
Alabama	21.3	4	19.1	19	29.2	5	30.5	3	23.2	9	12.5	2	10.9	47	10.0	4	8.9	14	
Alaska	12.5	41	19.0	20	21.4	36	26.2	18	24.0	6	6.5	48	16.7	13	5.9	47	9.5	10	
Arizona	16.3	19	23.3	9	22.3	29	22.9	38	18.2	37	8.7	19	15.2	28	8.5	12	8.9	14	
Arkansas	19.6	6	25.1	6	28.7	7	26.9	14	23.7	7	10.3	5	12.4	43	8.1	17	7.6	41	
California	19.0	7	20.4	13	23.0	22	23.3	34	14.9	50	7.5	34	15.4	26	8.2	15	7.6	41	
Colorado	11.6	45	19.6	16	17.4	48	18.2	51	17.9	41	5.3	51	16.3	18	5.3	51	7.9	36	
Connecticut	11.5	47	12.1	43	19.8	41	20.6	48	17.0	48	6.9	44	14.4	32	6.4	42	9.3	11	
Delaware	12.9	44	11.4	46	21.6	35	26.0	20	21.7	17	8.6	20	19.0	5	8.1	17	9.6	8	
D.C.	12.1	37	9.8	50	22.1	31	22.5	42	17.9	41	6.4	49	15.8	22	8.1	17	10.0	2	
Florida	16.8	15	25.5	5	25.1	14	23.1	36	21.0	21	9.9	9	13.7	37	8.5	12	7.2	46	
Georgia	14.8	23	17.9	23	24.7	15	27.1	12	19.9	28	8.1	24	12.0	44	9.1	9	8.0	35	
Hawaii	14.7	24	10.0	48	19.3	45	20.6	48	17.5	46	7.1	42	17.5	11	8.2	15	8.1	34	
Idaho	13.9	30	22.2	10	20.8	40	24.1	32	16.8	49	6.8	45	14.6	30	6.8	37	9.2	13	
Illinois	16.1	21	17.6	24	22.4	28	25.1	25	20.5	24	7.7	30	19.2	4	8.1	17	8.3	30	
Indiana	16.5	18	18.4	22	25.3	13	27.8	10	24.1	5	9.0	15	15.9	21	8.1	17	8.4	27	
Iowa	13.0	36	12.7	40	22.3	29	25.7	22	21.4	20	8.8	17	20.5	3	7.3	32	6.5	50	
Kansas	14.3	27	15.6	32	22.6	26	25.9	21	20.0	27	7.9	27	15.3	27	7.3	32	8.3	30	
Kentucky	23.1	1	20.0	14	30.4	3	28.0	9	28.5	1	11.8	3	8.6	50	9.9	6	8.2	33	
Louisiana	18.4	10	26.5	2	31.0	2	27.1	12	23.4	8	9.5	10	13.1	41	9.2	8	5.9	51	
Maine	13.7	32	12.4	42	20.9	39	23.1	36	20.9	22	7.9	27	16.2	19	6.9	36	9.7	6	
Maryland	12.6	40	11.8	45	23.0	22	24.9	28	17.7	45	8.2	23	13.8	36	7.9	23	8.9	14	
Massachusetts	12.4	42	10.0	48	21.1	37	20.3	50	17.8	44	7.2	41	17.7	8	6.4	42	9.9	3	
Michigan	15.2	22	15.3	34	22.8	25	28.8	5	22.4	12	9.4	12	17.5	11	9.0	11	9.6	8	
Minnesota	10.8	51	9.7	51	14.2	51	24.7	30	18.3	36	6.7	47	17.6	10	5.7	49	7.8	37	
Mississippi	22.5	2	24.8	8	31.1	1	31.4	1	25.1	3	10.2	7	9.3	48	10.9	2	6.9	48	
Missouri	16.8	15	15.7	31	23.2	21	27.2	11	23.2	9	10.2	7	16.4	17	7.4	27	8.6	22	
Montana	13.2	34	20.0	14	19.4	43	21.2	46	18.9	32	7.5	34	15.8	22	6.4	42	8.3	30	
Nebraska	12.9	37	17.0	26	21.0	38	26.9	14	18.7	33	8.0	26	17.9	7	7.4	27	7.5	44	
Nevada	18.5	9	25.9	3	27.1	9	25.0	27	22.2	15	8.9	16	15.5	25	7.5	25	7.7	38	
New Hampshire	11.1	49	13.3	38	19.6	42	22.4	43	18.7	33	7.5	34	15.0	29	7.4	27	9.7	6	
New Jersey	16.2	20	16.8	28	27.0	10	22.6	41	18.0	39	8.1	24	14.2	33	7.5	25	7.6	41	
New Mexico	17.8	12	25.6	4	22.6	26	22.9	38	20.1	26	7.3	39	13.0	42	7.3	32	8.5	24	
New York	16.6	17	15.9	30	26.0	11	22.9	38	18.2	37	7.6	33	15.7	24	7.6	24	8.5	24	
North Carolina	18.1	11	20.9	12	23.8	20	26.6	16	22.1	16	9.3	14	11.2	45	9.1	9	6.8	49	
North Dakota	11.5	47	13.9	36	22.0	32	25.4	23	19.5	29	7.0	43	21.0	2	6.7	38	7.1	47	
Ohio	14.7	24	14.6	35	24.5	17	28.4	8	22.4	12	9.5	10	16.2	19	6.7	38	9.8	4	
Oklahoma	20.2	5	25.0	7	29.8	4	28.8	5	25.1	3	11.3	4	13.4	38	10.0	4	8.9	14	
Oregon	14.2	28	19.5	18	16.4	50	24.8	29	18.5	35	7.4	37	14.0	35	6.7	38	9.8	4	
Pennsylvania	14.7	24	12.7	40	22.9	24	24.0	33	21.5	19	9.4	12	16.6	15	8.5	12	8.8	19	
Puerto Rico																			
Rhode Island	14.1	29	13.4	37	24.7	15	21.4	45	19.2	31	7.8	29	17.7	8	7.4	27	10.5	1	
South Carolina	17.0	14	19.6	16	24.3	18	29.4	4	22.3	14	8.8	17	13.4	38	9.6	7	7.7	38	
South Dakota	11.6	45	16.4	29	24.0	19	25.4	23	20.3	25	8.5	21	18.1	6	6.5	41	7.7	38	
Tennessee	18.8	8	15.5	33	28.8	6	28.8	5	22.6	11	10.3	5	8.5	51	10.7	3	8.5	24	
Texas	17.4	13	29.0	1	28.4	8	26.1	19	17.9	41	8.3	22	14.6	30	8.0	22	7.3	45	
Utah	12.9	37	17.1	25	19.4	43	21.9	44	9.8	51	5.7	50	9.1	49	5.7	49	8.4	27	
Vermont	10.9	50	13.3	38	17.9	47	21.2	46	18.0	39	7.4	37	16.7	13	5.9	47	9.3	11	
Virgin Islands																			
Virginia	13.1	35	12.0	44	21.7	34	25.1	25	19.3	30	7.7	30	13.4	38	7.4	27	8.4	27	
Washington	13.5	33	16.9	27	17.3	49	24.2	31	17.1	47	6.8	45	14.2	33	7.1	35	8.9	14	
West Virginia	22.5	2	18.9	21	25.6	12	31.0	2	25.7	2	14.0	1	11.1	46	12.1	1	8.6	22	
Wisconsin	12.2	43	11.3	47	19.3	45	26.6	16	20.8	23	7.3	39	24.2	1	6.2	46	8.8	19	
Wyoming	13.9	30	21.0	11	21.9	33	23.3	34	21.6	18	7.7	30	16.6	15	6.4	42	8.7	21	
US Total	16.2		18.6		24.0		25.1		19.7		na		15.0		8.0		8.2		

Source: Centers for Disease Control & Prevention - 2006 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2008.

a. The methodology for reporting this data changed slightly in 2006. Data for 50 states and the District of Columbia (DC) were included in the table. Other participants were excluded.

b. States/territories with the same prevalence share the same rank.