

Appendix H

Behavioral Risk Factor Prevalences in 50 States, District of Columbia, and Territories^a

United States, 2003

State	Fair or Poor Health		High Cholesterol		Diabetes Awareness		Hypertension Awareness		Obesity (BMI 30+)		No Leisure Exercise		Less Than 5 Per Day Fruits/Veg		Current Smoking		Binge Drinking		No Flu Shot Past 12 Mo., Ages 65+	
	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk	%	Rnk
Alabama	20.3	5	36.0	4	8.7	9	33.1	3	28.4	1	29.9	7	77.4	27	25.3	13	12.1	47	29.8	29
Alaska	11.8	49	27.6	52	5.0	53	20.8	52	23.5	23	19.2	45	77.4	27	26.2	6	18.4	11	33.5	9
Arizona	15.6	23	34.6	13	6.3	37	22.7	46	20.1	43	21.2	38	77.1	30	20.8	38	16.6	26	31.1	19
Arkansas	19.7	7	34.8	11	7.4	22	30.5	4	25.2	6	29.1	9	79.2	16	24.8	17	12.5	46	29.0	33
California	15.1	26	32.7	31	7.2	26	23.4	40	23.2	24	22.3	32	73.1	43	16.8	51	15.9	31	27.5	36
Colorado	12.0	47	31.9	35	4.7	54	19.8	53	16.0	54	16.8	53	75.8	37	18.6	48	18.3	12	25.8	44
Connecticut	12.6	40	30.8	41	5.9	45	24.2	32	19.1	49	21.0	40	70.2	52	18.6	48	16.5	27	25.7	45
Delaware	14.2	30	34.7	12	7.7	20	27.7	14	24.0	15	26.5	16	78.0	20	21.9	31	18.6	9	30.0	28
D.C.	12.4	41	29.2	49	8.2	13	25.2	24	20.3	40	22.5	31	70.4	51	22.0	27	18.6	9	37.0	6
Florida	18.1	10	35.1	7	8.5	10	29.3	7	19.9	46	27.9	12	76.4	35	23.9	20	15.5	32	34.1	7
Georgia	16.3	21	33.2	26	7.8	18	28.0	12	25.2	6	24.5	23	77.0	31	22.8	23	13.0	45	33.0	10
Guam	18.2	9	28.1	50	10.3	3	22.1	49	21.9	30	30.2	6	70.5	50	34.0	1	18.7	8	40.3	3
Hawaii	12.2	45	27.0	54	7.6	21	23.2	42	16.4	53	18.3	50	72.4	46	17.2	50	13.3	43	23.6	51
Idaho	13.6	34	31.1	39	6.3	37	23.1	43	21.8	32	18.6	49	79.6	14	19.0	47	15.5	32	29.7	30
Illinois	15.0	27	33.6	20	7.3	25	24.1	33	23.7	20	25.7	20	76.9	32	23.4	22	17.3	20	37.8	5
Indiana	16.7	19	35.1	7	7.8	18	27.0	17	26.0	4	26.2	18	78.0	20	26.1	7	15.1	37	33.9	8
Iowa	11.7	50	31.7	36	6.7	34	25.1	25	23.9	17	22.7	29	82.9	4	21.7	32	19.4	4	22.5	52
Kansas	13.3	35	29.4	48	6.0	43	23.3	41	22.6	28	25.9	19	81.2	9	20.4	40	13.9	42	29.2	32
Kentucky	22.8	4	35.5	5	8.5	10	29.8	6	25.6	5	30.6	2	81.8	7	30.8	2	9.3	52	30.9	21
Louisiana	17.3	15	30.8	41	8.5	10	29.0	8	24.8	11	30.5	3	83.6	3	26.5	5	16.4	28	31.7	16
Maine	14.7	29	33.6	20	7.4	22	26.0	21	19.9	46	20.6	42	73.0	44	23.7	21	16.8	24	25.2	46
Maryland	12.2	45	33.9	17	7.0	31	25.0	26	21.9	30	21.3	37	71.1	48	20.1	41	15.0	39	31.6	17
Massachusetts	12.4	41	32.4	33	6.2	41	23.1	43	16.8	52	21.6	36	71.0	49	19.1	46	18.3	12	25.1	48
Michigan	15.2	24	38.2	1	7.9	17	26.8	18	25.2	6	21.8	34	79.9	12	26.1	7	19.1	5	32.5	12
Minnesota	11.2	52	30.8	41	5.5	50	22.2	48	23.0	25	15.0	54	75.8	37	21.1	36	19.7	3	19.7	54
Mississippi	23.1	3	33.1	27	11.0	1	33.4	2	28.1	2	30.3	5	82.1	6	25.6	9	11.4	48	31.0	20
Missouri	17.4	14	33.6	20	6.9	32	27.5	15	23.6	22	24.0	24	79.8	13	27.2	4	17.2	22	30.1	27
Montana	12.3	43	29.8	47	5.5	50	21.3	50	18.8	50	20.2	43	78.1	19	20.0	42	19.1	5	27.2	38
Nebraska	12.8	39	30.5	44	6.4	36	23.5	39	23.9	17	20.7	41	82.2	5	21.2	34	18.0	16	26.4	41
Nevada	17.5	13	36.8	3	6.3	37	23.6	38	21.2	36	24.7	22	79.6	14	25.2	14	17.9	18	40.0	4
New Hampshire	10.8	53	33.4	23	5.6	49	22.5	47	20.2	41	19.9	44	71.5	47	21.2	34	17.7	19	26.1	42
New Jersey	15.2	24	33.8	19	7.1	29	25.6	22	20.1	43	26.9	15	73.4	42	19.4	45	16.0	30	32.8	11
New Mexico	16.9	18	27.2	53	5.7	48	21.1	51	20.2	41	22.9	28	77.6	25	22.0	27	15.3	35	27.6	35
New York	17.2	17	34.9	9	7.4	22	25.3	23	20.9	37	27.1	14	74.2	40	21.6	33	16.9	23	32.0	14
North Carolina	18.9	8	34.0	16	8.1	14	28.6	11	24.0	15	25.0	21	76.9	32	24.8	17	8.6	53	31.2	18
North Dakota	13.2	36	32.6	32	6.2	41	24.0	34	23.7	20	23.7	25	78.5	17	20.5	39	21.4	2	27.0	39
Ohio	14.2	30	33.9	17	8.9	8	26.3	20	24.9	10	26.4	17	77.3	29	25.2	14	16.7	25	32.0	14
Oklahoma	17.8	12	32.0	34	7.2	26	28.0	12	24.4	14	30.4	4	84.6	2	25.1	16	13.3	43	24.2	49
Oregon	16.2	22	34.1	15	6.3	37	24.0	34	21.5	35	18.8	46	75.9	36	20.9	37	15.5	32	29.5	31
Pennsylvania	15.0	27	35.2	6	8.0	16	26.5	19	23.8	19	22.6	30	75.3	39	25.4	12	18.0	16	30.9	21
Puerto Rico	35.0	1	30.3	45	11.0	1	27.3	16	22.9	26	45.2	1	84.7	1	13.6	52	9.8	51	59.8	2
Rhode Island	14.2	30	33.1	27	6.8	33	28.9	9	18.4	51	23.3	26	72.9	45	22.4	25	18.2	15	23.8	50
South Carolina	16.7	19	33.4	23	9.3	7	28.8	10	24.5	13	23.3	26	77.7	24	25.5	11	14.4	40	30.7	25
South Dakota	13.0	37	31.2	38	7.1	29	24.8	27	22.9	26	21.7	35	81.0	10	22.7	24	19.0	7	22.1	53
Tennessee	18.1	10	30.1	46	9.4	6	30.3	5	25.0	9	29.8	8	77.8	23	25.6	9	6.6	54	30.9	21
Texas	20.2	6	34.3	14	8.1	14	24.6	29	24.6	12	27.6	13	77.5	26	22.1	26	16.3	29	32.3	13
Utah	11.3	51	27.8	51	5.5	50	18.8	54	20.8	39	17.3	52	80.5	11	11.9	53	10.2	50	25.2	46
Vermont	10.7	54	30.9	40	5.8	46	23.1	43	19.6	48	18.7	48	67.5	53	19.5	43	17.3	20	25.9	43
Virgin Islands	17.3	15	31.5	37	9.8	4	24.8	27	22.0	29	28.6	10	66.1	54	10.0	54	14.2	41	65.1	1
Virginia	12.9	38	32.9	29	7.2	26	24.4	30	21.7	33	22.1	33	74.2	40	22.0	27	15.1	37	30.4	26
Washington	13.8	33	33.3	25	6.6	35	23.8	36	21.7	33	17.7	51	76.7	34	19.5	43	15.2	36	26.6	40
West Virginia	25.3	2	38.1	2	9.8	4	33.6	1	27.7	3	28.0	11	81.3	8	27.3	3	11.1	49	30.9	21
Wisconsin	12.0	47	32.8	30	6.0	43	24.3	31	20.9	37	18.8	46	78.5	17	22.0	27	24.2	1	27.9	34
Wyoming	12.3	43	34.9	9	5.8	46	23.8	36	20.1	43	21.1	39	77.9	22	24.6	19	18.3	12	27.4	37
US Total	16.2		33.6		7.5		25.8		22.8		24.6		76.5		22.2		15.8		30.8	

Source: Centers for Disease Control & Prevention - 2003 Behavioral Risk Factor Data; West Virginia Health Statistics Center, 2005.

a. 54 states/territories conducted the survey. States/territories with the same prevalence share the same rank.