## **WV STARS OnDemand Courses**

#### If you do not have a Registry ID Number

- Please visit <u>https://wvstars.org/</u>
- Select the green "Professionals" and then select the green "Join" option and follow the on-screen commands.
- Call WV STARS with any questions you may have or for assistance at 855-822-7827.

### **Training Registration Process**

WV Birth to Three self -paced courses can be used for annual enrollment for WV Birth to Three. Self-paced courses are completed at your own speed and in your own time. Once enrolled in a self-paced course, you will have access to the course materials 24 hours a day, 7 days a week. Each course must be completed within 30 days of registering, unless otherwise noted.

## WV STARS

You will have to register for all online trainings through the <u>WV STARS website</u>. To access a course, you can click on the course catalog to se or you can search all available courses. Once you have identified the course you wish to complete:

**<u>Step 1</u>** – Click on the green "In Cart/Checkout" button. Then click on the green "Finish" button on the next screen.

Step 2 – You will be redirected to your dashboard, and you will see the course listed in "My Courses". Click on the title of the course to ent

Step 3 – You are required to complete all modules of the online course, including the post-test and course survey to receive credit and hav

For additional information, please visit this video overview of the instructions on how to access online cou

## **Important Online Information**

- 1. Be sure all software on your computer is updated to the most current versions.
- 2. You will need to be able to access YouTube for completion of these courses
- 3. You can use any web browser to access the courses; however, Chrome seems to work most effectively.
- 4. Use a USB Headset for best audio quality
- 5. Print all handouts prior to beginning the course.
- 6. You will have 30 days to complete all course activities, unless otherwise noted.

# Sessions sponsored by WV Birth to Three available through the WV STARS Learning Management System these sessions <u>may be completed for credit one time</u>

Course Title & Description Rele		
Instructor	Description	Date
Smooth Moves: Assisting Young Children with Autism and Their Families in Transition to Preschool Services	This session will include the basics of assisting young children with autism and their families in transition from WV Birth to Three to preschool services. This will also look at transitions between settings and activities. Tips, tricks, and resources will be shared. Originally recorded via live webinar on April 26, 2018.	7/13/2021
Dr. Andrea Campbell		
1 Contact Hour		
Training and Teaching Toileting Dr. Joseph Scotti	This session will provide an overview of the typical development of toileting skills in children and will then focus on how to train and teach toileting and toileting-related skills for children whose development is delayed.	4/12/2021
1.5 Contact Hours	The focus will be on children under the age of 3 years but will include children into the early school years. This session was recorded via a live webinar on January 8, 2018.	
Good Night Sleep Tight Dr Jennifer McFarland- Whisman 1.5 Contact Hours	Irritable? Having problems concentrating? Feel like taking a nap during the day? These are common symptoms we all have experienced at some point in our lives when we haven't had a good night's sleep. While most of us have experienced occasional sleep difficulties, about 1/3 of healthy adults and children will experience more severe sleep problems. Among families of children with autism spectrum disorders (ASD) issues with sleep may be even more common with up to 80% of these children experiencing difficulties with sleep. While there are a number of sleep problems which can occur, this webinar will focus on two common problems - difficulties in going to sleep and difficulties in staying asleep. Strategies for assessing and dealing with each of these problems will be discussed. Learn about strategies to help families assist their children in go to sleep and stay asleep.	3/19/2021
Feeding Challenges in Children with Autism Spectrum Disorder Bryn Brown, SLP & Sonya Frye, OT	Eating is one of the most complex tasks we do as human beings, encompassing all domains of development. Feeding issues are common in children with autism spectrum disorders (ASD), resulting in mealtimes that can be very stressful for the child and for the family. Helping a child overcome feeding issues can be a long, slow journey, but is well work the reward of better health and food flexibility.	
1.5 Contact Hours	Originally recorded from live webinar December 18, 2017.	
Cortical Visual Impairment (CVI): A	Cortical visual impairment (CVI) is a form of visual impairment caused by a brain injury rather than an issue with the child's eyes and is the leading cause of visual impairment for children in the United States. This course will assist you in learning the basics of CVI for infants and toddlers. You	9/3/2020

Primer for Professionals	will also learn how to effectively collaborate with family and WV Birth to Three Team members to support the child's developing vision.	
Dr. Sandy Newcomb	Originally recorded via webinar Spring 2020.	
2.5 Contact Hours		
Born Not Addicted	This presentation will introduce the learner to the infant experience of Neonatal Abstinence	5/1/2020
Cara Gazdik	Syndrome. The learner will hear about prevention, causes, treatment, pharmacology, and the psychology of disease.	
1.25 Contact Hours	Originally recorded from live webinar October 12, 2017.	
Behavioral Regulation and Emotions: Essential Sensory	This presentation will focus on how children who have difficulty processing ordinary sensory experiences may wear themselves out dealing with life and its sensory challenges, and lack the resources needed behavioral regulation. For example, a child who is over-responsive to some	3/10/2020
Processing Supports	types of sensory input may have more difficulty filtering out repeated or irrelevant sensory	
Dr Anne Cronin	information. These children are easily overwhelmed by daily sensory experiences and display fight, flight, or freeze defensive responses. This can result in frequent meltdowns, withdrawal from	
1.5 Contact Hours	others, or severe aggression after being touched. Common patterns of sensory processing impairments will be discussed, together with strategies to help counteract the negative effect of these impairments on social-emotional development.	
	Originally recorded from live webinar March 31, 2017.	
One Size Does Not Fit All: Understanding the Relation Between	<ul> <li>In this course, the fundamentals of infant temperament will be discussed, including:</li> <li>What is temperament and why is it important</li> <li>Continuity and discontinuity</li> </ul>	11/1/2019
Infant Temperament and Caregiving	<ul><li>Child Impact on Caregiving and Parenting Styles</li><li>Goodness of Fit</li></ul>	
Dr Amy Root	Other Considerations	
1.5 Contact Hours	Originally recorded from live webinar December 12, 2016.	

## Other Self-Paced Learning Options Available Through WV STARS These sessions <u>may</u> be completed for credit annually

Course Title & Instructor	Description
Brain Development in Infancy	Participants of this professional development session will discuss how the brain develops, what
MountainHeart Community Services	stress can do to infants and toddlers that are in their care, how social relationships help build the brain as well as risk factors, warning signs and what to look for in an effective intervention
1 Contact hour	program.
	This course is repeatable 1 year from the date of completion.
Early Learning Standards Framework	This self-paced course overviews the WV Early Learning Standards Framework for ages infant to
Division of Early Care and Education	toddler and three to five. It will cover the meaning of standards, the history of the early learning standards, and the components of the standards.
1 Contact Hour	

Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse and NeglectWV STARS 2 Contact HoursMisconceptions of Poverty WV Home Visitation 1.5 Contact HoursMy Attachment, Your Attachment	This self-paced, online training will explore how to identify, and report suspected abuse and neglect, and examine ways to build protective factors that prevent abuse and neglect. This course is developed for child-care providers but is appropriate for anyone working with children. <b>This course is repeatable for credit 3 years from the date of completion</b> This one-hour course addresses common misconceptions surrounding poverty. Learners are asked to confront their own bias and rethink how they may view the families they work with. This Infant/Toddler Mental Health course examines how caregiver attachment impacts their relationship with the children they care for.
WV Infant Toddler Mental Health Association <u>1 hour</u> Planning for Children's Health Needs During a Disaster Nurse Health Consultants 1 Contact Hour	This course, provided by the West Virginia Child Care Nurse Health Consultants, provides the training necessary to be best equipped to address children's special health needs during a disaster.
Say YES to Safe Sleep Online - Our Babies Safe and Sound Our Babies Safe and Sound 2 Contact Hours	Candice Hamilton, Executive Director of the American Academy of Pediatrics, WV Chapter, provides opening remarks to the two-part module, which can be viewed incrementally <u>Part 1</u> , an Overview of Sleep Related Infant Deaths, is presented by Dr. Rachel Moon, Chair of the American Academy of Pediatrics' Task Force on SIDS, and SIDS researcher at the University of Virginia, who covers the latest research and recommendations on infant safe sleep from the American Academy of Pediatrics, the impact of risk factors such as maternal smoking, and recent findings about the impact of social norms and social networks on the acceptance of safe sleep practices. <u>Part 2</u> focuses on the Campaign with Conversations Approach, a family centered model which integrates promotion of safe sleep and issues such as breastfeeding, and is presented by Dr. Suzanne Bronheim, Adjunct Associate Research Professor in the Department of Pediatrics within the Georgetown University Center for Child and Human Development. To highlight the concepts of the model, two brief vignettes are presented by Lee Ann Romeo, a registered nurse and childbirth educator at United Hospital Center, and Beverly Kitchen, a registered nurse and Regional Care Coordinator with Right From The Start.
Social Work Ethics: What's New WV Infant Toddler Mental Health Association 1 Contact hour	This course covers the changes to the Social Work Ethics Code and explores ethical problem solving.

Supporting and Encouraging	This self-paced course discusses best practice on educating families about breastfeeding. Learners
Breastfeeding	will be introduced to the International Code of Marketing, discuss breast milk substitutes, and
WV Home Visitation Program	assist in creating a friendly society of support.
1 Contact Hour	
WV Infant/Toddler Professional	As part of the West Virginia Infant/Toddler Professional Development Program for Caregivers and
<b>Development Program: Ethics</b>	Administrators WVIT, this is an introduction to Professional Ethics in Child Care. This training is
WV Child Care Credential	applicable to all professionals in the early care and education field. STARS credits are available every 12 months from date of completion.
2 Contact Hours	This course is repeatable for credit 12 months from the date of completion
WV Infant/Toddler Professional	Following the Center for Disease Control's (CDC) procedures for health and safety issues assure
Development Program: Health &	families that their child will be taken care of in a manner to protect and nurture each child. By
Safety	focusing on infant/toddler health and safety and social-emotional development, caregivers directly
Division of Early Care and Education	contribute to a child's healthy brain development and the ability to learn and build relationships. Caregivers who understand this critical role learn how to protect and nurture children so that they
1.5 Contact Hours	are less susceptible to illnesses or accidents and feel safe. When they feel safe, children can place
	their energy on what comes natural to them—learning and building relationships.
	This course is repeatable for credit 12 months from the date of completion.