

# WV Birth to Three Online – Self-Paced Courses

## Training Registration Process

Self-paced courses are those that you will complete the activities of the course at your own speed and in your own time. Throughout your enrollment, you will have access to the course materials 24 hours a day, 7 days a week. Each course must be completed within 30 days of registering, unless otherwise noted.

You will have to register for all on line trainings through the [WVSTARS website](http://wvstars.org/). To access a course, you can click on the course catalog to search for the session you wish to attend, or you can search all available courses. Once you have identified the course you wish to complete:

**Step 1** – Click on the green “In Cart/Checkout” button. Then click on the green “Finish” button on the next screen.

**Step 2** – You will be redirected to your dashboard and you will see the course listed in “My Courses”. Click on the title of the course to enter.

**Step 3** – You are required to complete all modules of the online course, including the post-test and course survey to receive credit and have access to your certificate of completion.

For additional information, please visit this [video overview](#) of the instructions on how to access online coursework.

## Important Online Information

1. Be sure all software on your computer is updated to the most current versions.
2. You will need to be able to access YouTube for completion of these courses
3. You can use any web browser to access the courses; however, Chrome seems to work most effectively.
4. Use a USB Headset for best audio quality
5. Print all handouts prior to beginning the course.
6. You will have 30 days to complete all course activities, unless otherwise noted.

## If you do not have a Registry ID Number

- Please visit <http://wvstars.org/>
- Select the green “Professionals” and then select the green “Join” option and follow the on-screen commands.
- Call WV STARS with any questions you may have or for assistance at 855-822-7827.

Course Title & Instructor	Description	WVEC CKC & Tier	IMH Competency
<b>Early Signs of Autism</b> Sheila Zickefoose <b>Release Date:</b> <b>4/9/19</b> 2 Contact Hours – estimated 2 hours to complete course	Approximately 1 in every 59 children is currently being diagnosed with Autism Spectrum Disorder, and ASD's are growing at a rate of 10-17% each year. For many children, the early signs of Autism were present and observable before 18 months of age. This training will assist participants in recognizing early indicators or “red flags” of autism in young children so that families and teams can begin seeking appropriate diagnostic opportunities, as well as beginning to implement appropriate strategies to address learning needs as early as possible. Information will be provided on: how to respectfully share your concerns about a child's development with parents; how to assist parents in preparing to have conversations with their physicians; resources for you and families to learn more information. Originally recorded via webinar on April 9, 2019.	Child Growth & Development Family & Community Relationships Child Observation & Assessment Professionalism & Leadership  <b>TIER - I</b>	Theoretical Foundations – infant/very young child development and behavior Direct Service Skills – advocacy

<b>Evidence Based Practices and Alternative Treatments for Infants and Toddlers with Autism</b> Dr. Susannah Poe Release Date 5/30/2019 2 Contact Hours – estimated 2 hours to complete course	<p>This session will provide an overview of evidence-based practices and alternative treatments for infants and toddlers with autism spectrum disorders. Dr. Poe will discuss the importance of using evidence-based practices and avoiding practices that lack scientific support or have been found to be dangerous. Dr. Poe will also discuss how early intervention teams can access resources and become knowledgeable about evidence-based and promising practices. Lastly, Dr. Poe will discuss how to assist families in making informed decisions about treatments for their children with an emphasis on helping them choose evidence-based and promising practices.</p> <p>Originally recorded via webinar on May 18, 2017.</p>	Child Observation & Assessment Environment & Curriculum  <b>TIER - I</b>	Theoretical Foundations – Infant/Young Child Development & Behavior & Infant/Young Child & Family Centered Practice
<b>One Size Does Not Fit All: Understanding the Relation Between Infant Temperament and Caregiving</b> Dr Amy Root Release Date 11/1/19 1.5 Contact Hours – estimated 1.5 hours to complete course	<p>In this course, the fundamentals of infant temperament will be discussed, including:</p> <ul style="list-style-type: none"> <li>• What is temperament</li> <li>• Why is it important</li> <li>• Continuity and discontinuity</li> <li>• Child Impact on Caregiving and Parenting Styles</li> <li>• Goodness of Fit</li> <li>• Other Considerations</li> </ul> <p>Originally recorded via webinar on December 12, 2016.</p>	Child Growth and Development  <b>TIER 1</b>	Theoretical Foundations – Infant/Very Young Child Development & Behavior
<b>Behavioral Regulation and Emotions: Essential Sensory Processing Supports</b> Dr Anne Cronin Release Date 3/10/2020 1.5 Contact Hours – estimated 1.5 hours to complete the course	<p>This presentation will focus on how children who have difficulty processing ordinary sensory experiences may wear themselves out dealing with life and its sensory challenges, and lack the resources needed behavioral regulation. For example, a child who is over-responsive to some types of sensory input may have more difficulty filtering out repeated or irrelevant sensory information. These children are easily overwhelmed by daily sensory experiences and display fight, flight, or freeze defensive responses. This can result in frequent meltdowns, withdrawal from others, or severe aggression after being touched. Common patterns of sensory processing impairments will be discussed, together with strategies to help counteract the negative effect of these impairments on social-emotional development.</p> <p>Originally recorded via webinar on March 31, 2017.</p>	Child Growth and Development  <b>TIER 2</b>	Theoretical Foundations – Infant/Very Young Child Development & Behavior

## Other Self-Paced Learning Options Available Through WV STARS

Course Title & Instructor	Description	WVEC CKC & Tier	IMH Competency
<b>Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect</b> WV STARS Release Date 2/1/2020 2 Contact Hours – estimated 2 hours to complete course	<p>This self-paced, online training will explore how to identify, and report suspected abuse and neglect, and examine ways to build protective factors that prevent abuse and neglect.</p> <p>This course is developed for child-care providers but is appropriate for anyone working with children.</p>	Health Safety and Nutrition  <b>TIER 1</b>	Law, Regulation & Agency Policy Government, law & regulation
<b>Say YES to Safe Sleep Online - Our Babies Safe and Sound</b> WV Home Visitation Release Date 2/1/2020 2 Contact Hours – estimated 2 hours to complete course	<p>Candice Hamilton, Executive Director of the American Academy of Pediatrics, WV Chapter, provides opening remarks to the two-part module, which can be viewed incrementally, and on any mobile device.</p> <p><b>Part 1, an Overview of Sleep Related Infant Deaths, is presented by Dr. Rachel Moon, Chair of the American Academy of Pediatrics' Task Force on SIDS, and SIDS researcher at the University of Virginia</b>, who covers the latest research and recommendations on infant safe sleep from the American Academy of Pediatrics, the impact of risk factors such as maternal smoking, and recent findings about the impact of social norms and social networks on the acceptance of safe sleep practices.</p> <p><b>Part 2 focuses on the Campaign with Conversations Approach, a family centered model which integrates promotion of safe sleep and issues such as breastfeeding, and is presented by Dr. Suzanne Bronheim, Adjunct Associate Research Professor in the Department of Pediatrics within the Georgetown University Center for Child and Human Development.</b> To highlight the concepts of the model, two brief vignettes are presented by Lee Ann Romeo, a registered nurse and childbirth educator at United Hospital Center, and Beverly Kitchen, a registered nurse and Regional Care Coordinator with Right From The Start.</p>	Health Safety and Nutrition  <b>TIER 1</b>	