

WV Birth to Three Online – Self-Paced Courses

Revised 7/13/2021

If you do not have a Registry ID Number

- Please visit <http://wvstars.org/>
- Select the green “Professionals” and then select the green “Join” option and follow the on-screen commands.
- Call WV STARS with any questions you may have or for assistance at 855-822-7827.

Training Registration Process

WV Birth to Three self-paced courses can be used for annual enrollment for WV Birth to Three. Self-paced courses are completed at your own speed and in your own time. Once enrolled in a self-paced course, you will have access to the course materials 24 hours a day, 7 days a week. Each course must be completed within 30 days of registering, unless otherwise noted.

You will have to register for all online trainings through the [WVSTARS website](#). To access a course, you can click on the course catalog to search for the session you wish to attend, or you can search all available courses. Once you have identified the course you wish to complete:

Step 1 – Click on the green “In Cart/Checkout” button. Then click on the green “Finish” button on the next screen.

Step 2 – You will be redirected to your dashboard, and you will see the course listed in “My Courses”. Click on the title of the course to enter.

Step 3 – You are required to complete all modules of the online course, including the post-test and course survey to receive credit and have access to your certificate of completion.

For additional information, please visit this [video overview](#) of the instructions on how to access online coursework.

Important Online Information

1. Be sure all software on your computer is updated to the most current versions.
2. You will need to be able to access YouTube for completion of these courses.
3. You can use any web browser to access the courses; however, Chrome seems to work most effectively.
4. Use a USB Headset for best audio quality.
5. Print all handouts prior to beginning the course.
6. You will have 30 days to complete all course activities, unless otherwise noted.

Course Title & Instructor	Description	WVEC CKC & Tier	IMH Competency
Smooth Moves: Assisting Young Children with Autism and Their Families in Transition to Preschool Services Dr. Andrea Campbell	This session will include the basics of assisting young children with autism and their families in transition from WV Birth to Three to preschool services. This will also look at transitions between settings and activities. Tips, tricks, and resources will be shared. Originally recorded via live webinar on April 26, 2018.	<ul style="list-style-type: none"> • Child Growth & Development • Family & Community Relationships <p>TIER 2</p>	<ul style="list-style-type: none"> • Direct Service Skills - Advocacy

Course Title & Instructor	Description	WVEC CKC & Tier	IMH Competency
Release Date – 7/13/2021 1 Contact Hour – estimated 1 hour to complete this course			
Training and Teaching Toileting Dr. Joseph Scotti Release Date 4/12/21 1.5 Contact Hours – estimated 1.5 hours to complete this course	This session will provide an overview of the typical development of toileting skills in children and will then focus on how to train and teach toileting and toileting-related skills for children whose development is delayed. Information will include: <ul style="list-style-type: none"> • Prerequisite motor and language skills • Assessment of skills and progress • A range of less to more intensive intervention strategies; and, • Preventing and reducing related challenging behaviors. The focus will be on children under the age of 3 years but will include children into the early school years. This session was recorded via a live webinar on January 8, 2018.	<ul style="list-style-type: none"> • Child Growth & Development • Child Observation & Assessment • Environment & Curriculum TIER 2	
Good Night . . . Sleep Tight! Dr Jennifer McFarland-Whisman Release Date 3/19/021 1.5 Contact Hours – estimated 1.5 hours to complete this course	Irritable? Having problems concentrating? Feel like taking a nap during the day? These are common symptoms we all have experienced at some point in our lives when we haven't had a good night's sleep. While most of us have experienced occasional sleep difficulties, about 1/3 of healthy adults and children will experience more severe sleep problems. Among families of children with autism spectrum disorders (ASD) issues with sleep may be even more common with up to 80% of these children experiencing difficulties with sleep. While there are a number of sleep problems which can occur, this webinar will focus on two common problems - difficulties in going to sleep and difficulties in staying asleep. Strategies for assessing and dealing with each of these problems will be discussed. Learn about strategies to help families assist their children in go to sleep and stay asleep. Objectives: By the end of this webinar, you will be able to... <ol style="list-style-type: none"> 1. Identify why sleep is important. 2. Identify and describe methods for improving sleep hygiene for young children with ASD. This session was recorded via a live webinar on May 1, 2015.	<ul style="list-style-type: none"> • Health, Safety & Nutrition TIER 2	<ul style="list-style-type: none"> • Theoretical Foundations – Infant/Very Young Child Development & Behavior
Feeding Challenges in Children with Autism Spectrum Disorder	Eating is one of the most complex tasks we do as human beings, encompassing all domains of development. Feeding issues are common in children with autism spectrum disorders (ASD), resulting in mealtimes that can be very stressful for the child and for the family. Helping a child overcome feeding issues can be a long, slow journey, but is well work the reward of better health and food flexibility.	<ul style="list-style-type: none"> • Child Observation & Assessment • Health, Safety, and Nutrition TIER 2	

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Bryn Brown, SLP & Sonya Frye, OT Release date 1.5 Contact Hours – estimated 1.5 hours to complete this course	This session will be facilitated by Bryn Brown, WV Birth to Three Speech Language Pathologist, and Sonya Frye, WV Birth to Three Occupational Therapist, and will address: <ul style="list-style-type: none"> • Possible causes of feeding challenges in the population in medical, motor, behavioral and sensory domains • Screening tools and when to refer for assessment. • General strategies to support the child and caregiver during mealtime routines. • Problem solving and resource sharing for parents and professionals. Originally recorded from live webinar December 18, 2017.		
Cortical Visual Impairment (CVI): A Primer for Professionals Dr. Sandy Newcomb Release Date 9/3/2020 2.5 Contact Hours – estimated 2.5 hours to complete this course	Cortical visual impairment (CVI) is a form of visual impairment caused by a brain injury rather than an issue with the child's eyes and is the leading cause of visual impairment for children in the United States. This course will assist you in learning the basics of CVI for infants and toddlers. You will also learn how to effectively collaborate with family and WV Birth to Three Team members to support the child's developing vision. Originally recorded via webinar Spring 2020.	<ul style="list-style-type: none"> • Child Growth & Development • Family & Community Relationships • Child Observation & Assessment TIER 2	<ul style="list-style-type: none"> • Theoretical Foundations – Infant/Young Child Development & Behavior • Direct Service Skills - Life Skills
Born Not Addicted Cara Gazdik Release Date – 5/1/2020 1.25 Contact Hours – estimated 1.25 hours to complete the course	Please join us as we welcome Cara Gazdik, MSN/Ed, RN, CEN, NREMT as she presents in our next installment of the WV Birth to Three Social Emotional Guest Lecture Series. This presentation will introduce the learner to the infant experience of Neonatal Abstinence Syndrome. The learner will hear about prevention, causes, treatment, pharmacology, and the psychology of disease. Originally recorded from live webinar October 12, 2017.	<ul style="list-style-type: none"> • Family & Community Relationships TIER 2	<ul style="list-style-type: none"> • Systems Expertise - Community Resources
Behavioral Regulation and Emotions: Essential Sensory Processing Supports Dr Anne Cronin Release Date 3/10/2020	This presentation will focus on how children who have difficulty processing ordinary sensory experiences may wear themselves out dealing with life and its sensory challenges, and lack the resources needed behavioral regulation. For example, a child who is over-responsive to some types of sensory input may have more difficulty filtering out repeated or irrelevant sensory information. These children are easily overwhelmed by daily sensory experiences and display fight, flight, or freeze defensive responses. This can result in frequent meltdowns, withdrawal from others, or severe aggression after being touched. Common patterns of sensory processing impairments will be discussed, together with strategies to help counteract the negative effect of these impairments on social-emotional development.	<ul style="list-style-type: none"> • Child Growth and Development TIER 2	<ul style="list-style-type: none"> • Theoretical Foundations – Infant/Very Young Child Development & Behavior

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1.5 Contact Hours – estimated 1.5 hours to complete the course	Originally recorded from live webinar March 31, 2017.		
One Size Does Not Fit All: Understanding the Relation Between Infant Temperament and Caregiving Dr Amy Root Release Date 11/1/19 1.5 Contact Hours – estimated 1.5 hours to complete course	In this course, the fundamentals of infant temperament will be discussed, including: <ul style="list-style-type: none"> • What is temperament? • Why is it important? • Continuity and discontinuity • Child Impact on Caregiving and Parenting Styles • Goodness of Fit. • Other Considerations Originally recorded from live webinar December 12, 2016.	<ul style="list-style-type: none"> • Child Growth and Development TIER 1	<ul style="list-style-type: none"> • Theoretical Foundations – Infant/Very Young Child Development & Behavior
Evidence Based Practices and Alternative Treatments for Infants and Toddlers with Autism Dr. Susannah Poe Release Date 5/30/2019 2 Contact Hours – estimated 2 hours to complete course	This session will provide an overview of evidence-based practices and alternative treatments for infants and toddlers with autism spectrum disorders. Dr. Poe will discuss the importance of using evidence-based practices and avoiding practices that lack scientific support or have been found to be dangerous. Dr. Poe will also discuss how early intervention teams can access resources and become knowledgeable about evidence-based and promising practices. Lastly, Dr. Poe will discuss how to assist families in making informed decisions about treatments for their children with an emphasis on helping them choose evidence-based and promising practices. Originally recorded from live webinar May 18, 2017.	<ul style="list-style-type: none"> • Child Observation & Assessment • Environment & Curriculum TIER - I	<ul style="list-style-type: none"> • Theoretical Foundations – Infant/Young Child Development & Behavior & Infant/Young Child & Family Centered Practice
Early Signs of Autism Sheila Zickefoose Release Date: 4/9/19 2 Contact Hours – estimated 2 hours to complete course	Approximately 1 in every 59 children is currently being diagnosed with Autism Spectrum Disorder, and ASD's are growing at a rate of 10-17% each year. For many children, the early signs of Autism were present and observable before 18 months of age. This training will assist participants in recognizing early indicators or "red flags" of autism in young children so that families and teams can begin seeking appropriate diagnostic opportunities, as well as beginning to implement appropriate strategies to address learning needs as early as possible. Information will be provided on: how to respectfully share your concerns about a child's development with parents; how to assist parents in preparing to have conversations with their physicians; resources for you and families to learn more information. Originally recorded from live webinar April 9, 2019.	<ul style="list-style-type: none"> • Child Growth & Development • Family & Community Relationships • Child Observation & Assessment • Professionalism & Leadership TIER - I	<ul style="list-style-type: none"> • Theoretical Foundations – infant/very young child development and behavior • Direct Service Skills – advocacy

Other Self-Paced Learning Options Available Through WV STARS

Course Title & Instructor	Description	WVEC CKC & Tier	IMH Competency
<p>Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse and Neglect</p> <p>WV STARS</p> <p>Release Date 2/1/2020</p> <p>2 Contact Hours – estimated 2 hours to complete course</p>	<p>This self-paced, online training will explore how to identify, and report suspected abuse and neglect, and examine ways to build protective factors that prevent abuse and neglect.</p> <p>This course is developed for child-care providers but is appropriate for anyone working with children.</p>	<ul style="list-style-type: none"> Health Safety and Nutrition <p>TIER 1</p>	<ul style="list-style-type: none"> Law, Regulation & Agency Policy - Government, law & regulation
<p>Say YES to Safe Sleep Online - Our Babies Safe and Sound</p> <p>Our Babies Safe and Sound</p> <p>Release Date 2/1/2020</p> <p>2 Contact Hours – estimated 2 hours to complete course</p>	<p>Candice Hamilton, Executive Director of the American Academy of Pediatrics, WV Chapter, provides opening remarks to the two-part module, which can be viewed incrementally, and on any mobile device.</p> <p>Part 1, an Overview of Sleep Related Infant Deaths, is presented by Dr. Rachel Moon, Chair of the American Academy of Pediatrics' Task Force on SIDS, and SIDS researcher at the University of Virginia, who covers the latest research and recommendations on infant safe sleep from the American Academy of Pediatrics, the impact of risk factors such as maternal smoking, and recent findings about the impact of social norms and social networks on the acceptance of safe sleep practices.</p> <p>Part 2 focuses on the Campaign with Conversations Approach, a family centered model which integrates promotion of safe sleep and issues such as breastfeeding, and is presented by Dr. Suzanne Bronheim, Adjunct Associate Research Professor in the Department of Pediatrics within the Georgetown University Center for Child, and Human Development. To highlight the concepts of the model, two brief vignettes are presented by Lee Ann Romeo, a registered nurse and childbirth educator at United Hospital Center, and Beverly Kitchen, a registered nurse, and Regional Care Coordinator with Right From The Start.</p>	<ul style="list-style-type: none"> Health Safety and Nutrition <p>TIER 1</p>	