



West Virginia Infant/Toddler
Mental Health Association
Supporting the social and emotional well-being of children

Infant Mental Health Week Webinars
Hosted by the West Virginia Infant/Toddler Mental Health Association

**All webinars will be from 12 noon – 1:30 p.m.
1.5 Contact Hours of WV STARS per session
7 Contact Hours of Social Work CEUs-PENDING*
(*must attend all 5 sessions)**

<p>Monday, May 22</p>	<p>And the Oscar Goes To: The Public Health Champion Working on Becoming the Best Version of Themselves. Reflect, Refuel, Re-engage.</p> <p>This course will delve into the importance of being a Community Health Worker (which is anyone working with young children and families who promotes the importance of social emotional development) and the critical role played in the lives of children and families. Further, the session will present ways to do self-assessments to preempt helper fatigue, a departure from best practices, and neglect of self-care. A positive skills assessment and a strength-based approach to change will be addressed. The presentation is interactive and uses an avatar client to engage participants and make practical applications to the information.</p> <p><i>Presenter: Dr. Kristi Williams Dumas, Dumas Psychology Collective</i></p> <p>To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZEIcumopz8pHtAD_Q5eaD7lfrWJJ11JGcf</p>
<p>Tuesday, May 23</p>	<p>The Lasting Impact of COVID-19 on Children and Families</p> <p>The children and families that we work with have experienced several years of dramatic change and upheaval due to COVID-19. While many children and families have seemingly returned to more consistent routines and social experiences, just as many continue to experience sustained challenges. During this session, we will make meaning of these new challenges while identifying the impacts of a global disaster on both children and families and learn how to support parents and caregiver's perspectives.</p> <p><i>Presenter: Amanda Newhouse, IMH-E®, LCSW, PCIT Level-1 Trainer, WVU Medicine, The Department of Behavioral Medicine and Psychiatry, Rockefeller Neuroscience Institute</i></p> <p>To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZUofu-grjgaHtFwZ3AUVZlQm7c7jk2VyF_t</p>
<p>Wednesday, May 24</p>	<p>Managing Secondary Traumatic Stress and Fatigue</p> <p>This session will spend time defining and exploring secondary stress and how it impacts providers. Participants will learn how to identify: signs of secondary stress, their personal protective and risk factors, steps to address stress, and tangible ways to nurture well-being.</p> <p><i>Presenter: Jenna Mosely Lohnes, WVU Medicine Healthy Minds Behavioral Health and Psychiatry</i></p> <p>To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZwtd-mpqzouGN2SMzA6eX0Ci_mngMQ1R89y</p>

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<p>Thursday, May 25</p>	<p>Overcoming the Pandemic</p> <p>What disruptions does a pandemic create for children and families? As professionals who work with young children and families, you may be seeing some of those disruptions. During this session, we will define a pandemic, identify disruptions created for children and families, and focus on how to build and support resiliency within families.</p> <p><i>Presenter: Amanda Newhouse, IMH-E®, LCSW, PCIT Level-1 Trainer, WVU Medicine, The Department of Behavioral Medicine and Psychiatry, Rockefeller Neuroscience Institute</i></p> <p>To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZEtcOyarjojEtOqO8cWNm6LSNpVkJH2Ye-D</p>
<p>Friday, May 26</p>	<p>Social Work Ethics: What's New</p> <p>During this session, participants will review the National Association of Social Work Core Values, explore social work principles and telehealth guidelines, and discuss recent changes to the Code of Ethics.</p> <p><i>Presenter: Amanda Newhouse, IMH-E®, LCSW, PCIT Level-1 Trainer, WVU Medicine, The Department of Behavioral Medicine and Psychiatry, Rockefeller Neuroscience Institute</i></p> <p>To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZYode6hqDqgGteoD0VltS9g75Gcq9-7ZaBO</p>