



West Virginia Infant/Toddler
Mental Health Association
Supporting the social and emotional well-being of children

Infant Mental Health Week Webinars

Hosted by the West Virginia Infant/Toddler Mental Health Association

All webinars will be from 12 noon – 1 p.m
1 Contact Hour of WV STARS available

<p>Monday, October 7, 2019</p>	<p>Do Something For You</p> <p>Start the week off on a positive note. Schedule this hour for yourself. Take time to go for a short walk, sit in the sunshine, listen to some music, or eat lunch at a slower pace. Even during our work days, we can take a few minutes to reflect and recharge.</p> <p>Need a few ideas to get started? Here are a few links to explore:</p> <ul style="list-style-type: none"> • Deb Weatherston – Infant Mental Health: The Gift of Love https://www.youtube.com/watch?v=7lfSMqD7Y5A • ZERO TO THREE - https://www.zerotothree.org/early-development/infant-and-early-childhood-mental-health 		
<p>Tuesday, October 8, 2019</p>	<p>WV BCF Homeless Policy</p> <p>This presentation will discuss "homeless" programs and policies including BCF, HUD, VA, McKinney-Vento, Title I, Every Student Succeeds Acts, and Runaway and Homeless Youth Act. Topics will include programs, statutory basis, funding sources, eligibility criteria for different "homeless" programs, assessment and service planning for BCF, statistics, and available resources.</p> <p><i>Presenter: Amber Moore, DHHR/BCF Adult Services</i></p> <table border="1" data-bbox="337 1024 1510 1171"> <tr> <td data-bbox="337 1024 954 1171"> <p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p> </td><td data-bbox="954 1024 1510 1171"> <p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/7777384905225033217</p> </td></tr> </table>	<p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p>	<p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/7777384905225033217</p>
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<p>Wednesday, October 9, 2019</p>	<p>Mindfulness: What it is and what it isn't</p> <p>This is a brief orientation into what mindfulness is, what it isn't, the basis of why it works in medical and non-medical settings in training awareness, reducing stress and anxiety. While there will be didactics to explain this, there will also be an experiential component to the training.</p> <p><i>Presenter: Dr. Michael Brumage, West Virginia University School of Public Health</i></p> <table border="1" data-bbox="337 1455 1510 1598"> <tr> <td data-bbox="337 1455 954 1598"> <p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p> </td><td data-bbox="954 1455 1510 1598"> <p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/5808133191599157761</p> </td></tr> </table>	<p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p>	<p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/5808133191599157761</p>
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<p>Thursday, October 10, 2019</p>	<p>Foster Care in West Virginia</p> <p>The opioid epidemic has created a crisis in West Virginia for the foster care system. Over the past 3 years, the number of youth in foster care has nearly doubled. This session will cover an overview of the foster care system, how to become a certified foster parent, and how you can help support children and families in West Virginia facing the child welfare crisis in our state.</p> <p><i>Presenter: Rachel Kinder, Mission West Virginia</i></p>		

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<p>Friday, October 11, 2019</p>	<p>Reducing Social and Emotional Stigma When Working With Families</p> <p>During this one hour session we will discuss the real life implications and consequences of stigma related to substance use and mental health. Additionally, we will discuss ways in which we can reduce this stigma when working with individuals, families, and communities.</p> <p><i>Presenter: Keigan Aabel-Brown, Marshall University Center of Excellence for Addiction and Recovery</i></p>	
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Please download all materials prior to the training.
All session handouts/materials will be available through the GoToTraining webinar platform.

**After registering on the GoToTraining webinar platform,
you will receive a confirmation email containing information about joining the training
and how to access training materials.**