



Infant Mental Health Week Webinars
Hosted by the West Virginia Infant/Toddler Mental Health Association

All webinars will be from 12 noon – 1:30 p.m

1.5 Contact Hours of WV STARS

1.5 Contact Hours State of WV Board of

Examiners for Registered Nurses

Course/Provider Number: (Pending)

<p>Monday, May 16</p>	<p>Tearing Down Implicit Bias Through Embedded Reflective Practice</p> <p>In this session, we will discuss how implicit biases impact relationship-building among providers and the families they serve. Through discussions and reflection, we will explore how implicit biases breed microaggression and relationship barriers that impact how we interact with one another as educational leaders, engage with families, and ultimately the relationship with the children we serve, from infants to school age. The goal of this session is that participants will understand various strategies and techniques to promote continuous reflection that supports conversations and action steps in addressing unconscious biases.</p> <p><i>Presenter: Melinda Young, MEd, Assessor & Training Specialist</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p>https://zoom.us/join/zoom/register/tJYlce2orDlpGdc1s0ryZ-8k5Y7w2i-V8rjT</p> </div>
<p>Tuesday, May 17</p>	<p>What is Health Equity and How do we reach it?</p> <p>Appalachia as a region faces a number of inequities that are reflected in our rates of disease, disability, and challenges with access to treatment. Promoting Health Equity begins by understanding the systemic and historic influences that create health inequities and recognizing what we as community members and services providers can do to reduce gaps in population health challenges. In this training we will learn what contributes to population health outcomes, what has occurred in history that affects our current health outcomes, and the first steps we can take to addressing health inequity in West Virginia.</p> <p><i>Presenter: Keigan Aabel-Brown, Marshall University / Independent MSW</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p>https://zoom.us/join/zoom/register/tJwudeyurz0uG9BQ-wo1jSTZswKEDaQTv4wP</p> </div>
<p>Wednesday, May 18</p>	<p>Deepening Our Practice with Young Children and Families Through a Reflective Lens of Cultural Humility</p> <p>This session will present concepts of cultural humility and its relevance to the field of infant and early childhood work. The session will ask participants to consider their own thoughts and beliefs about children and families and be challenged to think about how each individual practitioner's lens creates a unique perspective on children and families in the work.</p> <p><i>Presenter: Melissa Mendez, LCSW, IMH-E®, Director of Early Childhood Programs at Wheeler Clinic, CT</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p>https://zoom.us/join/zoom/register/tJlvduqggqz8qGNJFaeLp4PiueBJ1caR5v9aN</p> </div>

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<p>Thursday, May 19</p>	<p>Amplify Empathy (abridged)</p> <p>Amplify Empathy (abridged for webinar form) is a workshop meant to engage all social service providers, giving them an opportunity to explore and grow their own empathy through dialogue and reflection. Participants will be given an overview of empathy and focus primarily on withholding judgement. They will discover how to overcome the barriers to empathizing, practice mindful listening, and apply effective communication that can be translated into enhanced professional and personal relationships. Better relationships lead to better client outcomes.</p> <p><i>Presenters: Michelle Romanek, IMH-E® and Gregg Oxley, Continuous Quality Improvement Consultants, West Virginia Home Visitation Program</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p>https://zoom.us/meeting/register/tJ0pceiqjluGNTesFqUr2bMKABUb19_1dFh</p> </div>
<p>Friday, May 20</p>	<p>Appalachian Culture</p> <p>Come explore the culture of Central Appalachia. Learn about the history of the region, her people, and their industries. Explore how these things have shaped both the people and place that is Appalachia today and why this matters in your professional approach to children and families.</p> <p><i>Presenter: Leslie Stone, Stone Strategies LLC</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p>https://zoom.us/meeting/register/tJYkd-Cqpi4vGNAMiknFMY3ijZWfldkelG2L</p> </div>