



West Virginia Infant/Toddler
Mental Health Association
Supporting the social and emotional well-being of children

The ABCs (and D&E) of Reflective Practice Infant Mental Health Week Webinars

Hosted by the West Virginia Infant/Toddler Mental Health Association

All webinars will be from 12 noon – 1 p.m.

1 Contact Hour of WV STARS available for Mon-Thurs sessions

<p>Monday, October 15, 2018</p>	<p>A: All About Reflective Supervision: Benefits and Strategies for Implementation This session will provide an overview of reflective supervision, focusing on outcomes for individuals and programs, as well as, practical strategies for implementation.</p> <p><i>Presenter: Michelle Comer, IMH-E®, TEAM for West Virginia Children/Mountain State Healthy Families</i></p> <table border="1" data-bbox="310 569 1508 751"> <tr> <td data-bbox="310 569 943 751"> <p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p> </td> <td data-bbox="943 569 1508 751"> <p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/7025534448275041026</p> </td> </tr> </table>		<p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p>	<p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/7025534448275041026</p>
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<p>Tuesday, October 16, 2018</p>	<p>B: Being Mindful of the Child and Family Within Reflective Practice In this session we will explore our thoughts and feelings in response to scenarios that may arise in our work with children, families and colleagues. We will practice mindfulness and reflection techniques to help identify the emotional responses that we have, where they may originate, and how we can deal with those responses to maintain a clear perspective. Video clips of Reflective Supervision/Consultation sessions will be shared to help illustrate holding a child and family in mind when our own emotional responses are triggered.</p> <p><i>Presenter: Erin Roxby, IMH-E®, Calming Solutions, LLC</i></p> <table border="1" data-bbox="310 1121 1508 1308"> <tr> <td data-bbox="310 1121 943 1308"> <p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p> </td> <td data-bbox="943 1121 1508 1308"> <p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/8754263595278419458</p> </td> </tr> </table>		<p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p>	<p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/8754263595278419458</p>
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<p>Wednesday, October 17, 2018</p>	<p>C: Contemplation within Reflective Practice In this session we will explore the use of contemplation to enhance Reflective Practice. We will discuss strategies to maintain curiosity about the internal experiences of others, as well as ourselves, and how these might be underlying external behaviors. We will continue to practice mindfulness and reflection techniques to help identify the emotional responses that we have, where they may originate, and how we can deal with those responses to maintain a clear perspective. Video clips of Reflective Supervision/Consultation sessions will be shared to help illustrate contemplation and curiosity being used in a reflective conversation.</p> <p><i>Presenter: Erin Roxby, IMH-E®, Calming Solutions, LLC</i></p> <table border="1" data-bbox="310 1705 1508 1885"> <tr> <td data-bbox="310 1705 943 1885"> <p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p> </td> <td data-bbox="943 1705 1508 1885"> <p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/2080300582445540610</p> </td> </tr> </table>		<p>WV STARS participants please visit https://wvregistry.org and search the training calendar for the title of the session. **Also check the Agenda section for additional registration information.</p>	<p>Other participants copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/2080300582445540610</p>
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Please see side two for Thursday and Friday sessions

<p>Thursday, October 18, 2018</p>	<p>D: Development of Professional Self within Reflective Practice In this session we will use reflective thinking to draw attention to the relationships we have with our families and colleagues. We will discuss ways to maintain a professional relationship with families, but to also recognize when we can share our own emotional responses or experiences in an appropriate manner to bring understanding, to strengthen a relationship or to support a family situation. We will discuss ways to maintain emotional presence in the Reflective Supervision/Consultation relationship. We will continue to practice mindfulness and reflection techniques to help identify the emotional responses that we have, where they may originate, and how we can deal with those responses to maintain a clear perspective. Video clips of Reflective Supervision/Consultation sessions will be shared to help illustrate the professional use of self in a reflective conversation.</p> <p><i>Presenter: Erin Roxby, IMH-E®, Calming Solutions, LLC</i></p>	
<p>Friday, October 19, 2018</p>	<p>E: Exploration A self-guided time to practice what you learned during the Monday-Thursday webinars. Erin Roxby will be on available to answer any remaining questions or thoughts that you have regarding reflective practice.</p> <p>**BECAUSE THIS SESSION IS SELF-GUIDED, THERE WILL BE NO WV STARS CREDIT FOR THIS SESSION.**</p> <p><i>Presenter: Erin Roxby, IMH-E®, Calming Solutions, LLC</i></p>	
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<p>Please copy and paste the link below into your internet browser. https://attendee.gototraining.com/r/4622592467700852738</p>		

**Please download all materials prior to the training.
 All session handouts/materials will be available through the GoToTraining webinar platform.**

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 you will receive a confirmation email containing information about joining the training
 and how to access training materials.**