



WV Birth to Three Nutrition Assessment

Name of Child: _____ Age: _____
Date of Birth: _____ Adjusted Age: _____
Parents Names: _____ Date of Evaluation: _____
Address _____ Phone Number: _____
_____ County/RAU: _____
Email: _____

Purpose:

- To gather information to determine eligibility for WV Birth to Three and plan for Individualized Family Service Plan.
 - Initial Annual
- To provide additional information to the IFSP Team regarding the following area of concern:

Mother's Health History

Smoked during pregnancy: Yes No If "yes", how often? _____

Maternal drug use: Yes No If "yes", type/frequency? _____

Do caregivers smoke? Yes No If "yes", where do the caregivers smoke?

In a separate room Outside of the home Other, please indicate: _____

Child's Medical History

Birth History:

Birth Weight: _____ Birth Length: _____

Medical History/Medical Diagnosis



Has there been a history of reflux/infantile posturing? Yes No If "yes", note concerns.

Hearing or Vision Concerns: Yes No If yes, please indicate:

Family Medical History/Genetics (include parents, siblings and grandparents):

Medical Technology in Use: Yes No

Were trained you on the use of the medical technology? Yes No

Would you like further training on your child's medical technology or device? Yes No

Coordination with Medical Team

Child's Primary Care Physician:

List other members of your child's medical team:

Do you receive care coordination from Children with Special Health Care Needs? Yes No

Do you have outside services coming into your home to help care with your child such as in-home nursing, respite, Title IX? Yes No

What other family and community resources support your child and family?

Have you given written permission for WV Birth to Three to consult with your child's medical team? Yes No

Do you need help discussing your concerns with your child's physician or being linked to additional training/resources? Yes No

Current Health Status:

Do you or your doctor have concerns about your child's size? Yes No.

Growth Chart Used: World Health Organization Child Growth Center for Disease Control Pediatric Chart

Head Circumference: _____ Height: _____ Weight _____ BMI: _____
 Percentiles: _____

SEE NUTRITION ASSESSMENT ATTACHMENT FOR GROWTH CHART.



Does your child have food allergies? Yes No. (If yes, list below)

Does your child take any medications or other supplements (vitamins, iron, fluoride, or herbal supplements) on a regular basis? Yes No. (If yes, list below)

Current Medications:

Vitamin Supplements:

Nutrition History

How does your child eat? Check choices below that best describe how.

- | | |
|--|---|
| <input type="checkbox"/> uses bottle | <input type="checkbox"/> has feeding tube |
| <input type="checkbox"/> breastfeeds | <input type="checkbox"/> finger feeds |
| <input type="checkbox"/> takes sips from a cup | <input type="checkbox"/> fed by spoon |
| <input type="checkbox"/> drinks from a cup with/without lid | <input type="checkbox"/> self-feeds with spoon/fork |
| <input type="checkbox"/> uses a straw | <input type="checkbox"/> uses special feeding equipment, what? |
| <input type="checkbox"/> takes oral feeding supplements (Pediasure®, Boost®, Kindercal®, and Neocate®) | <input type="checkbox"/> takes food other than milk from a bottle |

Do you have any concerns about whether your child is eating an appropriate stage for his age?

Yes No

Do you feel you have enough foods, formula for your child? Yes No

Do you have a mealtime routine that you follow with your child and family? Please explain:

Do you have concerns about your child's mealtime experiences and eating behaviors? Yes No

If yes, check the choices below

- | | |
|--|--|
| <input type="checkbox"/> child refuses to eat | <input type="checkbox"/> no scheduled mealtimes |
| <input type="checkbox"/> child spits out food | <input type="checkbox"/> child unable to sit through meal |
| <input type="checkbox"/> child throws food or utensils | <input type="checkbox"/> mealtimes are hectic |
| <input type="checkbox"/> child eats too slowly | <input type="checkbox"/> meal seems to take too long |
| <input type="checkbox"/> child stuffs mouth | <input type="checkbox"/> child eats items, which are not food, (i.e. paint chips, crayons, dirt, paper, cigarettes, etc.) |
| <input type="checkbox"/> child takes bottle to bed | |



Liquids

Breast Fed Formula G-Tube fed only G-Tube supplements with permission to feed by mouth

Has there been a history of formula changes? Yes No If "yes", note changes and results.

Solids

Infant cereal Pureed fruits Pureed vegetables Finger Foods Table food

Amount and frequency of feedings:

Are there any known food allergies? Intolerances? Yes No If "yes", please note information here.

Are there any foods that causes your child to spit up, choke, gag or child refuses due to temperature or texture?

Yes No If "yes," please indicate.

Foods removed from diet:

Favorite Foods:

Favorite Beverages:

Appetite:

Utensils used: Bottle Cups Spoon Fork

Does your child use any adaptive feeding utensils? Yes No If "yes," please indicate

Does your child require more formula over the WIC allotment? Yes No



Bowel and Bladder

If child has bowel problems, what interventions were tried in the past and did they work?

- | | | | |
|---|---------|------------|--------------|
| <input type="checkbox"/> Diapers | Amount: | Frequency: | Consistency: |
| <input type="checkbox"/> Toilet trained | Amount: | Frequency: | Consistency: |

Sleep Patterns/ Activity Level

Where does your child sleep?

How do you position your child for sleep?

Does your child have a bedtime routine?

Behavioral Issues?

Developmental History?

Summary of Developmental Domains Evaluated and Developmental Scores

| Domain | Test Used | Score(s) | Developmental Delay |
|----------|-----------|----------|---------------------|
| ADAPTIVE | | | |



Established Conditions

| Established Conditions Category | List Medical Condition |
|---------------------------------|------------------------|
| | |
| | |
| | |
| | |

At-Risk Conditions

| At-Risk Category | List Medical Condition |
|------------------|------------------------|
| | |
| | |
| | |
| | |
| | |

Recommendations/Information and Intervention suggestions

Contact information for Nutritionist

Name _____

Signature _____ Date: _____

Email _____ Phone _____